

NEW
TRIER
HIGH SCHOOL

Post-High School Counseling
Class of 2024



New Trier Post-High School Counselors

Advisery assignments

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Mr. Michael O'Connor

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Mr. Robert Zigmund

Behm, Butterly, Haak, Heidkamp, Tadelman

Unique Attributes of PHSC

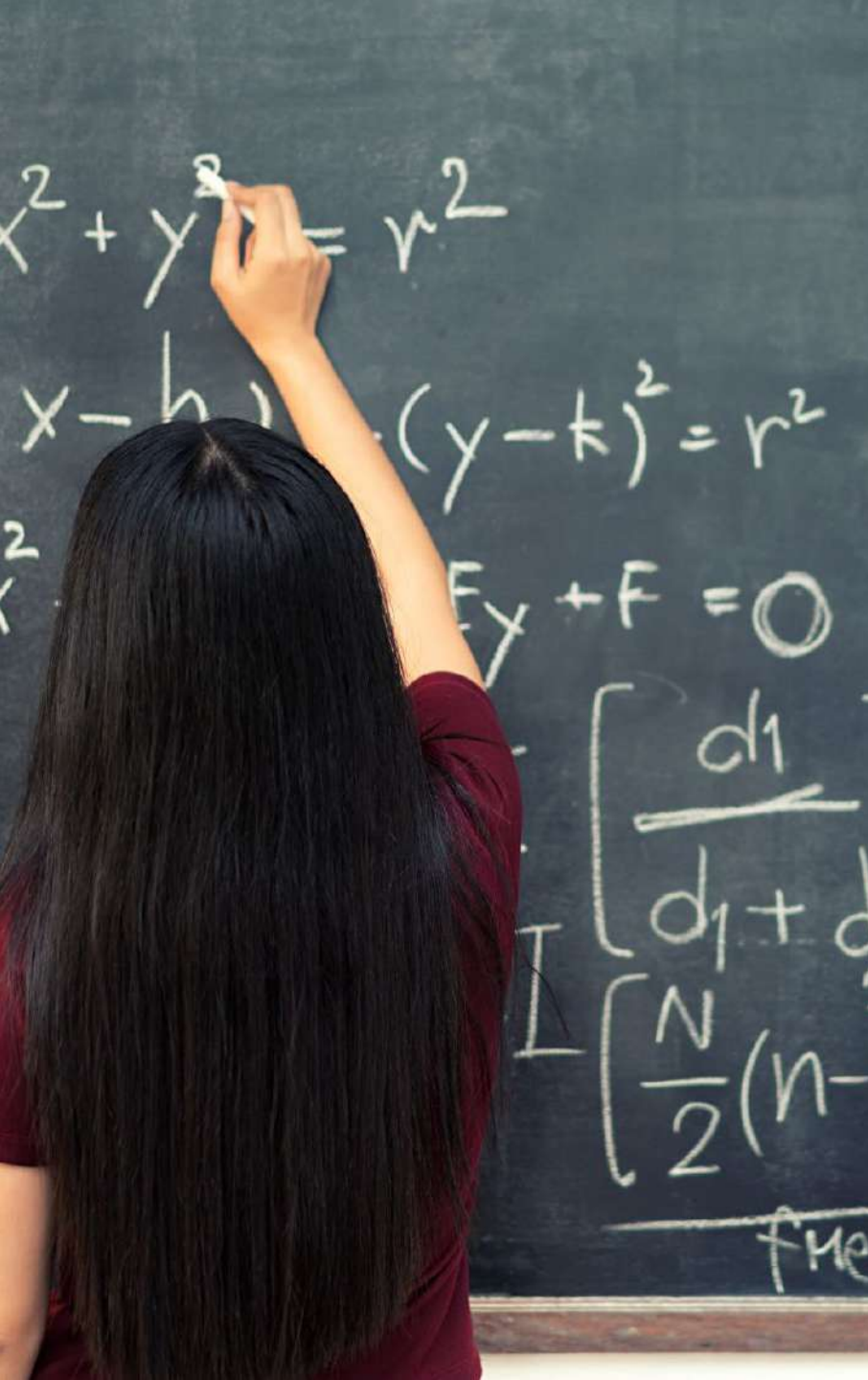
Dedicated PHSC to personalize your process and support your growth: socially emotionally and academically

Numerous points of contact with students individually and through advisery

Unparalleled experience and depth of knowledge

Experts on New Trier and the student in the context of the environment





Planning for Next Year

- 4-5 Core Academic Classes (curriculum chart)
- Appropriate Levels
- Balance of Academics with Extracurricular
- Level Changes
- Importance of Junior Year Success
- Graduation Requirements
- Resources: Teachers, Advisers, PHSC, Department Recommendation

Program of Studies & Course Guidelines



NEW TRIER PHSC COURSE GUIDELINES

The following are general examples; consult individual college websites for exact details

	NT Grad Requirements	Public Universities	Private 4-Year Colleges & Universities	Highly Selective Colleges
ENGLISH	4 YEARS	4 YEARS	4 YEARS	4 YEARS
MATH	3 YEARS junior high courses do <u>not</u> count	3 - 4 YEARS including junior high courses not on transcript	3 - 4 YEARS including junior high courses not on transcript	4-5 YEARS including jr high courses & enrollment thru senior year
LAB SCIENCE	1 YEAR biology & 1 YEAR physical science	3-4 YEARS	3-4 YEARS	4 YEARS
SOCIAL STUDIES	1 YEAR US history & 1 YEAR global/world history & 1 SEMESTER Civics	3 YEARS	3-4 YEARS	3-4 YEARS
FOREIGN LANGUAGE	NONE	2 YEARS of the same language	2 YEARS of the same language	3-5 YEARS of the same language including jr high courses
ELECTIVES	2 SEMESTERS fine or practical art	IF REQUIRED, 1 YEAR of the same arts course	NONE	NONE
OTHER REQUIREMENTS	Consumer Education & 4 YEARS of KW/Health	1-2 YEARS	2 YEARS	NONE

Subject Specific Considerations

- MATH: 3 years required to graduate (but some colleges require 4)
- SOCIAL STUDIES: US History (level 2, 3, or AP) IGSS or American Studies level 9 or 4. Graduation requirement
 - Strongly recommend at least 3 years
 - Civics required to graduate
- MCL: 2 years minimum, but 3-4 recommended: 2 + 2 doesn't equal 4
- English: 4 years!
- Science 3-4 years!

Elective Courses!

- Outstanding opportunities to explore fields beyond core academics
- Electives can reflect a talent, interest and/or passion
- Individuality and well-roundedness
- Art, music, theatre, business, PLTW, architecture, photography, dance, cuisine, automotives, (and more)
- Explore an area that could be a future career interest or college major.
- New Trier has as plentiful elective choices as you will find in a high school.

Some Helpful Background

- 90% of New Trier students take a mix levels
- 65% of students took 19 or more core academic credits
- Weighted vs. unweighted grade point averages



Promoting Balance

“We are interested in what students have learned and want to learn, what they care about and why, and what they have done to pursue their interests and passions.”

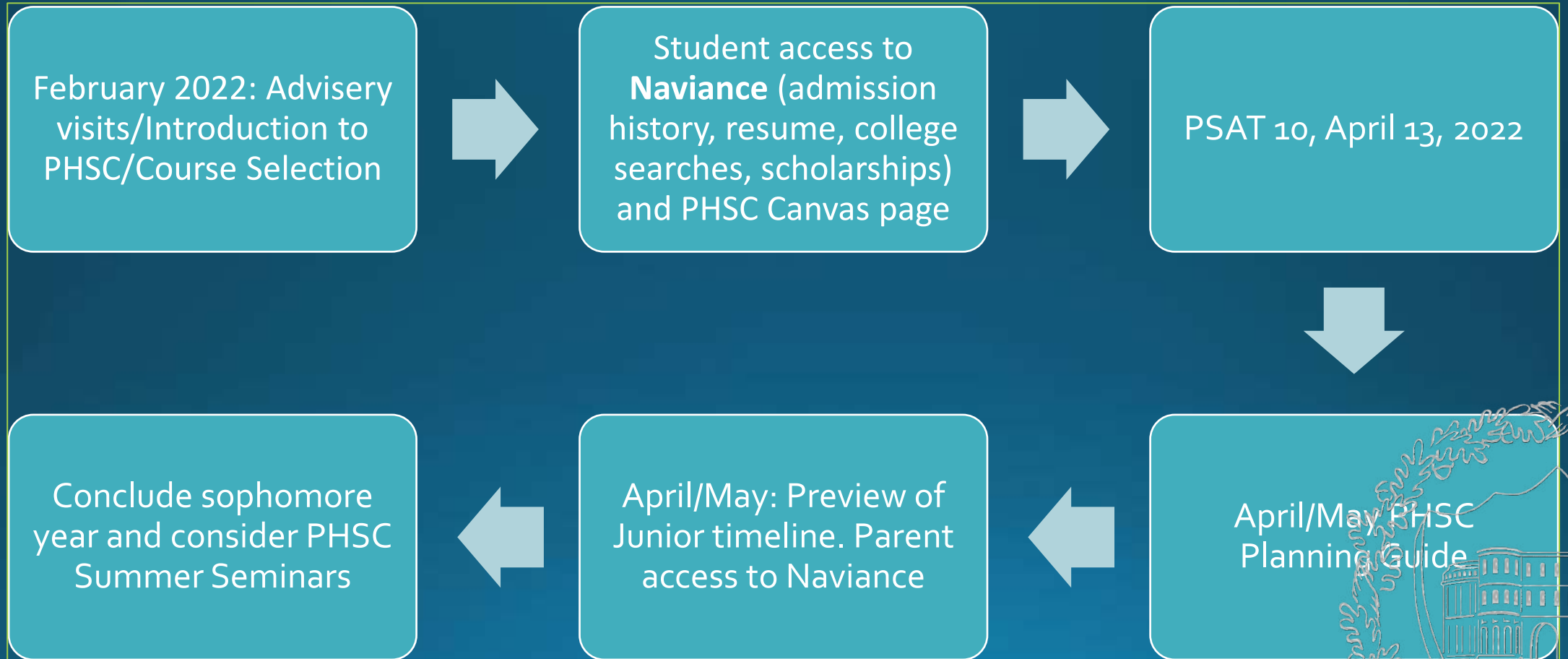
Making Caring Common, Harvard Graduate School of Education

Set Goals	Set realistic and manageable expectations for yourself
Be Authentic	Pursue opportunities for authentic service work and contributions to others/community
Demonstrate Care	Demonstrate daily acts of character and provide evidence of character in your extracurricular activities
Manage Your Time	Consider any substantial family contributions or external commitments/challenges that may impact your schedule
Find Balance	Pursue coursework and activities that are fitting for your strengths and interests
Prioritize You	Be authentic, and prioritize self-care

Extra! Extra! Read all about it!

- Extracurricular activities enhance a student's experiences outside the classroom.
- Demonstrates values, investments and time commitments
- Balance academic choices with extracurricular activities
- Can reflect what a student's nonacademic interests are and the types of diverse perspective they can contribute to campus
- No set formula
- Depth more than breadth
- Enhances skill development: leadership, service, employment

Overview of Sophomore Timeline



Next Steps for Junior Year

- Preview key events in the junior year
- SAT/ACT
- College visits
- Application timelines

Save the date!

Monday, April 4th



Welcome!

Welcome to the Canvas page for Post-High School Counseling, providing you with one, simple, centralized place to access information to help you on your journey to life after New Trier. Please check back periodically as new content is added.

CLASS

PAGES

PHSC
GUIDE

RESEARCH
RESOURCES

SCHOLARSHIPS
FINANCIAL AID

TESTING

TRANSCRIPT
REQUEST

NAVIANCE

CONTACT
YOUR
COUNSELOR

Available Resources

- All sophomores and parents have access to the PHSC Canvas Page and Naviance
- Please email phsc@nthshs.net if you have trouble accessing the page



Thank you for
joining us.
We are excited
to work with
you throughout
your journey!

New Trier's Post-High School Counselors

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