

Welcome

to the

South Panola School District Parent Center Virtual Workshop



Workshops can be found on the South Panola School District
website: spsd.k12.ms.us

or for more information contact:

Mrs. Dianne J. Wiley, Parent Involvement Coordinator

204 College Street

Batesville, MS 38606

662-563-6044



Who We Are

Mississippi Behavioral Health
Services

156 & 158 Hwy 51 North

Batesville, MS 38606

662-712-6257



Presenter:

Ms. Shannon Perry

Master's of Human Services (MSHS) & Certified Mental Health Therapist (CMHT)
Behavioral Health Supervisor

Mississippi Behavioral Health Services

156 & 158 Hwy 51 North

Batesville, MS 38606

662-712-6257

sperry3.mbhs@gmail.com





TOPIC:

BEHAVIORAL HEALTH ISSUES WITHIN OUR HOME AND SCHOOL SYSTEM



What is a Behavioral Issue?

- According to the DSM-5, behavioral disorders involves a pattern of disruptive behaviors in children that causes problems in school, at home, and in a social situation.



**Behavioral Disorders may involve
different Disorders:**



Different Disorders are:

- Inattention
- Hyperactivity
- Impulsivity
- Defiant pattern
- Conduct disorder
- Drug use
- Criminal activity



Inattention

- Inattention is the lack of focus when focused on a given event or when a situation is required. Inattention is a hallmark feature of attention deficit-hyperactivity disorder (ADHD), which can affect adults as well as children and teens.



Other causes of Inattention



- fear
- intoxication
- medications
- simple distraction



Hyperactivity

- Hyperactivity is a state of being unusually or abnormally active.
- If you have hyperactivity, you may become anxious or depressed because of your condition and how people respond to it.



Common characteristics of hyperactivity include:



- constant movement
- aggressive behavior
- impulsive behavior
- being easily distracted



Impulsivity

- **Impulsivity** is the tendency to act without thinking, for example if you blurt something out, or buy something you had not planned to, or run across the street without looking.



Some examples of Impulsive Behaviors include:



- Engaging in dangerous activities without considering possible consequences.
- Difficulty waiting turns.
- Calling out in class.
- Intruding in on or interrupting conversations or games.
- Blurting out answers before questions have been complete



Defiant Behavior

- Argumentative/defiant behavior: Excessively argues with adults. Actively refuses to comply with requests and rules. Blames others for the child's own mistakes.



Defiant Pattern

- Angry and irritable mood
- Often and easily loses temper
- Is frequently touchy and easily annoyed by others
- Is often angry and resentful
- Argumentative and defiant behavior
- Often argues with adults or people in authority.



Conduct Disorder

- Refers to a group of repetitive and persistent behavioral and emotional problems in young



Signs of Conduct Disorder

- Aggressive behavior, such as cruelty to animals, fighting and bullying.
- Destructive behavior, such as arson and vandalism.
- Deceitful behavior, such as shoplifting and lying.
- Violation of rules, which may include truancy and running away from home.



Drug Use



- Addiction is a chronic disease characterized by drug seeking and use that is compulsive, or difficult to control, despite harmful consequences.



Long term drug use



Long-term drug use also causes changes in other brain chemical systems and circuits as well, affecting functions that include:

- learning
- judgment
- decision-making
- stress
- memory
- behavior issues



Drug Use and Criminal Activity

- An illegal **act** for which someone can be punished by the government especially: a gross violation of law.



Examples of Crimes



- personal crime
- assault and battery
- arson
- child abuse
- domestic abuse
- kidnapping
- rape and statutory rape
- hate crime
- white collar crime



Data Report

1. 1 in 5 children have been diagnosed as having an emotional, behavioral or mental health disorder.
2. 1 in 10 young people have a mental health challenge severe enough to impair how they function at home, school or in the community.
3. Many estimates show that although at least $\frac{1}{4}$ of children are affected by mental health and about 80% of them do not receive the mental health that is needed.



How does Mental Health Disorders affect Children?



1. It can affect classroom learning and social interaction.
2. Difficulties being in agreement with the parent/caretaker and school with recognizing the role that mental health plays within a child.
3. Figuring out what types of support and services to put in place; it is important to remember that each child is unique with differing needs and coping mechanisms.



Common Disruptive Disorders

- Oppositional Defiant Disorder
- Conduct Disorder
- Attention Deficit Hyperactivity Disorder (ADHD)



RESOURCES



- Accessing mental health services that the child may need could potentially help them better manage and support their mental needs.
 - Teachers
 - School Counselors
 - School Social Workers
 - Community Agencies



How to navigate problems at School:

- As a parent: one strategy – build a strong working relationship with your child
- Build a relationship with your child's school and the people within.
- Inquire about special education or supports from Section 504.



Possible accommodations or strategies in the classroom:



- Allowing flexible deadline or letting the student have an option to re-do work to feel more confident.
- Helping the teachers to recognize escalating anxiety in a child and equipping them with tools to intervene and help the child to implement strategies that help manage their symptoms.
- Make plans for what to do when they are unable to focus due to worries.
- Allow for breaks for opportunities to de-stress.



Call us

Thank you for your participation.

If you have any questions or concerns, please feel free to contact the

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And as always, call or visit

Mrs. Dianne Wiley at your local Parent Center

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Thank
You!



References

- <http://www.mentalhealth.org/what-to-look-for/behavioral-disorders>
- <https://childm>
- <ind.org/topics/concerns/behavior/>

