



SMYRNA SCHOOL DISTRICT

82 Monrovia Avenue, Smyrna, Delaware 19977

Telephone (302) 653-8585

Fax (302) 659-6290

Mrs. Deborah Judy
Assistant Superintendent

Dear Parent/Guardian,

The Delaware Department of Education and Delaware Department of Health and Social Services' Division of Public Health have requested that we provide you information regarding practices related to COVID-19.

We request that students and/or their families complete a health assessment consisting of a self-screening every morning before leaving for school.

Please answer the following questions:

- In the past 14 days, have you been near (within 6 feet for a total of 15 minutes or more) a person who has a lab-confirmed case of COVID-19, or have you had direct contact with their mucus or saliva?
- In the last 48 hours, have you had any of the following symptoms?
 - Fever of 100.4 F or above (or symptoms like alternating shivering and sweating)
 - New cough
 - New trouble breathing, shortness of breath or severe wheezing
 - New chills or shaking with chills
 - New muscle aches
 - Sore throat
 - Vomiting or diarrhea
 - New loss of smell or taste, or a change in taste
 - Nausea
 - Fatigue
 - Headache, congestion or runny nose (with no known other cause such as allergies)

If you answered **YES** to any of the questions above, do NOT send your child to school today. Instead, contact your child's primary healthcare provider and school nurse.

(This screening tool was adapted from the Mayo Clinic's online COVID-19 Self-Assessment. To use the Mayo Clinic's tool online, visit <https://mayoclinic.org/covid-19-self-assessment-tool>)

Additional considerations:

- Students must stay home if they are exhibiting any symptoms of COVID-19 or have been confirmed to have COVID-19 or if required by DPH to isolate or quarantine.
- Keep children who are sick at home; do not send them to school. Do not send children to school with a fever of 100.4° or greater.
- Teach your children to wash their hands frequently with soap and running water for 20 seconds.
- Students in Pre-K through grade 12 must wear face coverings in the school building, except when doing so would inhibit the individual's health.
- Teach your children to cover coughs and sneezes with tissues or by coughing into the inside of the elbow.

The Smyrna School District does not discriminate in employment, educational programs, services or activities based on race, color, marital status, creed, religion, national origin, gender, age, genetic information, sexual orientation, gender identity, disability or any other protected category or status in accordance with state and federal laws.
Inquiries should be directed to the District Superintendent.



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- Teach your children to practice physical and social distancing by staying at least three feet away from people other than your family.

If you have questions, please contact your school nurse or child's primary healthcare provider. You can also call your school.

For information or general questions on COVID-19 and prevention, visit the Delaware Health and Social Services', Division of Public Health's website at <https://coronavirus.delaware.gov/> or you can call 2-1-1 or text your ZIP code to 898-211 for deaf and hard of hearing.

Sincerely,

Deborah Judy