

Nine Month Miracle Rubric

Requirements (Total: 100pts) _____

Nine Month Miracle Project

The development of your child should be documented in the following manner:

1. All documents shall be placed in a scrapbook/photo album (40pts) _____
2. Must be typed in 12 point font using bullet format---NO PARAGRAPHS!! (20pts) _____
3. Each page/section should clearly display the month of fetal development being documented (20pts) _____
4. References shall be documented in the text of the project and in a reference list provided on the last page of the scrapbook. (20pts) _____

Content (Total: 315pts) _____

Nine Month Miracle- August (35pts) _____

- Baby's Description-Must match the copy that your instructor has on file

Nine Month Miracle- September (35pts) _____

- Discuss 3 STD's (HIV/AIDS, Chlamydia & choose one of the following - Gonorrhea, --Syphilis, - HPV - Herpes)
 - Provide the following information on each STD
 - Bacterial/Viral cause
 - Frequency
 - Population affected
 - Treatments
 - Effects on child birth
- Birth Control
 - Provide the following information on birth control (condoms-male & female, oral contraceptives, IUD, sterilization)
 - History
 - "How it works"
 - Myths

Pregnancy testing

- Provide the following information on pregnancy testing
 - Common OC (over the counter) methods
 - Cost
 - Accuracy
 - Office methods
 - Cost (average per office visit)
 - Accuracy
 - Types performed
 - Hormones tested : What specific hormone is tested for all pregnancy tests?

Nine Month Miracle- October (35pts) _____

- Signs and Symptoms
 - Provide the following information on what it is like for an expectant mother in the first 4-5 weeks of a pregnancy. Remember all women are different. Please discuss the following.
 - Signs
 - Symptoms
 - Surprises & Emotional changes
- Development
 - Provide the following information on what your baby looks like at this stage. Please discuss the following:
 - Difference between a zygote and embryo
 - Development of the neural tube
 - Development of the circulatory system
 - Development of muscles, ribs, outer extremities, eyelids, and ears
- Who's your Dr.?
 - Provide the following information on how you selected your Dr.
 - What's your Dr's name?
 - Is your medical professional an MD, DO, NP, CNM?
 - Where did they graduate from school?
 - List all board certifications
 - Where is the office located
- Due Date
 - Calculate the due date of your baby. Please select an imaginary date of "your" last menstrual period. AND...

Calculating your due date

Figuring out your estimated due date is simple. Add 7 days to the first day of your last normal menstrual period. Then count backwards 3 months. That's it!

Here's an example - let's say your last menstrual period started on June 14. Add 7 days to June 14 and it equals June 21. Then count backwards three months and March 21 becomes your estimated due date.

Nine Month Miracle- November (35pts) _____

- Statistics- explain what your baby should weigh and how long your baby should be at 3 months
- Development- explain which structures of your baby have FULLY developed at 3 months
- Include a photo of a baby at this stage (ultrasound or 3D image)
- Describe the health of your baby
 - Summarize any deficiencies: diagnosis, treatment, percentage of babies born with the disease/disorder

Nine Month Miracle- December (35pts) _____

- Statistics- explain what your baby should weigh and how long your baby should be at 4 months
- Development
 1. Explain which reflexes your baby has developed at 4 months
 2. Are there any glands developing?
 3. Is there any hair on your baby?

Nine Month Miracle- January (35pts) _____

- Statistics- explain what your baby should weigh and how long your baby should be at 5 months
- Development
 1. Which organs are developing?
 2. What changes are noticeable about your baby's facial features?
- Changes for mom- list 3 changes that are occurring to mom's body at 5 months

Nine Month Miracle- February (35pts) _____

- Statistics- explain what your baby should weigh and how long your baby should be at 6 months
- Development
 1. List any features, organs, extremities that they baby will begin using at 6 months
 2. What is covering the baby's skin?
- Include a photo of a baby at this stage (ultrasound or 3D image)

Nine Month Miracle- March (35pts) _____

- Statistics- explain what your baby should weigh and how long your baby should be at 7 months
- Development
 1. List any features, organs, extremities, or motor skills that they baby will begin using at 6 months... Is there any change in the sex organs/genitalia?
 2. What is brown fat?
 3. If born at this stage, what is the chance of survival (percentage)?

Nine Month Miracle- April (35pts) _____

- Statistics- explain what your baby should weigh and how long your baby should be at 8 months
- Development
 1. List any features, organs, extremities, or motor skills that they baby will begin using at 6 months
 2. Where does your baby urinate?
- **BABY SHOWER!!**
 - Create a "copy" of your baby shower invitation
 - The front cover should be visible; the inner right page should be visible
 - please include: date, time, and place
- Changes for Mom
 - What are Braxton Hicks contractions?
 - List any physical changes and discomforts for mom

Nine Month Miracle- May (35pts) _____

- Labor & Delivery
 1. Describe the position of the baby between months 8 and 9
 2. How is dilation of the cervix measured?
- Active Labor
 1. List the time and date that labor began (remember this does not have to be your calculated due date!!)
 2. What type of birthing process did you have (vaginal/natural, with or without meds, c-section, water birth, etc)
 3. How many hours was labor, what was the time of birth
- Birth Certificate

Please create a completed birth certificate

-your certificate **MUST** include

1. Baby's full name
2. Time of birth
3. Date (month/day/year)
4. Weight
5. "Parent's" Signatures (remember signatures are **NOT PRINTED!!**)

... Printable certificates and examples may be found at the following websites

<http://mitchelv.com/BirthCertificate1.jpg>

<http://www.freeprintablecertificates.net/showcover/birth>

http://www.msu.edu/~luckie/segway/idea/birth_certificate.jpg

<http://www.haroldjordan.com/BirthCertificate.JPG>

Remember you (and your partner) are responsible for completing this project in its entirety. No late projects will be accepted. This project will count as 1 test grade, 1 project grade, and 2 homework grades. Periodic "progress checks" will count as homework and will be worth 30 pts.

Place a new copy (no writing or notes) of this rubric in your scrapbook for 10 extra points