

Strategies and Tips for PBIS Teams to Support PBIS at Home



Richard Woods, Georgia's School Superintendent
"Educating Georgia's Future"

What is PBIS?

“Decision making **framework** that guides selection, integration & implementation of the best **scientifically-based** academic and behavioral practices & interventions for improving outcomes for **all students.**”

It is...

- Not a curriculum
- Not an intervention
- Not a practice

How Can We Adapt PBIS At Home ?

Four Cornerstones Home

Organization, Rules, And Procedures How do you organize your home to enhance learning and establish rules and procedures that clarify expectations?	Positive Relationships How do you build meaningful relationships with your children to promote learning?
A Culture of Thinking & Learning How do you develop a culture at home that promotes learning and thinking?	Engagement and Enjoyment How do you motivate your children to do their best?

Four Cornerstones School

ORGANIZATION, RULES, AND PROCEDURES <i>How do you organize your classroom to enhance learning and establish rules and procedures that clarify expectations?</i>	POSITIVE RELATIONSHIPS <i>How do you build meaningful relationships with your students and among students to promote learning?</i>
A CULTURE OF THINKING & LEARNING <i>How do you develop a classroom culture that promotes serious learning and sophisticated forms of thinking?</i>	ENGAGEMENT AND ENJOYMENT <i>How do you motivate students to do their best work and inspire the love of learning?</i>

Positive Behavioral Interventions & Support

PBIS at HOME

The steps for establishing a positive, consistent home environment include:

- Defining behavior routines
- Teaching the behavior
- Practicing the behavior
- Reinforcing success
- Interrupting/redirecting unwanted behavior
- Responding to behavior





Consistency with PBIS at Home

Expectations	3-5 overarching home expectations
Behaviors/ Rules	specific tasks children are to do to achieve home expectations
Routines/ Procedures	procedures are methods for accomplishing tasks procedures and routines help your child meet home expectations and rules/behaviors

5 Guidelines for Developing Rules

Guidelines	This Means	Example	Non-Example
Observable	I can see it.	Raise hand and wait to be called on.	Be your best.
Measurable	I can count it.	Bring materials.	Be ready to learn.
Positively Stated	I tell students what TO do.	Hands and feet to self.	No fighting.
Understandable	The vocabulary is age and grade appropriate.	Hands and feet to self.	Maintain personal space (K-1 rule)
Always Applicable	I am to consistently enforce.	Stay in assigned area.	Remain seated until given permission to leave.

How Can We Help Our Parents/Families



Create a sample matrix linked to your school-wide expectations that parents can use or adapt for their home.



Adapt your PBIS expectations lesson plans to home environments and provide links to these teaching resources that parents can access.



Communicate with your parents and encourage them as they adapt to supporting and facilitating online instruction for their children



Ask parents to share photos (if they choose to) of their children meeting expectations and include these in weekly communications.

TEACH	Getting up in the morning	Getting to school	Home-Work Time	Mealtime	Getting Ready for Bed
H Help Out	Make your Bed	Back Pack Ready, Lunch	Put things in folder when finished	Set Table Clean up	Brush Teeth Dirty clothes away
O Own Your Behavior	Get up on time Get dressed	Be ready to leave on time	Do your Best work Start on Time	Use kind words	Get to Bed on Time
M Manners Count	Try a morning Smile Be Pleasant	"Thanks for the Ride" "Have a Nice Day"	Kindly ask for help "Thanks for the help"	Please and Thank you go a long way	End the day with nice words and thoughts

EVERYDAY

Expectations in our Home

Rules				
Be Responsible				
Be Respectful				
Be Safe				



Keys to Success



DAILY
ROUTINES



Establish Routines

- Wake up at the regular time
- Get dressed
- Eat breakfast
- Morning chores

Teach Expectations



- Model (show) the behavior in the location where you want to see it
- Give clear, specific directions
- Teach the wanted behavior one step at a time
- Show examples and non-examples of the behavior
- Give positive feedback



Keys to Success

If you want a behavior teach it.

If you like the behavior recognize it.

Teach the new behavior rather than reacting to the unwanted behavior.

Patience is important when teaching a new behavior .



Reinforce the Wanted Behavior



- Acknowledge the wanted behavior *immediately and often*
 - At first recognize effort and progress, next focus on accuracy
 - Effort/progress: You worked hard buttoning your shirt today.
 - Accuracy: You got every button in the right buttonhole.
 - Give praise that is specific to the behavior
Non-example: Good Boy!
 - Example: You buttoned all the buttons on your shirt!

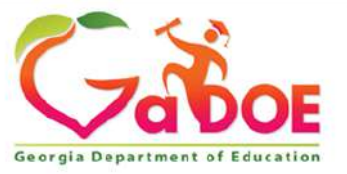
Responding to Undesired Behavior

- Respond to the behavior by re-teaching what you want your child to do
- Develop age appropriate responses
- Deal with behavior errors promptly, respectfully and consistently
- Relate responses to the behavior errors





THANK YOU



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