

# Substance Use and Abuse Health Education Implementation Plan



<b>State Board of Education Rule:</b>	<a href="#">6A-1.094122</a> Substance Use and Abuse Health Education
<b>Name of the School District</b>	Okeechobee
<b>Superintendent of the School District</b>	Ken Kenworthy
<b>Implementation Period: (MM/YY – MM/YY)</b>	12/19-5/20
<b>Submission Date to the Commissioner</b>	On 11-26-19 sent to SubstanceAbusePrevention@fldoe.org
<b>Direct URL to the Implementation Plan as posted on the school district website</b>	<a href="http://www.okee.k12.fl.us/instructional-services-department">http://www.okee.k12.fl.us/instructional-services-department</a>
<b>School District Contact(s) for this Plan</b> (name and email address)	Dr. Pat McCoy, mccoyp@okee.k12.fl.us

<b>Select the specific subject area(s) of the courses in which instruction will be delivered:</b>			
<input type="checkbox"/> Art – Visual Arts <input type="checkbox"/> Computer Education <input type="checkbox"/> Dance <input type="checkbox"/> Drama – Theatre Arts <input type="checkbox"/> English/Language Arts	<input type="checkbox"/> Experimental Education <input type="checkbox"/> Health Education <input type="checkbox"/> Library Media <input type="checkbox"/> Mathematics <input type="checkbox"/> Music Education	<input type="checkbox"/> Peer Counseling <input checked="" type="checkbox"/> Physical Education <input type="checkbox"/> Research/Critical Thinking <input checked="" type="checkbox"/> Science <input checked="" type="checkbox"/> Social Studies	<input type="checkbox"/> World Languages <input type="checkbox"/> Other
<b>Select the qualification(s) of the instructors for the above courses:</b>			
<input checked="" type="checkbox"/> Florida Certified Teacher <input type="checkbox"/> Community-based Expert <input type="checkbox"/> School Nurse <input type="checkbox"/> School Counselor <input type="checkbox"/> School Psychologist <input checked="" type="checkbox"/> Other			
<p><b>Please explain the rationale for delivering the instruction in the courses selected above for each grade level.</b></p> <p>K: Second Step aligns with Kindergarten social studies and science standards.</p> <p>1: NIDA Brain Power aligns to the first grade science standards.</p> <p>2: Second step aligns with second grade science and social studies standards.</p> <p>3: NIDA Brain Power aligns to the third grade science standards.</p> <p>4: NIDA Brain Power aligns to the fourth grade science standards.</p> <p>5: DARE -Drug Abuse Resistance Education is an education program that seeks to prevent use of controlled drugs, membership in gangs, and violent behavior and aligns with fifth grade standards in science and social studies.</p> <p>6: Botvin Lifeskills is aligned with the National Health Standards and Common Core ELA.</p> <p>7: Botvin Lifeskills is aligned with the National Health Standards and Common Core ELA.</p> <p>8: Botvin Lifeskills is aligned with the National Health Standards and Common Core ELA.</p>			

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9: Botvin Lifeskills will be delivered during an extended period by teachers of core courses This extended period exists to build relationships and provide interventions.

10: Substance abuse prevention aligns with the standards and goals of the personal fitness course.

11: Substance abuse prevention aligns with the standards and goals of the personal fitness course.

12: Substance abuse prevention aligns with the standards and goals of the personal fitness course.

Please describe the methods for delivering the instruction for each grade level.

K: The Second Step Suite provides a fully integrated framework for protecting elementary school students and promoting their social, emotional, and academic success. These lessons will be delivered in science and social studies.

1: NIDA Brain Power will be delivered by the classroom teacher during science.

2: The Second Step Suite provides a fully integrated framework for protecting elementary school students and promoting their social, emotional, and academic success. These lessons will be delivered in science and social studies

3: NIDA Brain Power will be delivered by the classroom teacher during science.

4: NIDA Brain Power will be delivered by the classroom teacher during science.

5: DARE is delivered by the School Resource Officer- one lesson per week for eight weeks. This culminates with a DARE graduation produced by the Okeechobee County Sherriff's Department.

6: Botvin Lifeskills will be delivered by behavior therapist from New Horizons, a Community Mental Health, Primary Care and Substance Abuse Services Provider, one lesson per week for nine weeks.

7: Botvin Lifeskills will be delivered by behavior therapist from New Horizons, a Community Mental Health, Primary Care and Substance Abuse Services Provider, one lesson per week for nine weeks.

8: Botvin Lifeskills will be delivered by behavior therapist from New Horizons, a Community Mental Health, Primary Care and Substance Abuse Services Provider, one lesson per week for nine weeks.

9: Botvin Lifeskills will be delivered by a classroom teacher one lesson per week for ten weeks.

10: EVERFI – Prescription Drug Use; EVERFI- AlcoholEdu for High School will be delivered by a classroom teacher in the personal fitness course.

11: EVERFI – Prescription Drug Use; EVERFI- AlcoholEdu for High School will be delivered by a classroom teacher in the personal fitness course.

12: EVERFI – Prescription Drug Use; EVERFI- AlcoholEdu for High School will be delivered by a classroom teacher in the personal fitness course.

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Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

K: The Second Step Suite provides a fully integrated framework for protecting elementary school students and promoting their social, emotional, and academic success. Lessons are delivered weekly by the classroom teacher.

1: NIDA Brain Power takes students on an age-appropriate exploration of the science behind drug use, explaining the effects of drugs on the brain and body.

2: The Second Step Suite provides a fully integrated framework for protecting elementary school students and promoting their social, emotional, and academic success. Lessons are delivered weekly by the classroom teacher

3: NIDA Brain Power provides a science program for students in grades 2–3 to educate them about their brains, why they should protect them, and how drugs such as nicotine and medications can be harmful. Includes six modules, parent newsletters, and videos.

4: NIDA Brain Power offers an interactive science education program for students in grades 4–5 to explore the human brain and the effects of drugs on the brain. Includes six modules, parent newsletters, posters, and videos.

5: D.A.R.E.'s *keepin' it REAL* Elementary School curriculum continues a more than thirty year commitment to providing cutting edge instruction that helps prevent drug use by developing basic, core skills needed for safe and responsible choices...*skills that extend well beyond drugs to healthy and mature choices in life.*

6: The Botvin *LifeSkills Training* Middle School program is a groundbreaking substance abuse and violence prevention program based on more than 35 years of rigorous scientific research. Proven to be the most effective evidence-based program used in schools today, *LifeSkills Training* is comprehensive, dynamic, and developmentally designed to promote mental health and positive youth development.

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9: The LST High School program uses developmentally appropriate, collaborative learning strategies to help students achieve competency in the skills that have been shown to prevent substance use, violence, and other health risk behaviors.

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10: AlcoholEdu® for High School takes a public health approach to alcohol education in schools, incorporating evidence-based prevention methods to create meaningful results. This course covers peer pressure, underage drinking laws, alcohol and the brain & body, bystander behaviors, values & goal-setting, challenging common myths, and talking to parents. Prescription Drug Safety is an innovative digital course that focuses on high school students, arming them with the knowledge and tools to make healthy, informed decisions. This course covers opioids, stimulants, and depressants, proper prescription drug use, storage, and disposal, brain and body: the science of addiction, simulations: refusal and bystander skills, and debunking common myths.

11: AlcoholEdu® for High School takes a public health approach to alcohol education in schools, incorporating evidence-based prevention methods to create meaningful results. This course covers peer pressure, underage drinking laws, alcohol and the brain & body, bystander behaviors, values & goal-setting, challenging common myths, and talking to parents. Prescription Drug Safety is an innovative digital course that focuses on high school students, arming them with the knowledge and tools to make healthy, informed decisions. This course covers opioids, stimulants, and depressants, proper prescription drug use, storage, and disposal, brain and body: the science of addiction, simulations: refusal and bystander skills, and debunking common myths.

12: AlcoholEdu® for High School takes a public health approach to alcohol education in schools, incorporating evidence-based prevention methods to create meaningful results. This course covers peer pressure, underage drinking laws, alcohol and the brain & body, bystander behaviors, values & goal-setting, challenging common myths, and talking to parents. Prescription Drug Safety is an innovative digital course that focuses on high school students, arming them with the knowledge and tools to make healthy, informed decisions. This course covers opioids, stimulants, and depressants, proper prescription drug use, storage, and disposal, brain and body: the science of addiction, simulations: refusal and bystander skills, and debunking common myths.