

Fruit Cove Physical Education



Dear Students and Parents,

You will not need to bring anything the first few days of PE for class. This year's students will be required to have a notebook and pencil (no pen or markers) for Wednesdays.

The Physical Education Department has put together some rules to help keep our facilities clean and safe. Please review these rules and regulations.

1. All students are required to dress out for PE. Any color blue shorts of proper length and a gray t-shirt are required. Sweat pants and sweat shirts will be worn over their PE uniforms. The sweatshirt or sweatpants may be of any color. You may purchase gym clothes from the PE department at any time or on SchoolPay by Wednesday, August 14th. If you choose to provide your own shorts and shirt, they must adhere to the established dress code (i.e. no bare midriffs, shorts must be appropriate length, etc.) Please refer to the dress code printed in your child's student planner.
2. All personal items (shirts/shorts) must have students name in permanent marker.
3. A portion of the students' grade is based on dressing out and participating in class. If a student is unable to participate, their parent/guardian must send an excuse note to their PE teacher. If a student is unable to participate for more than a week, a student must bring in an excuse note from their physician.
4. All students must have a combination lock to receive a locker. For safety reasons, no key type locks are allowed. **WE ARE NOT RESPONSIBLE FOR ITEMS LEFT IN THE LOCKER ROOMS.**
5. Athletic style shoes can be worn. No boots, dress shoes, sandals, Sperry's, crocs or cleats are permitted for PE.
6. No food, drinks (other than water), glass containers, spraying item, or gum are allowed in the gym or locker rooms.
7. Jewelry should not be worn during PE. This includes earrings, watches, anklets, rings and necklaces.
8. Students are encouraged to bring water bottles, deodorant, extra socks, hats, sunscreen and sunglasses to PE.
9. This year students will be required

We are excited about our program and with your support, we can make this school year successful!

The P.E. Department