

**North Forsyth Middle School**  
**Competition and Basketball Cheerleading Tryouts**  
**Monday, March 28 – Thursday, March 31**

- Both male and female athletes may tryout.
- Clinic will be held March 28 - 30 from 4:30-6:30 P.M.
- All participants must be dressed out and in the gym by 4:30 P.M.
- Tryouts will be held on Thursday, March 31, beginning at 4:30 in the North Middle gym. The results will be posted on the school web site by Friday night.
- All participants must wear a **plain white shirt and plain red shorts** on Thursday for judging.

**The squads will be chosen based on the outcome of overall scores on the final day of tryouts.**

- The Competition Squad is made up of both 7<sup>th</sup> and 8<sup>th</sup> graders and will cheer for both football games and competitions
- 7<sup>th</sup> Grade Basketball Squad - 7<sup>th</sup> graders only (may also be a competition cheerleader)
- 8<sup>th</sup> Grade Basketball Squad - 8<sup>th</sup> graders only (may also be a competition cheerleader)

**Requirements:**

- **YOU MUST HAVE A CURRENT PHYSICAL ON FILE WITH UPDATED INSURANCE INFORMATION**—Physicals need to be on a specific Forsyth County form, please see Coach Hoyle or the athletics page of our website for the proper form.
- You must have passed 5 classes for the **first semester** this year. Grades will be checked again at the end of the year and eligibility requirements must be met to remain on the squad.
- Attendance records will be checked and any child that has excessive absences will not be considered for any squad.
- Competition cheerleaders must be able to attend summer clinics and camps, a **mandatory choreography clinic is scheduled for the week of June 23-25** (not a requirement for the basketball squads).
- Both participants and parents must understand the time involved in competition cheerleading: summer clinics, after school practice, football games and competitions. Due to competition schedules we may have extra practices during the week.
- Summer Dates (competition squad only):
  - June- 14, 15, 16 and 22, 23, 24, 25 (Twisters)
  - July – 11, 12, 13, and 14 (Twisters)
  - July – 26, 27, 28 (NFMS)

**The following is what coaches and judges will be looking for:**

- Positive Attitude
- Good Attendance Record
- Grades (remember you are **student athletes**)
- Jumps (Toe Touch, Pike, Hurdler)
- Dance (facials, timing, coordination and precise motions)
- Cheer – Spirit, Voice Projection and Motions – solid arm movements (sharp and precise)
- Tumbling Ability – Competition Squad Only (standing back handspring, round off back handspring, tuck, etc...)
- Tumbling will not be considered when choosing the basketball squads

**A MANDATORY parent meeting and uniform fitting will be held on Wednesday, April 27, for those who make the competition squad.**

- Approximate cost for the Competition Squad \$1,000 this will be broken down into two installments.
  - This includes choreography, music, uniform, practice clothes & shoes, gym fees
- Payment dates:
  - April 8 - \$50 Booster Club payment is due
  - April 29 - 1<sup>st</sup> installment due
  - May 27 – 2<sup>nd</sup> installment due
    - ✓ There will be fund-raisers to help with your costs
    - ✓ All cheerleaders must participate in all fund-raisers

Approximate cost for the basketball squad is \$340

- There will be fundraisers to help with this cost

**Clinic and tryouts are closed to ALL spectators. No one (parents, friends, etc.) will be allowed to watch. If you have any questions please call Nicci Durban at 770-889-0743 ext. 780234 after 4:15 or email**

[ndurban@forsyth.k12.ga.us](mailto:ndurban@forsyth.k12.ga.us).