

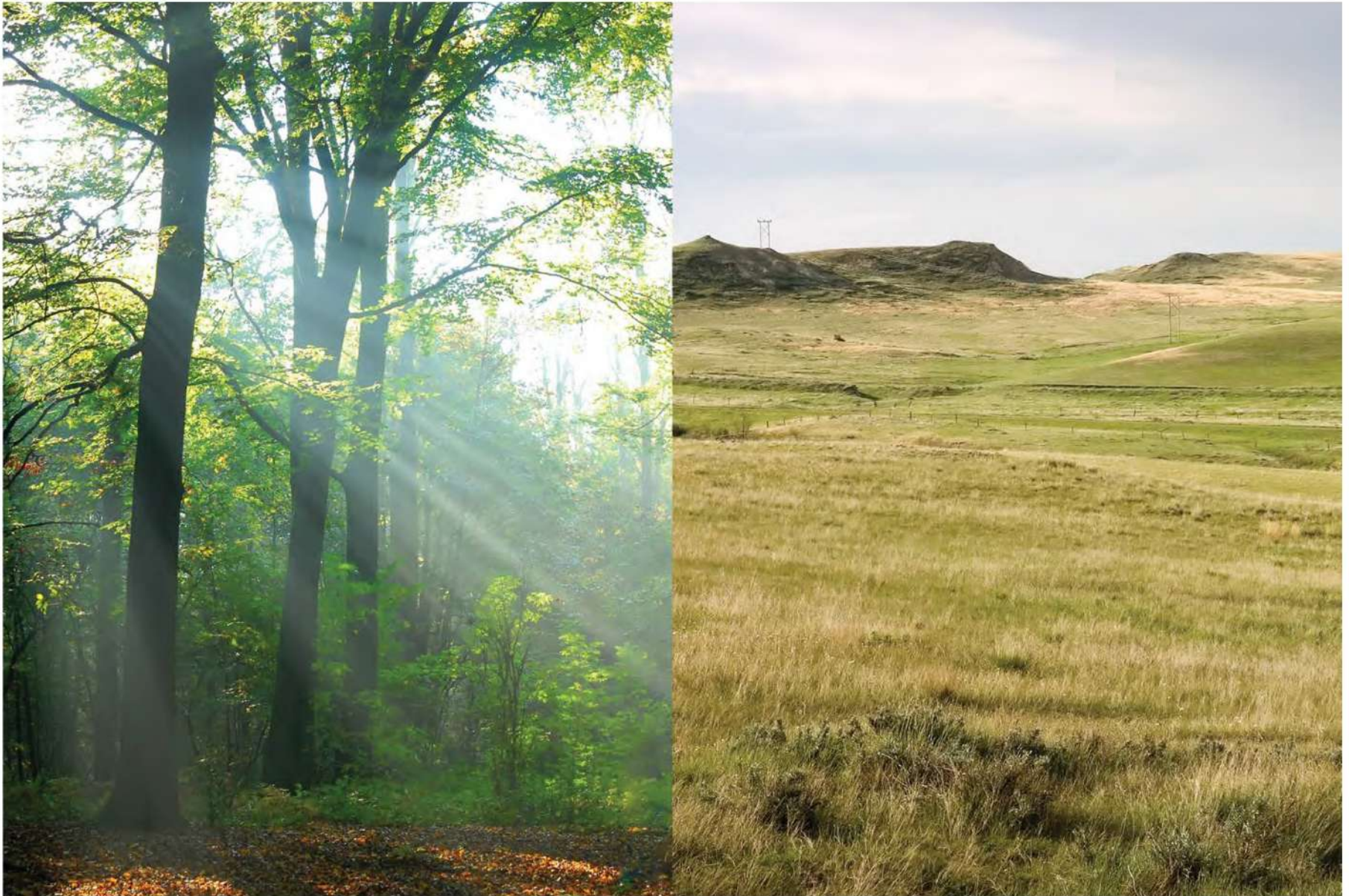
# LECCIÓN 1 - INTRODUCTION TO NATIVE AMERICANS

# INTRODUCTION TO NATIVE AMERICANS

Long, long ago—long before you and I can remember—long before your grandparents and their grandparents and their grandparents can remember, there were no people living on the land where we live today.

# INTRODUCTION TO NATIVE AMERICANS

There were woods and plains, but no people.





# INTRODUCTION TO NATIVE AMERICANS

There were rivers and lakes, but no people.





# INTRODUCTION TO NATIVE AMERICANS

There were deserts and mountains, but no people. *A desert is a large, dry area of land that gets very little rain.*





# INTRODUCTION TO NATIVE AMERICANS

There were plenty of birds and fish,





# INTRODUCTION TO NATIVE AMERICANS

and animals and insects . . . but there were no people. But that was thousands of years ago, much earlier than any of us can remember. Eventually—still thousands of years ago—the first-known people who lived in America, called Native Americans or American Indians, made their home in all parts of the continent.



# INTRODUCTION TO NATIVE AMERICANS

Some Native Americans lived in the desert. Others lived in the mountains. Some lived in the woods. And others lived on the coast, near the ocean. *The coast is the land next to the ocean or sea.*





# INTRODUCTION TO NATIVE AMERICANS

People of the desert lived very differently from coastal people. Can you guess why that would be? You are going to learn about some of the different ways America's firstknown people, or Native Americans, lived.



# INTRODUCTION TO NATIVE AMERICANS

The Native Americans of long ago all needed the same things we need today. They needed food and water to stay alive. They needed shelter—places to protect themselves from the weather and wild animals—and they needed clothing to keep themselves warm and dry. *What did the Native Americans need to live?*





# INTRODUCTION TO NATIVE AMERICANS

But the food the desert people ate was not the same kind of food the coastal people ate. And the houses that protected people in the woods did not look the same as the houses of those who lived in the desert.





# INTRODUCTION TO NATIVE AMERICANS

Some lived in tipis.





# INTRODUCTION TO NATIVE AMERICANS

Some lived in wetus [/wee\*toos/].





# INTRODUCTION TO NATIVE AMERICANS

Some lived in hogans.





# INTRODUCTION TO NATIVE AMERICANS

Some lived in pueblos.





# INTRODUCTION TO NATIVE AMERICANS

And others lived in longhouses. Native Americans of long ago had to rely on their knowledge of nature—of the earth, the plants, and the animals that surrounded them. And everywhere they roamed, *or wandered* these Native Americans found ways to borrow, or use, from the earth all that they needed to live. *To borrow means to take or use something for a while and then return it.*





# INTRODUCTION TO NATIVE AMERICANS

Some Native Americans grew their own vegetables and fruit.





# INTRODUCTION TO NATIVE AMERICANS

Others hunted buffalo.





# INTRODUCTION TO NATIVE AMERICANS

Some Native Americans hunted woodland animals.





# INTRODUCTION TO NATIVE AMERICANS

Others caught fish from rivers, lakes, and oceans.





# INTRODUCTION TO NATIVE AMERICANS

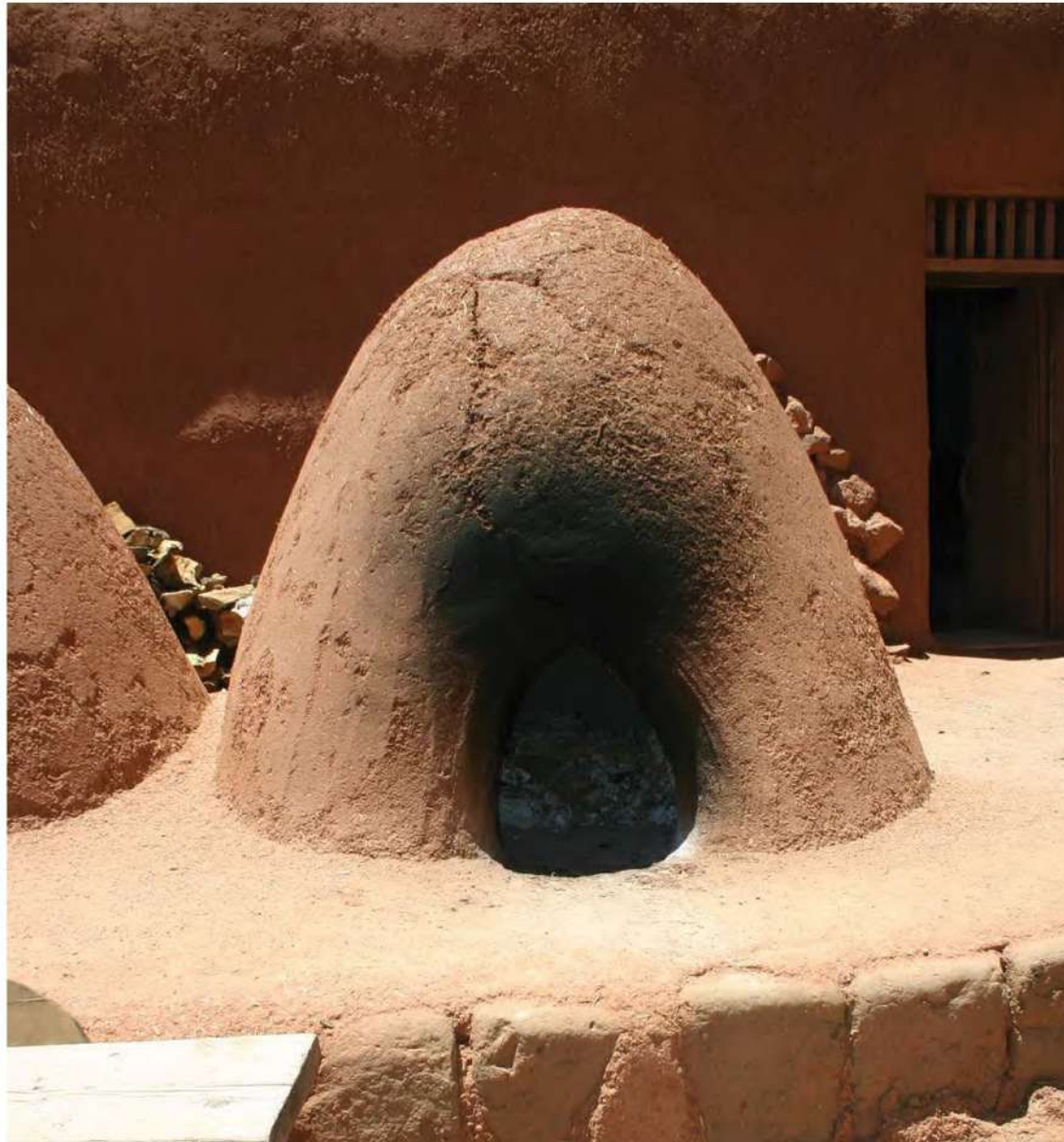
Some Native Americans cooked their food over an open fire.





# INTRODUCTION TO NATIVE AMERICANS

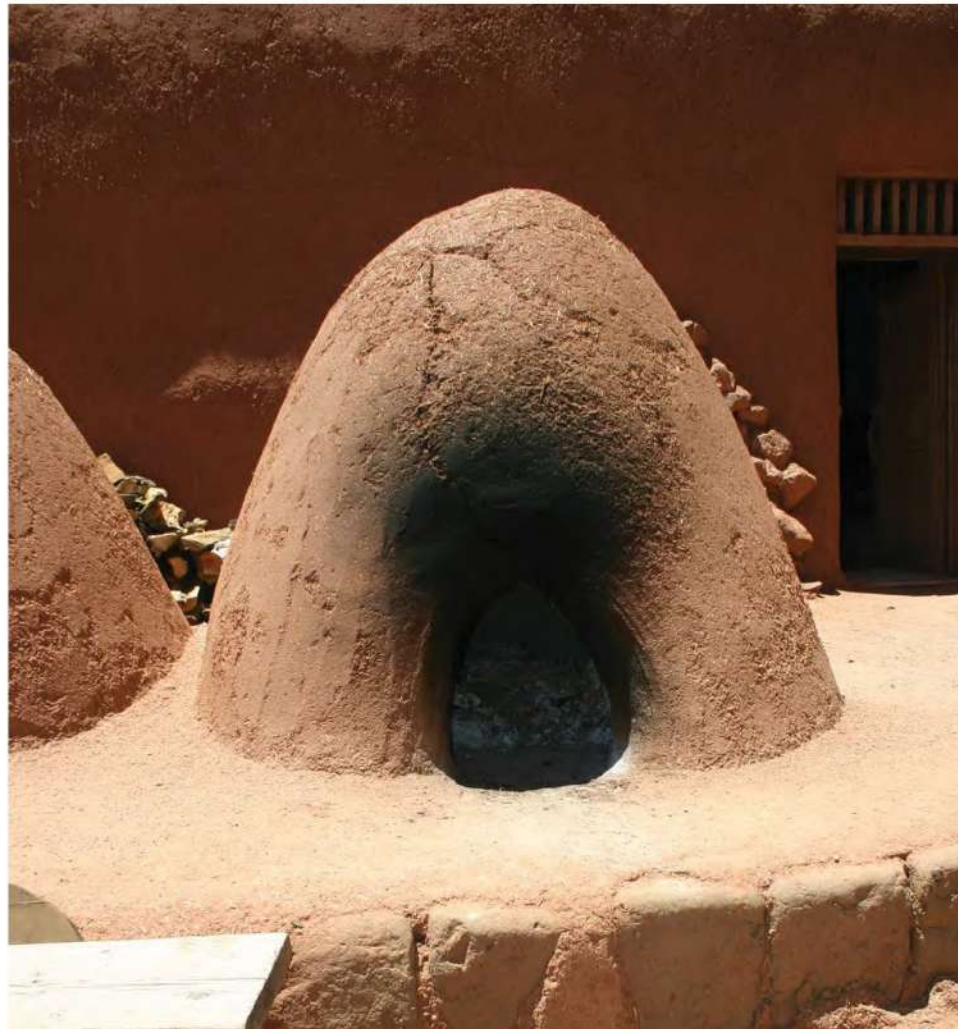
Others baked food in specially made ovens. *How did Native Americans of long ago get their food?*





# INTRODUCTION TO NATIVE AMERICANS

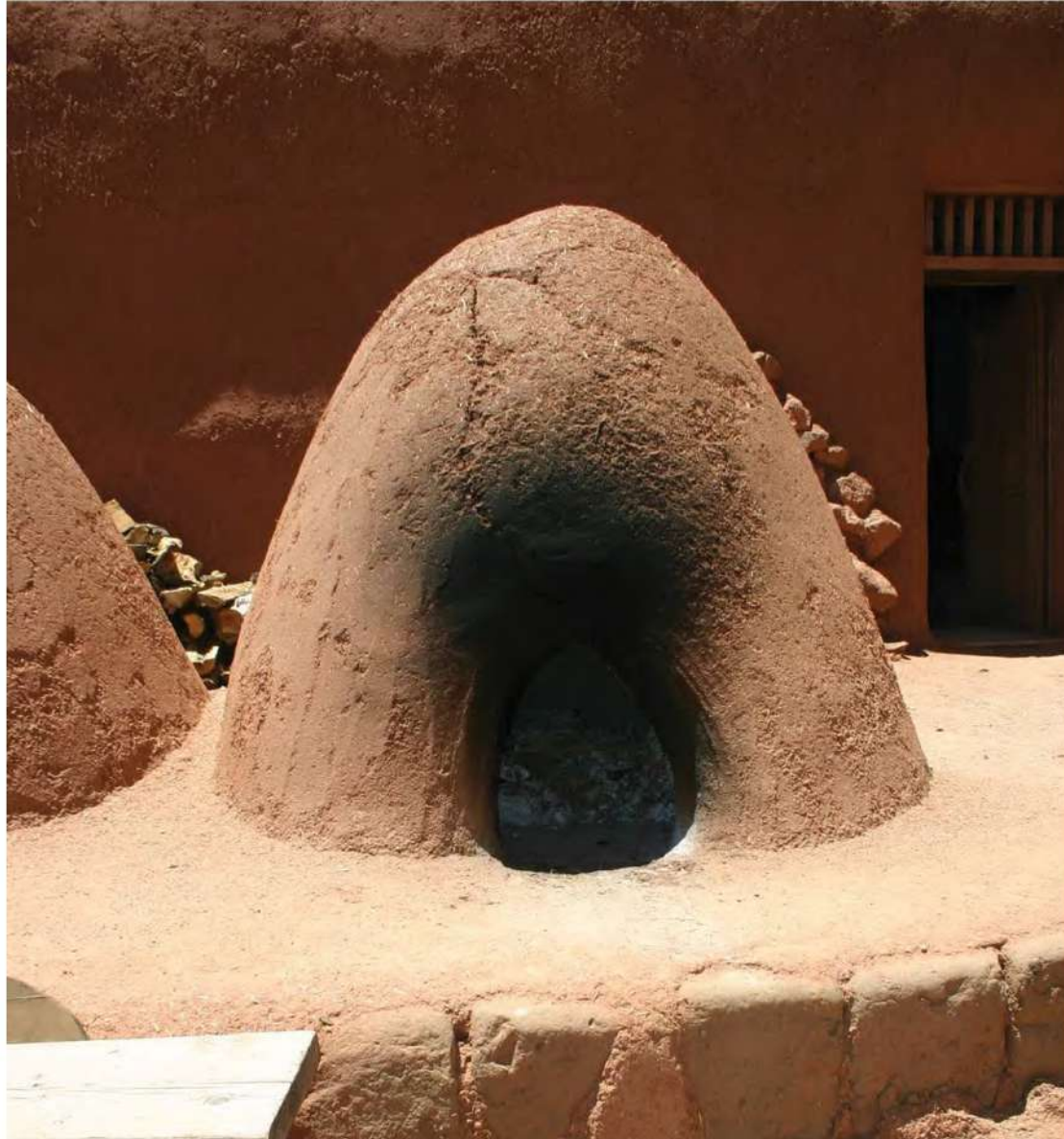
The Native Americans also needed water. But there were no sinks with running water inside their homes. So, where do you think the Native Americans found water long ago? Native Americans collected rainwater. They also got their water from lakes, rivers, and streams.





# INTRODUCTION TO NATIVE AMERICANS

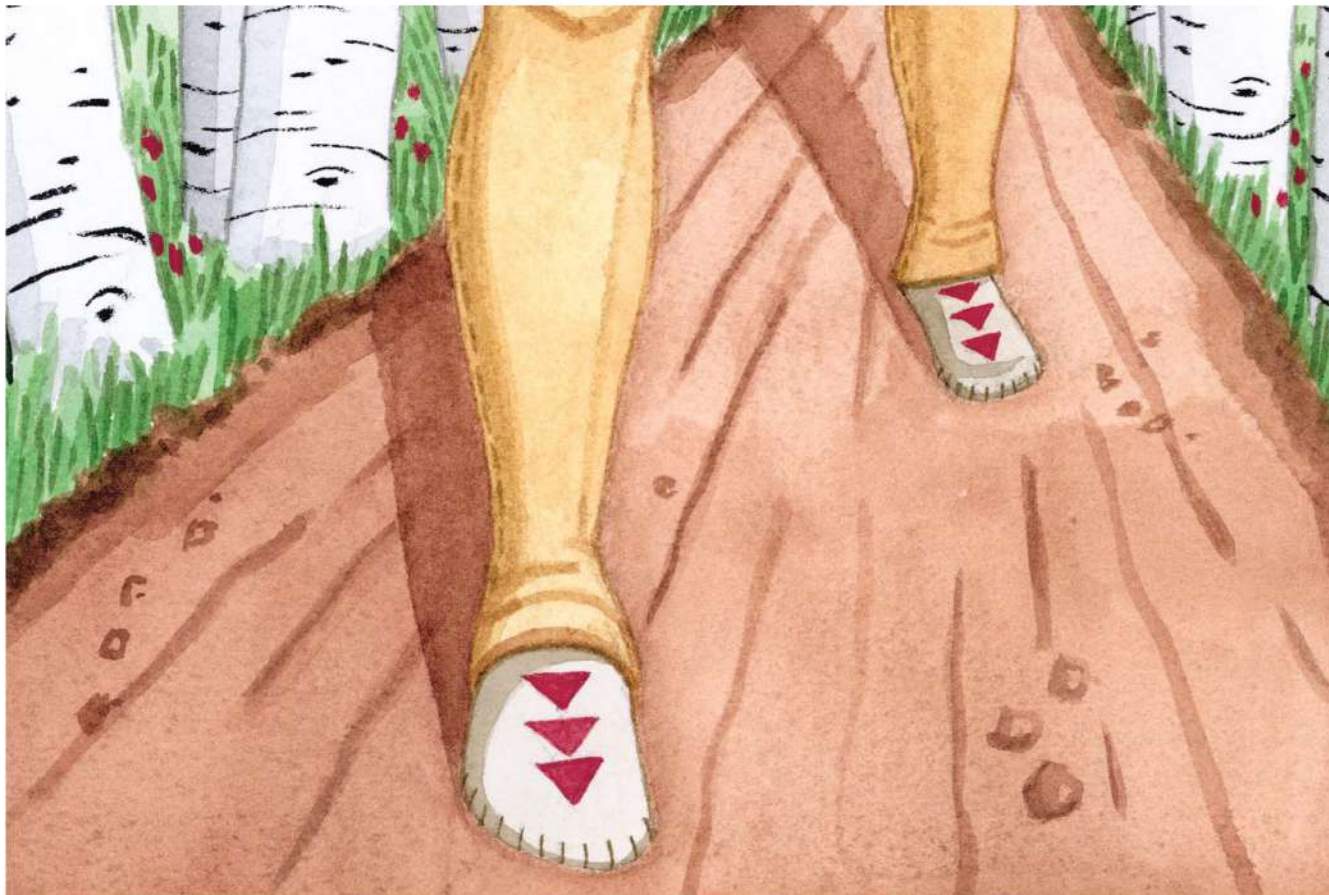
Native Americans of long ago did not have cars and trucks. There were no buses, or trains, or planes. So do you know how they got around?





# INTRODUCTION TO NATIVE AMERICANS

Long ago, Native Americans traveled by foot. Here the word foot is being used to describe the part of your body that is at the end of your leg. There were no paved roads. Native American paths were made by the pounding of their own footsteps and the hooves of animal herds.





# INTRODUCTION TO NATIVE AMERICANS

After Native Americans were here for many years, they started riding horses. After that, some traveled on horseback.





# INTRODUCTION TO NATIVE AMERICANS

And others traveled in canoes.

Those who lived in the woods used their feet to make their way through thick forests of trees. After many years, those who lived on open plains welcomed the speed of horses to carry them long distances. And those who lived near lakes and rivers relied upon canoes to carry them across the waters.





# INTRODUCTION TO NATIVE AMERICANS

*What do you see in this picture?*

No matter where they lived, Native Americans made all of their own clothes. Some Native American women and girls wore skirts and dresses. Men and boys often wore breechcloths and leggings. They used materials from their surroundings to make their clothes.





# INTRODUCTION TO NATIVE AMERICANS

*What do you see in this picture?*

Some Native Americans wore clothing made of animal skins—elk, deer, buffalo, and rabbit. They often decorated their clothing with beads, porcupine quills, and fringe. During the cold winter months, they wore coats of animal fur to stay warm. Others wore clothes made from the soft, inner bark of the cedar tree, sometimes decorated with seashells.





# INTRODUCTION TO NATIVE AMERICANS

*What do you see in this picture?*

Still others wore clothing made of fibers from different plants—cotton and yucca—and trimmed them with animal bones. In winter, they covered themselves with cloaks to stay warm.





# INTRODUCTION TO NATIVE AMERICANS

Many men, women, boys, and girls in each of the Native American tribes across the land— from the oceans to the plains to the woods— wore moccasins on their feet. *Tribes are groups of similar people who share a language, customs, and laws. They also have the same ancestors, such as great-great-grandparents.* Some, however, preferred bare feet.



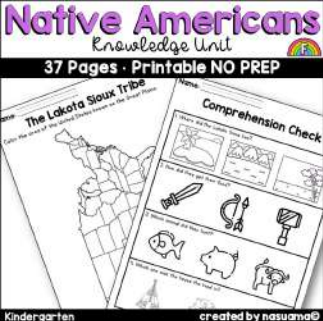


# INTRODUCTION TO NATIVE AMERICANS

And so, you see, the people who first came to live on this rich and varied land that we now call the United States of America were just as rich and varied as the land itself. They were alike in some ways and different in other ways, just as the people of America are today.

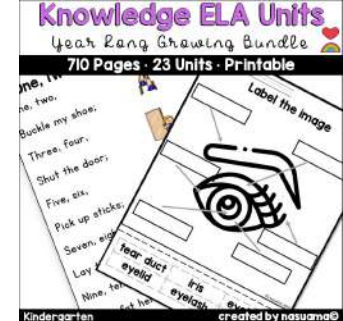






# NATIVE AMERICANS

# BUNDLE



Native Americans Chart	Shelter				
	Food				
	Clothing				
	Transportation				

Name: \_\_\_\_\_

## Shelters

Color the pictures that show the shelters Native Americans lived in.

DO YOU NEED EXTRA ACTIVITIES?

Students Today	Lakota Sioux	Wampanoag	Lenape
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