Student Learning Plan
Unit 3: Foundations for Success
Learning Style and Processing Preferences
[U3C2L3]

What you will accomplish in this lesson:

Explain how learning styles and preferences can impact learning

Why this lesson is important:

Learning styles describe the various ways people gather and process information. Each of us has a propensity for looking, listening, or touching in order to learn. Furthermore, each of us has specific times of the day and environments in which we learn best. In this learning plan, you will examine your own learning style and information processing preferences. You will also explore various learning models.

What you will learn in this lesson:

- Assess the uniqueness of individual learning styles and preferences
- Distinguish among the three sensory (perceptual) systems
- Explain the essential elements of the learning process
- Explain the five phases of learning in the Dunn and Dunn learning model
- Define key words: auditory, kinesthetic, mode, motivation, perception, reflex, schema, sensory, tactile

You will have successfully met this lesson's purpose:

- by creating a learning plan for yourself
- when the plan identifies the skill you want to learn
- when the plan describes your learning styles and preference
- when the plan applies the Dunn and Dunn learning model
- when the plan lists steps in the teaching process that are tailored for your learning preferences

Learning Activities:

These learning activities are designed to help you learn the target skills and knowledge for this lesson. Your instructor may assign additional or alternative learning activities.


INQUIRE PHASE: What do you already know?

_____1. THINK ABOUT what you know about how you learn. PREPARE for this lesson by discussing *What you will accomplish in this lesson; What you will learn in this lesson; Why this lesson is important,* and *When you will have successfully met this lesson's purpose.*

_____2. VIEW Video #2: Learning Styles and Video #3: Multiple Intelligences. PARTICIPTATE in a discussion about the videos.

_____3. COMPLETE Exercise #1: Learning Styles Map and Exercise #2: Learning Styles Inventory.

_____4. REFLECT on what you learned about yourself in the exercises. ANSWER the reflection questions presented by your instructor.

GATHER PHASE: So, what else do you need to know or learn?

_____1.   LISTEN to a briefing about the Learning Process. Work with a partner to CREATE a Flow Map illustrating the learning processes of a required JROTC fitness skill.

_____2.   LISTEN to a briefing about the Dunn and Dunn Learning Styles model. COMPLETE Exercise #3: Learning Activity Preference Match.

_____3.   REFLECT on what you discovered about your learning preferences. ANSWER the reflection questions presented by your instructor.

PROCESS PHASE: Now what can you do with this new information you've learned?
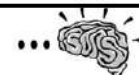
_____1.   With your team, ROLE-PLAY how you would teach someone how to ride a bike. Your instructor will assign you a "learner" with given characteristics. PRESENT your role-play to the class. Based on your presentation, class members will guess your learner's characteristics.

_____2.   REFLECT on different approaches to teaching. ANSWER the reflection questions presented by your instructor.

Assessment Activities:

APPLY PHASE: What else can you do with what you've learned today?

_____1.   COMPLETE the Learning Style and Processing Preferences Performance Assessment Task. SUBMIT your completed performance assessment task to your instructor for feedback and a grade.

_____2.   REVIEW the key words of this lesson.

_____3.   REFLECT on what you have learned in this lesson and how you might use it in the future.

Self-Paced Learning and Assessment Activities:

Independently complete the activities outlined below:

1. **Inquire Phase**: Complete the Learning Activities 1 – 4 or as modified by your instructor.

2. **Gather Phase**: Complete the Learning Activities 1 – 3 or as modified by your instructor.

3. **Process Phase:** Complete the Learning Activities 1 – 2 or as modified by your instructor.

4. **Apply Phase:** Complete the Learning Activities 1 – 3 or as modified by your instructor.