

## REFERRAL TO THE SCHOOL NURSE

Although teachers cannot diagnose a child's medical condition or recommend treatment, they are many times the first ones to note that a child is not performing like his/her peers or is having difficulty in the classroom. This information is valuable in facilitating the nurse's assessment and possible referral for further evaluation.

The School Nurse values your input and comments. Please complete this form with your concerns and return it to the School Nurse. Listed below are some signs of conditions and examples of behavior that may provide clues to physical and emotional problems. While none of these are infallible, none should be overlooked. Extremes such as constantly disruptive behavior, continual unhappiness, inability to learn, are especially significant. Please remember that this information is **confidential**.

Student \_\_\_\_\_ Grade/Section \_\_\_\_\_

Date \_\_\_\_\_ Student Achievement: Good \_\_\_\_\_ Fair \_\_\_\_\_ Poor \_\_\_\_\_

### General Appearance

- \_\_\_\_\_ Facial tic
- \_\_\_\_\_ Lethargic, unresponsive
- \_\_\_\_\_ Poor posture
- \_\_\_\_\_ Radical changes in weight
- \_\_\_\_\_ Unusual gait or limp
- \_\_\_\_\_ Unclean/unkempt
- \_\_\_\_\_ Very pale or flushed
- \_\_\_\_\_ Very thin or overweight

### Ears

- \_\_\_\_\_ Asking to have things repeated
- \_\_\_\_\_ Discharge
- \_\_\_\_\_ Speaking loudly
- \_\_\_\_\_ Turning head to hear

### Eyes

- \_\_\_\_\_ Crossed or turned out
- \_\_\_\_\_ Frequent styes
- \_\_\_\_\_ Holding page/book too close
- \_\_\_\_\_ Inflamed, watery
- \_\_\_\_\_ Squint, frown, scowl

### Nose and Throat

- \_\_\_\_\_ Chronic cough
- \_\_\_\_\_ Enlarged glands in neck
- \_\_\_\_\_ Frequent colds
- \_\_\_\_\_ Nasal discharge
- \_\_\_\_\_ Persistent mouth breathing

### Skin or Scalp

- \_\_\_\_\_ Bald spots
- \_\_\_\_\_ Frequent scratching
- \_\_\_\_\_ Nits on hair
- \_\_\_\_\_ Numerous pimples, blackheads
- \_\_\_\_\_ Patches of very dry skin
- \_\_\_\_\_ Rashes, sores or bruises

### Teeth and Mouth

- \_\_\_\_\_ Bad bite
- \_\_\_\_\_ Cracked lips, esp. at corners of mouth
- \_\_\_\_\_ Dental caries
- \_\_\_\_\_ Inflamed or bleeding gums
- \_\_\_\_\_ Irregular teeth
- \_\_\_\_\_ Speech problem, hard to understand

### School Performance

- \_\_\_\_\_ Compulsive neatness to the point that assignments are never completed
- \_\_\_\_\_ Excuses from P.E.
- \_\_\_\_\_ Failure to achieve
- \_\_\_\_\_ Frequent absences
- \_\_\_\_\_ Marked deterioration in work
- \_\_\_\_\_ Poor memory
- \_\_\_\_\_ Poor reasoning
- \_\_\_\_\_ Very careless work

### General Behavior

- \_\_\_\_\_ Aggressive, cruel
- \_\_\_\_\_ Always tired
- \_\_\_\_\_ Constant need for attention
- \_\_\_\_\_ Cries easily
- \_\_\_\_\_ Depressed, unhappy
- \_\_\_\_\_ Destructive
- \_\_\_\_\_ Docile, apathetic
- \_\_\_\_\_ Excessive daydreaming, inattentive
- \_\_\_\_\_ Excessive requests to leave classroom
- \_\_\_\_\_ Restless, hyperactive
- \_\_\_\_\_ Temper tantrums
- \_\_\_\_\_ Unusually timid, fearful

### Behavior at Play

- \_\_\_\_\_ Breathless after moderate exercise
- \_\_\_\_\_ Difficulty playing with other
- \_\_\_\_\_ Easily fatigued
- \_\_\_\_\_ Extremely excitable
- \_\_\_\_\_ Lack of interest
- \_\_\_\_\_ Poor coordination
- \_\_\_\_\_ Very clumsy

Brief description of health problem(s):

Response to referral:

---

Signature of Person Referring

---

Signature of School Nurse

---

Date