

LESSON 10-1 ▲ WHERE AM I GOING IN 10TH GRADE?

LEARNING GOALS/OUTCOMES

- ► Identify the key readiness milestones of 10th grade
- Analyze their 9th grade portfolio and recommend improvements
- ► Create at least five academic and/or activity goals for 10th grade

MATERIALS NEEDED

- Student Handouts:
 - Summer Activity Word Cloud Example
 - 10th Grade Career Guidance Washington Lesson Outline & Themes
 - 10th Grade Readiness Milestones
 - 10th Grade Goals Worksheet
 - Journal Page
- ► Students' 9th Grade Portfolios
- ▶ Blank piece of paper and writing utensil for each student

CLASSROOM ACTIVITIES

- 1. **Students discuss their summer activities.** Welcome students to advisory. Ask them what they did during the summer. Have students call out answers. Write on the board four or five different types of answers for summer activities (for example, "mowed lawns," "worked as a camp counselor," "went to summer school," "hung out at home").
- 2. Students connect summer activities to college and career readiness. For one of the summer activities listed on the board, have students call out how that activity might prepare them for college and career (for example, for "mowed lawns," students might say: earn money, be responsible, be entrepreneurial, network with neighbors, etc.). Create a word cloud on the board with students' answers. See Summer Activity Word Cloud Example for an example. Ask all the students to come up to the board and have each of them write in big letters one thing they did during the summer. Then give them two minutes to create a college and career readiness word cloud around that activity. Make it a race: see who can write the most college and career ready words in two minutes!



- 3. Students learn the process of registering for the PSAT and/or PLAN. Share information from your school about testing opportunities for sophomores this fall. Many schools have sophomores take the PSAT for practice or the PLAN for an academic assessment. For more information about these exams: PSAT www.collegeboard.com and PLAN www.actstudent.org.
- 4. **Students identify the key readiness milestones for 10th grade.** A readiness milestone is an important step in the process of becoming college and career ready. Ask students to guess the major milestones they will face during sophomore year. Write their answers on the board. Discuss how their answers will help them prepare for college and career. Explain that there are six major milestones they will accomplish this year. Either hand out or project the 10th Grade Readiness Milestones handout and review the six milestones with your students:
 - Begin the college admissions process (by taking the PSAT and/or PLAN)
 - Learn about the three college options
 - Learn how to pay for college
 - Explore careers and identify possible career interests
 - Take high school proficiency exams (based on the requirements in your district)
 - Plan for junior year and update High School and Beyond Plan
- 5. Students review the 10th Grade Career Guidance Washington Lesson Outline and Themes. Inform students that 10th Grade Career Guidance Washington lessons will help them reach these milestones. Hand out the 10th Grade Career Guidance Washington Lesson Outline and Themes handout and briefly review it with students.
- 6. Students analyze their 9th grade High School & Beyond Plan and plan improvements. Give each student his or her 9th grade High School & Beyond Plan. Ask students to imagine they work in a portfolio review business and have been given this portfolio to review. Ask them to take out a piece of paper and write five recommendations for how their 9th grade High School & Beyond Plan could be improved for 10th grade. Divide students into groups of three and have each student present their recommendations to the other two students in their group. When they are finished, have them put their handout in the front of their HSBP as a handy reference.
- 7. Students create at least five academic and activity goals for 10th grade. Now that students have had the chance to review their work from 9th grade and to think ahead about the milestones they will encounter during 10th grade, it is time to develop goals for the year that include a Personalized Pathway, a graduation requirement based on their High School & Beyond Plan. Distribute the 10th Grade Goals Worksheet and ask students to take five to ten minutes to complete the sentences to set academic, activity, and college/career readiness goals for the year. Have students save their goals in the Plan-Ready section of their High School & Beyond Plan.
- 8. **Students reflect on the most difficult goal for sophomore year.** Distribute the Journal Page and ask each student to answer these questions:
 - What is the most difficult goal I have set for 10th grade?
 - Why is that goal difficult?



- What can I do to accomplish that goal?
- How do my goals align with my High School & Beyond Plan's Personalized Pathway?

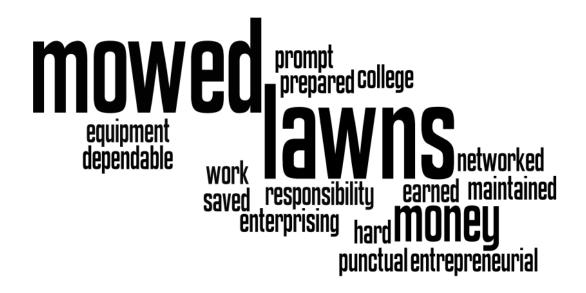
STUDENT PRODUCTS

- ▶ Recommendations for improving their High School & Beyond Plan from 9th grade to 10th grade
- ▶ Completed 10th Grade Goals Worksheet to be placed in their 10th grade portfolio
- ► Completed Journal Page



LESSON 10-1 HANDOUT

SUMMER ACTIVITY WORD CLOUD EXAMPLE



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LESSON 10-1 HANDOUT

10TH GRADE CAREER GUIDANCE LESSON OUTLINE & **THEMES**

UILINE	
10-1	Where Am I Going in 10th Grade?
10-2	Defining College and Career "Prep"
10-3	After-Graduation Planning
10-4	Defining Me: Leadership
10-5	Studying is a Team Sport
10-6	Test Preparation
10-7	Introduction to Program of Study
10-8	Mapping Career and College Requirements
10-9	High School and Beyond Plan
10-10	Course Registration
10-11	Work Samples and Reflection
10-12	Academic Progress Review
10-13	Understanding Self-doubt
10-14	Planning for Summer
10-15	Defining Credentials
10-16	Why Go to College?
10-17	Leveraging Strengths and Removing Barriers
10-18	Paying for College: TheWashBoard.org
10-19	Preparing for Student-led Conferences I
10-20	Preparing for Student-led Conferences II
10-21	Fulfilling Requirements in 10th Grade
10-22	Building a Strong Transcript in 10th Grade
10-23	Conducting the College Search in 10th Grade
10-24	Learning to Use Money in 10th Grade
10-25	Purchasing
10-26	Savings and Banking
10-27	Dropping Out or Staying In
10-28	Recreation, Leisure and Volunteerism
10-29	My Story

10-30 Lessons on Leadership from the "Dancing Guy"

10TH GRADE CAREER GUIDANCE LESSON OUTLINE & THEMES (cont.)

THEMES

Career Guidance Washington addresses 8 themes important to a college and career ready student. Discuss with the class what these themes might mean/represent.

- 1. Career and College Development
- 2. Ownership of Learning
- 3. Transition Skills
- 4. Learning Techniques
- 5. Metacognitive Skills
- 6. Academic Eligibility
- 7. High School and Beyond Plan
- 8. Financial Literacy

QUESTION

What makes a student college and career ready? How does my High School & Beyond Plan's Personalized Pathway fit with my college and career readiness ideas?





LESSON 10-1 HANDOUT

10TH GRADE READINESS MILESTONES

Sophomore year is very important for students who are preparing to be college and career ready. As a sophomore, you will reach six key milestones this year:

MILESTONE 1: Begin the college admissions process (by taking the PSAT and/or PLAN). Whether or not you think you want to go to college, it is a good idea to be prepared. Taking the PSAT or the PLAN during sophomore year will help you assess your academic skills and get good experience taking a standardized exam. Find out if your school will give you the chance to take one of these exams.

MILESTONE 2: Learn about the three college options. Most careers require some type of postsecondary education or training. This year you'll learn about the three college options that most students follow to prepare for their career choice: four-year college, two-year community college, or technical college (often called "CTE," for career & technical education).

MILESTONE 3: Learn how to pay for college. You can't go to college unless you have a plan to pay for tuition and other expenses. This year you will learn about financial aid, including the scholarships, grants, loans, and part-time jobs that many students use to pay for college. You will start the process of developing a financial plan for your life after high school.

MILESTONE 4: Explore careers and identify possible career interests. What are you interested in doing? This year in these lessons you will have the opportunity to describe your desired life 20 years into the future and rank career possibilities according to your values and interests. You will identify possible careers and then learn about the education and training you will need to pursue those careers.

MILESTONE 5: Take high school proficiency exams. In many school districts, students are required to demonstrate proficiency in core subject areas before they can graduate from high school. Testing for proficiency often begins during sophomore year. If your district requires proficiency testing, your teachers will help you prepare to do your best and show that you have mastered the subjects.

MILESTONE 6: Plan for junior year during your sophomore year. Junior year is very important because it's the last full year of your performance that colleges will see on your applications when you submit them during your senior year. Because junior year is so important, you'll spend time this year planning the courses you should take and the activities you should join when you are a junior.





LESSON 10-1 HANDOUT

10TH GRADE GOALS WORKSHEET

Name:
Directions: What can you do this year to become college and career ready? In the spaces below, complete the sentences to set your 10 th grade goals in each area. You'll have the chance to review these goals again this year to check your progress.
ACADEMIC GOAL: I will succeed in my classes this year because I will
ACTIVITIES GOAL: To get involved at school and in my community this year, I will
COLLEGE & CAREER READINESS GOAL: To become more college and career ready this year, I will



LESSON 10-1 HANDOUT

JOURNAL PAGE

Lesson 10-1 | WHERE AM I GOING IN 10TH GRADE?

Q1: What is the most difficult goal I have set for 10th grade?

Q2: Why is that goal difficult?

Q3: What can I do to accomplish that goal?

Q4: How do my goals align with my High School & Beyond Plan's Personalized

Pathway?

Answers:	
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