

# Virtual PE

Week 1: B

With Mr. Adrian

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## Schedule:

1. Freeze Dance Warm Up
2. Guess Who
3. Healthy Eating
4. Soup Ninja



# AMONG US CHASE 3D







#Healthy LIVING

HEALTHY EATING







# Soup Ninja

You finished the second lesson, great job!!  
Thank you for trying your hardest. Make  
sure that drink plenty of water to keep  
your body hydrated.

