

Welcome to 10th Grade Parent and Student Night

Presented by the Cold Spring Harbor High School
Counseling Center
November 17, 2020
Zoom ID: 937 8593 3994
<https://zoom.us/j/93785933994>

Agenda

- ▶ Overview & Introductions
- ▶ Information Packet
- ▶ Review of 10th Grade Information
- ▶ Q & A

Counseling Center Staff

- ▶ Mr. Arini, Director of Guidance
- ▶ Ms. Pickering, 7th and 8th Grade counselor
- ▶ Ms. Conlon, 9-12th Grade counselor
- ▶ Ms. Friedland, 9-12th Grade counselor
- ▶ Ms. Hannity, 9-12th Grade counselor
- ▶ Mr. Woods, 9-12th Grade counselor
- ▶ Ms. Groeninger, Office Assistant
- ▶ Ms. Mezzapesa, Office Assistant

Your School Counselors...

- ▶ Our mission
 - ▶ To facilitate each student's personal, social, academic and career development
- ▶ Our objectives
 - ▶ To help students identify their interests and abilities
 - ▶ To offer assistance to enhance productivity, dependability, self-expression and control
 - ▶ To foster decision-making and conflict resolution skills to be able to participate in a global society as responsible citizens

Cold Spring Harbor Jr. Sr. High School Counseling Center Website

- ▶ Can be found on the district website
 - ▶ go to Schools, select CSH Jr Sr HS
 - ▶ on the left side, select "Counseling Center" tab
 - ▶ <https://www.csh.k12.ny.us/Page/555>
- ▶ Parent Night Presentations & Materials
- ▶ Counseling Curriculum
 - ▶ Student presentations & materials

10th Grade Calendar 2020-2021

- ▶ Highlights:
 - ▶ Continuous: Progress Reports and Report Cards review
 - ▶ October: PSAT available to 10th Grade students
 - ▶ November: Counselors meet their 10th grade students
 - ▶ December: Program of Study Guide posted and delivered; academic programming begins
 - ▶ June: SAT Subject Tests Available
 - ▶ Regents and Final exams
 - ▶ Summer School registration



Diploma Types & Requirements

- ▶ Diploma Types:
 - ▶ Regents Diploma with Advanced Designation
 - ▶ Regents Diploma
 - ▶ Local Diploma (still available in special situations)
- ▶ Requirements - Credits & Examinations
 - ▶ 22 credits (minimum) - specific subject areas
 - ▶ Exams - ELA, Math, Science, Social Studies (1) plus one
 - ▶ Exams - Advanced Designation, variety of options

Regents Exams

- ▶ NYS Required Exams
- ▶ Annual, based on individual student schedules
- ▶ June, August 2020, & January 2021
 - ▶ Exemptions for all scheduled exams
- ▶ June 2021- courses ending in an exam
 - ▶ Still scheduled, but may change
- ▶ August 2021- for students who fail or wish to receive a higher grade

GPA Calculation

- ▶ Calculation is based on all grades with the exception of physical education
- ▶ All Honors and Advanced Placement courses are weighted by a factor of 1.1
- ▶ GPAs are rounded to the hundredth (ex: 3.68)
- ▶ Accelerated courses are NOT weighted.
- ▶ GPA vs. weighted GPA

Tips to promote success in the early years of high school...

- ▶ ENCOURAGE
- ▶ PROVIDE STRUCTURE AND LIMITS
- ▶ PROMOTE SELF-ADVOCACY
- ▶ ASK FOR ADVICE

Character Building Experiences

"We are interested in the talents and interests you would bring to Princeton outside the classroom. We don't value one type of activity over another. Rather, we appreciate sustained commitment to the interests you have chosen to pursue."
 - Princeton University Admissions

 Study Abroad	 Research Opportunities
 Summer College Experiences	 CSH Clubs & Activities
 Dedicated Athletics	 Part-Time Employment

Extracurricular Activities

- ▶ What does this term include?
 - ▶ Clubs
 - ▶ Athletics
 - ▶ After school activities in the community
 - ▶ Boy Scouts, Girl Scouts
 - ▶ Choir
 - ▶ Dance class
 - ▶ Community service - *commit to a cause!*
 - ▶ Part time employment
 - ▶ Keep records!

Honor Rolls & Societies

- ▶ Honor Roll (3.00 GPA) /High Honor Roll (3.66 GPA)
- ▶ National Honor Society - Ms. Segura / Ms. Georgiou
- ▶ Tri-M Music Honor Society - Mr. Chiarello
- ▶ National French and Spanish Honor Society - Ms. Tassani
- ▶ Speech & Debate Honor Society - Ms. Glynn / Dr. Andrews
- ▶ International Thespian Honor Society - Mr. Beja
- ▶ Art Honor Society - Ms. Oswald

SEE YOUR TEACHER FOR FURTHER QUESTIONS OR DETAILS!!!

PSAT and National Merit

- ▶ Offered at CSH to 10th and 11th Grade Students
 - ▶ Most useful in 11th Grade
- ▶ Assess Math and Reading Comprehension
- ▶ Results provide insight into strengths and weakness suggested to address
- ▶ Scores do not directly translate to SAT scores
- ▶ National Merit Scholarship Program
 - ▶ Nationally recognized program that identifies highest performing PSAT test takers
 - ▶ Must take exam in 11th Grade
 - ▶ Could lead to meaningful recognition or scholarship

SAT and ACT Exams

- ▶ All colleges accept either SAT or ACT exam
- ▶ Some colleges are test optional - www.fairtest.org
- ▶ SAT - www.collegeboard.org
 - ▶ Assess Math, Reading Comprehension, and Essay writing (optional)
 - ▶ Each section out of 800 points (Essay scaled 1-4 points)
 - ▶ Often considered strategy based
- ▶ ACT - www.actstudent.org
 - ▶ Assess Math, English, Reading, Science, and Writing (optional)
 - ▶ Each section out of 36 points, with a composite score representing the average of the four sections (Writing is excluded and scaled 2-12 points)
 - ▶ Often considered content based

SAT Subject Tests

- ▶ Required by only some colleges and often depends on major
 - ▶ Those that require, usually ask for 2-3
- ▶ Best taken in May or June of the year you take the subject
 - ▶ Always consult with your teacher to ensure proper preparation
- ▶ Ideal score: 700 is the general benchmark, but may vary depending on exam taken and/or college applied

Developing a Testing Schedule

Most Students

- ▶ Fall 10th Grade: PSAT (optional)
- ▶ May or June 10th/11th Grade: SAT Subject Test (optional, also available on other dates)
- ▶ Fall 11th Grade: PSAT (required for National Merit consideration)
- ▶ Winter - Summer 11th Grade: Take 1 SAT, 1 ACT, and either SAT/ACT a second time (3 total)
- ▶ Sept. and/or Oct. 12th Grade: Retake SAT or ACT (which ever exam is best for you)
- ▶ Oct. and/or Nov 12th Grade: Last chance for SAT Subject Tests (may not get results for EA, ED, ED II Deadlines - check with colleges)

NCAA Recruited Athletes

- ▶ Recruited athletes may want to begin this process a full year early (speak to the college coach to understand their expectations)

NCAA Information

- ▶ Core Course GPA - helps you track your NCAA GPA
- ▶ Grades and SAT/ACT scores matter!
- ▶ Understand the recruiting process for your sport
- ▶ Talk to your coaches and counselor!
- ▶ Register with the NCAA at the conclusion of 11th Grade



- ▶ Provides college and career information
 - ▶ Learn about careers
 - ▶ Explore Interests
 - ▶ Manage college application material
- ▶ Allows for CSH Counseling Center to communicate easily.
- ▶ Parents can be part of it too!








