



# Physical Education

**COACH  
REYES**

**Fitness 6<sup>th</sup> Grade  
Team Sports 7<sup>th</sup> Grade**

# Fitness 6<sup>th</sup> Grade Course Description



Provide a foundation of knowledge, skills, and values they need to become healthy and physically active for a lifetime.



The course addresses both the health and skill-related components of physical fitness which are critical for students' success.

# Team Sports 7<sup>th</sup> grade Course Description

- The purpose of this course is to develop the physical skills necessary to be competent in many forms of movement, knowledge of team sports concepts such as offensive and defensive strategies and tactics, and appropriate social behaviors with a team or group setting.
- The integration of fitness concepts throughout the content is critical to student success in this course.

# Procedures: injury

- If a student is injured outside of school, please send in a parent note with limitations for your student.
- A parent note is good for the student to sit out for 3 days of activity to recover.
- After 3 days a doctor note will be needed.
- Notes can be sent in with your student or directly emailed to me.

# Grades



-Summative Grade: (70%) is participation credit, for participating each day students receive 20 points per day. If students don't participate, are playing in an unsafe manner or are not prepared to participate will lose points.



-Summative Grade: any test at the completion of a unit.




Formative Grade: (30%) Health Reports (weekly writing activities/reflections on Schoology), skill tests, and quizzes.

# Expectations

Students in PE are supposed to be prepared to move.



Proper dress (School policy dress code) and shoes that lace up and tie. Once we are allowed to dress out (PE uniform) that will be expected to be worn each day.



Respect rules, policy and procedures of PE class.



Proper care and maintenance of equipment.

# Schoology

- Check Schoology Daily if you are quarantined or absent from school.
- A daily folder is put up for students to keep current.
- If you miss a day-check Schoology for the daily activity and the important concepts of the day.
- Once a week a Health Report (writing assignment) is posted on Schoology. .It is due on Friday. It counts as a Formative Grade. If students need a hard copy they can get one in class.
- If you are out for a whole week. Students should be doing the daily folder activities and turning in a weekly log through Schoology .Any additional activities you do should be listed as well on your PE log.
- Students email me through Schoology with questions.

# HAC

Students grades are posted in HAC

Grades are updated weekly

INC means Incomplete

Participation/Tests=summative grade

Health Report, skill tests, quizzes =  
formative grade



# Questions or Concerns.

- Email your questions or concerns to  
Kristie Reyes-6<sup>th</sup> grade Fitness and 7<sup>th</sup> Grade Team Sports  
[Kristie.Reyes@stjohns.k12.fl.us](mailto:Kristie.Reyes@stjohns.k12.fl.us)

Or email me on Schoology.