

## UGMS Back to Play Protocols...

Our number one priority is the safety of our students, parents, and coaches. We will follow specific procedures for each team for how they will practice, how they will enter the building, and how they will be dismissed from practice.

### Unity

Together we will work to make 2020-21 a great experience for our student athletes. Please follow the following guidelines.

- All students will upload paperwork using the Dragonflymax website for Union Grove Middle School. No student will be allowed to tryout without all paperwork being completed.
- We will be using myschoolbucks to pay all participation and team fees this year.
- Join the GroupMe app for your team so you can be in communication with your coaches.
- **[Sign up for tryouts on the individual team website.](https://schoolwires.henry.k12.ga.us/ugm)**  
<https://schoolwires.henry.k12.ga.us/ugm>

### Growth

While we understand some of the following rules are uncomfortable we must follow these guidelines to protect the students, coaches, and parents.

- Softball parents may drop girls off in the back of the gym but must leave the parking lot (no parking in lot behind gym).
- Parents are expected to drop off and pick up at specific times and locations.
- Only students may enter designated check in and practice areas.
- No spectators are allowed at any practices.
- Parents are expected to provide 1 gallon of water each day to help students follow hydration plan.
  - **Check in times and locations**

Softball	4:00-4:15 at the softball field
Cheer	4:00-4:15 at the side door of the commons
8 <sup>th</sup> grade football	4:00-4:20 drop off at designated area in bus lane
7 <sup>th</sup> grade football	5:00-5:20 drop off at designated area in bus lane

**Cheer** will be checking in at the doors that enter the commons from the bus lane. Cheer will practice in the commons and be dismissed out of the side door of the commons. Cheer practice will begin with check in at 4:00 and end at 5:30 each day. Competition cheer events will be based on availability of in county events.

**Softball** will be checked in at the softball field and will not enter the building unless there is inclement weather. Softball practice will begin with check in at 4:00 and end at 6:00 each day. Softball players will be picked up at the softball field.

**Football** will be checked in at the back door of the gym near the steps. Students may be dropped off at the designated area and will report directly to the back door. Students will be checked in and will gather

equipment and report to practice area. Football players will be picked up in the bus lane to provide space to social distance.

### **Acclimatization Week for Football guidelines:**

Attendance and participation is mandatory to try out for football.

### **Mandatory Acclimatization Dates**

Wednesday Aug. 12

Thursday Aug. 13

Friday Aug. 14

Monday Aug. 17

Tuesday Aug. 18

8<sup>th</sup> grade football acclimatization (conditioning) will begin with check in beginning at 4:00 and end at 5:30.

7<sup>th</sup> grade football acclimatization (conditioning) will begin with check in beginning at 5:00 and end at 6:30.

Times and dates for practice will be posted after teams have been selected.

### **Maturity**

- Follow hydration plan and always have at least one gallon of water with you to begin each practice. All personal bottles will be marked with name.
- Follow inclement weather plan and report to designated areas and continue to social distance as directed by coaches.
- To protect yourself, teammates, and coaches, be honest about any symptoms you may have.
- Be patient with coaches and school personnel as we all work together.

### **Success**

We will successfully enjoy a great season and follow all county and GHSA screening to promote a healthy environment for our students, coaches, and parents.

- **Process for screening and testing**
  - Every athlete, coach, or staff member will be screened daily prior to participating in any workout using the COVID-19 screening form and all screenings will be documented.
  - If an athlete/coach/staff presents with symptoms, he/she will be removed from the workout group and will not be allowed to return until:
    - Proof of a negative COVID-19 test and/or clearance from a Healthcare Provider
    - Completion of the 14 day self-quarantine and symptom free if not tested/cleared by a Healthcare Provider
  - If an athlete/coach/staff tests positive for COVID-19 or has come in contact with someone who tests positive, he/she will not be allowed to return until:

- Completion of the 14 day self-quarantine per CDC/GDPH guidance
- If that person tests negative and is symptom free during the 14 days, completion of the 14 day self-quarantine is still required per CDC/GDPH guidance
- If that person test positive but is asymptomatic, return guidance from CDC/GDPH will be followed after completion of the 14 day self-quarantine
- The group that person was a member of can return after the facility has been cleaned.
- If a group is shut down for individual student or employee positive test, NO individual medical information should be shared. The notice should only state that the group is discontinuing conditioning for the designated time period due to a positive test(s) of a member(s).
- Screenings will be performed by an approved coach (HCS system employee), and the screening form will be completed and emailed to the Athletic Director and Athletic Trainer as soon as it is completed.
- Self-monitoring is to be instituted continuously. All athletes, coaches, and staff are to be educated on the importance of self-monitoring and the signs to be monitored during this process.
- Reported self-monitoring positives are to follow the above process for screening and testing as indicated and recorded in the athlete's record.

Please email Coach Spruell @ [stephen.spruell@henry.k12.ga.us](mailto:stephen.spruell@henry.k12.ga.us) with questions or concerns.