



CENTRAL OFFICES 65 Mr. Patrik Williams, Superintendent Mrs. Deborah Judy, Assistant Superintender Mrs. Kelly Holt, Director of Curriculum Ms. Christina Hudson, Director of Finance Mr. Roger Holt, Director of Operations Mr. Ryan Buchanan, Supervisor of Instructio Mr. David Morrison, Supervisor of Instruction	Mrs. Stephanie Smeltzer, Principal Mrs. Whitney Irwin, Associate Principal Dr. Christine Seitz, Associate Principal Mr. Erik Wilson, Associate Principal Guidance Office 653 on Nurse's Office 653	-8584 -8308 -8823
Dr. Kate Marvel, Supervisor of Instruction CLAYTON ELEMENTARY SCHOOL 65 Mrs. Heather Moyer, Principal Mr. Michael Daws, Associate Principal	53-8587 SMYRNA HIGH SCHOOL 653 Mrs. Stacy Cook, Principal Mr. Leon Clarke, Associate Principal Mr. Clarence Davis, Associate Principal & Dean of Discipline Mrs. Dainelle Hampton-Morton, Associate Principal	8-8581 ncipal
Dr. Amber Augustus, Principal Mrs. Amanda Noll, Associate Principal Nurse's Office 65	Nurse's Office 653 53-3145 CHILD NUTRITION OFFICE 653 Mrs. Kristen Kahl, Supervisor 653	8-3133 8-3137 8-3134
Mrs. Cindy McNatt, Principal Mrs. Leslie Gregory, Associate Principal	3-8588	8-3132
Mr. Patrick Grant, Principal Mrs. Irene Buscemi, Associate Principal	 53-2808 SPECIAL SERVICES OFFICE 653 Dr. Rachael Rudinoff, Director Dr. Marcia Mayhew, Supervisor of Special Proposed Mrs. Jennifer Morris, Supervisor of Pupil Servit Mrs. Courtney Casperson, Supervisor of Special 	ices
CLAYTON INTERMEDIATE SCHOOL65 Mr. David Paltrineri, Principal Mrs. Melissa Buchanan, Associate Principal Nurse's Office 65	TRANSPORTATION OFFICE653Mr. Kent Robinson, Supervisor59-6401	3-3142 3-2754
JBM INTERMEDIATE SCHOOL 65 Mr. Steven Gott, Principal Mrs. Amy Mumley, Associate Principal	59-6297 Mr. Shandy Wannamaker, Supervisor SCHOOL CLIMATE & SAFETY 653 Dr. Jacobia Walker, Supervisor	-4330

Congratulations to VFW Teacher of the Year, Mr. Flamer

659-6280

Veterans of Foriegn Wars T.O.Y. Award

Congratulations to Mr. Flamer for earning the Veterans of Foreign Wars 2021-2022 Citizenship Education Delaware Teacher of the Year award. Mr. Flamer is a seventh grade Social Studies teacher at SMS.

Dr. Jessica Weller, Supervisor



Nurse's Office

MARCH 2022 WINTER ISSUE

From the Superintendent's Desk...

Happy New Year 2022 to the Smyrna School District Community on behalf of our instructional and support teams, as well as the Smyrna School Board of Education. This year has been highlighted by a return to our classrooms for in-person instruction, student athletics, events and activities and an assortment of programs, even as the pandemic concludes its second full year. Our operational and instructional staff and leadership have worked in collaboration with our local board of education to both celebrate and enjoy all the richness that our schools have to offer. Additionally, our be-

Perseverance - 10 fore-and after-school wraparound program in partnership with the

Smyrna-Clayton Boys & Girls Club has continued to provide services for approximately 360 students and their families across our district. As winter winds down, and we look forward to spring, we also look forward to better days ahead.

During the 2021/22 school year, our Community Core Value of the Year is "Perseverance", defined over 20 years ago by a community committee as follows: The inner strength to remain constant to a purpose, idea, or task in the face of obstacles. This includes dedication, consistency and having a positive attitude. This year, in celebration of our community's perseverance and support in returning to in-person instruction, we will be celebrating our annual "We Can" program throughout March. There will be events planned and made available, representing each school, all showcasing our students' efforts this year. We are so proud of our students and their accomplishments, and we will honor their resilience through such challenging times.

The month-long celebration will also feature a free, in-person concert in the Smyrna High School auditorium on Saturday, March 19th, at 6:00 p.m. featuring contemporary New York City songwriter, recording artist and friend of the Smyrna School District, Jesse Ruben. Donations will be accepted throughout that evening with all proceeds to benefit the Smyrna-Clayton Boys & Girls Club. As part of the "We Can Project", Jesse shares his personal story of perseverance and responsibility through his original song, "We Can", and he teaches our students to overcome challenges and develop their own talents. Throughout the week, he will be with us in our schools, working with students, playing music and discovering how they are pursuing their own "I Can" dreams and plans.

We look forward to seeing all of you this spring, as we continue to celebrate our dedicated students, our wonderful administration and staff, and our supportive community families.

> Mr. Patrik Williams **District Superintendent**



MARCH 2022 WINTER ISSUE



WINTER ISSUE

Child Nutrition

Child Nutrition was excited to provide food and snacks to the community this year at the Homecoming Parade, Fall Festival and Winter Harvest.



Special Service's Winter Harvest Event

In December, we were fortunate to once again celebrate the Smyrna School District's Winter Harvest Sharing Event. This year's event was held at Smyrna High School, and for the first time, was held outdoors to maintain the safety of our families. We were overjoyed to welcome and spend time with over 320 guests who braved the cold to attend this Winter Wonderland event as they strolled through stations offering holiday treats, crafts, books, clothing, and a special gift. DJ Jay Davis played holiday music for all to enjoy while the Smyrna High School Regiment of Red drum line and dance team entertained. We are grateful for the assistance of the 120 volunteers and the 13 loyal, generous sponsors who helped bring this event to life. A special thank you to the Special Services team for encouraging Smyrna School District families to seek joy, celebrate tradition, and take time to be kind to one another.









Congratulations Pam Hilliard, SSES and District ESP of the Year Award Winner



As a Behavioral Interventionist, Mrs. Hilliard works with all of our students on a daily basis. She has been working in the Smyrna School District for 22 years. She started her career in the JBM cafeteria in 1989. From 2000-2017, she joined Smyrna Elementary as a custodian, and in 2017 moved to Sunnyside Elementary as a Behavioral Interventionist. "Miss Pam" as our students call her, runs a girls' group in which she meets with select girls weekly and focuses on self-esteem, social skills, trauma-informed care. and

restorative practices. Miss Pam always has a smile on her face and never hesitates to help anyone in need. She is very involved throughout the day and does not hesitate to help anywhere it is needed. She works with students and builds strong relationships with them, as well as our staff. Whether she is taking a walk with a student around the school building, allowing kids to take breaks throughout the day, or working one on one resolving problems, Miss Pam is always available to encourage our students.



CES



Alicia Sierra SEL Paraprofessional



Jaclyn Reeder Administrative Assistant



Kristine Miller Paraprofessional

SHS

JBM



Marnie Kinsey Library Paraprofessional





Ann Walker Paraprofessional in the CLP Program



Sue Hufschmidt Library Paraprofessional



Connie Moore Financial Administrative Assistant

Dictionaries Donated

Smyrna- Clayton Rotary Club donated dictionaries to all of our 3rd grade students. Thank You for your generosity!



SES Photo Gallery















Responsibility Responsibility Respect Respect Severance Integration

> MARCH 2022 WINTER IS<u>SUE</u>

















Healthy News



Lindsay Karamali joins the Sunnyside team as a School Nurse. She has been a registered nurse for the past 5 years and is so excited to be a part of the Smyrna School District. Since nursing school, Mrs. Karamali always wanted to work with kids. She is proud to provide care to the students in our community.







Have a Positive & Thankful Day



Several times this year, we have celebrated being positive and thankful. We have worn shirts with positive messages, recognized students for being Super Eagles, wrote thank you notes to our custodians and other staff members, gone out of our way to say hello, and took time to spend with friends. We are very thankful to be together in school every day!





Working Hard

Our students have been working hard since the beginning of school. They are learning through blended learning, using technology and rich curriculum to grow and learn academically. In addition, our students are reading lots of books, sharing their love of books, and increasing their reading levels continuously. We are very proud of their hard work and dedication.



CES Honored American Heroes on Veterans Day

Clayton Elementary School celebrated Veterans Day by inviting special guests, performing for our veterans, and reading letters expressing our gratitude. It was an amazing display of patriotism and it was an honor to have veterans join us. We are extremely thankful for their service.











Halloween

As always, Halloween was a great display of costumes including scary, creative, and pretty costumes. Clayton Elementary School's tradition is having a Halloween Parade. Due to inclement weather, the parade was held indoors this year. It was amazing to see the tremendous participation.







10

Consider a Bilingual & Biliterate Education

Are you interested in your child becoming bilingual and biliterate? The Smyrna School District offers Spanish Immersion at North Smyrna Elementary School. All kindergarten students in the district have the option to apply to this academically enriching program that immerses students daily in Spanish language and culture. Being part of this K-12 program has proven to have several positive advantages. Research shows benefits to brain development and intellectual growth. Students also experience increased problem-solving skills and cultural awareness and sensitivity, along with the skill of speaking TWO languages! Consider signing up today! Call NSES with questions at 302-653-8589 or email NSESRegistration@smyrna.k12.de.us. For more information, go to our website https://nes.smyrna.k12.de.us/.





NSE Fall Fun

Smyrna School District Fall Fest, spirit weeks, and the NSE Fall Fest were surely fun for all!



















Stay Connected to NSE News

NSE Kindness Projects Rocks

The Kindness Projects at NSE are based on the idea of finding ways to practice random acts of kindness in our everyday lives. In October, the NSE Kindness Committee, hosted by Mrs. Schultz and Mrs. Pertschi held a Kindness Rocks night sponsored by Anderson's Landscaping. Families decorated rocks with inspirational messages and placed them throughout the community. In November, families worked together to donate tons of food and stuffed "Everything But the Turkey" into over 100 brown bags! In December, families donated items to the local animal shelter! Kindness surely does ROCK!













Walkin' in a Winter Wonderland

Walkin' in a Winter Wonderland was a wondrous success! Thanks to the amazing PTO, part of the NSE walking trail was transformed into a winter wonderland on December 10, 2022. Families were greeted with hot chocolate as they strolled around the wonderland listening to holiday tunes, viewing festive lights, and even visiting with St. Nick! All students also went home with a new book!



Smyrna Fire Department visits NSE Early Childhood

Smyrna Fire House partnered with the NSE Early Childhood program to host an exciting experience. Students were able to view firetrucks and even squirt the large hose! What fun!





Welcome Mrs. Leslie Gregory, our New Associate Principal



Mrs. Leslie Gregory Associate Principal, SES

My name is Leslie Gregory, and I am proud to say that I am the new Associate Principal for Smyrna Elementary School! I was born and raised in the Smyrna community and hold our district's core values to heart. I played softball and received my Bachelor's in Education at Delaware State University. Go Hornets! I started my teaching career in Smyrna in 2013 where I taught first grade up until 2019, when made a switch to become the district's Special Education Specialist.

The last two years I have focused my efforts on serving our students with special needs, providing support to our students with social and emotional needs, and supporting staff through multiple leadership roles. I have acted as a Registered Behavior Technician for our district and completed my Masters in School Leadership through Wilmington University. This all brings me to proudly stepping into the new role of Associate Principal for Smyrna Elementary!



School Counselor Appreciation

Jana Howell, SES Counselor, was shown some love and appreciation for the great work she does with the students and parents. Many thanks to Jana!

Fall-time Fun



SES Spirit Week and Santa Shop

Smyrna Elementary students and staff celebrated the holidays by having a spirit week and a Santa Secret Shop. Thanks to our wonderful PTO, students were able to shop and get gifts for their family members. Also, during spirit week, we saw lots of holiday characters and holiday clothes. We even spotted the Grinch and Santa! Fun, love, and kindness were spread throughout the building!





SES Photo Gallery



















Spelling Bee Winners are E-X-C-E-L-L-E-N-T

On February 3, Clayton Intermediate held its annual Spelling Bee. Nineteen representatives, one from each homeroom, competed and the top three spellers from the school were awarded. Our top spellers were:

Alethea Barker – 1st Place Oliver Squire – 2nd Place Elias Baylis – 3rd Place

Alethea Barker will represent Clayton Intermediate School at St. Mark's High School for the Delaware State Spelling Bee on March 5, 2022. Congratulations to everyone who participated! We are extremely proud of you!





Character Champs for Compassion

CIS wants to recognize our Character Champs for Compassion! These students and teachers have shown compassion to their classmates and colleagues and were nominated by their peers.

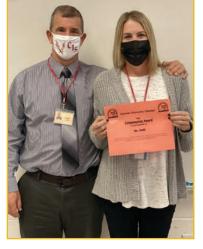
Congratulations to:

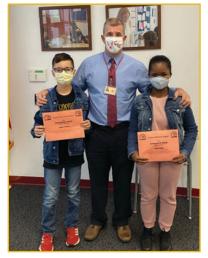
Mrs. Swift, Sixth Grade ELA teacher, (Top Left)

Mrs. Preisch, Fifth Grade ELA teacher (Bottom Left)

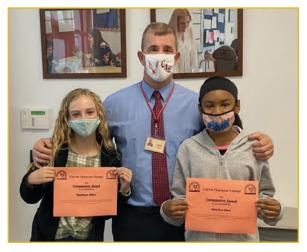
Aiden Conrad, Fifth Grade India Walls, Fifth Grade (Top Right)

Maddison Miller, Sixth Grade Amariya Chen, Sixth Grade (Bottom Right)









Holiday Spirit Week

CIS celebrated the holidays in style! Our holiday spirit days got us ready for the holiday season. CIS students and teachers participated in 12 days of holiday cheer!!





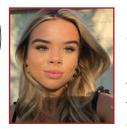








JBM Welcomes New Teachers



Ms. Bussey

Hi! My name is Rayna Bussey and I'm a first-year teacher at JBM. I recently graduated from the University of Delaware with a degree in Elementary Teacher Education and a concentration in Special Education. For as long as I can remember, I have wanted to be a teacher. I was inspired by my mom

who was a teacher while I was growing up, and I constantly played school, "taught" my dolls, and begged my mom to take me to her school on 'Bring Your Child to Work Day.'

The 2021-2022 school district marked my Thirteenth year in education! I started my career teaching in Milford School District, before becoming an Educational Diagnostician for eight years in the Appoquinimink School District. I'm excited to be back in the classroom working with students again!



ls. Hudson

I recently graduated with my Doctorate from Wilmington University in Educational Leadership. I have an amazing seven-year-old daughter.



Born and raised in Delaware, I graduated from Middletown High School. I then went to the University of Delaware and graduated in 2019 with a Bachelor's in Psychology and a Minor in Theater Performance. I was in an acapella group throughout my time in college. When I'm not working, I enjoy

singing and acting. I'm looking forward to working with the students and staff here at JBM.

I am thrilled to have joined the team at JBM Intermediate this year. I have been a fourth-grade teacher in the Smyrna School District for over 10 years now. I received both my Bachelor of Science degree and my Masters



of Teaching and Learning degree from *Mrs. Schreckengost* Wilmington University. I live at home with my husband, Adam, two boys, Wyatt & Westen, and my two dogs.



Ms. Chafardon

Hello! I am very excited to join the team at JBM. You may recognize me from my time working in Child Nutrition. I joined the district in 2018 and have been working at JBM since 2019. When I am not working you can find me spending time with my two sons or my friends Crossfitting. I am energetic and friendly, and look forward to working with everyone.

STEP Explores Machines & Robotics

Students in grades 5 and 6 who participate in STEP (Smyrna Triad Enrichment Program) have the opportunity to complete two units of study. Students in grade 5 explore simple machines learning about levers, gears, and pulleys while applying problem solving skills to toss blocks further or lift heavier objects. Students in grade 6 explore robotics learning the basics of construction and coding of robots to complete a task. Coding includes simple movement, following lines, and applying remote controls. Students in both groups enjoy using their creativity and problem solving to complete the assigned tasks and challenging themselves to apply their learning to new situations.













Student Council

Our JBM Student Council Leadership Team, along with classroom representatives, is working to bring school spirit and some fun events to our school. The Winter Holiday Candy Grams sales delivered over 600 candy canes to students and staff. Anything But a Backpack Day and Valentine's Candy Grams were also a big success.



Reading Challenges

JBM students are reading! Each month, our students participate in a Reading Challenge to see who can read the most steps. So far, students have won a team dodgeball game and class hot chocolate parties.

Thanks to Substitutes

A huge thank you to the substitute teachers that have been supporting us throughout this school year. We truly appreciate you showing up every day and working to continue our students' education.

Building Classroom Community

As a Responsive Classroom school, JBM teachers have embraced daily morning meetings. The intention of morning meetings is to help build classroom community and give every student a voice. Our students have loved engaging with one another and their teacher through greetings, discussions, and fun interactive activities.



Holiday Fun!

JBM students and staff had tons of fun celebrating the holidays this year. Students created impressive door displays, had fun playing games during Holiday Hoopla events at lunch and showed their spirit by taking part in theme days. JBM kicked off Winter Break with a visit from Santa, the Grinch, Max, and some special elves who were brought into town by the Smyrna Fire Department.





National Junior Honor Society Gives Back

We held our National Junior Honor Society induction ceremony in-person this year. NJHS collected items for "Buckets of Love" as part of their community project. These buckets are given to children who are in the hospital to help lift their spirits.









Stuff the Truck

Smyrna Middle School worked with the community to "Stuff the Truck", in order to send items to families in Kentucky who were impacted by the tornadoes. Mrs. Ward, a seventh grade Science teacher, organized the event. Thanks to all who contributed!



The Brain Show Challenges and Entertains SMS Students

The Brain Show came to visit and did an interactive game show with our students that included trivia and dancing.

Spirit Week Brings Us Together

Our students have really enjoyed getting into school spirit by participating in our "Spirit Weeks". These are a few examples of students and staff showing their spirit by wearing tie dye, old school clothes, holiday sweaters, and participating in Twin Day. We love seeing everyone get involved.









SMS Students Build Fall Festival Game

Our Student Government Association and National Junior Honor Society teamed up to create a successful station at the district's first annual Fall Festival. The students worked hard and it was enjoyed by families across the district.





Chapter Prepares for State FFA Convention

The Smyrna FFA Chapter has been busy over the past few months preparing for the 92nd Annual State FFA Convention that will be held at the State Fairgrounds in Harrington, DE on March 8-9, 2022. Members will be awarded State FFA Degrees, State Star Awards and State Proficiency Awards. New members will be receiving their very own FFA Jacket through the Blue Jacket Bonanza. Other upcoming events happening this spring include the Smyrna FFA Alumni Blue Jacket Affair, which will be held at the Hartly Fire Hall on April 2, 2022. Tickets and sponsorship opportunities are currently on sale. The Smyrna FFA Annual Spring Plant Sale will be back beginning April 16th at the Smyrna High School Greenhouse. Please follow the Smyrna FFA Chapter's Facebook page for all information regarding upcoming fundraisers.



Students selected for Delaware All-State Choir

This February, three of our Smyrna High School Choir students had the opportunity to participate in the Delaware All-State Senior Choir Event. These students auditioned with other high school singers from around the state and were selected to participate. The Smyrna Music Department is extremely proud of it's hard work and dedication! Pictured: Madelin Spellicy (single picture), Emma VanOrden, Chase Correll.





National Honor Society inducted 59 new members in January



Students Recognized Internationally

Our SHS DECA club participated in the State of Delaware Conference on Wednesday, February 9, 2022. Four of the students placed for International Competition. *Emma Gearhart, 10th Grade in Principles of Marketing (2nd Place), Jadelynn Hendricks 11th Grade in Principles of Marketing (3rd Place), Mariam Odunuga 11th Grade for Marketing Management Team Decision Making, Diana Perez-Rangel 12th Grade.*

Educators Compete

Educators Rising held our annual local competition on January 20, and this year's competition had over 300 participants in 266 presentations. Forty projects qualified for States and 48 students will compete against students from across Delaware for a chance at competing at the National Convention.



Cadet Earns Leadership Scholarship

Cadet Lieutenant Colonel Hayden Pelton, DE-942 Strike Eagles Corps Commander, recently earned the 2022 J-100 AFJROTC Character-In-Leadership Scholarship. He is the first-ever Smyrna High School AF Junior Reserve Officer Training Corps cadet to earn

this scholarship and one of only three Delaware cadets selected this year. Cadet Pelton was nominated by Colonel Gartner and Technical Sergeant Carlton, AFJROTC, instructors at Smyrna High School. He passed the initial quantitative review and was interviewed by a three-person



panel comprised of active-duty officers, enlisted, and federal civilian members from Air University, Maxwell Air Force Base. The J-100 scholarship focuses on character, leadership, citizenship, and diversity, and inspires future leaders to seek careers in the US Air Force

> or US Space Force. The US Air Force provided 100 cadets nationally this fouryear scholarship with benefits including four years 100% paid tuition, in addition to university-owned/ on-campus housing fees (\$10,000 maximum per year) and more.

Courses	Student Certification	Assessment Process
9-10 American Heart Heartsaver	CPR, AED , First aid (2 years)	Aligned with 9-10 American Heart Heartsaver course requirements
11-12 American Heart Healthcare Professional	CPR, AED, First aid (2 years)	Aligned with 11-12 American Heart Healthcare Professional course requirements
12-EOC from the National Consortium of Health Science Education	If passed(70%) will open more doors for college acceptance TEST	Aligned with NCHSE National Health Science Assessment
Fundamentals of Health Sciences (FHS)	Students will receive articulated credit at Delaware Technical Community College for the following course: BIO100-Medical Terminology (3 credits)	Aligned with Fundamentals of Health Sciences (FHS) course requirements
Essentials of Health Careers (EHC)	Students will receive articulated credit at Delaware Technical Community College for the following course: HLH100-Intro to Health Careers (1 credit)	Aligned with Essentials of Health Careers (EHC) course requirements
Anatomy & Physiology I (A&P)	Students will receive dual-enrollment credit at Delaware Technical Community College for the following course: BIO120-Anatomy and Physiology 1(5 credits)	Aligned with Anatomy & Physiology I (A&P) course requirements
Allied Health Program of Study and Chemistry	Students will also have the opportunity to enroll in the following course at Delaware Technical Community College after graduation and prior to the Fall semester. BIO121-Anatomy & Physiology II (5 credits)	Aligned with Allied Health Program of Study and Chemistry requirements
DSU English Composition 101 & 102	Students can earn Del State credit for these classes, which can transfer to other colleges as English credits or elective credits.	Aligned with DSU English Composition 101 & 102 course requirements
AP Calculus	Students will receive college credit at some institutions, depending upon the student's score and major.	Aligned with AP Calculus, AB exam requirements

Please also note the following information: Many of the Allied Health programs offered at DTCC have connected degree programs with colleges and universities including Delaware State University, Immaculata University, Salisbury University, University of Delaware, Wesley College, Widener University, and Wilmington University.

Smyrna Career and Technical Education Certifications

Pathway	Student Certification	Assessment Process	
Academy of Business Information Management	NAF Certification	Online through NAFTrack.org	
Academy of Finance	NAF Certification	Online through NAFTrack.org	
Accounting	QuickBooks	Quickbooks Assessment	
Aerospace Science and Leadership (AFJROTC)	Private Pilot Certificate	AFJROTC Flight Academy	
Agricultural Power & Engineering	OSHA10 Briggs and Stratton Services Technician I, National Safe Tractor and Machinery Operator Program	Online through CareerSafeOnline.com	
Agricultural Structures & Engineering	OSHA10	Online through CareerSafeOnline.com	
Allied Health	American Heart Association HeartSaver First Aid CPR AED BLS First Aid, CPR, OSHA 10 National Consortium of Health Science Education	Skills and Written Test	
Animal Science	Elanco Fundamentals of Animal Science Certification AMSA Meat Evaluation Youth for Quality Care of Livestock (YQCA)	Online coursework and assessment	
Culinary & Hospitality Management	Serv Safe Management Certification	Written test	
Early Childhood Teacher Academy	CPR First Aid	State Test	
K-12 Teacher Academy	Parapro & Praxis	ETS	
National Resource Management	Delaware Nutrient Management Certification Delaware Pesticide Certification	Complete State Licensing/Application Tes	
Plant Science	Delaware Nutrient Management Certification Delaware Pesticide Certification	Complete State Licensing/Application Tes	

Wreaths Across America



Dakota Donaghue laying a wreath at the grave of a US Veteran

Math League

The purpose of the Delaware Secondary School Mathematics League is to cultivate interest in mathematics through team competition. The SHS Math League is a club that offers students the opportunity to expand their academic knowledge by solving challenging math problems. Congratulations to the following students for a successful season: Shaun Atkinson, Atif Bacchus, Hannah Everhart, Robert Mace, Bianca Murtha, Anna Nguyen, Khang Nguyen, Millie Skaggs.



Be COOL. Be KIND.

The SHS Random Acts of Kindness (RAK) Club believes that all people can connect through kindness and has been busy spreading kindness in the school and community. The Random Acts of Kindness Club is open to every-one and meets every other Tuesday in the library.



WINTER ISSUE

Schedule subject to change. Check Eagles-Sports.com for most current schedules and times.

Spring Sports Schedule

Baseball Head Varsity Coach - Vince Clemons Head JV Coach - Andrew Virnelli

Date	Time	JV H/A	Varsity H/A	Opponent/Location		
3/12/22	12:00 PN	1 –	H (scrim)	William Penn HS		
3/17/22	TBD	-	A (scrim)	St. Andrew's School		
3/19/22	12:00 PN	1 –	H (scrim)	Charter School of Wilm.		
3/22/22	3:30 PM	-	V Away	Mt. Pleasant HS		
3/24/22	4:15 PM	JV Away	V Home	Milford HS		
3/26/22	12:00 PM	1 –	V Away	Salesianum School		
3/29/22	4:15 PM	JV Home	V Away	Sussex Tech		
3/31/22	4:15 PM	-	V Home	Early College HS @ DSU		
4/1/22	4:15 PM	JV Away	-	Delmar HS/MS		
4/5/22	4:15 PM	JV Away	V Home	Polytech HS		
4/7/22	4:15 PM	JV Away	-	Lake Forest HS		
4/8/22	4:15 PM	-	V Home	Woodbridge HS		
4/9/22	11:00 AN	1 JV Home	V Away	St. Georges Tech HS		
4/14/22	4:15 PM	JV H (Indian River	r) V Away	Seaford HS (Varsity only)		
4/15/22	3:45 PM	-	V Away	Newark Charter School		
4/21/22	4:15 PM	JV Home	V Away	Dover HS		
4/23/22	1:00 PM	-	V Home	St. Mark's HS		
4/26/22	4:15 PM	JV A (Laurel)	V Home	Cape Henlopen HS (V)		
4/28/22	4:15 PM	JV Away	-	Cape Henlopen HS		
4/29/22	4:15 PM	-	V Home	Sussex Academy		
4/30/22	12:00 PN	1 JV Home	-	Middletown HS		
5/3/22	4:15 PM	JV Home	V Away	Caesar Rodney HS		
5/5/22	4:15 PM	JV Away	V Home	Sussex Central HS		
5/12/22	4:15 PM	-	V Home	Appoquinimink HS		
5/17/22	4:00 PM	-	V Away	Glasgow HS		
5/19/22	3:45 PM	-	V Away	Middletown HS		
Track & Field Head Coach - Maura Schafer						
Date	Time	H/A	Opponent	Туре		
4/5/22	3:30 PM	Home	Caesar Rodney HS	S		
1/12/22	3-30 PM	A Milford	Milford HS Succ	ov Toch Tri Moot		

4 4/12/22 3:30 PM A M 4/26/22 3:30 PM Hor 5/3/22 3:30 PM A D 5/12/22 TBD A La 5/13/22 TBD A La 5/20/22 TBD TBA 5/21/22 TBD TBA

-		V Away	Middletown I	HS	
Head Co	ac	h - Maura	Schafer		
Ą	Op	ponent		Туре	
ne	Ca	esar Rodney HS	6		
lilford	Mi	Iford HS, Suss	ex Tech	Tri-Meet	
ne	Po	Polytech HS, Sussex Central HS Tri-M			
over	Ca	Cape Henlopen HS, Dover HS Tri-M			
ake Forest	Henlopen Conf. Championship				
ake Forest	Henlopen Conf. Championship				
A Contraction	DI	DIAA Championships			
ł	DIAA Championships				

Soccer Girls Varsity Head Coach - Mike Osborne Volleyball Boys JV Head Coach - Adam Martin

Date	Time	Teams	H/A	Opponent/Location
3/12/22	TBD	Varsity	H(P)	DHSGSCA/DSOA
3/22/22	4:30/6:00 PM	JV/V	Н	Lake Forest HS
3/24/22	4:30/6:00 PM	JV/V	Н	Sussex Central HS
3/29/22	3:30/5:00 PM	V/JV	А	Middletown HS
3/31/22	4:30/6:00 PM	JV/V	Н	Cape Henlopen HS
4/5/22	4:00/5:30 PM	JV/V	А	Sussex Academy
4/7/22	4:30/6:00 PM	JV/V	Н	Polytech HS
4/12/22	4:45/6:15 PM	JV/V	А	Caravel Academy
4/14/22	4:00/5:30 PM	JV/V	А	Sussex Tech
4/26/22	4:30/6:00 PM	JV/V	Н	Indian River HS
4/28/22	4:30/6:00 PM	JV/V	Н	Milford HS
5/3/22	4:30/6:00 PM	JV/V	Н	Padua Academy
5/5/22	4:00/5:30 PM	JV/V	А	Dover HS
5/10/22	4:00/5:30 PM	JV/V	А	Delmar HS/MS
5/12/22	4:00/5:30 PM	JV/V	А	Caesar Rodney HS
5/17/22	4:30/6:00 PM	JV/V	Н	St. Mark's HS

Head Coach - Danny Wandless

Date	Time	Teams	H/A	Opponent/Lo
3/21/22	4:00 PM	Varsity	н	ASPIRA HS
3/23/22	4:00 PM	Varsity	Н	Mt. Pleasant
3/25/22	4:00 PM	Varsity	Н	Conrad Scho
3/30/22	4:00 PM	Varsity	А	Cape Henlop
4/1/22	4:00 PM	Varsity	А	Delcastle HS
4/6/22	5:00 PM	Varsity	А	MOT Charter
4/8/22	4:00 PM	Varsity	Н	DE Military A
4/11/22	4:00 PM	Varsity	Н	Christiana H
4/13/22	4:00 PM	Varsity	А	Sussex Acad
4/27/22	4:00 PM	Varsity	Н	Concord HS
4/29/22	4:00 PM	Varsity	А	Newark HS
5/2/22	4:00 PM	Varsity	Н	Brandywine
5/4/22	3:45 PM	Varsity	А	St. Mark's H
5/6/22	4:00 PM	Varsity	Н	Indian River

Softball Head Varsity Coach - Nicki Shirey
Head JV Coach - Jacalyn Jenkins

i icau j v	Coach	Jacaryn Je	IIKIIIS			
Date	Time	JV H/A	Varsity H/A	Opponent/Location		
3/14/22	4:00 PM	-	A (Scrim)	Middletown HS		
3/16/22	4:00 PM	H (Scrim)	H (Scrim)	Queen Anne's County (MD)		
3/19/22		-	H (Scrim)	Conrad & Hodgosn Vo-Tech		
3/24/22	4:15 PM	JV Away	V Home	Milford HS		
3/26/22	12:00 PM	-	V Away	Delmarva Christian HS		
3/29/22	4:15 PM	JV Home	V Away	Sussex Tech		
3/31/22	4:15 PM	JV Home	-	Early College HS @ DSU		
4/1/22	4:15 PM	-	V Away	Delmar HS/MS		
4/5/22	4:15 PM	JV Away	V Home	Polytech HS		
4/7/22	4:15 PM	-	V Away	Lake Forest HS		
4/8/22	4:15 PM	JV Home	-	Woodbridge HS		
4/12/22	4:15 PM	JV A 3:45 PM	V Home	Caravel Academy		
4/14/22	4:15 PM	A Seaford	V Home	Indian River HS (V only)		
4/16/22	12:00 PM	-	V Home	DE Military Academy		
4/21/22	4:15 PM	JV Home	V Away	Dover HS		
4/26/22	4:15 PM	H Cape Hen.	V Away	Laurel HS (V only)		
4/28/22	4:15 PM	-	V Home	Cape Henlopen HS		
4/29/22	4:15 PM	JV Home	-	Odyssey Charter School		
5/3/22	4:15 PM	JV Home	V Away	Caesar Rodney HS		
5/5/22	4:15 PM	JV Away	V Home	Sussex Central HS		
5/6/22	4:15 PM	-	V Away	Sussex Academy		
5/9/22	3:45 PM	-	V Away	MOT Charter HS		
5/12/22	4:15 PM	-	V Home	Appoquinimink HS		
5/13/22	7:00 PM	-	V Away	Red Lion CA		
Golf Head Coach - Dave Tracy						

Golf Head Coach - Dave Tracy

Date	Time	H/A	Opponent	Location
3/21/22	3:30 PM	Н	Sussex Central HS	Garrisons Lake GC
3/23/22	3:30 PM	Н	Cape Henlopen HS	Garrisons Lake GC
3/30/22	3:30 PM	А	Hodgson & Middletown	Odessa National CC
3/31/22	3:30 PM	А	Indian River HS	Cripple Creek CC
4/5/22	3:30 PM	Н	Lake Forest HS	Garrisons Lake GC
4/7/22	3:30 PM	Н	Sussex Tech	Garrisons Lake GC
4/12/22	3:30 PM	Н	Caesar Rodney HS	Garrisons Lake GC
4/14/22	3:30 PM	А	Polytech HS	Wild Quail CC
4/26/22	3:30 PM	А	Woodbridge HS	Heritage Shores
4/28/22	3:30 PM	Н	Milford HS	Garrisons Lake GC
5/3/22	3:30 PM	А	Delmar HS/MS	Nutte's GC
5/5/22	3:30 PM	А	Laurel HS	Hopper's Landing
5/9/22	3:30 PM	А	Sussex Academy	Bear Trap Dunes GC
5/10/22	3:30 PM	Н	Seaford HS	Garrisons Lake GC
5/12/22	3:30 PM	А	Dover HS	Maple Dale CC

Tennis Girls

Head Coach - Lindsey Alexitch

Location	Date	Time	H/A	Opponent/Location
	3/22/22	4:00 PM	А	Cape Henlopen HS
nt HS	3/30/22	4:00 PM	Н	Caesar Rodney HS
nool	4/1/22	4:00 PM	А	Indian River HS
open HS	4/4/22	4:00 PM	Н	Dover HS
IS	4/6/22	4:00 PM	А	Milford HS
er HS	4/8/22	4:00 PM	Н	Lake Forest HS
Academy	4/11/22	4:00 PM	А	Seaford HS
HS	4/13/22	4:00 PM	Н	Polytech HS
demy	4/26/22	4:00 PM	Н	Sussex Academy
S	4/28/22	3:30 PM	А	Padua Academy
	5/2/22	4:00 PM	А	Sussex Central HS
e HS	5/5/22	TBD	А	Henlopen Conf.
HS				Championships
er HS	5/7/22	TBD	A	Henlopen Conf. Championships

Lacrosse Boys Varsity Head Coach -Mike Zulkowski, JV Head Coach - Bryan Boyd

			-	-
Date	Time	Teams	H/A	Opponent/Location
3/9/22	4:00/5:30 PM	V/JV	H (S)	Wilm Friends School
3/11/22	4:00/5:30 PM	JV/V	A (S)	Kent Island HS (MD)
3/18/22	4:00/5:30 PM	V/JV	H (S)	DE Military Academy
3/22/22	4:30/6:00 PM	JV/V	А	Appoquinimink HS
3/24/22	4:00/5:30 PM	V/JV	Н	Salesianum School
3/30/22	4:00/5:30 PM	V/JV	Н	Milford HS
4/1/22	4:00/5:30 PM	V/JV	Н	Worcester Prep (MD)
4/6/22		JV/V	А	Dover HS
4/8/22	4:00/5:30 PM	V/JV	Н	Sussex Tech
4/13/22	4:00/5:30 PM	V/JV	Н	Caesar Rodney HS
4/21/22	5:00/6:30 PM	JV/V	А	Middletown HS
4/25/22	4:00/5:30 PM	V/JV	А	Parkside HS (MD)
4/27/22	4:00/5:30 PM	V/JV	А	Sussex Central HS
5/4/22	5:30/7:00 PM	JV/V	А	Polytech HS
5/7/22	12:30/2:00 PM	V/JV	А	Newark Charter
5/11/22	4:00/5:30 PM	V/JV	н	Sussex Academy
5/13/22	4:00/5:30 PM	V/JV	н	Cape Henlopen HS
5/18/22	4:30/6:00 PM	JV/V	А	Caravel Academy

Lacrosse Girls Varsity Head Coach - Mia Piscarik Tennis Boys

JV Head Coach - Kristy Duman Head Coach - Thomas Wright

Date	Time	Teams	H/A	Opponent/Location	Date	Time	H/A	Opponent/Location
3/7/22	4:00 PM	Varsity	A (S)	Wilm Friends School	3/22/22	4:00 PM	Н	Cape HS
3/16/22	3:30/5:00 PM	V/JV	H (S)	Charter School of Wilm.	3/30/22	4:00 PM	А	Caesar Rodney HS
3/22/22	4:00/5:30 PM	V/JV	Н	Appoquinimink HS	4/1/22	4:00 PM	Н	Indian River HS
3/25/22	4:00/5:30 PM	V/JV	А	Indian River HS	4/4/22	4:00 PM	А	Dover HS
3/30/22	4:00/5:30 PM	V/JV	А	Milford HS	4/6/22	4:00 PM	А	Milford HS
4/1/22	6:00 PM	Varsity	А	Caravel Academy	4/8/22	4:00 PM	А	Lake Forest HS
4/6/22	4:00/5:30 PM	V/JV	Н	Dover HS	4/11/22	4:00 PM	Н	Seaford HS
4/8/22	4:00/5:30 PM	V/JV	А	Sussex Tech	4/13/22	4:00 PM	А	Polytech HS
4/12/22	4:00/5:30 PM	V/JV	Н	Padua Academy	4/26/22	4:00 PM	А	Sussex Academy
4/14/22	4:00/5:30 PM	V/JV	Н	Caesar Rodney HS	4/29/22	4:00 PM	А	Salesianum School
4/27/22	5:00 PM	Varsity	А	Lake Forest HS	5/2/22	4:00 PM	Н	Sussex Central HS
4/29/22	4:00/5:30 PM	V/JV	Н	Cape Henlopen HS	5/6/22	TBD	А	Henlopen Conf.
5/3/22	3:45/5:15 PM	V/JV	А	Newark Charter School				Championships
5/4/22	4:00/5:30 PM	V/JV	Н	Polytech HS	5/7/22	TBD	A	Henlopen Conf.
5/6/22	4:00/5:30 PM	JV/V	А	Sussex Academy				Championships
5/10/22	5:00/6:15 PM	JV/V	А	Middletown HS				
5/12/22	4:00/5:30 PM	V/JV	Н	St. Mark's HS				

Congratulations to SHS Football, Field Hockey and Unified Football Teams for placing Second in their State Tournaments



Wellness Center News

Sports physicals must be completed annually if your child participates in any school sports. A Delaware Interscholastic Athletic Association (DIAA) form must be completed, signed by your medical provider, and turned in to the school Athletic Director after April 1 to be eligible to play a sport in the following school year. The DIAA sports physical form should be used when the physical is completed. The DIAA form is a five-page document that must have all areas completed before your child will be eligible to participate. Incomplete forms will be returned to the student. Stop by or call the Wellness Center today at 302-653-2399 to schedule your appointment. The Wellness Center Consent and required DIAA physical forms are available in the Wellness Center, main office of the High School and on the High School Wellness Center web page under Academics and Programs.



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UPCOMING BOARD MEETINGS

MARCH 16, 2022 APRIL 13, 2022 MAY 11, 2022 JUNE 15, 2022