

POINTE SOUTH MIDDLE SCHOOL CHEERLEADING TRYOUT PACKET

2017-2018 CHEER SQUADS

Thank you for your interest in trying out for cheerleading at Pointe South Middle. In this packet, you will find the following tryout information, an information sheet, the Constitution Statement of Permission and Agreement, the 2017 Rules for Cheerleading, and the Demerit System Sheet. You will also need to complete and turn in **All Forms** - including the Physical Form completed by a doctor, Parent Permission and Consent Form, Cheerleading Constitution Agreement, Demerit System, and Teacher Recommendation Request.

All participates <u>MUST</u> live in the Pointe South Middle School District or have a parent that is currently employed by the Clayton County Board of Education.

Please read and understand all the enclosed information before tryouts.

Cheerleading Tryout Dates:

- •Try-outs will be held on Monday, May 8 through Wednesday, May 10th promptly from 3:30 pm to 5:00 pm, in the Gym at Pointe South Middle School. Each cheerleader will be given a number that they will be identified by throughout tryouts.
 - •ALL paperwork must be completed and turned in before your child can enter/participate in the clinic.
 - •Try-Outs are closed to parents.

All paperwork (pages 5-10 including physical form) is due by noon, May 8th, 2017

** Physicals need to be current and filled out by a doctor's office.

Eligibility:

To be eligible for the 2017-2018 cheer season, a student must:

- •Currently passing 5 of 6 classes for rising 7th and 8th graders.
- •Rising 6th graders will need to have all passing grades and be promoted to 6th grade

Attached is a list with all the needed information to insure your tryout packet is 100% complete.

Selection of the cheerleaders will be based on the following:

- •Execution of a cheer and dance, which will be taught during the tryout clinic.
- •Jumps (including a single toe touch as well as an optional jump selected by participant)
- •Athleticism and physical fitness.
- •Scholastic achievement and eligibility, which will be determined, based on Teacher Recommendations.
- •Conduct, Attitude, initiative, teamwork, leadership, work ethic, enthusiasm, and coach ability.

What do you wear to tryouts?

- •During clinic days and on official try-out days, you will need to wear black cheer shorts and a solid white t- shirt. Dress as you would dress for cheerleading practice including athletic shoes and sports bras and bows are suggested. No basketball shorts or pajamas. No **denim shorts**, jewelry, or artificial or painted nails. Your hair should also be pulled back.
- •Please do not wear any previous cheerleading or dance attire during tryout week, including previous all-star teams.

Additional Information Regarding Tryouts:

- •Coaches will observe skills at the tryout clinics as well as the official try out day.
 - 2 cheers
 - Jumps
 - Dance
- •Results will be posted on Pointe South Middle School's cheer website Thursday morning following tryouts.

Financial Responsibility:

- •Understand that Cheerleading can be an expensive sport. Payments must be made on time.
- •It is our goal to be transparent as well as responsible when it comes to the finances of the cheer organization. Please understand that neither the Cheer Club nor other parents will be funding your fee commitment. Monthly Financial Reports are disbursed and discussed at each parent meeting.

Other Responsibilities:

•There will be multiple practices as well as camp/choreography dates throughout the summer which are required. It is extremely important that ALL members of the teams be present at practices to have a place in the routine. If one girl isn't there, this lets the whole team down and forms obstacles in completing the routines.

2017 Rules for Cheerleading

Purpose

The purpose of the Pointe South Cheerleading organization is to provide leadership for the student body, promote and assert spirit, support athletic teams, promote community service, develop a respectable character and foster personal growth by teaching responsibility,

dependability, cooperation, discipline and maintaining high standards and excellence in both academics and physical fitness.

Practices and Games

- •Squad will have practices each week. A tentative schedule will be given out at the beginning of each month.
- •All practices are **mandatory**, and other schedules should revolve around cheerleading practices. Additional practices may be added when needed.
- •During football season, games are usually held on Tuesday. You will be given a schedule at the beginning of the season, and cheerleaders will be expected to be present at all games, including playoff games.
- •A Coach must be notified prior to practice or games if an emergency or illness prevents a cheerleader from attending a practice or game.
 - •Only a Coach can excuse a girl from practice or game in cases of an emergency or illness.
- •Cheerleaders must arrive on time to all events and may not leave early for any reason other than illness or family emergencies. Missing any part of an event without prior approval will result in demerits.
 - •No outside spectators will be allowed at cheer practices.

Appearance

- •NO jewelry will be worn when performing. This includes all games and practices.
- •Hair must be pulled back into the designated hairstyle when performing.
- •No bright colored nails or fake nails. Keep nails trimmed.
- •Uniforms should be cared for properly and clean at all times.
- •Failure to be in complete and proper uniform will result in disciplinary action to be determined by individual coach.

Expected Behavior

- •Use your **Best Judgment** at all times.
- •Consequences will be issued for misbehavior or poor conduct
- •Promote a positive image for the school community your peers, parents, teachers, and community members
- •While representing PSMS, cheerleaders must not:
 - Show unsportsmanlike conduct
 - Use profanity
 - Show displays of affection
 - o Be academically dishonest
- •Attend all practices and games.
- •Your attitude and ability to work with other different personalities must be exceptional.
- •Lying or fabricating the truth will not be tolerated and can result in immediate termination from the squad.
- •Part of a coach's job is to know where you are at all times during practices, games, and special events. Consequences will be issued for failure to follow the coach's direction or to stay in assigned areas during events.
- •While safety is our number one goal, please understand that you should expect bumps, bruises, and other occasional minor injuries. This is all part of cheerleading.
 - •Cheerleaders cannot loan SPJS cheerleading uniforms/outfits to non-cheerleaders.

•All official cheerleading decisions and activities will be made by the coaching staff. All coaches and captains are to be given respect and cooperation by cheerleaders and parents at all times. Lack of respect will not be tolerated and can be grounds for dismissal.

*Being in correct uniform means wearing the appropriate uniform—sports bra, bloomers, hair bow, socks, shoes, having hair pulled up in approved style. Complete uniform also means wearing no jewelry, glitter, or bright fingernail polish. Your nails must be trimmed short, and no acrylic nails or tips will be worn. *Coaches reserve the right to make changes/additions to the rules as needed.

Information Sheet

Please complete the following information. Please write LEGIBLY.

Student Name:		
Grade Level for 17-18 School year:		
Home Address:		
Home Phone:	Cell Phone:	
Parent/Guardian Name:		
Mother's Work Phone:	Mother's Cell Phone:	
Father's Work Phone:	Father's Cell Phone:	
Emergency Contact Name:	Relationship to You:	
Emergency Phone:	Emergency Cell Phone:	
Allergies/Health Problems/ Medications ((Please describe in detail):	
***	winfractions (ISS on OSS) during the 2015	2016

Were you involved in any behavior infractions (ISS or OSS) during the 2015-2016 school year? If yes, please explain on a separate sheet of paper. Circle one: Yes or No

PSMS PARENT PERMISSION AND CONSENT FORM PLEASE PRINT

Name:				Male:	Female:
(Last)	(First)	(Middle)			
(Printed Name of Parent/Parents/Guar	dian):				
Date of Birth:	Gra	nde level:	or upc	oming school year:	
Telephone (home):			(Cell):		
one of the least haza interscholastic athle including permanent athletic programs or the responsibility to problems to their co I, as parent/guardian regulations, which was a cheerleader, durand that attendance requirements of the cheerleading squad give permission to dother display of whi in cheerleading tryo cheerleading season By signing this perm	tics includes a risk t paralysis from the athletic clubs, it is help reduce the charaches, follow a property of the above ment will govern my childring the upcoming stat ALL PRACTICE elected cheerleader and is later dismissibility photos/videoch the coaches approuts, and if chosen, to mission form, you accommodified the property of the coaches approuts and if chosen, to mission form, you accommodified the parallel to the coaches approuts, and if chosen, to mission form, you accommodified the parallel to the coaches approuts, and if chosen, to mission form, you accommodified the parallel to the paral	or injury which may neck down or death possible only to mi ance of injury. Partiper conditioning project ioned cheerleading diduring participation seasons/school years. S. I also understanded from the squad for taken throughout rove. I hereby give to participate as a micknowledge that you	y range in severity finds. Although serious nimize, not eliminate icipants must obey a cogram, and inspect to candidate, have react on in tryouts, and if of a life of the coronal serious in the season on the Slowy consent to the above must be also understand the season on the Slowy consent to the above of a PSMS club whave read and understand understand the season of the slowy consent to the above of a PSMS club whave read and understand the season of a PSMS club whave read and understand the season of a PSMS club whave read and understand the season of the slowy consent to the above read and understand the season of a PSMS club whave read and understand the season of the season	rom minor to long te injuries are not come to this risk. Participa all safety rules, report heir equipment daily and fully understant this is an extraction as a part of a receive no financia PSCC, Inc., school wheerleading squad for erestand this warning	erm catastrophic, mon in supervised nts can and have at all physical y. In the rules and the Pointe South curricular activity (SERS are PSMS) and restitution. I website, and any tent to participate or the 2017-2018
PARENTS OR ST WARNING SHOU				ISKS DESCRIBED	IN THIS
I (We)	4(2) (2)		by give consent for		
(print paren (1)participate in Cl (2)and, I (We) her information may re	heerleading as par reby verify that t	t of the Pointe Sou he information on	n this form is corn	ading Program	nd that any false
This acknowledgen writing.	nent of risk and co	onsent to allow par	ticipation shall ren	nain in effect until 1	revoked in
SIGNATURE OF PAR	ENT OR GUARDIAN	í:		DATE:	
SIGNATURE OF STU	DENT-ATHLETE:			DATE:	

Constitution Statement of Permission and Agreement

If you make the cheerleading squad, realize that you are making a commitment to Pointe South, your coaches, your teammates, and yourself for the **complete season (full year).** The decision to tryout should not be taken lightly. You will be expected to put cheerleading as one of your top priorities. Furthermore, as a representative of PSMS, you must **maintain proper behavior** at *all times*. You must follow the cheerleading guidelines set forth in the Cheerleading Constitution. Students who break the rules will be disciplined as outlined by the Demerit System. These activities will not only channel your enthusiasm and spirit in a constructive and beneficial manner, but will give you a sense of pride and accomplishment in being a part of a group that has earned respect and maintains a winning reputation.

member of the squad. I am agreeing to adhere to these rules policies could resu	, have read and understand the Cheerleading ree to abide by the policies described if I am chosen as a the information in the packet and understand that failure to alt in dismissal from the squad.
Student Signature:	Date:
Parent/Guardian Agreement I (We),	, the parent or legal guardian of,
(print name)	(print student-athlete name)
policies described if my child is chosen	ding Constitution and Demerit System. I agree to abide by the as a member of the squad. I also agree to the financial information provided. I understand that failure by me or my result in dismissal from the squad.
Parent Signature:	Date:

2017-2018 PSMS Cheerleading Demerit System

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I understand the Demerit System and demerits that could be assigned below and their consequences.

Student Signature:		Date:
Parent Signature:		Date:
	NAILS TOO LONG/ACRYLIC NAILS/ BRIGHT POLISH	1 Demerit
	JEWELRY	1 Demerit
	CHEWING GUM DURING PRACTICE/GAMES	1 Demerit
	MISSING HAIR BOW OR MINOR UNIFORM PIECE	2 Demerits
	WRONG PRACTICE OUTFIT	2 Demerits
	WEARING THE WRONG OUTFIT TO AN EVENT	4 Demerits
	LATE TO PRACTICE (OR LEAVING EARLY)	2 Demerits
	LATE TO GAMES (OR LEAVING EARLY)	4 Demerits
	MISSING PRACTICE (UNLESS EXCUSED OR PREAPPROVED)	5 Demerits
	MISSING GAME (UNLESS EXCUSED OR PREAPPROVED)	5 Demerits
	SCHOOL DISCIPLINE AND/OR TEACHER COMPLAINT	4 Demerits
	DISRESPECT TO COACH OR SQUAD MEMBER	5 Demerits
	BAD SPORTSMANSHIP	5 Demerits
	INAPPROPRIATE BEHAVIOR ON SOCIAL MEDIA	5 Demerits
	INAPPROPRIATE BEHAVIOR AT SP FUNCTIONS	5 Demerits
	1 FAILING GRADE ON REPORT CARD *(Cheerleader will be placed on probation until grade is brought up.)	5 Demerits
/***C1 1	2 FAILING GRADES ON REPORT CARD	***

^{(***}Cheerleader will be benched until grade is brought up. Must show proof, ex. Parent portal, class grade, etc.)

^{**}A TOTAL OF 15 DEMERITS RESULTS IN SUSPENSION FROM THE NEXT GAME. **A TOTAL OF 30 DEMERITS RESULTS IN DISMISSAL FROM THE SQUAD.

Teacher Evaluation for PSMS Cheer Squad 2017-2018

Cheerleading Tryouts

(2 recommendations are required from academic (Math, Science, Social Studies, and ELA) teachers ONLY)

Please complete the following form as soon as possible, so that we will have time to tally prior to the tryout date. Teacher evaluations will be averaged together to count for a portion of each candidate's score. Only those teachers who taught the candidate will participate in the evaluation process. Therefore, it is very important to give the student an honest rating based on your knowledge of that individual student.

Please complete this form and place it in my box as soon as possible, but no later than May 8, 2017 at noon. It is very important that you rate this student according to how YOU feel the student does in YOUR class or classes. Please be realistic as well as fair. These evaluations will not be shared with the student. They will be confidential and tallied by the coaches.

Thank you for your cooperation. If you have any questions, please feel free to contact me at erica.crawford@clayton.k12.ga.us

Sincerely,
Ms. Crawford, Head cheerleading coach
Name of Applicant
Did this student ever need to be disciplined by you, and if so, what was the offense?

On a scale of 1 to 5, please rate the applicant in each of these areas listed below: (Highlight or circle for each)

Not so great				Aw	esome		
1	2	. :	3 4	4	5	Ability to get along with others	
1	2		3 4	4	5	Attitude	
1	2	. :	3 4	4	5	Cooperation Attendance and	
1	2		3 4	4	5	punctuality	
1	2		3 4	4	5	Dependability	
Signature of te	achei					Date	

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