



Meeting the PE Graduation Requirement

On RRHS Campus Options:

- HOPE segments 1 & 2
- 2 years ROTC PE/Performing Arts Waiver (request waiver from School Counselor upon completion)
- 2 seasons of an Interscholastic sport (request waiver from School Counselor upon completion)

Online & RRHS Options:

- HOPE (semesters 1 & 2)
- Personal Fitness (online) +
 - *Outdoor Education (online)*
 - *Fitness Lifestyle Design (online)*
 - *PE on RRHS campus (team sports, basketball, weight training, etc.)*
 - *1 semester of Marching Band on campus (request waiver from School Counselor upon completion)*
 - *1 semester of Dance on RRHS campus (request waiver from School Counselor upon completion)*