

Norwood High School Curriculum Night & Open House



Curriculum Night – Agenda

Opening Remarks: Principal, Jonathan Bourn

Video Presentation: “Your High School Experience”

Director of Guidance: Kristen McDonnell

NHS Athletics Jon Longley

STUDENT LED TOURS

English Language Arts: Jim Lee

Mathematics: John Casali & Betty Pinto

Science/Technology/Engineering Paul Betz & Doc Crowley

Social Studies: Jennifer Orlinski

Foreign Languages Cynthia Derrane

Music, Drama, TV Production Catherine Connor-Moen

Visual Arts Laurie Mead-McGrory

Health and Physical Education Jan Cohn





School Counseling Department

General Information:

- 5 school counselors, 2 adjustment counselors, and 1 amazing administrative assistant
- Alphabetical breakdown based on last name
- Students will have the same counselor for the duration of their high school career

Main Roles of Counselor:

- Academic Planning: Includes scheduling and academic monitoring
- College and Career Planning
- Emotional/Social Support and Guidance



CREDIT REQUIREMENTS

THE MAGIC NUMBER = 100

Subject	Years Required
English	4
Math	3
Science	3
Social Studies	3
Health	4
Phys Ed	4



Note: Foreign Language is not currently a graduation requirement; however, MA state universities require 2 years of the same foreign language... and they prefer 3+ years!

Course Selection

- ❖ Course selection for rising grade 9 students begins in late February
- ❖ Current teachers will input course & level recommendations based on current performance.

If a student's performance changes from that point through the end of the school year, then teacher-driven changes can be made

- ❖ **The parent/guardian override deadline is April 11th**
- ❖ The goal is to have schedules available to students by the end of the 2017-2018 school year.



FRESHMAN YEAR – MOCK SCHEDULE

	S1	S7	S6	S5	S4	S3	S2
P1	[S2] DST Lee, J • 352	[FY] WLD HIS/CUL2 H John, Laura • 326	[FY] FRSH ENGLISH H Connolly, Lindsey • 351	[FY] LATIN 1 C Holmes, Moriah • 268	[FY] INTRO MASS COMM C Brunt, John • 106	[FY] ALGEBRA 1 Apostoli, Elsa • 221	[FY] PHYSICAL SCIENCE C Cyr, William • 300
P2	[FY] PHYSICAL SCIENCE C Cyr, William • 300	[S2] DST Sweeney, J • 230	[FY] WLD HIS/CUL2 H John, Laura • 326	[FY] FRSH ENGLISH H Connolly, Lindsey • 351	[FY] LATIN 1 C Holmes, Moriah • 268	[FY] INTRO MASS COMM C Brunt, John • 106	[FY] ALGEBRA 1 Apostoli, Elsa • 221
P3	[FY] ALGEBRA 1 Apostoli, Elsa • 221	[FY] PHYSICAL SCIENCE C Cyr, William • 300	[S2] DST Simon, R • 233	[FY] WLD HIS/CUL2 H John, Laura • 326	[FY] FRSH ENGLISH H Connolly, Lindsey • 351	[FY] LATIN 1 C Holmes, Moriah • 268	[FY] INTRO MASS COMM C Brunt, John • 106
P4	[FY] INTRO MASS COMM C Brunt, John • 106	[FY] ALGEBRA 1 Apostoli, Elsa • 221	[FY] PHYSICAL SCIENCE C Cyr, William • 300	[S2] PE 9 Merenda, Justin • GYM A	[FY] WLD HIS/CUL2 H John, Laura • 326	[FY] FRSH ENGLISH H Connolly, Lindsey • 351	[FY] LATIN 1 C Holmes, Moriah • 268
P5	[FY] LATIN 1 C Holmes, Moriah • 268	[FY] INTRO MASS COMM C Brunt, John • 106	[FY] ALGEBRA 1 Apostoli, Elsa • 221	[FY] PHYSICAL SCIENCE C Cyr, William • 300	[S2] PE 9 Merenda, Justin • GYM A	[FY] WLD HIS/CUL2 H John, Laura • 326	[FY] FRSH ENGLISH H Connolly, Lindsey • 351
P6	[FY] FRSH ENGLISH H Connolly, Lindsey • 351	[FY] LATIN 1 C Holmes, Moriah • 268	[FY] INTRO MASS COMM C Brunt, John • 106	[FY] ALGEBRA 1 Apostoli, Elsa • 221	[FY] PHYSICAL SCIENCE C Cyr, William • 300	[S2] PE 9 Merenda, Justin • GYM A	[FY] WLD HIS/CUL2 H John, Laura • 326

There are 7 courses scheduled into 6 periods a day ~ the last class of each day rotates out

	S1	S7	
P1	[S2] CST Lee, J - 352	[FY] WLD HIST/CUL 2 H John, Laura - 326	[FY] FR Concort
P2	[FY] PHYSICAL SCIENCE C Cyt, William - 300	[S2] CST Sweeney, J - 230	[FY] W John, L
P3	[FY] ALGEBRA 1 Apostol, Elia - 221	[FY] PHYSICAL SCIENCE C Cyt, William - 300	[S2] CS Simon,
P4	[FY] INTRO MASS COMM C Brunt, John - 100	[FY] ALGEBRA 1 Apostol, Elia - 221	[FY] PH- SCIENCE Cyt, W
P5	[FY] LATIN 1 C Holmes, Moriah - 268	[FY] INTRO MASS COMM C Brunt, John - 100	[FY] AL Apostol
P6	[FY] FRSH ENGLISH H Connolly, Lindsey - 351	[FY] LATIN 1 C Holmes, Moriah - 268	[FY] IN COMM Brunt, J

The last class rotates out

[illegible]

Program of Studies

Can be found on NHS website under
'Academics', or at this link:

[2018-2019 Program of Studies](#)

Or by scanning this QR code:





Athletics

Fall

- Football (V/JV/F)
- Boys Soccer (V/JV/F)
- Girls Soccer (V/JV)
- Field Hockey (V/JV/F)
- Girls Volleyball (V/JV/F)
- Boys & Girls Cross Country (V/JV)
- Golf (V)
- Swim & Diving (V/JV)
- Cheerleading (V/JV)

Winter

- Boys Basketball (V/JV/F)
- Girls Basketball (V/JV/F)
- Wrestling (V/JV)
- Gymnastics (V/JV)
- Boys & Girls Track (V/JV)
- Boys Ice Hockey (V/JV)
- Girls Ice Hockey (V)

Spring

- Baseball (V/JV/F)
- Softball (V/JV/F)
- Boys Lacrosse (V/JV)
- Girls Lacrosse (V/JV)
- Boys & Girls Track (V/JV)
- Boys Tennis (V/JV)
- Girls Tennis (V/JV)
- Boys Volleyball (V/JV)

Student Led Tours



English Language Arts – Course of Study

Freshman English
(H/CP/CP2)

Sophomore English
(H/CP/CP2)

AP Literature & Composition

Junior English (CP/H)

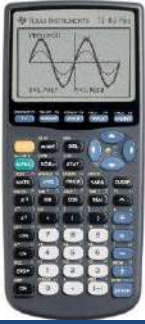
Senior English
(CP/H)

Life & Literature 11
(S)

Life & Literature 12
(S)

Expectations for Freshman English

- Homework at least 4x weekly
- Open response and 5 paragraph essays using the writing process
- Core reading and writing assignments
- Reading/analyzing complex texts
- Maintaining an organized, up-to-date 3-ring binder
- Willingness to learn and improve skills
- Frequent class participation
- Summer reading, midyear, and final exam



NHS Math

Grade 8 Math Class

Accelerated Algebra 1

Intro to Algebra

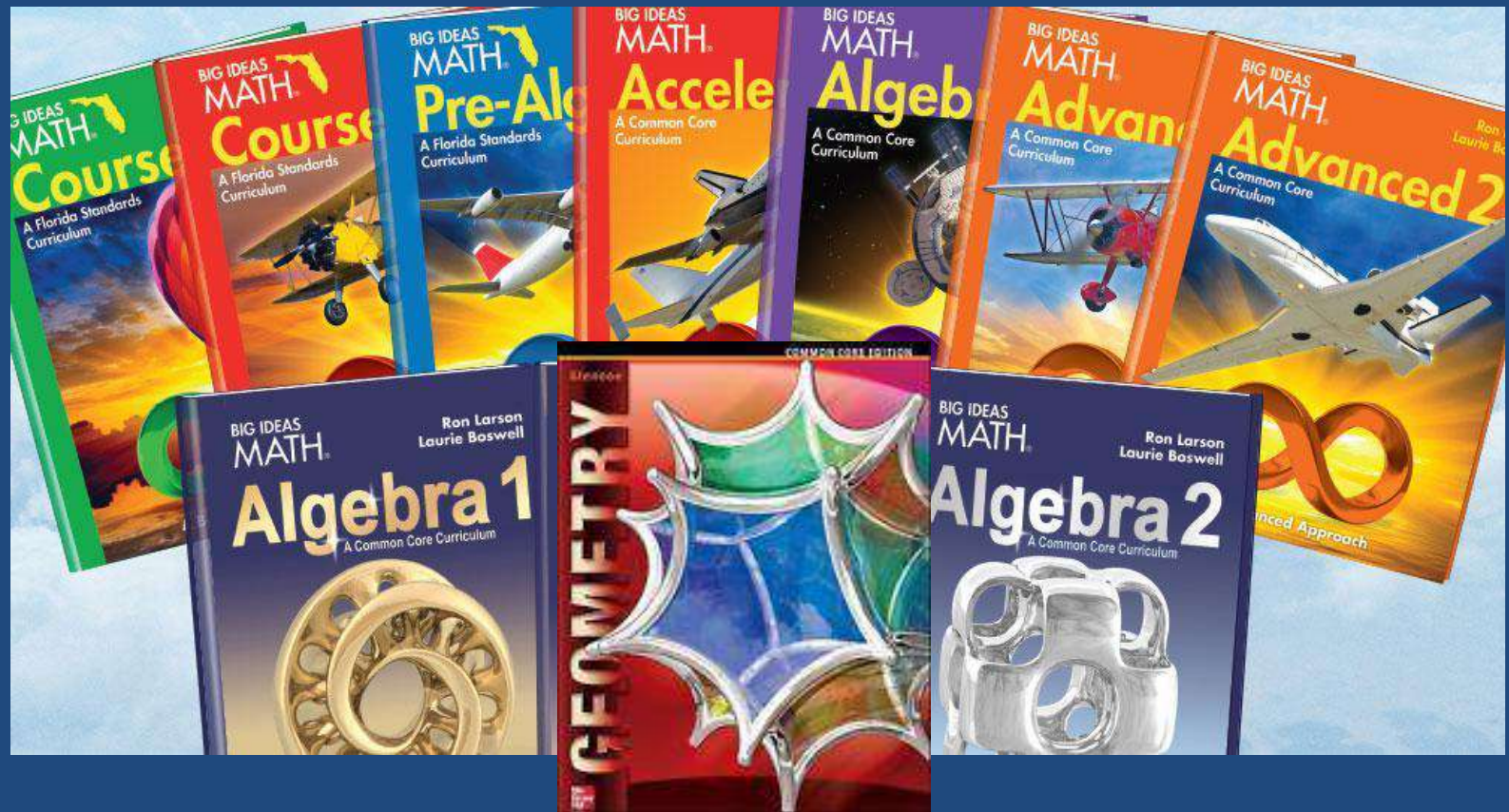
Grade 9 Math Class

Honors Geometry

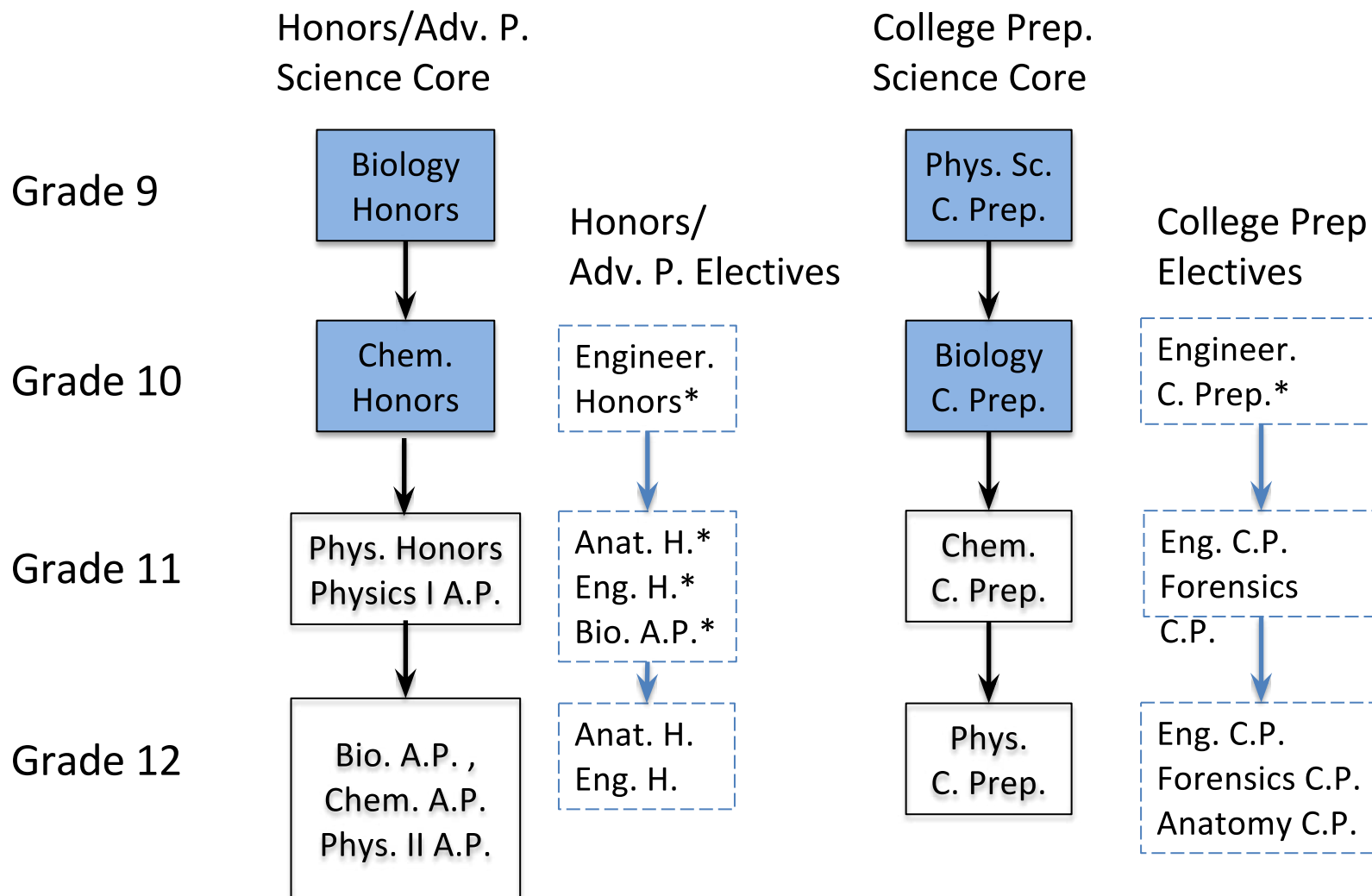
Algebra 1

	Honors Program	College Prep Program	College/Career Readiness Program
Grade 8	Algebra 1 (accelerated)	Intro to Algebra	Intro to Algebra
Grade 9	Geometry (Honors or level 1)	Algebra 1 (level 1 or 2)	Algebra 1 (level 3)
Grade 10	Algebra 2 (Honors or level 1)	Geometry (level 1 or 2)	Informal Geometry
Grade 11	Precalc/Trig (Honors or level 1)	Algebra 2 (level 1 or 2)	Intro to Algebra 2 (S)
Grade 12	Calculus and/or Statistics (AP or Honors)	Precalculus/Trig or Senior College Math	Algebra 2 (level 3) or Data Skills (S)

New Resources



Science and Tech. Ed./Engineering Dept. Course Offerings:

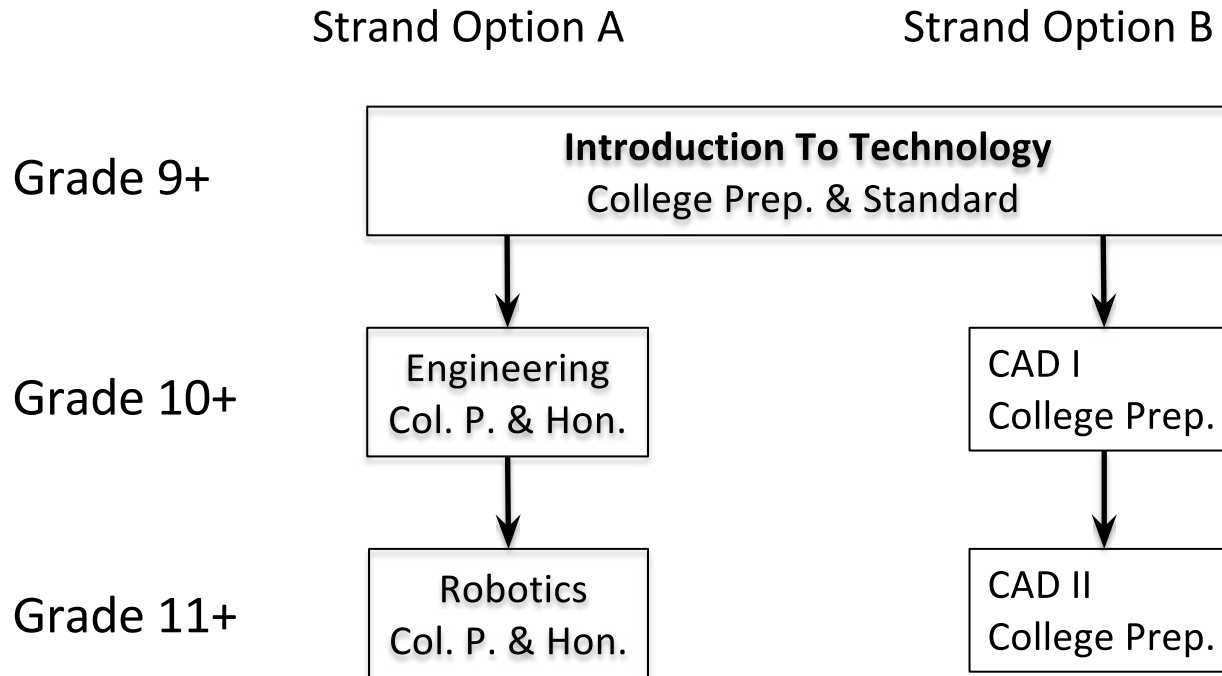


Students must pass three science courses and a Science Subject MCAS Exam as graduation requirements.

Shaded Science Core courses are required of all students.

*Indicated electives require concurrent enrollment with the Science Core at that grade level.

Technology Education/Engineering Course Offerings:



Senior Elective Options:

1. Senior Zoology Elective: raising endangered turtles
2. Senior Technology Seminar: instructional technology support

Technology Education Courses are offered at and above the indicated grade level.
Students must be recommended by their teachers for the above honors level courses.

NHS Social Studies

Grade 9 World History

- Continuation of Grade 8 Curriculum
- Offered at Honors/College level

Grade 10 US History I

- First half of a 2 year sequence- Exploration to 1877
- Offered at Pre-AP/College/CP2 levels

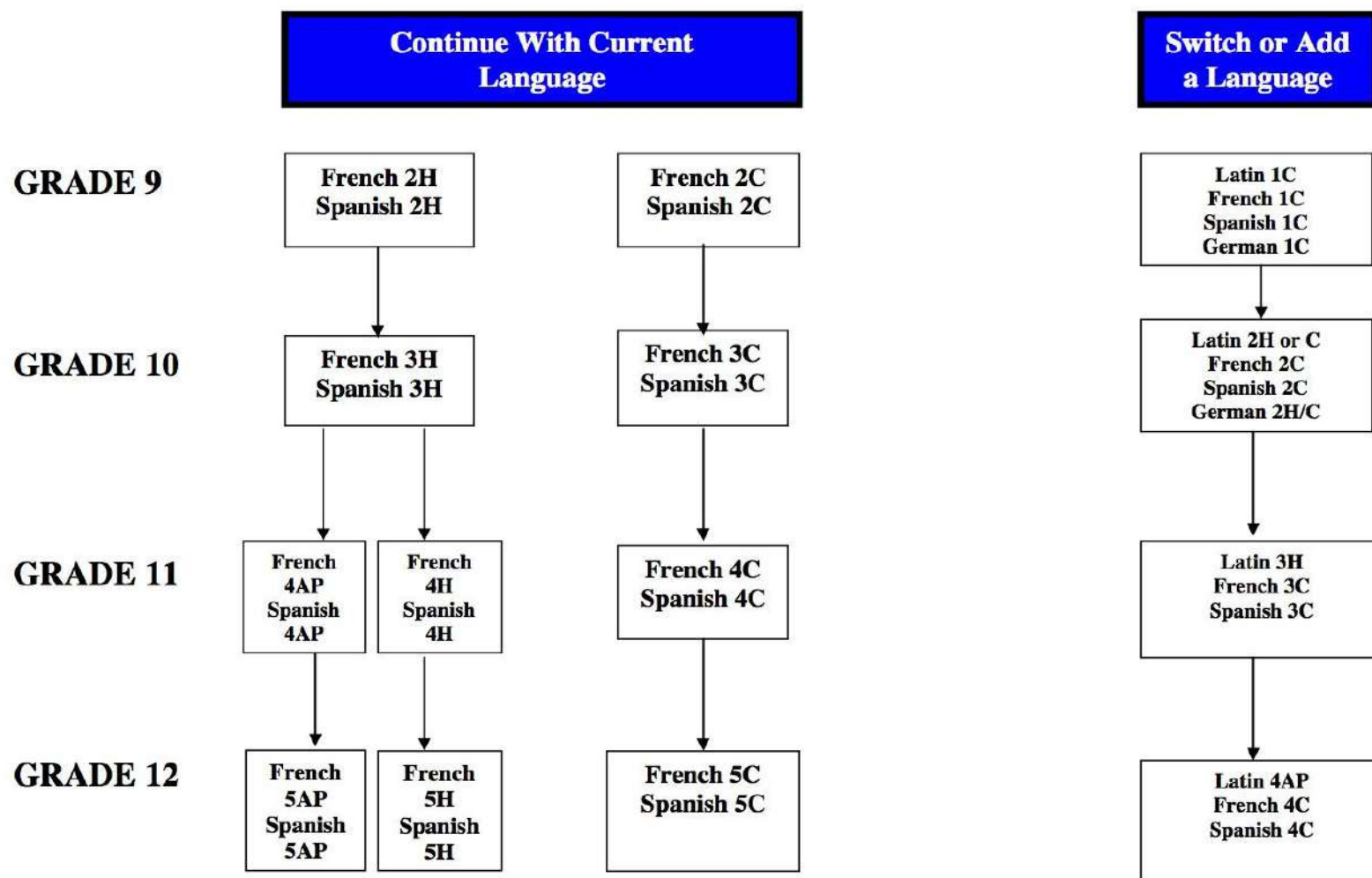
Grade 11 US History II

- Second half of a 2 year sequence 1880-present
- Offered at AP/Honors/College/CP2 levels

Electives

- All grades: Multi-level Contemporary Problems
- Grade 11 OR 12: Law, Psychology, Sociology
- Grade 12 ONLY: Honors Civics, AP Psychology, AP European History, Economics, Senior Contemporary Problems

NHS Foreign Language Department



Honors and AP Classes:
Students are recommended by their teacher. Students can move in or out of levels based on their yearly performance

Music

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graph TD; ME[Music Electives] --- M((Music)); CIM[Curricular Instrumental Music] --- M; ECM[Extra-Curricular Instrumental] --- M; ECC[Extra Curricular Choral] --- M; CCM[Curricular Choral Music] --- M;
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Music Electives

History of Rock & Roll
Music Production
Introduction to
Guitar
Music Major I,II AP

Curricular Instrumental Music

Concert Band (C/H)
Wind Ensemble (H)
Orchestra (C/H)

Curricular Choral Music

Men's Chamber Choir
(C/H)
Women's Chamber
Choir (C/H)
Concert Chorale
(C/H) Madrigal Choir
(H)

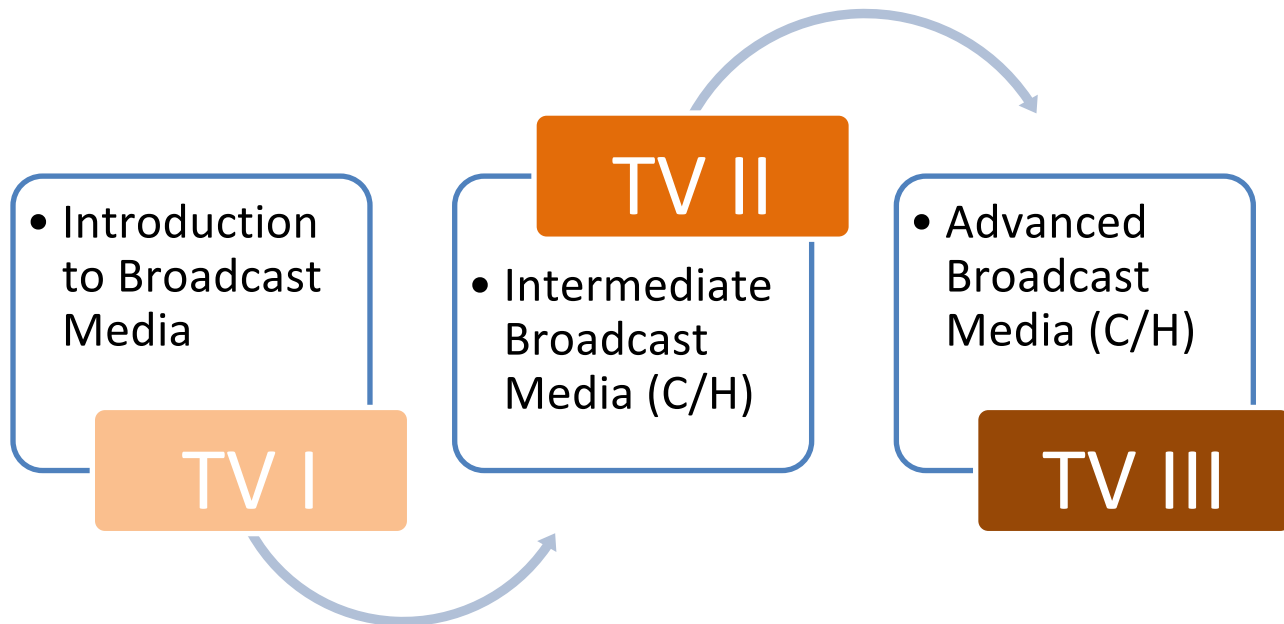
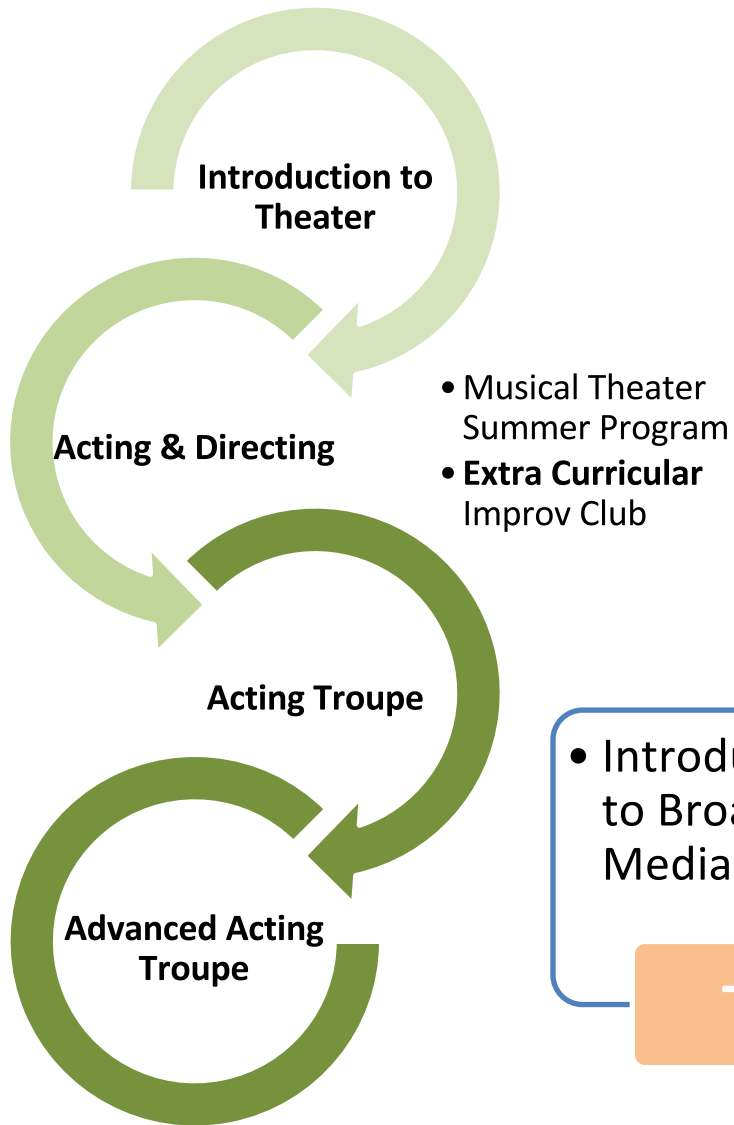
Extra-Curricular Instrumental

Marching Band &
Color Guard
Jazz Ensemble
Brass Choir
Celtic Strings

Extra Curricular Choral

A Cappella Choirs
Muses (women)
Concordia (men)

TV and Drama



Norwood High School's Visual Arts Department

Foundations of Art Making:

This course introduces students to the fundamentals of art making and design. This course is designed to meet the needs of students of all ability and experience levels. Students will spend an entire quarter studying the following disciplines: drawing, painting, digital 2D design (computer graphics), and 3D design (sculpture). It is a prerequisite for all upper level art courses. This course is only offered to freshman and sophomores.

**2D Digital Design II
(Computer Graphics)
Honors or College**

**2D Digital Design III
Honors or College**

**2D Digital
Design IV
Honors or College**

AP 2D Design

**Drawing and Painting II
Honors and College**

**Drawing and Painting III
Honors and College**

**Drawing and Painting
IV
Honors and College**

AP Drawing

**3D Design II
(Sculpture)
Honors or College**

**3D Design III
Honors or College**

**3D Design IV
Honors or
College**

AP 3D Design

For Juniors and Seniors, the Visual Arts Department offers elective courses in photography and web design.

Mustang Wellness Program 2017-18
Grade 9

9th Grade
Foundations of Wellness

- Goal Setting, Social Norms
- Self-management
- Healthy Decision Making
- Suicide Prevention
- Communication Skills
- Anger Management
- Conflict Resolution
- Maslow's Hierarchy
- Flight or Fight Physiology



PE - Life Time Fitness

- Fitness Growth Assessment
- Project Adventure
- Floor Hockey
- Basketball
- Indoor Soccer
- Cardio/Cross Fit
- Yoga and Movement
- Ultimate Frisbee
- Flag Football
- Capture the Flag
- Golf

Gr. 9	Gr. 10	Gr. 11	Gr. 12
Semester One	Semester One	Semester One	Semester One
Health Foundations of Wellness <ul style="list-style-type: none"> ➤ Goal Setting, Social Norms ➤ Self-management ➤ Healthy Decision Making ➤ Suicide Prevention ➤ Communication Skills ➤ Anger Management ➤ Conflict Resolution ➤ Maslow's Hierarchy ➤ Flight or Fight Physiology 	PE - Explorations In Physical Wellness <ul style="list-style-type: none"> ➤ Cardio Fitness ➤ Project Adventure Games ➤ Orienteering ➤ Circuit Training ➤ Soccer ➤ Basketball ➤ Dance - Merenge, Salsa ➤ Spikeball ➤ Snowshoeing 	PE -Teamwork and Character <ul style="list-style-type: none"> ➤ Badminton ➤ Pickleball ➤ Table Tennis ➤ Cardio and Core ➤ Rugby ➤ World Cup Soccer ➤ Irish Football ➤ Polish Horseshoes ➤ Bocce 	Health - Real World Wellness <ul style="list-style-type: none"> ➤ First Aid/CPR/AED ➤ Cardiovascular Disease ➤ Death Dying and Cultural Differences ➤ Stress Management ➤ Real World Transitions
Semester Two	Semester Two	Semester Two	Semester Two
PE - Life Time Fitness <ul style="list-style-type: none"> ➤ Fitness Growth Assessment ➤ Floor Hockey 	Health - Teens on Target <ul style="list-style-type: none"> ➤ Refusal Skills 	Health - Making A Change <ul style="list-style-type: none"> ➤ Healthy Relationship 	PE - Moving For Fun <ul style="list-style-type: none"> ➤ Strength Training ➤ Core and More ➤ Spin