10th Grade: Fall Meeting November 2024

Counselor Introduction: Ms. Kampa (A-K)



- 26th year at MWHS all in the same office!
- I'm happiest when I'm outside especially doing something active.
- Before I figured out I wanted to be a school counselor, I was studying to be a dietician.

Counselor Introduction: Ms. Baumann (L-Z)

- Stated at MWHS in 1999 as a teacher.
- Huge baseball fan!
- If I weren't a school counselor, I would be a chef.



How can we help you?

Social/Emotional Support: Mental health, relational health, and personal growth.

- Short term: Unexpected change in events, coping
- Long Term: Referring to other professional resources

Academic Support: Helping you choose and be successful in your courses.

- Short term: Assisting with teacher communication or advocacy
- Long term: Developing a four year plan

Post-secondary Support: Planning for your educational and career goals.

- Short term: Assisting with a college visit or interest inventory
- Long term: Planning for life after high school

Ways we can connect:

- Individual email: Many of your questions might be easily addressed by sending your counselor a simple email.
 - Ms. Kampa (A-K): <u>kampat@westonka.k12.mn.us</u>
 - Ms. Baumann (L-Z): <u>baumanna@westonka.k12.mn.us</u>
- Emails/Schoology posts from counselors: We do our best to send valuable information to all students at once.
 - Take a quick peek to see if the information is helpful.
- Meetings: We are happy to set up a time to meet with you
 - Use QR code to request a meeting
 - Swing by the office to make an appointment



What are some important benchmarks for 10th grade:

- College Rep Visits: ongoing
- Career Cluster Inventory
 - Will complete today
- Pre-ACT or PACT
 - Thursday, March 13th
- Registration for 11th grade classes: January

College Rep Visits

- → College Rep Meeting Schedule on:
 - Schoology
 - Wake up Westonka
 - ♦ Hawknet offered during WIN time
 - Weekly Bulletin
 - Posted throughout the building
- → If you are interested:
 - Sign up through Hawknet
- → Great way to gather basic information in a low pressure environment.
- → Variety: 2-year, 4-year, pubic, private, in-state and out-of-state

Minnesota Career Information System MCIS

- 10th grade is a great time to reflect and explore who you are and how that might connect to a future career.
- Today, we're going to take a look at your interests and how they line up with career areas.

Log into MCIS through Clever



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Minnesota Career Information System

English -





My Dashboard

Career Plan

Self-Surveys

Careers

Education

Employment

Practice Tests

My Dashboard

Site Administrator



Favorites Self-Survey Results Best Career Matches Reports

To add Favorites to your Dashboard, select the thumbs up as you explore.



- Aerospace Engineers
- Cement Masons
- Drywall Finishers



Programs of Study



> Architecture

- > Ethnic Studies
- Gaming Programs
- > Interior Design



- Bemidji State University
- > Lake Superior College
- Milwaukee School of Engineering
- Minnesota State University, Moorhead

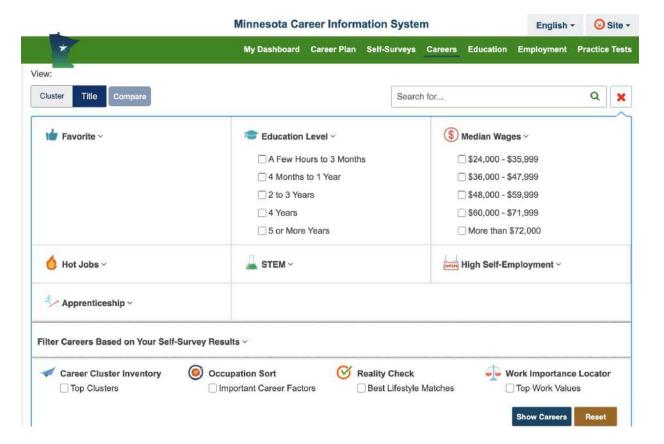
Helpful Tools: Career Search



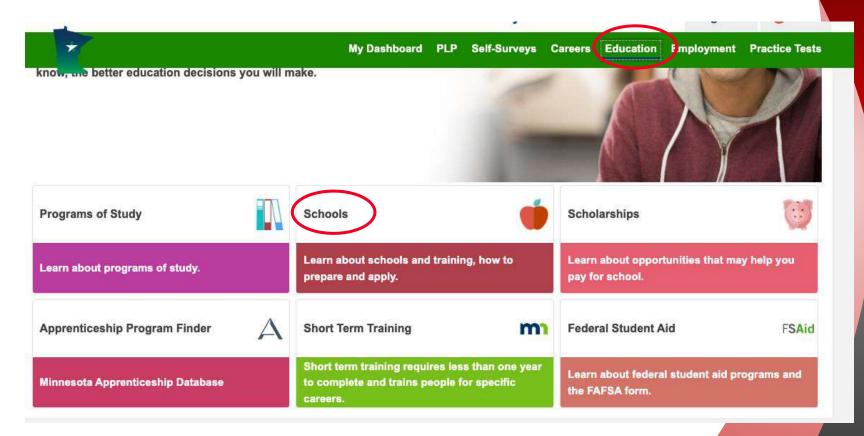
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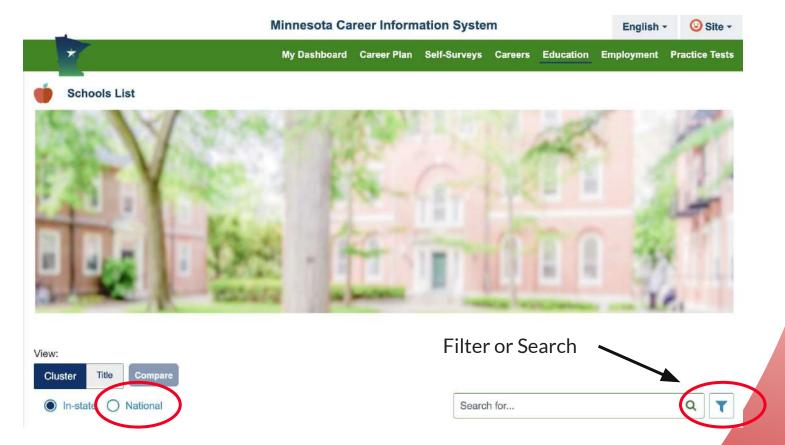
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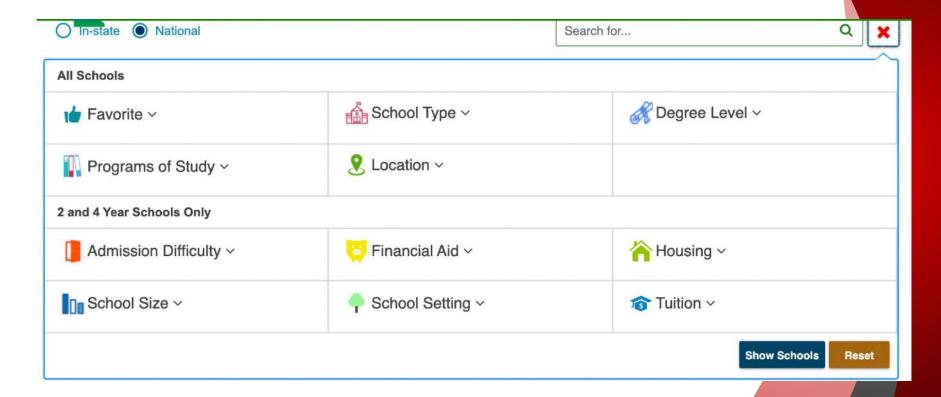
Helpful Tools: College Search Tool



Helpful Tools: College Search Tool



Helpful Tools: College Search Tool



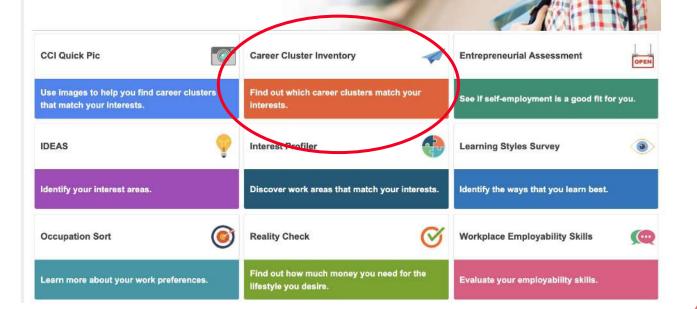
Career Cluster Inventory

The Career Cluster Inventory helps you think about activities that you like and matches them to career clusters. Learning more about your interests and how they fit with clusters is one way to find a career you will enjoy!

Learn About Yourself

One of the best ways to explore careers is to understand more about yourself.

Answer questions to discover your interests, values, likes and dislikes. Use these tools to discover a career you will enjoy!



Career Cluster Inventory



Career Cluster Inventory

Restore

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Instructions:

- . Time to complete: about 5 to 10 minutes
- . Number of items: 80
- · Each statement describes a different activity
- · For each activity take time to imagine doing it
- · Rate how much you like or dislike each activity

Options:

The response choices are:



Like Very Much



Start





Not Sure

Dislike

Review your results



Use Your Interests to Explore Career Clusters •

The Career Cluster Inventory creates a list that matches the 16 national career clusters to your interests. Clusters group careers by similar knowledge and skills. Clusters make exploration easy! Check out the clusters on your list, the more you know the better career decisions you will make.

Your Top 3 Career Clusters •



Click on highest score areas

At a Glance Things to Know Education Pathways Related Careers

In the Architecture and Construction cluster, you would be responsible for buildings and other structures such as highways and bridges.



Homework

- Review the results of the CCI
 - Consider how you could explore those careers more
 - How does your course load line up with your career goals?
- Utilize the College and Career Search tools on MCIS
- Attend a college rep visit this year.