



Locust Grove Middle Physical Education

Coach Hiett – brandy.hiett@henry.k12.ga.us
Coach Hinz – cameron.hinz@henry.k12.ga.us
Coach Lambert – rlambert@henry.k12.ga.us
Coach Malcom – katherine.malcom@henry.k12.ga.us

Grading

- Students will be graded on their participation during PE class. Students must be wearing appropriate clothes and shoes to participate in class, and will lose their participation points on days in which they are not.
- Students will also be graded according to the Henry County Physical Education Competencies.

Dressing Out

Tennis/running shoes, tee shirt, and athletic pants/shorts are required every day.

**Inappropriate dress out items are:

Jeans, khakis, shorts that are shorter than fingertip, sleeveless shirts and shirts that have a drooping neckline.

** School dress code will be enforced at all times.

Rules

1. Be in the appropriate place at the appropriate time.
2. Be respectful in what you say and do.
3. Use equipment properly.
4. Water is the only food or drink allowed in the gym (No candy or gum).
5. No electronics during activity time

Medical Excuses & Injuries

- If a student has an excuse note from a parent or a doctor, the student will be required to complete an alternative assignment in order to receive class credit.
- A parent note will excuse a student only for the day the note is brought in.
- Doctor's notes need to indicate what the student cannot participate in during the indicated time of the note.

Locker Rooms/Restroom

- Lockers may be rented for the 18 weeks you are in PE. The price is \$3.00.
- Sprays of any kind will not be allowed in the locker room/restroom area. They will be taken – these sprays cause problems for the asthmatic students.
- Students are not allowed to use electronics while in the locker room/restroom, they will be taken up and a parent will have to come to the office in order to pick it up.