

Here is the **VPK** plan through May 18th to help navigate through this distance learning experience.

### **Suggested Daily Schedule**

- Structured Learning – Complete 1 math lesson sheet and 1 ELA per day
- Letter and Letter Sound Recognition – Choose 1 activity below per day
- Numbers/Colors/Shapes – Choose 1 activity below per day
- Oral Language and Vocabulary – Choose 1 activity below per day
- Social/Emotional Learning – Choose 1 activity below per day
- Digital Learning – (15 minutes)
  - [www.ABCmouse.com/redeem](http://www.ABCmouse.com/redeem) (Create an account and use school code is SCHOOL1686)
  - [www.Istation.com](http://www.Istation.com) to download Istation. You have access to both Reading with ISP & Math with ISP once you log in.

### **Work Packets**

- The packets can be printed from our school webpage
- Paper copies of packets distributed May 4th 7:30am - 12:30pm or 3:00pm-5:00pm
- \* Indicate new activities added for these two weeks



### **Letter and Letter Sound Recognition**

- Buy some inexpensive ping pong balls or find something that floats around the house. Use permanent marker to write a letter on each item. Fill a bucket with water and put the balls in. Ask your child to “fish” for each letter with a small net or their hands, identify the letter and think of a word that begins with that letter sound. Keep fishing!
- On the Go BINGO – Make a simple alphabet chart with all the letters. Give your child a marker or stamp. As you drive around town ask your child to look for the letters. Once they find it they can cross it off or stamp it.
- Place a letter inside an Easter egg and when your child opens the egg, have them name the letter and make the letter sound.
- Write the alphabet on paper and hide magnetic letters in easter grass. Then have your child find the letters and match them to the alphabet letters.
- Use pipe cleaners to form letters by bending them.
- Write your child’s name on a piece of construction paper in large letters. Glue on yarn, beans or glitter. Be sure to start with and uppercase letter and write the rest in lower case letters.

### **Numbers/Colors/Shapes**

- Use a deck of playing cards and encourage your child to find matching numbers with a simple game of Go Fish or Memory.
- Place a number 1-20 on 20 Easter eggs, give your child dried beans, jelly beans or pennies. Let them match the amount with the number on the eggs.
- Separate Easter eggs and place in a large bin and have your child match them.

- Use a ruler and have your child measure their stuffed bunnies and chickens to determine how long/tall they are.
- Snack Patterns – Make shish kabob snacks with different finds of fruit. Have your child make a pattern with cut up melon, slice bananas, strawberries and grapes. Or make a pattern around the plate. Encourage you child to explain the pattern as they eat it.
- Have your child find and draw items in the yard that are shaped like triangle.

### **Oral language and Vocabulary**

- Explain that you will say a word and your child must act out a rhyme for the word. For example, if you say “sun”, your child can “run” in place. Use words that rhyme with jog, hop, dance, skip, slide, sit, clap, tap, spin or lay.
- Let each member of your family create a page (Author and Illustrator) then combine to make a family story book.
- Play 20 questions. One person chooses an item and the remaining people take turns asking questions to determine the identity of the item.
- Blow up a balloon and play a game where the balloon must not touch and ground. You or your child must say a word with the -ing suffix (like clapping, kissing, running) before hitting the balloon. How many words can you say?
- Use a teddy bear to have your child position it around the room making sure to use words like “in, out, under, on, beside, in front of” etc.

### **Social/Emotional Learning**

- Explore patterns with actions and music. The Hokey Pokey and the Chicken dance are fun patterned songs. Or make up your own patterned step routine. Try hop, twist, shake, hop, twist, shake.
- Outside In – Find a comfortable position. Close your eyes and open your listening ears. Practice your balloon breath. As you breath bring attention to the sounds outside this room, then bring your awareness into the room, what sounds do you hear? Finally bring your awareness to your own body. What sis you notice outside, inside and of yourself?
- Make a paper bag puppet and play through different scenarios that your child may face.
- Do a puzzle together with your child to model teamwork.
- Find or make your own Gratitude Rock.

### **Art/Fine Motor**

- See how high your child can stack Easter egg halves
- Place Easter eggs halves in an egg carton, give your child tweezers and have them pick up the jelly beans and place them in the eggs.
- Place outside in the sun sheet of construction paper, then put a toy figure on the paper. Over the day, the sun will fade the paper leaving the shadow of the item.

- Place shaving cream in a foil pan, place drops of food coloring onto it, use a toothpick to swirl the colors. Cut out flower shapes and place them on top of the shaving cream, Scrap off the excess and let them air dry.

**Note: The Value of Play:**

- Children learn through play.
  - Cognitive skills – like math and problem solving in a pretend grocery store
  - Physical abilities – like balancing blocks and running and jumping outside
  - New vocabulary – like the words they need to play with toy dinosaurs
  - Social skills – like playing together in a pretend car wash
  - Literacy skills – like creating a menu for a pretend restaurant
  - Creative Art skills – like creating art for local nursing home residents
- Play is healthy and reduces stress.
- Play is a child's context for learning.

