

Study Guide Questions

1. Certain stage combat techniques must be utilized in order to ensure not only the credibility of the scene, but also the _____ of each individual actor.
2. It is not always a good idea to "warm-up" before a physical activity. True or false?
3. _____ is the key to falling and tumbling safely.
4. Tumbles are created by using one or more of a variety of _____.
5. The most basic of the rolls is the _____ roll.
6. _____ falls, such as faints, are used for non-combat situations as well as for combat situations.
7. A _____ shows the audience what you are going to execute and allows your partner to prepare to accept the blow.
8. The speed of the hand or foot coming in is always slower than the speed with which it retreats. True or false?
9. " _____ " moves include: slaps, punches, and kicks, with each having variations.
10. Name the three typical stage slaps.
11. _____ is a type of wrestling technique for the theater that involves strangle holds, lifts, throws, and slams.
12. Balance, _____, and _____ are essential elements to consider while executing any sword move.
13. Attacks are always begun with the _____; the body follows.