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#### **MINUTES**

The School Health Advisory Council met August 26, 2019 at the *Nassau County Children and Family Education Center* in Yulee, Florida. Those in attendance were:

Benoit, Kayla Starting Point

Brown, Julie NCSD-Wellness Contact

Carter, Cathy NCSB

Flannery, Katrina NCSD-Food Services
Galbreath, Jacqui Community-Chair

Gupton, (Dr.) F NCHD

Jones, (Dr.) Lauren NCSD-Dir. Food Services

Newman-Kennedy, Tiffanie NCHD Powell, Andreu NCSB

Rozier, Lisa Family Support Services

## Called to order 2:20 p.m.

Jacqui Galbreath opened the meeting and asked everyone to introduce themselves.

Galbreath called for a review of the last meeting's Minutes. Amended Minutes approved.

Carter/Jones

**Old Business:** None

New Business: Wellness update

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#### (A) Comprehensive School Health Education

- Family Support Services-Rozier
  - More Foster Care parents are needed
  - o A meeting has been scheduled for September 10 at 6:00 p.m.

#### (B) Physical Education

- Parks and Recreation-Galbreath
  - The Parks & Recreation Department are working on increasing enrollment

### (C) School Health Services

- DOH-Gupton
  - A Sealant and Cleaning program will be offered at select schools on the westside of the county

## (D) <u>School Nutrition Services</u>

- School District Food Services-Jones
  - The school district's Wellness Policy has been reviewed and updated
  - The Wellness Policy should be reviewed each year. (It was decided to place this on one of the Spring Agendas.)
  - Update on the Summer feeding program
  - o Two more vehicles are being retrofitted for service

### (E) School Counseling, Psychological and Social Services

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#### • NCSD-Powell

- There is a new Baker Act Procedure in place now
- The Baker Act Procedure and the new Wellness Policy are now in the Health Manual and posted on my website
- We have a new HD nurse and a new district nurse for the Yulee community

#### • Starting Point- Benoit, Kayla

- o They have counselors in CMS, FBMS, HMSH, & YMS
- They have a Grant to help address vaping/smoking issues
- o They are starting a Teen Intervention program
- o The Life Skills program is going into the elementary grades

#### (F) Healthy School Environment

- DOH-Newman-Kennedy
  - She is involved with the "Safe Route to School" program.
     They are looking for schools to champion this. (There was some discussion on this topic during and after the meeting with Powell.)
- HCSD-Powell
  - If the SDFS committee is still a requirement of another program, I wish for this report and the possible establishment of a SDFS subcommittee be part of SHAC

## (G) <u>Family & Community Involvement in Schools</u>

- NCSD-Carter
  - Student Flu shots have been scheduled
  - o Adult Flu shots are being scheduled
  - Adult Health Screening are in progress

## (H) School-site Health Promotion for Staff

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- NCSD-Powell
  - The district has a new partner, GPA, who will provide health (exercise/nutrition) services for employees
- NCSD-Brown
  - o The Wellness program at the DO is on track
  - o Ms. Brown reported on the progress of the programs

Next meeting is TBD at the *Nassau County Children and Family Education Center*. Likely months are October, January, and March.

Motion to adjourn 3:20 p.m. Powell/Brown