

## *The Quiet Room Questions*

**RESPONSES TO ALL QUESTIONS MUST BE TYPED AND ANSWERED IN COMPLETE SENTENCES.**

**There will be a five point deduction (out of a possible 25 points) for**

- **responses that are not typed**
- **each school day that an assignment is late**

Remember that this is an individual assignment. Although you are reading the same book and answering the same questions as your classmates, you are expected to do your own reading and find the answers on your own. **This is not a collaborative assignment.**

### **Section 1 (pages 1- 57)**

The answers can be found in the chapters that are titled by the person or institution giving the information. Give specific examples from the reading and include the page numbers in parenthesis.

1. In the chapters Lori Schiller writes, describe some of her abnormal behaviors. (7 pts.)
2. What changes of behavior does Lori Winters see in Lori Schiller? (6 pts.)
3. What evidence is there that Marvin Schiller is in denial about his daughter's illness and why does he feel this way? (6 pts.)
4. How does the hospital describe Lori's symptoms? (3 pts.)
5. What is Steven Schiller's concern about his sister's illness? (3 pts.)

**Section 1 due date:** \_\_\_\_\_

### **Section 2 (pages 58-111)**

Questions are written to follow the text in order of the chapters you will be reading.

1. Describe some of Nancy's thoughts and feelings during this stage of Lori's illness. Include some information about her original perception of schizophrenia, where this perception might have originated from, how responsible she felt for the illness, her feelings about her husband's responsibility for Lori's illness and the effectiveness of the shock therapy. (8 pts.)
2. In the hospital notes, explain an incident that clearly demonstrates that Lori is out of touch with reality. (2 pts.)
3. What connection does Nancy make concerning her own family history and her daughter? Include a specific example. (4 pts.)
4. Describe some of Lori's feelings when she returns home. (4 pts.)
5. Describe what Lori's sessions with Dr. Rockland were like. (4 pts.)
6. Why do you think that Lori starts using cocaine? (3 pts.)

**Section 2 due date:** \_\_\_\_\_

### **Section 3 (pages 113-161)**

Questions are written to follow the text in order of the chapters you will be reading.

1. Describe three treatment methods used by Marvin Schiller to help his daughter.  
Write a couple of sentences describing each method.(6 pts.)
2. Do you think Lori's employment at the Rye Psychiatric Hospital Center was helpful to her?  
Provide specific information to support your opinion. (5 pts.)
3. Why did Lori stop taking Thorazine while on her trip to Morocco? What are some of the reasons why Lori did not regularly take her anti-psychotic medication? (5 pts.)
4. Describe a typical day for Lori at New York Hospital. (3 pts.)
5. Explain the purpose of the Quiet Room. Describe Lori's visits to the Quiet Room. (3 pts.)
6. Explain the cold-wet-packing procedure and the purpose of this treatment. (3 pts.)

**Section 3 due date:** \_\_\_\_\_

### **Section 4 (pages 163-208)**

Questions are written to follow the text in order of the chapters you will be reading.

1. Explain Lori's "crazy bind". (3 pts.)
2. Explain how Lori's hospital treatments were a form of control. (3 pts.)
3. What was the daily locked door policy at Futura House? What was the purpose of this policy?  
Describe the problems this policy created for Lori. (7 pts.)
4. Explain Lori's process for admission to 3-South (New York Hospital) in the months following her suicide crisis. Discuss how things were different at this hospital. (6 pts.)
5. What was Lori's initial reaction to Dr. Fischer? Explain what you think was responsible for this reaction. (6 pts.)

**Section 4 due date:** \_\_\_\_\_

## Section 5 (209-270)

Questions are written to follow the text in order of the chapters you will be reading.

1. In chapter 23, the hospital staff told Lori, “We can’t ease the maelstrom of your feelings. But we can teach you ways to feel less out of control when the storm hits. We can even teach you ways to feel the storm before it arrives, and prepare yourself to weather it better”. What were a few of the activities that the staff used to try to help Lori in this way? (4 pts.)
2. How did Lori respond to the medications she took before clozapine? How did she feel emotionally, what were some of the side effects and discuss the effectiveness of these medications? (5 pts.)
3. How did Dr. Doller describe the development and different stages of Lori’s illness? (Dr. Doller did not meet Lori until she was in the third stage of her illness.) (4 pts.)
4. What were Dr. Doller’s views on treatment? (4 pts.)  
Your response needs to include an explanation of what Dr. Doller meant by “getting inside the heads of our patients”.
5. What is Lori’s description of the changes in her behavior and feelings when she is on clozapine? Include information about problems when she started taking the drug and changes after she was on the drug for awhile. (4 pts.)
6. Why did Lori need to go to Search for Change before she could live on her own? What did she learn during that time? Include specific examples. (4 pts.)

**Section 5 due date:** \_\_\_\_\_

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**Essay Question:** What is the most effective psychotherapy for schizophrenia?

In order to answer this question, your essay needs to include:

- information on schizophrenia (symptoms, causes)
- information on psychotherapy selected and why this psychotherapy is effective
- specific information from *The Quiet Room* and another source