

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)  
May 9, 2018  
YULEE FULL SERVICE SCHOOL  
YULEE, FLORIDA

(Some member reports may relate to more than one area of the eight categories of Coordinated School Health.)

MINUTES

The School Health Advisory Council met on May 9, 2018 at the *Nassau County Children and Family Education Center* in Yulee, Florida. Those in attendance were:

|                  |  |
|------------------|--|
| Andreu Powell    | NCSB/Dir of Intervention, Prevention & Safety Services |
| Kim Clemons      | Employee Wellness Project Manager, NCSB                |
| Lisa Rozier      | Family Support Services                                |
| Carey Smith      | Wolfson Children's Hospital, Asthma Educator           |
| Lauren Jones     | NCSB/Director of Food & Nutrition Services             |
| Annette Hodges   | NCSB/ Health Sciences Instructor                       |
| Jacqui Galbreath | Community Member                                       |
| Brad Underhill   | NCSB/Director of Transportation                        |
| Cathy Carter     | NCSB/Office of I&P                                     |
| Cassie Oh        | Micah's Place  |
| Jackie Tyson     | Miller Health Group                                    |
| Julie Brown      | NCSB/District Office Wellness Champion/ OIT&IS         |
| Lauren Goode     | Micah's Place  |
| Vickie Olsen     | Florida Blue   |
| Jay Noles        | Florida Blue   |
| Gemma Sobretudo  | Florida Blue   |
| Bo Berglund      | Florida Blue   |

The meeting opened with a welcome by new Council Chair Jacqui Galbreath and introductions were made.

Minutes from March 14, 2018 were approved

**Comprehensive School Health**

Mr. Powell reported a spike in marijuana use in drug testing results in high schools. There was some conversation about this and all confirmed what the drug testing is indicating. More discussion was had about new vaping activity called Juuling, now being seen with older kids in schools, hospitals, buses, etc.

**Physical Education**

A flier was available for the group from the Hilliard Parks & Rec regarding available programs. As the weather warms and we head to swimming pools, Carey Smith from Wolfson reminded us about the importance of water safety. Wolfson Children's Hospital is already seeing drowning and near-drowning incidents. She shared about some Water Watchers resources available through the hospital website.

**School Health Services**

Health students at HMSHS have passed exams for certification. Health Instructor Annette Hodges also felt that the increased activity around marijuana supported having a guest UF pharmacist speak to students to supplement drug education curriculum taught. On a personal note, Annette said farewell to the SHAC group, and recalled a long history with the group as a founding SHAC member. We wished her a happy retirement!

**School Nutrition Services-** See Healthy School Environment

**School Counseling, Psychological and Social Services**

FSS invited members to a presentation by Fatherhood Pride at the Breakfast Learning Series

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)  
May 9, 2018  
YULEE FULL SERVICE SCHOOL  
YULEE, FLORIDA

(Some member reports may relate to more than one area of the eight categories of Coordinated School Health.)

**Healthy School Environment**

Food Service celebrated blueberry month in April with parfaits and smoothies. Shrimp was served during our local festival weekend as a special Farm to Table initiative. Mr. Underhill asked about the Engineers without Borders project that had been discussed for a school bus conversion. Dr. Jones replied that there may still be a different modified school bus conversion project in the future. Organic lettuce is still being used in the cafeterias from local Traders Hill Farms.

**Family and Community Involvement in Schools**

An open house at Traders Hill Farms was announced. Micah's Place is done with its prevention programs in classrooms for this year, but are involved in a "9-5" play performance at WNHS to raise awareness about gender roles, misogyny, women in the workforce, etc. Community partners may set up information tables at the event. For Teen Dating Violence Month a dramatic presentation was featured also at WNHS to raise awareness about issues related to dating violence. Mr. Powell shared how impressed he was with the production. Carey from Wolfson mentioned another presentation for high school audiences called "Countdown to Drive", a curriculum that includes the importance of not texting and driving.

**School-site Health Promotion for Staff**

Kim provided a handout summarizing some of the highlights from this school year for employee immunizations, biometric screenings, on-site exercise, "500 Every 5" activities reported for healthy lifestyle rewards, etc. Adult wellness claims data was also shared from health carrier Florida Blue. Some awards earned this year for the district were mentioned and dates were proposed for DWT and next school year's SHAC meetings.

Sept. 12, 2018

Nov. 14, 2018

Jan. 9, 2019

March 13, 2019

May 8, 2019

The Florida Blue team presented the 2017 Executive Summary with biometric screening results for the participating 328 employees.

Health broker Jackie Tyson reported an expected flat renewal for premiums for the '18-'19 plan year.

Meeting was adjourned by Chairwoman Jacqui Galbreath.