

Eagle's Landing Middle School

Physical Education Syllabus

Instructor(s): Dr. Nicks and Coach Meredith

Vision/Mission Statement of Physical Education: Physical activity is critical to the development and maintenance of good health. It is our mission as the Eagle's Landing Physical Education department to provide a comprehensive planned program that enhances each student's total wellness through physical, emotional and social development.

Description: The Physical Education Program in grades 6-8 provides for skill development in a sequential order, which will be carried over into the high school program. The emphasis in the 6-8 program is to develop understanding and skills to be used through participation in all physical activities and also to focus on communication, teamwork, and good sportsmanship.

Goals: The goal of physical education is to develop physically literate individuals who have the knowledge, skills, and confidence to enjoy a lifetime of being physically active.

Requirements: Students are expected to dress out for P.E. daily in their approved colored (black, blue, and grey t-shirt, shorts / sweatpants (**no cheerleading shorts, leggings, jeans shorts, tank tops, or pajama pants please adhere to the student handbook**) and appropriate athletic shoes. Students are required to come to class prepared and on time every day. Students that misbehave during instructional time will receive the following:

- Verbal warning
- Phone call /email to parent
- Serious violations will result in a student being written up and sent to the Assistant Principal, these violations could result in parental conferences or even suspension.

Classwork/Homework: Classwork- Students will engage in a warm-up/exercise before starting their daily activity. (Activities can be individual, group, or based on team sports.) After the activity students will be given a cool down period and engaged in a Q/A session before leaving.

Homework- Students will be expected to complete Google Docs and some other assignments at home. Late assignments may not be accepted for full or partial credit (teacher discretion).

Make-Up Work: Students who have an excused absence need to complete an at home make up assignment to earn back their daily points (warm up, personal responsibility, activity, cardio/fitness). Students are allotted the same number of days to complete the make-up assignment that they were absent from school. The student is also responsible for inquiring about any in class assignments that they missed (runs, fitness tests, skills tests, etc.).

Extra Support: If your child is struggling in physical education, please contact us via email and we can arrange some allotted times after school where we can tutor and help your student with their deficiencies.

Grading Scale:

TEAM GRADING SCALE	
A	100 - 90
B	89-80
C	79-74
D	73-70
F	Below 70

Grading Categories

CATEGORY	PERCENTAGE	SUGGESTED FREQUENCY
<u>Practice Work</u> Skills and Fitness Note: All items may be graded for accuracy or completion	40% of the grade	
<u>Assessment Task</u> Daily dress out & participation	40% of the grade	
<u>Semester Summative Assessment Task</u> Semester Final Note: Assess the totality of standards for the course and will be administered at the completion of the full course.	20% of the grade	

Note: Any assignment that is not completed by the established time or turned in for a grade, will result in the grade being entered as a zero (0).

Remember we are here to make sure that your child has a successful year. If you have any questions or concerns about the requirements, policies, or how your student is doing in class please contact me at any time. This page is proof that you have read and understand the goals and procedures of the physical education class. Please sign below and return this portion only.

Student Name

Parent/Guardian Name

Student Signature

Parent/Guardian Signature

Date

Parent/Guardian Daytime Phone #

Parent/Guardian e- mail address

