



Requirements:

Completion of: Application

Completion of Background check (if over 18): Background Check

Phone Interview: Scheduled upon receipt of application and clearance of background check. **Access to:** Phone or Computer

Minimum Age to Call Alone: Rising 9th grader

Skills: Good Listening & Communication Skills, and the Desire to Establish One-To-One Relationships

Virtual Buddy:

compassionate support.

Provide friendly call services to residents and guests in long-term care; this may include listening, general conversation, friendship and

Submit Volunteer Hours: Monthly

Entertainment Contributor:

Provide a community based entertainment source. Submit prerecorded video of music, dance, singing, How To demonstrations, reading of books, short stories, or poetry. Be creative and share your talents/passions. Not comfortable in front of the camera be the videographer or editor for someone who loves the spotlight.



All VIDEOS MUST BE RATED "G"

Frequency of Call: 1-2 times weeklyDuration of Call: Dependent on ParticipantsService Hours Awarded: ½ Hour Given for Contact to 15 min., 1 hour given for 16 min. to an hour

Requirements:

Completion of: Application Access to: Phone or Computer Minimum Age: All Ages Welcome Skills: Good Communication Skills, Good Presentation Skills Submit Volunteer Hours: With Submission of Video Service Hours Awarded: Minimum 1 hour for Submitted Well Edited Video Video length: How to / Educational 2-3 minutes, Entertainment as Appropriate for Performance Video format: mp4 Send Completed Video to: https://brooksvs.wetransfer.com Include your name and name of performance



Requirements:

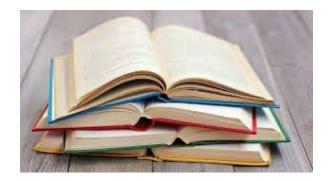
Cards/Art or Stories:

Create cards, letters or short stories to brighten the day of our patients, residents, and staff all who have had to endure a unique and challenging time. It is these little things that can turn someone's day around.

Completion of: Application Access to: art or writing supplies Minimum Age: All Ages Welcome Skills: Crafting, Basic Spelling, and Writing Submissions: Minimum of 4 items Service Hours Awarded: 1 Hour for Every 4 items Submitted Submit Volunteer Hours: Monthly Delivery: Volunteer Services/ Brooks Rehabilitation / 3599 University Blvd S. /Jacksonville, FL 32216

Book Club:

Lead the discussion of a book over Zoom. Choose a book and communicate the choice to the group. Conduct a weekly book discussion, of predetermined chapters encouraging everyone's involvement. Keep book choices to books close to 400 pages to ensure everyone can keep up.



Requirements:

Completion of: Application Completion of Background check (if over 18): <u>Background Check</u> Access to: Zoom, FaceTime, or Similar Program Minimum Age: Rising 9th grader Skills: Ability to Lead Discussion and Ensure Everyone has a Chance to Participate Commitment: 4 weeks or One Book Submit Volunteer Hours: Monthly Service Hours Awarded: 6 hours per book



Requirements:

Completion of: Application Completion of Background Check (if over 18): Background Check Access to: Phone or Computer; ability to use Zoom, FaceTime, or similar program Minimum Age: Rising 9th grader Skills: Good Communication Skills, Ability to Provide Encouragement, Through Positive Methods, Good Physical Condition Submit Volunteer Hours: As Completed

Service Hours Awarded: Minimum 1 hour per session

Virtual Work Out Companion:

Be someone's accountability partner. Contact them per their exercise plan, and join them via technology as you work out together. They will provide: the exercise plan, including type and duration.