



Puritans

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Who were the Puritans?

- ▶ The puritans were a group of people who grew discontent in the church of England and worked towards religious, moral and reforms.

What distinguished their faith from others of their time period?

- ▶ They believed the Bible was God's true law.
- ▶ The Bible provided a plan for living.
- ▶ They stripped away the traditional trappings and formalities of Christianity which had been slowly building throughout the previous 1500 years.
- ▶ There was an attempt to “purify” the church and their own lives.

Why did they cross the Atlantic Ocean?

- ▶ They were persecuted in England for their beliefs.
- ▶ They came across the Atlantic Ocean in order to practice their religion without any interference.



What were their goals?

- ▶ Their goal was to “purify” the English church by removing all traces of roman Catholicism in doctrine and ceremony. One of the early goals was utopian- the idea was to build a more perfect society that could be a model that inspired the reformation of European societies.

Give several examples of typical puritan beliefs.

- ▶ English reformation has not gone far enough.
- ▶ The church of England was still tolerating too many practices that were dissociated with the church of the Rome.

How did the Puritans feel about the Sabbath day?

- ▶ They believed that the Sabbath day was a Lord's day where you dedicated that day to God



What were the focal points of Puritan Life?

- ▶ Religion. They didn't practice nothing but Christian religion.



What sort of activities were and were not acceptable to the puritans as recreations?

- ▶ Hard work and being faithful
- ▶ Not allowed to celebrate
- ▶ Required to read the Bible which showed their religious discipline

How tolerant were the puritans of those who differed from their norms?

- ▶ They were not very tolerant and would meet difference with strict disapproval and discipline.