



Welcome to
P.E.!!

Ms. C





Ms. Chassman's Zoom P.E. Rules

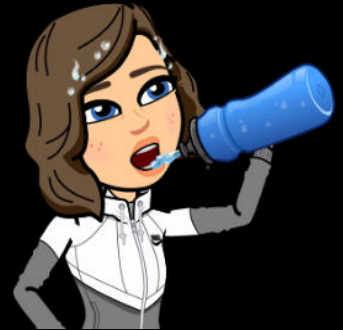


1. If the teacher's talking, you are listening

2. If you have a question, raise your hand.

3. Water at the end of class

4. Keep hands and feet to self



Warm up: The FREEZE!!



Walk



Gallop



Slide



Jump



Hop



Leap



Skip





Locomotor Movements

A scene from the animated movie Toy Story. Woody, a cowboy doll, is riding Mr. Horse, a large brown horse toy. Mr. Horse is galloping on his hind legs, holding a red horseshoe in his front hooves. Woody is holding his brown cowboy hat aloft in his right hand. They are in a room with a large brown cardboard box behind them. On the floor in the foreground, there are several scattered toys: a blue marker, a white brush, a yellow brush, a pink brush, and a yellow brush. The word "Gallop" is written in large white letters on the left side of the image.

Gallop

You are a toy!



Toy box!

(go to your desk)

Jump



Andy's MOM!!!!



Freeze and lay down!!!!

Hop



You are a toy!



Toy box!

(go to your desk)

Slide



Disney • PIXAR
TOY STORY **TOY STORY**
2
October 2, 2009

Andy's MOM!!!!



Freeze and lay down!!!!

You are a toy!



Toy box!

(go to your desk)

Skip

Disney Pixar
TOY STORY **TOY STORY**
2
October 2, 2009

Andy's MOM!!!!



Freeze and lay down!!!!

Leap



You are a toy!



Toy box!

(go to your desk)

Cool Down

