

Summer Meals Newsletter

SPRING IS HERE AND SUMMER IS NEAR—TIME TO KICK OUR PLANNING INTO HIGH GEAR!

Upcoming USDA and Partner Events

April 6, I:00 PM EDT | <u>Summer</u> <u>Meals in Rural and Tribal Areas</u> Conference Call (Summer Meals Matter Monthly Training Series) | Food Research and Action Center (FRAC)

FRAC's Summer Meals Matter monthly training call or webinar typically occurs the first Thursday of the month at 1:00 PM EDT. Mark your calendars for future reference!

What's New

Farm to Summer Webinar Now Available Incorporating local and seasonal foods into your summer program is an excellent way to improve the quality and appeal of meals while supporting your local economy. Recently, USDA's Office of Community Food Systems hosted a webinar on how sponsors' Farm to Summer efforts can be supported by State agencies and regional offices. View the webinar here to get ideas for how you can work with your State agency to better incorporate Farm to Summer principles into your program. More information on Farm to Summer is available here.

Updated Power Up for Summer Fun Resources

Summer Meals promotional materials have been updated for summer 2017. Check out the flyers, posters, bookmarks, and business cards <u>here</u>.

SUMMER FOOD, SUMMER MOVES

Summer Food, Summer Moves is a fun, hands-on resource kit to help get kids excited about healthy eating and physical activity during the summer months. Designed for use by summer meal site operators, the kit focuses on using music, games, art, and movement to motivate children to choose more fruits and vegetables, to choose water instead of sugary drinks, to get enough physical activity every day, and to limit screen time.

The resource kit includes:

- An operator activity guide
- Activity guides for families
- Posters

- Flyers
- Placemats
- Recipes for a healthy summer



Resources are available in both English and Spanish. Printed resources for SFSP operators are available for order <u>here</u>.

All materials are also available for electronic download <u>here</u>.

APRIL 2017 · SPONSORS



Announcing the Inaugural Turnip the Beet Winners!

USDA recently awarded the first-ever Turnip the Beet awards, recognizing outstanding Summer Meal Program sponsors who work hard to offer high quality meals that are appetizing, appealing, and nutritious. Summer sites have the opportunity to positively impact children's healthy development by offering nutritious meals and encouraging children to develop healthy habits at a young age. Plus, kids vote with their feet in the summer! Offering meals that children enjoy can help sustain and increase participation.

In 2016, 49 sponsors from across the country earned Bronze, Silver, or Gold Turnip the Beet awards. Congratulations to all of the 2016 awardees! We thank you for your commitment to the health and well-being of our nation's children and encourage you to keep up the great work.

Gold Award Winners	
Lakeside Union School District (CA)	OLHSA Meet Up and Eat Up (MI)
FLIPANY (FL)	Buncombe County Schools (NC)
Baldwin County School Nutrition (GA)	Chapel Hill & Carrboro City Schools Food for the
Carrollton City Schools (GA)	Summer (NC)
Northern Illinois Food Bank (IL)	Wauzeka-Steuben School District (WI)
Abilene Public Schools (KS)	
Silver Au	ard Winners
Tallapoosa County Schools (AL)	Owensboro Public Schools (KY)
Tuscaloosa County School System (AL) Hope Public School District (AR)	Calvert County Public Schools Judy Centers (MD) Buchanan Community Schools (MI)
Manteca Unified Nutrition Education (CA)	
Natomas Unified School District Nutrition Services (CA)	Fenton Area Public Schools (MI) Coahoma County School District (MS)
West Contra Costa Unified School District Nutrition Services (CA)	True Vine Life Center (MS)
City of Aurora Parks, Recreation and Open Space (CO)	Swope Corridor Renaissance (MO)
Brantley County Summer Lunch Program (GA)	YWCA of Adams County (NE)
Carroll County School Nutrition Program (GA)	YMCA of Western North Carolina (NC)
Cherokee County School Nutrition Program (GA)	Oklahoma Regional Food Bank's Hope Kitchen (OK)
Douglas County Schools (GA)	Lawrence County Social Services (PA)
Floyd County Schools (GA)	Cumberland County School Nutrition (TN)
Fulton County School Nutrition Program (GA)	Putnam County Schools (TN)
Marietta City Schools School Nutrition Program (GA)	Green Bay Area Public Schools (WI)
North Lawrence Community Schools (IN)	Sheboygan Area School District (WI)
Dare to Care Community Kitchen (KY)	Sheboygan Area School District (VVI)
Bronze Award Winners	
Rogers Public School District (AR)	Ray Bird Ministries (IN)
Capital School District (DE)	Gwinn Area Community Schools (MI)
Seaford School District (DE)	Columbus Municipal School District (MS)
Savannah-Chathman School Nutrition Program (GA)	Rockingham County Schools (NC)