



HCCMS Physical Education (7th-8th) Syllabus

T. Chapman

&

A. Moore

chapman-t@harris.k12.ga.us

moore-a@harris.k12.ga.us



Physical Education students will concentrate on:

Sports & Fitness Skills:

Instructional Units will include, but are not limited to: FitnessGram, basketball, volleyball, soccer, ultimate Frisbee, football, and assorted gym & fitness activities.

Objectives:

1. To execute the basic fundamental skills for each instructional unit.
2. Actively participate in lead-up activities for each instructional unit.
3. Know basic rules and procedure for instructional units covered.
4. Know the benefits of participating in these instructional units for a lifetime.



Expectations

All students enrolled in Physical Education are expected to:

1. Dress out and participate daily
2. Follow all school and class rules
3. Display good sportsmanship (unsportsmanlike conduct may result in a “zero” for daily grade)
4. Have fun while learning!

Dress Code for Physical Education Class

*** Students are required to change out of their school clothes and into the REQUIRED HCCMS PE Uniform.

Students are also required to change back into their original school clothes at the end of class.

1. T-Shirt (\$10ea - purchase through [//harrisk12ga.schoolcashionline.com](http://harrisk12ga.schoolcashionline.com))
2. Shorts
 - Black athletic shorts or athletic pants are REQUIRED
 - Must be finger-tip length all the way around the seam and worn at the waist
3. Gym shoes
 - Athletic shoes must be worn and TIED. Slip on shoes are not acceptable
4. For safety reasons, jewelry is not permitted. Please do not bring large amounts of money, cell phones, or any other valuable items to P.E. class, as coaches are not responsible. Students are allowed to bring combination locks to secure valuables in a locker during class time, but are required to take the lock and items with them at the end of class each day.
5. Sick or Injured??? A note from a parent or doctor will excuse you from dressing out. Without a note, students are considered not dressed out.



Daily Procedures

1. Dress out in assigned locker room
2. Leave books and all personal items in the locker room
3. Return to gym for roll call
4. Instructional time
5. Change clothes

Grading Procedure

- 65% Dress and Participation
- 20% Written Tests
- 15% Skills Tests



Dear Parents,

Please read over the information in this syllabus and sign in the designated area below. Discuss the HCCMS Physical Education dress code requirements, rules, expectations, and procedures with your child.

This will help to eliminate problems and reserve time on task.

If your child has any health concerns that his/ her Physical Education teacher should know about, please use the space provided below to explain (i.e. asthma, allergies, diabetes, recent medical procedures, etc.).

Thank you in advance for your cooperation with these matters and feel free to contact us with any questions regarding your child's participation in Physical Education.

Sincerely,
Coaches Chapman & Moore

Student Name: _____ Grade: _____ Class Period: _____

Parent Signature: _____ Date: _____

Email: _____

Health Issues/ Concerns: _____

Sign-up for PE Text Messages &/or Email Reminders

How to sign up for Coach Chapman's Girls PE messages: 



chapman.hccmsonline.com
chapman-t@harris.k12.ga.us

How to sign up for Coach Moore's Boys PE messages: 



moore.hccmsonline.com
moore-a@harris.k12.ga.us