

Delaware School Nurse Memo #9

April 27, 2017

Care Coordination

Delaware Journal of Public Health – The [March edition](#) of the *Delaware Journal of Public Health* presents Diagnosis, Treatment, Prevention of Chronic Diseases – Part I. Contents include articles on asthma, chronic kidney disease, cardiovascular disease, arthritis, vaccine, obesity, diabetes, sexual activity and the role of nurses and primary care physicians. The [April edition](#) includes articles on cardiovascular health, building healthy communities, Type 2 diabetes, Type 1 diabetes, engaging community partners in research, and the vision for chronic disease prevention.

Asthma Camp Time is approaching – The American Lung Association in Delaware has announced its annual Asthma Camp schedule. The Delaware Overnight Asthma Camp will be held July 8 – 9 at the Children’s Beach House in Lewes. This camp is for children, ages 7 – 11, who have asthma. This year “transportation will be provided with stops in Wilmington, Dover and Seaford.” Activities will include paddle boarding, kayaking, and more! Plus medical supervision will be provided “at all times.” The registration fee is \$50 with stipends for those who qualify. For more information or to obtain a flyer, contact Nichole Goldsboro at ngoldsboro@lunginfo.org or 302-737-6414, x516.

Free Home Asthma Assessment Program - The American Lung Association in Delaware offers a FREE Over the Phone, Home Asthma Assessment Program for parents who have children with asthma. Upon completion, families will receive a \$50 Walmart gift card. For more information or to register, contact Nichole Goldsboro at ngoldsboro@lunginfo.org or 302-737-6414, x516.

Guidelines for Diabetes Management – The National Association of School Nurses (NASN) released this month an updated Position Statement on [Diabetes Management in the School Setting](#).

Guidelines for Medication Administration - NASN released this month an updated Position Statement on [Medication Administration in Schools](#).

Community/Public Health

Smart Snacks in Schools is in Effect – On July 1, 2014, USDA's Smart Snacks in Schools went into effect. This policy is part of the Healthy Hunger Free Kids Act of 2010 and applies to all foods sold to students on campus during the school day. This includes foods sold in vending machines, a la carte items in the lunchroom, in-school fundraisers, and in school stores. The goal of Smart Snacks in Schools is to provide students with healthier choices for all food sold to them during school, thus contributing to improving the overall health of the school environment. The DOE School Nutrition Program team has provided training to all school nutrition supervisors and chief school officers on this regulation. Compliance with Smart Snacks is reviewed during School Nutrition Program Administrative Reviews. For more information, contact your school nutrition supervisor or Aimee Beam, education associate, School Nutrition Programs at aimee.beam@doe.k12.de.us.

The Division of Public Health (DPH) - Recent [Press Releases](#) related to school health are:

[Delaware Public Health: Higher Risk of Sexual Assault in Minority Populations \(4/26/17\)](#)

[Turn in Unused Medications April 29, 2017 Attorney General Denn, Sens. Carper and Coons, DHSS and Walgreens Announce Drug Take-Back Day \(4/24/17\)](#)

[DHSS and Delaware State Police Warn of Spike in Overdoses in Western Sussex County: Immediate Assistance Available at 911 or DHSS' Crisis Helpline \(4/22/17\)](#)

[Second Wilmington Raccoon Positive for Rabies; Public Health Warns Residents in Sharpley Area \(4/21/17\)](#)

[Office of Animal Welfare Shares Dog Bite Prevention Tips \(4/11/17\)](#)

[Addiction is a Disease: DHSS Reminds Opioids are Dangerous \(3/27/17\)](#)

[Scholarships Support Higher Education for Young Adults with Diabetes \(3/24/17\)](#)

Impressions – The Delaware Bureau of Oral Health and Dental Services has released its Spring edition of newsletter, [Impressions](#). It includes an interesting article, No Reason to Smile: The Link between Bullying and “Bad Teeth”.

Brush Up on Oral Health – The monthly newsletter from the National Center on Early Childhood Health and Wellness is available [online](#). This month looks at oral injuries.

Healthy Vision Promotions – The Vision to Learn will host a Healthy Vision Family Night at the Delaware Children’s Museum on May 17, 5:00 pm – 8:00 pm. Register at Healthyvision17@gmail.com. The cost per person admission is \$2.00. A flyer is available in [English](#) and [Spanish](#).

Leadership

School Health Services – Jane C. Boyd, MSN, RN, NCSN, will assume full responsibility for DOE School Health Services on June 1, 2017. Please direct all questions to her regarding school, student, and community health issues. She will work closely with the Lead School Nurses and other state agencies, like the Division of Public Health, to support Delaware’s school nurses. Here is Jane’s quote about leadership that is included in Chapter 4, Leadership, of the new Delaware School Nurse Manual.

EACH SCHOOL NURSE HAS THE OPPORTUNITY TO SUPPORT A POSITIVE, HEALTHY SCHOOL CLIMATE. IT IS THROUGH COMMITMENT TO TAKING CARE OF ONESELF THAT THE SCHOOL NURSE LEADS BY EXAMPLE USING MOTIVATION AND CHANGE TO ACHIEVE THIS GOAL.

Leading and working together, Delaware school nurses can assure that all students attend a positive and healthy school!

Quality Improvement

Chapter 5, Delaware School Nurse Manual - School Health Services is pleased to announce that [Chapter 5, Quality Improvement](#), in the newly revised and updated [Delaware School Nurse Manual](#), has been completed and posted online. The content of the final chapter is based on the National Association of School Nurses’ [Framework for 21st Century School Nursing Practice™](#) [Framework]. Sections within the Chapter include: Document; Data Collection, Utilization, & Research; and Evaluation. The concept of Quality Improvement is not new to school nurses, but examining it as a competency or skill is somewhat new and much less developed than the other principles within the Framework. Thus, it should be no surprise that over 80% of the content in this chapter is new and was not included in previous editions of Delaware’s manual for school nurses.

eSchoolPlus Help Desk - The DOE eSchoolPlus Help Desk is available to districts and charters when assistance is needed regarding the program. The Help Desk is currently staffed by Dan Mize, Mary Nardo, and Andrew Cronk. Their number is 735-4140. However, all school nurses using eSchoolPlus must first contact their district technology staff for assistance. While the question may be a new one to the individual school nurse, it is likely not something new for the technology staff. If they are unable to resolve the problem, they will contact the DOE Help Desk. We believe this will facilitate a prompt response for you and build district/charter level capacity for assisting with eSchoolPlus. Also, please note that Suzanne Hamel has changed positions and is now an Education Specialist in the Data Management Group.

Standards of Practice

Delaware School Nurse Manual - School Health Services is extremely pleased to announce that the new [Delaware School Nurse Manual](#) is now complete and posted online. The *School Nursing: Technical Assistance Manual* has been entirely removed from the website. If school nurses have hard copies of the former manual, they are urged to destroy them so that there is no confusion for the nurse or a substitute on what resource has been provided by the Delaware Department of Education. The website page, [Delaware School Nurse Manual Forms](#), providing forms from the Manual has been updated with new and revised forms. School nurses should be cognizant of what is expected as articulated within the State's guidelines for practice.