

Pre-Lesson Plan: (For Students) Preparing for SAT School Day

Classroom/Group Guidance Activity

Grades 11 and 12

Time Required: 25 minutes

Deliver this lesson plan before your students take the SAT® to help prepare your students to do their best.

The SAT connects students to College Board programs and services that can propel them toward the opportunities they've earned through hard work. Taking the SAT is a great way to find out how ready your students are for college and career.

Student Objectives

Students will:

1. Review the benefits of the SAT School Day and what to expect on test day.
2. Review the format and key features of the SAT, the anchor of the SAT Suite of Assessments for students in grades 11 and 12.
3. Learn how to send their SAT scores to colleges and scholarship organizations.
4. Learn how to best prepare for the SAT using Official SAT Practice on Khan Academy®.

Materials Needed

To share Khan Academy Practice Information

- [How to Link Your College Board and Khan Academy Accounts](#)

Steps

1. Explain how [SAT School Day benefits](#) students by allowing schools to offer the SAT to juniors and seniors during a weekday in their home school expanding access to all U.S. colleges.
2. Review what to [expect on test day](#), what to bring, and what to leave home.
3. Provide [details](#) on the Evidence-Based Reading and Writing, Math sections and the optional SAT Essay.
4. Share the video [What to Expect on the SAT Essay Test](#).
5. Review the [Optional SAT Essay \(if taken\) Details](#) and explain that some colleges may or may not require the essay. Share where they can get additional information about [College SAT Essay policies](#).
6. Review [how the SAT is scored](#).
7. Explain that [score release](#) varies depending on students and test date (scores are typically available about a month after the test date).
8. Inform students that the SAT is accepted at all U.S. colleges and colleges require applicants to [send official score reports](#) directly from the College Board.

9. Tell students about *Official SAT Practice on Khan Academy* and show them how to connect their [Khan Academy and College Board accounts](#) to get personalized practice recommendations:
 - a. Visit satpractice.org to create an account and log in to Khan Academy.
 - b. Click the button that asks if they want to connect their accounts.
 - c. When the program takes them to collegeboard.org, log in, and click Send to connect accounts and send their test scores to Khan Academy.

Supplemental Resources for Counselors

- Learn more about [SAT Suite of Assessments](#)
- [SAT School Day Student Guide](#)
- [Understanding Your SAT Score Report](#)
- [SAT School Day How to Prepare flyer](#)
- [Practice Flyer Update](#)
- [SAT School Day Promotional Toolkit](#)
- SAT School Day School [Educator's Downloads](#)