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Leilehua High School

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# November Newsletter

1515 California Ave  
Wahiawa, HI 96786  
(808) 305-3000



# Mule Tracks

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## Vision

Students will lead fulfilling lives and contribute positively to society.

## Mission

Students and staff promise to exemplify the Leilehua Way of Leadership, Humility and Service.

We promise to provide rigorous curriculum and life experiences to develop the whole child.

We promise to go above and beyond daily routines to nurture student success

## Administrative Team

Principal: Jason Nakamoto  
C/O 2024 VP: Shawn Nakata  
C/O 2025 VP: Akenese Atonio-Figueroa  
C/O 2026 VP: Shelley Ferrara  
C/O 2027 VP: Tamra Nakai  
Athletic Director: Nolan Tokuda

# Principal's Message



***"The Leilehua Way"***  
*Leadership*  
*Humility*  
*Service*

**Dear Leilehua Families,**

This quarter is relatively short due to the many holidays, so students must remain focused and keep up with their work. Students that attend all classes consistently, generally receive higher grades. Please remind your child(ren) to attend school daily and be on time for class so they don't miss out on learning opportunities.

Later this month, we will have our iNight event. iNight is our registration event where underclassmen will select their classes for the following year. It is scheduled for November 15, 2023, in our gym. This is an excellent opportunity to have discussions with your child(ren) about their future classes. Please stress to your child(ren) the importance of choosing their elective courses wisely. We firmly believe in creating a school schedule based on student needs and requests. Our staffing is based on students' course requests so it is important to select classes carefully. Students will be held accountable for their course selections; therefore, preference changes **WILL NOT** be made.

If you have any questions about courses or graduation requirements, please contact your child's Counselor or Vice Principal. We are here to support you and your child and to provide the best high school experience possible. Stay current with our social media feeds and school website. Also, if you haven't already done so, please download our Leilehua High School app to receive push notifications of information, events, acknowledgments, and more.

GO MULES!

**Sincerely,**  
*Jason Nakamoto*

## **Class of 2024 (Grade 12)**

Vice Principal - Shawn Nakata  
Counselor (A-K) - Ms. Chow  
Counselor (L-Z) - Ms. Sales

## **Class of 2025 (Grade 11)**

Vice Principal - Akenese Atonio-Figueroa  
Counselor (A-K) - Mr. Jicha  
Counselor (L-Z) - Mrs. Townsend

## **Class of 2026 (Grade 10)**

Vice Principal - Shelly Ferrara  
Counselor (A-K) - Ms. Decierdo  
Counselor (L-Z) - Mrs. Stalcup

## **Class of 2027 (Grade 9)**

Vice Principal - Tamra Nakai  
Counselor (A-K) - Ms. York  
Counselor (L-Z) - Mr. Kawaguchi

## **College & Career Facilitator**

Mrs. Alano  
Ms. Castillo

## **Behavioral Health**

Sasha Keawe  
Rebecca Miyahira

# SAVE THE DATE

## UPCOMING EVENTS

11/1 - Senior Contract Night, Last name (A-K)

11/2 - Senior Contract Night, Last name (L-Z)

11/4 - SAT

11/6-11/9 - Parent Teacher Conferences

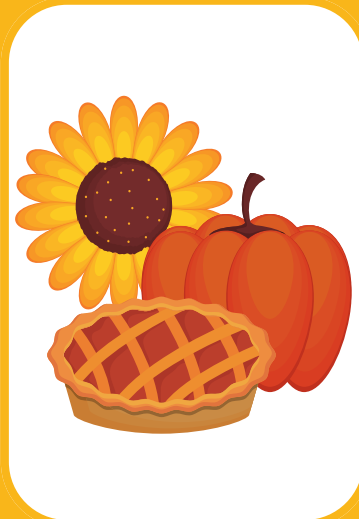
11/10 - Veterans Day (NO SCHOOL)



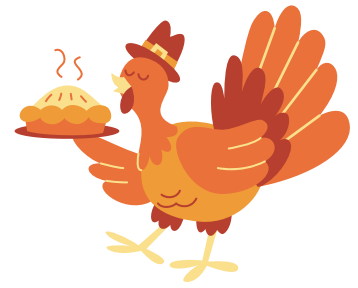
11/13 & 11/14 - 8th Grade visitation

11/15 - iNight

11/23 & 11/24 - Thanksgiving Holiday (NO SCHOOL)



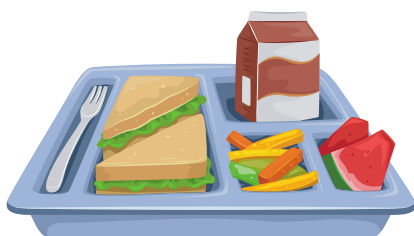
# MENU



## November *menu* 2023

\*Water and milk, available

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	xx	xx	Belgian waffle Mix Fruit 1	Bananna Bread Fresh Fruit 2	Cheese stuffed Breadstick Fresh Fruit 3
Lunch			Mac & Cheese Pinneapple chunks	Hot dog Fresh Fruit	Kaula Pork & cabbage Pinneapple Chunks
Breakfast	Plain Bagel Sliced Peaches 6	Breakfast Chicken Patty Pears 7	Breakfast Pizza bagel Pinneapple chunks 8	Country Breakfast Scrabble Fresh Fruit 9	10
Lunch	Cheese bites Fresh Fruits	Chicken tender strawberries	BBQ sandwich fresh fruit	Mini corn dogs Sliced peaches	NO SCHOOL
Breakfast	French Toast sticks Apple Crisp 13	Breakfast Pizza bagel Pinneapple chunks 14	Portuguese sausage Fresh Fruit 15	Coffe cake muffin Unsweetened Applesauce 16	Pork sausage patty Fresh fruit 17
Lunch	Cheese Pizza Fresh fruit	Chicken patty sandwich Fresh fruit	Roast turkey Mixed fruit	Beef patty & gravy Sliced Peaches	Chili & cheese nachos Strawberries
Breakfast	Portuguese sausage Fresh Fruit 20	Country gravy pizza Fresh fruit 21	Cheese stuffed Breadstick Fresh Fruit 22	23	24
Lunch	Hamburger Fresh Fruit	Chicken potstickers Baby carrots	Chicken tenders Oranges	NO SCHOOL	NO SCHOOL
Breakfast	Cheese stuffed Breadstick Fresh Fruit 27	Belgian waffle & Mix Fruit 28	Cinnamon toast Unesweetened apple sauce 29	Bananna Bread & Fresh Fruit 30	Portuguese sausage Fresh Fruit 1
Lunch	Mac & Cheese Pinneapple chunks	Hotdog Fresh Fruit	Tuna salad sandwich Sliced Peaches	Pepperoni pizza Fresh fruits	Kaula Pork & cabbage Pinneapple Chunks



★★★★★  
**VETERANS DAY**  
HONORING ALL WHO SERVED



THE ALOHA TRANSITION CENTER AND THE ALOHA  
AMBASSADORS HAVE ONCE AGAIN BEEN HARD AT  
WORK THIS SCHOOL YEAR!  
WE WOULD LIKE TO WELCOME OUR 142 NEW  
STUDENTS SINCE THE BEGINNING OF THE SCHOOL  
YEAR!



# EARLY COLLEGE



## Open to students in grades 9-12!

Do you have at least a 2.5 GPA? • Are you already doing well in your other classes?  
Can you be successful in an online learning environment? \*\*  
Are you interested in finding out what an actual college course is like?

9th graders can earn up to 3 college credits (1 college course) in the SPRING semester\*

10th - 12th graders can earn 3-6+ college credits per year (1 or more college courses per semester)

Choice of courses for 10th-12th graders may include:  
Business, Digital Art, English, Speech, Geography, Psychology, Human Development, etc. (subject to change)

Start your college career and take an actual college course from Leeward Community College!



## ANY QUESTIONS?

Come to iNight on 11/15, Stop by N203, or Email Mrs. Cabralda at [deena.cabralda@k12.hi.us](mailto:deena.cabralda@k12.hi.us)

\*\*For 9th graders, the first semester will be working with a Leilehua teacher to learn about various topics, including financial literacy, college and career, early college applications, and placement exams. Ninth graders will enroll in a college course specified by the EC Coordinator (most likely course: Interdisciplinary Studies 103).  
\*Most courses are offered online/asynchronously. Courses and modalities are subject to change.

## CLASS OF 2024 MANDATORY SENIOR CONTRACT MEETING NIGHTS

WEDNESDAY, NOV 1 LAST NAME A - K  
THURSDAY, NOV 2 LAST NAME L - Z

**LEILEHUA CAFETERIA**  
**6:00PM - 7:00PM**  
CHECK IN BEGINS AT 5:30PM

INFORMATION ON GRADUATION  
REQUIREMENTS & EXPECTATIONS

IF YOU ARE NOT ABLE TO ATTEND,  
SEE MR. NAKATA (2024 VICE PRINCIPAL)

**PARENT/GUARDIAN REQUIRED**

LEILEHUA HIGH SCHOOL

## DONUT Worry, Be Happy!

SHOW YOUR SCHOOL SPIRIT & PRIDE THIS FRIDAY  
NOVEMBER 3, 2023 & SATISFY YOUR SWEET TOOTH  
WITH A FREE KRISPY KREME DONUT! DON'T MISS  
THIS DELICIOUS OPPORTUNITY TO CELEBRATE  
BEING A MULE! DRESS IN ANY GREEN OR GOLD  
APPAREL (SHIRT, SHORTS/PANTS, SKIRT OR DRESS)  
& CATCH LHSSA DURING LUNCH IN THE  
FRONT LAWN FOR A YUMMY TREAT!

FRIDAY  
NOV 3  
LUNCH



# Photos from College Career Night.



# Need Advice?

## We are here for you!



*c/o 2024*



*c/o 2025*



*c/o 2026*



*c/o 2027*



### Scan for your Conselor





**Dear Mules Family,**

**Our JV and Varsity Football Players and Coaches would like to thank you for joining us on our season-long journey and our post-season run to the Semi-Finals this year.**

**Because of you, our student-athletes were able to raise their team GPA average from 2.6 to 3.34. Many have grown and matured into responsible students. All have raised their self-confidence and each has selected and are working towards a plan or goal that is meaningful and significant.**

**All of this is possible because of your love, sacrifice, and honest conversations with them.**

**We are so humbled to be able to coach and play here and it's because of your passion and hearts that make our school, home.**

**Have a blessed 2nd quarter, A Happy Thanksgiving, and a Merry Christmas!**

**Please continue to reach out to me or Coach Mookie if we can help in any way.**

**We are, 86!**

**Love,  
Our Mules Football Varsity and JV Football Program**



# Angel Tree

**Happy Holidays!**



**It's that time of year for receiving gifts but also giving and helping people in need. Sponsor a Keiki or Kupuna this holiday season. Come to the front office to sign out an Angel Tree tag between November 17 to December 12. Return your Angel Tree tag and gift to Rm. 36 by December 13.**



**This is open to faculty, staff, students, clubs, sports teams, etc. Make a difference on someone's holiday season and thank you for your support and generosity!**



# LEILEHUA HIGH SCHOOL

**WEDNESDAY  
NOVEMBER 15, 2023**

## INIGHT

A curricular evening for  
SY 24-25



**iNFORMATION**  
on all courses!

**iNTERACTION**  
with teachers and staff!



**PRIORITY**  
registration!

**iNVOVEMENT**  
with sports and clubs!



## AGENDA

**5:00pm - 5:30pm**  
c/o 2028 Information Session - Library

**5:30pm - 6:00pm**  
c/o 2028 (Green) Course Selection - Gym

**6:00pm - 6:30pm**  
c/o 2027 (Blue) Course Selection - Gym

**6:30pm - 7:00pm**  
c/o 2026 (Yellow) Course Selection - Gym

**7:00pm - 7:30 pm**  
c/o 2025 (Pink) Course Selection - Gym

Contact your  
counselor for  
credit/course  
assistance

Only those with appropriate  
registration cards will be  
allowed in the gym during and  
after designated time



# STAY CONNECTED!



[www.leilehua.k12.hi.us](http://www.leilehua.k12.hi.us)



**KEEP UP-TO-DATE ON NEWS & ANNOUNCEMENTS**



**Download our FREE LHS App!**

Download on the App Store

GET IT ON Google Play

@ Leilehua High School

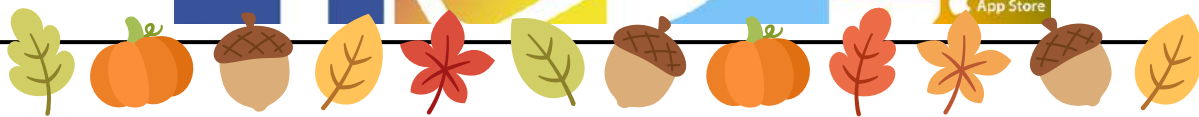
@ leilehuahighschool

@ leilehuahs

Download our FREE Mules App

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Download on the App Store

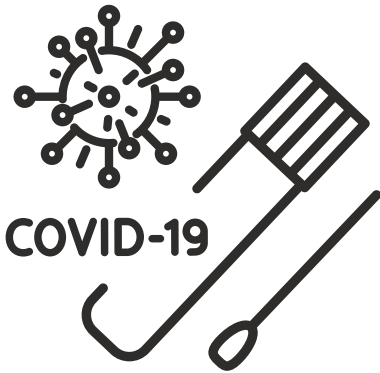





**HAWAI'I KEIKI**  
*Healthy and Ready to Learn*  
UH Mānoa Nursing with Hawai'i Department of Education



# ALLERGIES ACTING UP? HAVE A HEADACHE? NEED A COVID TEST?



COVID-19

**YOUR HAWAI'I KEIKI NURSE IS HERE  
TO HELP KEEP YOU IN SCHOOL**

Scan the QR code  
and get your consent  
form signed today!

*Hawai'i Keiki Nurse office is  
located right next to the  
Health Room.*

SCAN ME



happy  
**FALL**