

RAM REPORT

October 3rd, 2021

We Are Family!

REYNOLDS RAP

The final week of the first quarter has arrived, and all students will be taking their nine weeks exams this week.

Following is the basic schedule:

- Monday: Periods 1 & 5
- Wednesday: Periods 3 & 6
- Thursday: Periods 2, 4, & 7

The complete bell schedule is attached to this email. Also, there are no exams on Tuesday, because all juniors will be taking the ACT on campus during the school day. If your child is taking the ACT, please review the attachment to this email that lists which kinds of calculators can be used for testing. Friday is teacher workday, so all students can enjoy a long weekend!

Once we return from the long weekend, we will have several activities on campus related to our students' mental wellness. One activity is a presentation for parents, which will take place on Tuesday, Oct. 12th at 6:00 pm in the auditorium. Parents are encouraged to bring your child(ren) with you. This session came about as a suggestion from our Student Open Forum. Our students asked that we offer a session to parents that would help open up the conversation about students' mental wellness with their parents. I hope that many of you can attend this important discussion. Have a great week, and as always, Go Rams! -Dr. Reynolds

WHAT'S NEW IN RAMNATION

October is Anti-Bullying Month

This year's theme is "Be a Ram, Not a Bully" and students are asked to post positive and anti-bullying messages to social media using #ramsdontbully



Bullying is not an option.

☆☆☆☆

Never bully anyone. Stop friends who bully someone. NO ONE deserves it, or should have to deal with it.

And if you're being bullied, don't be embarrassed at all to tell your parents or another adult. They'll want to know, want to help you, and it'll make your life much easier.

popscarb

October 11-15 is Mental Wellness Week

October 11: Mental Health lessons begin. These lessons are required by the Florida Dept of Education and will be delivered two days per week (3 lessons per day) through November 9.

October 12: We invite parents out for an evening presentation on the topic: How to Support Your Child's Mental Wellness. This takes place in our auditorium @6:00 pm. Bring your child with you!

October 13: Wear blue in support of National Anti-Bullying Day.

10:30 am - Grand Opening of our Ram Student Lounge - a safe space staffed by a generous donation from the Bernstein family.

Athletics Update

Girls Volleyball

Monday: Away vs. DeLand. JV @ 5:30, Varsity @ 7:00pm.

Tuesday: Home vs. University (Orange City). JV @ 5:30, Varsity @ 7:00pm.

Thursday: Home vs. Seminole. Freshman @ 4:30, JV @ 5:30, and Varsity @ 7:00pm.

Football

Wednesday: Freshman Away vs. Lyman. 6:00pm.

Thursday: Varsity Away vs. Lyman. 7:00pm.

Cross Country

Saturday: Lake Mary will host the Seminole County Middle School Championships. 8:00am.

Girls Golf

Wednesday: Match vs. First Academy @ DeBary Country Club. 4:00pm.

Friday/Saturday: Honda Classic Invitational @ PGA National Spa & Resort.

Boys Golf

Wednesday: Winter Park Invitational @ Rio Pinar. 3:30pm.

Friday/Saturday: Honda Classic Invitational @ PGA National Spa & Resort.

Swimming

Wednesday: Match vs. Hagerty @ Riverside Aquatic Center. 3:30pm.

Boys and Girls Bowling

Monday: Match vs. Lyman @ Airport Lanes. 3:00pm

Wednesday: Match vs. Seminole @ Oviedo Lanes. 3:00pm

Special Congratulations

The girls golf team tied for first at the Qdoba Burrito Challenge. The team set a team scoring record with three girls shooting under par and all five scoring golfers shooting under 80. Senior Izzy Pellot led the team shooting a 68 and was followed by Freshman Rayleigh Knaub who shot a 69 and Freshman Mara King, shooting 71. Also playing great we're Sophomore Arenui Faana, Senior Angela An, and Freshman Delaney Sillaway. The postseason is just around the corner and look for this team to make a lot of noise once again.

Student Activities

Congratulations to the newly inducted members of National Honor Society!

Hispanic Heritage Month: September 15 to October 15 is Hispanic Heritage Month. Latinos in Action will be presenting information and activities throughout the month to recognize and honor the histories, cultures, and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean, and Central and South America.

Choir Concert: There will be a Fall Choir Concert Wednesday, October 6th at 7:00pm in the LMHS Auditorium.

Inter Club Council: ICC will be having its second meeting October 15th @ 7:20am in the Group Projects Room. If your club has anything to discuss, please fill out the google form that has been sent out to sponsors or come see Mrs. Southworth in discipline.

Homecoming Parade: All clubs interested in participating in Homecoming Parade, please see Ms. Sullivan and SGA for Parade application. Applications are due October 15th.

Homecoming Week: October 25-29 A list of school and evening activities is attached to this email.

Fall Play: Lake Mary Players of the Arts presents the Fall Play, BLITHE SPIRIT October 22, 23 (@ 7pm) and October 24 (@ 1:30pm). BLITHE SPIRIT follows novelist Charles Condomine and his second wife Ruth as they accidentally conjure up the ghost of his first wife Elvira with the help of an eccentric medium. Comedy ensues as Elvira is determined to sabotage Charles' life. Tickets are \$6 for students and \$10 for adults.

Student Services

Goal Setting

As we approach the end of our first quarter of the school year and students are settling into the face-to-face school experience, it's a great time to discuss setting goals and increasing school involvement in extracurricular activities. Likewise, it is not too early to explore colleges, college majors and career goals.

Make plans to attend LMHS College and Career Week events. On Tuesday, October 19th we will host a Financial Literacy Night and on October 21st, we will host College Information Night. Both events are face to face and for all grade levels.

Career Interest Assessments

Career Interest Assessments are available to you LMHS. This is a great way to figure out what career potentially best fits YOU! The "My Career Shines" Kuder App is accessible to you through your Clever Portal .

PSAT/SAT Test Prep

Do you need a resource to help prepare you for the upcoming PSAT and SAT? The College Board and Khan Academy have developed a tutorial site that provides free, personalized resources. Students who take the PSAT/NMSQT, PSAT 10 or PSAT 8/9 should have access to personalized study resources and practice tools. Visit Khan Academy's website using the following link:

<https://www.khanacademy.org/sat>

For test date information and LMHS testing calendar, please see Testing Updates section of the RAM Report.

After-school Tutoring

Face-to-Face tutoring offered every Tuesday and Thursday in the Media Center from 2:45 - 4:15. If you would like tutoring for Algebra 1 or Liberal Arts Math, you will report to Portable 2. Homework help is available for most subjects including Plato in the Media Center on both days.

Student Services Cont'd

Save the Dates

- 9th and 10th Grade Student Services Orientation -October 11 and 12
- College/Career Week 2021 - October 18 - 22
- Junior Credit Checks - November 8 -12

Counselor Appointments

For students or parents to make an appointment with their counselor, please select student services> Counselor and appointments. From there, you will see the student booking appointment link as well as the phone number for parents to call and make an appointment.

If you need to speak to your School Counselor, please do not hesitate to come to the Student Services Office for assistance. We are Ramily!

Special Congrats!



Congratulations to Freshman Mallery Baker for breaking the school record in the breaststroke two weeks ago and following up by breaking the school record at the FSPA Invitational Swim Meet on Saturday, September 25th

Way to go, Mallery!

RamNation is proud of you!

Congratulations as well to our boys golf team for their outstanding performance at the Qdoba Tournament of Champions this weekend. The field included the 1st, 2nd, and 3rd place teams from all classes at last year's state championship. The Rams finished 3rd with Garret Ebbert earning 2nd place individual honors. Go Rams!

Testing Update

ACT School Day

The ACT will be given to all 11th grade students on Tuesday, October 5 during the school day. Any 12th grade student who has not yet met the reading and/or math graduation requirement will be scheduled to take the non-college reportable ACT for a concordant score. This information has been emailed to student and parents.

Testing will begin at 7:20am and will finish at approximately 12:00pm. All students who are testing will go to 2nd lunch at 11:56am. There will be no make-ups for the ACT.

Students should bring pencils and a calculator. Calculators will not be provided. The ACT Calculator Policy is attached to this email.

Taking the ACT Test Guide

<https://www.act.org/content/dam/act/secured/documents/TakingTheACT-StateandDistrict-Fall.pdf>

Preparing for the ACT Test can be found at

<https://www.act.org/content/dam/act/unsecured/documents/Preparing-for-the-ACT.pdf>

PSAT NMSQT

The Preliminary Scholastic Aptitude Test (PSAT NMSQT) will be given at Lake Mary High School on Wednesday, October 13th to all 9th, 10th and 11th grade students. For juniors, the PSAT is the only avenue to the National Merit Scholarship Program. For sophomores and freshmen, PSAT scores are used to qualify for registration in some Advanced Placement courses. All students will take the PSAT free of charge and there will not be any make-ups. Students do not need to register for this.

Students should bring pencils and a calculator. Calculators will not be provided. The PSAT Calculator Policy is attached to this email.

PSAT NMSQT Student Guide <https://collegereadiness.collegeboard.org/pdf/psat-nmsqt-student-guide.pdf>

SAT

The SAT will be given to all 12th grade students on Wednesday, October 13 during the school day. Students can set up a College Board account at www.collegeboard.org and can link their account to Khan Academy where they have access to official SAT practice items. 12th grade students will take the SAT free of charge and there will not be any make-ups. Students do not need to register for this.

Students should bring pencils and a calculator. Calculators will not be provided. The SAT Calculator Policy is attached to this email.

SAT Student Guide <https://collegereadiness.collegeboard.org/pdf/sat-student-guide.pdf>

All students, including students taking any classes on SCVS, will automatically be signed up to take the above assessments. Any students who have been approved for accommodations through College Board (for SAT and PSAT) will be sent an email about a week before the testing date with this information.

Next week, students and parents will receive an email with the student testing room for October 13 testing. This information will also be emailed to all teachers and will be posted outside Media.

Testing Update Continued

FSA ELA Writing/Reading, Algebra EOC, and Geometry EOC Retake Results

The results from the Retake Administration that took place over the past few weeks will be as follows:

FSA/ELA Writing/Reading (meets reading graduation requirement) – Results available end of December.

Students may utilize any of the following options to meet the FSA ELA high school graduation requirement:

- Earn a level 3 (score of 350) on the 10th Grade FSA ELA (writing and reading combined)
- Earn/use a concordant score on one of the following assessments:
 1. SAT ERW Score of 480+
 2. ACT average score of 18 on English and Reading Subtests

Algebra and Geometry EOC (meets math graduation requirement) – Results available end of November/December.

Students may utilize any of the following options to meet the Math high school graduation requirement:

- Earn a level 3 (score of 497) on the Algebra 1 EOC or
- Earn a level 3 (score of 499) on the Geometry EOC score or
- Earn/use a concordant score on one of the following assessments:
 1. PSAT/NMSQT Math Score of 430+
 2. SAT Math Score of 420+
 3. ACT Math Score of 16+

If any students who are new to Lake Mary High School have concordant SAT (SAT ERW score of 480+) or ACT (average of 18 on English and Reading Subtests) scores, please email kathleen_aslin@scps.us with the score report.

National SAT/ACT Testing Dates

Students can register through College Board (www.collegeboard.com) and ACT (www.act.org) to take these tests on a Saturday National Testing Date.

SAT – November 6, December 4, March 12, May 7, and June 4

ACT – October 23, December 11, February 12, April 2, June 11, July 16

If you have any questions about testing, please contact kathleen_aslin@muscps.us