

What Type of Learner Am I?

Visual?

- Do you usually read the directions before starting a project?
- Are you the one who reads the map when needed in the car?
- In class, do you sit where you can “see” the teacher?

Kinesthetic?

- Do you like to take things apart to see how they work?
- Do your hobbies include building models, working on crafts, or some other hands-on- things?
- Do you have trouble sitting still because you’re very active?
- When someone tries to explain something, are you likely to say, “I’d rather figure it out myself”?

Auditory?

- Do you learn best when your teacher explains something to you?
- Do you find it easier to “tell” someone something than to write it down?
- Do you usually study best if you can play soft music in the background?
- Do you like to have someone quiz you out loud before a test?



How To Study For Your Learning Style

Visual

- You learn best by seeing/imagining. Studying is easier if you concentrate on how things look.
- In class, look at your teachers when they talk.
- Organize your assignments by writing them down, make checklist, put sticky notes on books that you need to take home.
- Use color-coding. Buy a different color notebook/folder for each class.
- Make flash cards to use when studying.
- Pay special attention to pictures when reading so you can “see” it some test time.

Kinesthetic

- You learn best by doing. Remember things are easier if you use your body or sense of touch.
- Move around while you study, stand up when reading; walk around while you practice math, etc.
- When you have to sit still, give your hands something to fiddle with.
- Physically organize homework into piles. Put the most important things on top.
- Use objects to understand concepts or topics. For example, experiment with magnets if you’re learning about magnetism.

Auditory

- You learn best by hearing and remember things you hear the most.
- Use songs or poems to remember facts for test.
- Use books on tape.
- To memorize facts for test, say them out loud. Tell your parents what you learned.
- “Write” your first draft of your papers by saying it into a tape recorder. Then listen to it & rewrite.
- Ask your teachers if you can bring a small tape recorder to class. Listen to lectures again at home.

How To Get Better Grades: Student Checklist

1. Get Organized

- I have a folder for each class. OR I have one binder with dividers for each class.
 - I stop at my locker after each period or to drop off my morning books and get after noon books.
 - I have paper, pens and pencils ready for each class.
 - I have a place at home that I keep all my school materials for quick access each day.
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2. Keep Track of and Understand Assignments

- On Monday, I list each subjects, in order, in my student planner for the week.
 - I keep my planner out in class to remind me to write down my homework.
 - I write "None" next to any subject that I don't have homework.
 - I ask the teacher about any parts of the homework that I do not understand before I leave class.
 - I make sure to put any written homework in my folder/binder to take home.
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3. Create a Routine

- I stop at my locker after school and check my planner to make sure I take home all supplies that I need to complete my homework.
 - I complete written homework, review what I learned in class, and study for any tests I have coming up EVERY day at _____ (time) and _____ (place).
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4. Know How to Study

- I know that I am a _____ (visual, kinesthetic, or auditory) learner.
 - I know how to study more effectively for the type of learner that I am.
 - I review material I learned in each class for 5-10 minutes during my daily study time.
 - I take breaks during my study time.
 - I break down large assignments into smaller tasks and deadlines.
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5. Get Help

- I ask my teachers when I don't understand something or am having problems in class- Before/After Class, During Homeroom, After School.
 - I go to the Tutor Lab during Study Hall when I don't understand my homework that night- Learning Lab, Mentor Lunch in the IRC, After School Tutoring on Tuesday & Wednesday.
 - For math help: Algebra Nation. Log on username: pasco_ _ _ _ _ (student ID #)
password: _ _ _ _ _ (student ID #)
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6. Be In School

- I come to school EVERY day.
 - When I'm absent, I ask each teacher what I missed and when it's due the next time I see them.
 - When I am absent, I turn in work that was due the day I missed as soon as I return.
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7. Check Progress Frequently

- I check Progress Book EVERY Monday, at least, to keep track of my grades.
- I check eSembler daily.