



WEEK OF MARCH 2 - 6

	THEME	ACTIVITIES
M March 2nd	Make a Friend Monday	Say "Hello" to someone new today. Introduce yourself and start a conversation.
March 3rd	Take a Minute Tuesday	Take a minute to show kindness to someone today. Participate in a random act of kindness - see below for ideas!
W March 4th	Welcome Lunch Wednesday	Use the icebreaker cards on the tables at lunch and challenge yourself to talk with someone new and/or invite someone new to sit with you! #nooneeatsalone
March 5th	Thank You Thursday	Write a thank you note to an adult at school who has helped or supported you! Blank notes will be available in the front office, student services, and cafeteria OR you can just write your own!
F March 6th	Friday Fun - Let's Celebrate Kindness!	Wear your SSMS shirt or school colors to show your support of the school community! Students noted for kind acts will be recognized at lunch today!

Random Acts of Kindness

RANDOM ACTS OF KINDNESS

- * Hold the door open for someone
- * Compliment a friend
- * Tell someone why they are special to you
- * Talk to someone new at school
- * Write a thank you note
- * Invite someone to sit with you at lunch

- * Say hello to everyone you see
- * Smile at everyone it's contagious!
- * Give a high five to someone
- * Give someone a happy note
- * Clean up around campus
- * Make a new friend in class
- * Come up with your own act of kindness!

Teachers/Staff: You can recognize students who show acts of kindness by filling out the mach form sent in your email OR by turning in a paper coupon to the front office. We will recognize some of these students in the cafeteria on Friday!

