



## Wildcat E-News

November 2015

Volume 4, Issue 16

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### Important Dates:

11/25 - 11/27: Schools & Offices Closed Thanksgiving Break

12/08: Distribute Interim Progress Reports (MP2)

12/21 - 01/01: Schools & Offices Closed Winter Break

01/04: Schools & Offices Reopen

01/12 - 01/15: Mid-Term Exams (Students dismissed at 11:45am)

01/18: Schools & Offices Closed Martin Luther King, Jr. Day

01/27: Distribute Report Cards (MP2)

2/15: Schools & Offices Closed President's Day

2/24: Distribute Interim Progress Reports (MP3)

2/29: Schools & Offices Closed Professional Development





# Superintendent's Corner

As we approach the Thanksgiving Holiday, on behalf of the Delmar School District, I would like to thank everyone for making Delmar one of the most outstanding school districts in the state of Delaware. Repeatedly, throughout this fall, our staff has had the opportunity to greet our Wildcat families at our Open Houses, Key Club T & T Night, Heritage Day, Homecoming Parade, and Veteran's Day events; and we appreciate your support. As we approach the winter months, I'd like to share a few items of interest:

### Academics:



With the release of the spring 2015 state assessment data this fall, over 300 honorees earned the highest Performance Level, a PL 4, on the Common Core Assessment. Delmar's students have established a strong baseline performance level on this first test administration of the national assessment in Mathematics and English/Language Arts. A few featured accomplishments: High School Math in 11<sup>th</sup> Grade ranked 2<sup>nd</sup> and English Language Arts in 11<sup>th</sup> Grade ranked 3<sup>rd</sup> in the State of Delaware in terms of students meeting the national Common Core Standards. Sixth grade Math ranked 5<sup>th</sup>; 7th Grade Math ranked 2<sup>nd</sup>; 8<sup>th</sup> Grade Math 3<sup>rd</sup>; and 8th Grade ELA 4<sup>th</sup> in the state. In addition, 170 students earned the highest Performance Level on the state Science and Social Studies DCAS Assessments. Tenth grade Science ranked 2<sup>nd</sup> in the state.

To continue to assist our teachers in teaching the Common Core, two teams of teacher leaders have been engaging in training with national experts in partnership with the state of Delaware in the Common Ground 3.0 initiative. They have redelivered training for our full staff in helping to integrate specific strategies to focus on teaching enhanced listening and speaking skills as well as closing the achievement gap with English Language Learners and Special Education students.



### Career & Technical Education CTE Programs

A special congratulations to Mrs. Morris in securing two grants to help improve our Business Pathway as it transitions from "Accounting" to the "Academy of Finance," and our Engineering Pathway from "Process of Design & Engineering" to "Manufacturing and Engineering." Throughout the remainder of this school year, our CTE teachers will be working collaboratively with community members in the fields of Finance and Manufacturing to help develop our first courses for the 2016 – 2017 school year. On behalf of our CTE Department, we would like to thank the 76 community/business partners, families, and students who attended our Annual Perkins Vocational Advisory Night in November. We were honored to have several representatives from Delaware Technical & Community College to share information about local opportunities in the fields of Finance and Manufacturing / Engineering through a variety of Delaware scholarship opportunities.

### Assessment

Thank you to our parents and staff who have contributed their feedback in our district-wide Achieve Assessment Inventory. The data reveals the value of our NWEA MAP Assessment as a means to identify specific reading and math instructional needs to help our staff target supplemental remediation and enrichment support. Overall, in the survey, the assessments that have been identified with the most focused purpose and functionality are the College Board suite of assessments such as AP, PSAT, and SAT tests. Please note that Delmar will be offering the SAT on Saturday, December 5; the PSAT 8/9 Version on February 24, and the SAT again on the statewide assessment day of Wednesday, March 2.



## Delaware School Choice



As part of the state of Delaware's School Choice program, our district has been receiving online Delaware applications since November 2, 2015, and will continue to accept applications through Wednesday, January 13, 2016 (4:00pm) which is the end of the state deadline. For the 2016 – 2017 school year, the random lottery will select up to ten students in Grade 5 and ten students in Grade 6.

The link to Delmar School District's online application can be found at: <http://www.schoolchoicede.org/>  
The following information must be scanned and uploaded with the online application.

- Most recent report card
- Attendance records that include unexcused absences and excused absences
- Discipline records to include suspensions and expulsions

Parents will be notified of enrollment status by Monday, February 29, 2016. In turn, parents must notify the district/school of their Acceptance Decision by Friday, March 18, 2016.

## Safety & Security: Wildcat Identity Card

All of our parents, students, and emergency contacts should now have a Wildcat Identity Card. The first issuance is free of charge. A replacement card can be purchased for \$5.00. Lanyards are also available for \$5.00. If you need to obtain a Wildcat Card, please see Nicole Nichols or Penny Bell in the District Office. Remember to bring a photo ID such as a Driver's License.



## The Foundation for Delmar Education

The non-profit Foundation for Delmar Education will be holding its annual Gala on Saturday, March 5 at the Delmar Fire Department. This annual fundraising event helps sponsor teachers' instructional project grants at Delmar Elementary School, Delmar Middle School, and Delmar High School. The band "On the Edge" will be performing, and the LIVE Auction will be featuring our Middle School Principal Andy O'Neal as the auctioneer. Tickets will be available from Jan Steele in the District Office: [jan.steele@delmar.k12.de.us](mailto:jan.steele@delmar.k12.de.us)

## Parking & Traffic

A special thank you to the Delmar Fire Department for conducting their annual Fire Safety Assembly with our fifth graders during National Fire Prevention Week. As a reminder, to ensure the safety of our students and staff, we must keep our Fire Lanes clear of all vehicles, and no vehicles can park on the grassy areas around our facility. New signage, fencing, and traffic flow patterns will help improve the safety of our students, staff, and guests walking around our campus. Please read highlights for the upcoming months in Jan Steele's Facility Highlights.



## Delmar Citizen of the Year

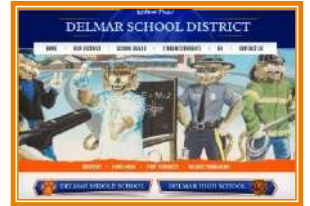
Recently, I was honored to be invited to join the Delmar Chamber of Commerce in recognition of Brenda Morris who has donated countless hours of community service for the youth of Delmar. In closing, for our students, your children, I would like to share a few words from Miss Brenda's acceptance speech as Delmar's 2015 Citizen of the Year, "Take the opportunity to share your personal light, your knowledge, your compassion, as you help others around you every day." This call to action is what makes Delmar so special and unique. **Whether the focus is academics, athletics, or the arts; thank you, again, for helping continue our legacy of excellence in Delmar.**



## Communication

### District Website:

This fall, our district proudly unveils its new website, accessible through the same URL: [www.delmar.k12.de.us](http://www.delmar.k12.de.us). By accessing our website, you'll have direct access to the Syllabus for each teacher within our district. The Syllabus provides not only instructional information about each course, but also contact information and course expectations that will help your child succeed in their classes.



### Home Access Center:

To have continuous access to your child's grades on all of their assignments, remember to go to Home Access Center: <https://hac.doe.k12.de.us> If you have any questions about a username or password, please contact Terri Sensenig at [terri.sensenig@delmar.k12.de.us](mailto:terri.sensenig@delmar.k12.de.us)

### Instant Phone and Email Alerts & Announcements

Currently, our Instant Alert System will provide you access to both phone and email alerts regarding important events, announcements, or schedule updates. <https://instantalert.honeywell.com>

### Parent Night Events

This winter, please join us at our Band and Chorus Concerts as well as our academic events such as Parent Conference Nights:



- Wednesday, February 3      Parent Conference Night
- Thursday, February 18      Parent FAFSA College Funding Night
- Thursday, March 3      PRIDE SBAC Testing Assessment Night

### Twitter

Our Administrative Team is venturing into the Twitter world to share the instructional moments of excellence in the classroom, through the arts, as well as on the athletic field. You can also be the first to learn about any schedule changes due to delays or closings. Please follow us at:



- |   |                  |
|---|------------------|
| Superintendent Charity Phillips:                              | @DelmarSuper     |
| Curriculum, Instruction, & Assessment Supervisor Lisa Morris: | @Delmar_CIA      |
| High School Principal William Rickard:                        | @DHS_Wildcat1    |
| High School Assistant Principal Nick Reece:                   | @DHS_AP          |
| Middle School Principal Andy O'Neal:                          | @PrincipalDMS    |
| Middle School Assistant Principal James Heslen:               | @DelmarWildcatAP |





**Upcoming Important Dates:**

- December 1<sup>st</sup>-4<sup>th</sup>: MAP Math Testing
- December 8<sup>th</sup>-11<sup>th</sup>: MAP Reading Testing
- January 12<sup>th</sup>-15<sup>th</sup> – Midterm Exams
- February 3<sup>rd</sup> – Parent Conference Night
- February 18<sup>th</sup> – Parent PRIDE Night/FAFSA Night
- February 24<sup>th</sup> – PSAT for 9<sup>th</sup> Grade

**Curriculum, Instruction, & Assessment: Lisa R. Morris**

**Testing:**

All students in grades 5 – 10 took the Fall MAP test in math and reading in September. We will be administering the Winter version of the MAP test in December to see how our students are improving in math and reading. MAP (**Measures of Academic Progress**) assessments are computer adaptive achievement tests in Mathematics and Reading. The computer adjusts the difficulty of the questions so that each student takes a unique test. The difficulty of each question is based on how well the student has answered previous questions. MAP tests are based on a continuum of skills in Mathematics and Reading from low skill levels to high skill levels. MAP assessments help teachers identify the instructional level of the student.

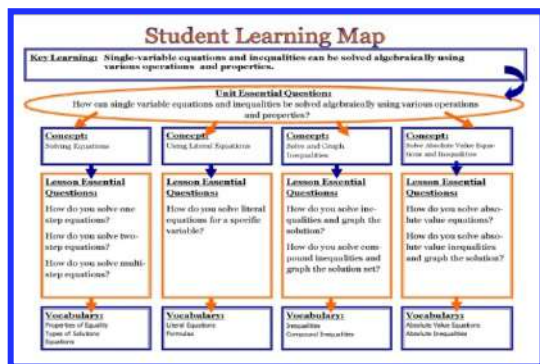
**Parent PRIDE Nights:**

We have held two Parent PRIDE Nights so far this year. One in October – Title I Night and one in November – Perkins Night. During the Title 1 Night, our teachers and staff presented information on “How to help your child with MS Reading/ELA”, “What your child will see in Middle School Math”, “Student Success Plans and Guidance Information” and finally “How to read your child’s Smarter Balance Score Report”. During our Perkins Night, students involved in Ag, Business and Technology classes along with students involved in FFA, BPA and TSA presented information on their experiences in the classes and organizations. Mark your calendar now for our next Parent PRIDE Night on February 18<sup>th</sup>. We will have a representative from Stand By Me to help parents and students complete their FAFSA Application. The FAFSA form is the “Free Application for Federal Student Aid”. This form is completed annually by current and prospective college students (undergraduate and graduate) to determine their eligibility for student financial aid. All federal grant and loan awards are determined by the FAFSA, and nearly all colleges use the FAFSA as the basis for their own financial aid awards.



**Instructional Strategies in Action:**

Your child may have mentioned some of the following instructional strategies and activities that their teachers have been using so far this year. All of our teachers at Delmar Middle and High School use the LFS format when planning for instruction. They use the following strategies and activities during their classes: Student Learning Maps, Lesson Essential Questions, Distributive Practice, Summarizing and/or Culminating Performance Tasks.



**Student Learning Maps (SLM's)** are organizers that visually show the key concepts, skills, essential questions, and vocabulary to be learned in the unit. These organizers are great study guides during and at the end of the units. Be sure to ask your children about the SLM's that they receive. (Example of SLM's is shown.)

**Lesson Essential Questions** (LEQ's) is a concept or skill aligned with state standards or common core written in the form of a question. The Lesson Essential Question asks for broad understanding of the whole lesson. Students should be able to answer the Lesson Essential Question at the end of the lesson.

**Distributive Practice** is the process of distributing the practice throughout the lesson. When students are learning new information, it is more effective to distribute the practice than to mass practice at the end of the lesson.

**Summarizing** is stating the main points. Learners must do the summarizing in order to construct meaning. When students summarize, their confusions, misconceptions, or misunderstandings surface and teachers can assess for re-teaching needs. Summarizing should be distributed throughout the lesson and not just at the end.

**Culminating Performance Task** is a summative assessment that covers all of the learning objectives/standards in one project that formally assess students learning throughout a unit. Culminating Performance Task gives an overview of what learning the child has developed and is evidence of student learning throughout the unit.

Thank you for taking time during American Education Week visiting your child's classes and seeing some of these strategies and activities in action.



### **SAT Resources:**

As the year gets closer and closer to the administration of the New SAT School Day in March, we want to make sure you are aware of the tools and resources available to prepare your child for this newly designed assessment. Below you will find links to various resources for students.

### **FIVE THINGS TO KNOW ABOUT THE NEW SAT®**

If you're planning to take the SAT in March 2016 — or any time after — you'll be taking the new test. Check out some of the ways the College Board has made the SAT more focused, clear, and useful.

- 1. It better reflects what you're learning in class.** The best way to practice for the new SAT is to take challenging courses in high school and work hard in those courses.
- 2. "SAT vocabulary words" are gone.** Two words you won't see on the test: "prevaricator" and "sagacious." You may see a word like "synthesis," which you're more likely to use again.
- 3. There's no penalty for guessing.** You'll receive points for the questions you get right.
- 4. It focuses on the math that matters most** for college and a wide variety of careers.
- 5. Free test practice for all.** We've partnered with Khan Academy® to provide free, world-class SAT practice materials that can be personalized just for you. Unlike traditional test prep, which suggests cramming for a single test, our practice tools complement your classwork to help improve your skills long after the test is over.

**Khan Academy SAT** ([www.khanacademy.org/test-prep/sat](http://www.khanacademy.org/test-prep/sat)) This site has practice for students now as well as a video overview of the changes to the SAT. Students can go on now, take a short diagnostic assessment and get a personalized plan tailored just for them to practice for the SAT. In December, after the PSAT results are back, students can elect to have their PSAT scores (item level information) sent to Khan and a tailored plan will be created based on the student's individual areas of need as demonstrated on the PSAT. Best part is, it is the best practice out there AND it is FREE!!!

**College Board Site:** (<https://collegereadiness.collegeboard.org/>) This site has everything you could possibly want to know about the SAT Suite of Assessments (including all PSAT-related assessments). There are practice tests and items, information about registering, dates, college search link; it is a wealth of information.

**SAT Question of the Day App:** (<https://collegereadiness.collegeboard.org/sat/practice/daily-practice-app>) Students can download this app from any cell device and get a daily practice question.

# Global ReadAloud



## Literacy News

by Mrs. Brittingham,  
Literacy Specialist

*Pictured above: Oscar Godinez, a 10<sup>th</sup> grader*

The Global Read Aloud uses one book to connect teachers and students around the world during a 6 week period each year. Students share their insights and questions about the book with one another through various media such as Google Hangout, Skype, Kidblog, or Edmodo to name a few. This year two of our teachers, Mrs. Nancy Pagano and Mrs. Kate Hakeem are reading Lynda Mullaly Hunt's *Fish in a Tree* with their students.



*Mrs. Hakeem, pictured here with Anna Mendes, a 9<sup>th</sup> grader, leads her ELL students in a Google Hangout session with another class from Wisconsin.*

### Learning Goals

Know what goals your child is expected to meet this year in areas such as:

- Critical thinking
- Problem solving
- Reasoning

### Potential

Understand your child's potential:

- build on strengths
- look for ways to help in areas of weakness
- monitor progress
- build on their interests

### Involvement

Check on:

- Grades through Home Access Center
- Homework being written in agenda
- Happenings through our new school website

<http://www.delmar.k12.de.us>

## Encouraging Reading and Writing

- Get caught reading and writing! When your child or teen sees you engaging in literacy activities like reading a magazine or making a grocery list, talk about what you do.
- Leave a short note on the refrigerator, a nighttime message on a pillow, or a letter expressing your pride in an accomplishment encourages reading and shows the power of words.
- Share a love of reading and writing with one another. Read what your child is reading such as books, magazines, or websites. Write a group email or letter to family.

## Helpful Websites

[www.bealearninghero.org](http://www.bealearninghero.org)  
[www.greatschools.org/gk/milestones](http://www.greatschools.org/gk/milestones)  
[www.commonsemmedia.org](http://www.commonsemmedia.org)  
[www.smarterbalanced.org](http://www.smarterbalanced.org)



## Facility & Construction Management Highlights

### New Parking Restrictions

Adhering with Delmar School District's desire to keep all students and staff safe, the district is implementing stricter parking regulations around the school property. We are fortunate to have a community school where there are so many things going on, but that creates safety concerns in our parking lots. The following regulations are being put in place:

- New **"No Parking"** signs have been posted and towing will be enforced.
- There is no parking on the grass anywhere on our campus.
- Gates are being installed behind the building to keep the Fire Lane free of parked vehicles.
- The north parking lot traffic will flow in one direction as noted by painted arrows.
- Effective **immediately**, paper Warning Notices will be placed on windshields through December 18, 2015.
- Effective **January 1, 2016**, any vehicle parked illegally will have a "Parking Violation" sticker adhered to the vehicle as a WARNING that they are illegally parked.
- "Parking Violation" stickers will be given out for **30 days** before any towing will begin.
- Effective **February 1, 2016**, any car parked illegally may be ticketed by the Delmar Police Department.
- Effective **February 1, 2016**, any car parked illegally may be subject to towing at the owner's expense.



Please help us keep our students, parents, staff and community members safe!

### Delmar Renovation Update

At the October 19<sup>th</sup> board meeting, the Delmar Board of Education hired Richard Y Johnson & Son, Inc. as the Construction Management firm for the school renovations.



The next step is to hire an Architect/Engineer firm to design the locker room facility and plan the structural renovations to the current building. An Advisory Committee, made up of a representative from all involved parties, will be established to provide input for the new facility.

The new keyless entry system will be completed on all the main school doors within the next month to provide additional security within the school building.





## Middle School Principal's Page

Hello Delmar Families,

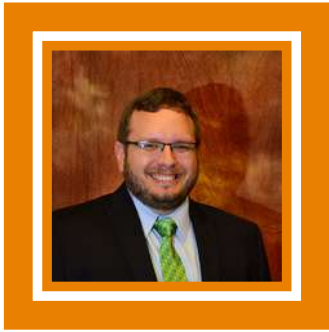
What a great start to the 2015-2016 school year! It is hard to believe that Thanksgiving and the Holiday Season are quickly approaching us. DMS students have been extremely busy both in the classroom and on the athletic fields. Recently, our students completed the first marking quarter, concluded fall sports, celebrated our first PRIDE Party of the year and were able to enjoy our middle school homecoming dance. As we began to look forward to the fall and winter months our students will be participating in numerous academic and extra-curricular activities.

- **November 25, 26, & 27 – Schools/Offices closed – Thanksgiving Holiday**
- **December 1-4 – Grades 5-8 MAP Math Testing**
- **December 8 – Distribute Second Quarter IPR's**
- **December 8 – MS Chorus Concert – 7 p.m.**
- **December 8-11 – Grades 5-8 MAP Reading Testing**
- **December 15 – MS Band Concert – 7 p.m.**
- **December 14-18 – Grades 5-8 MAP Make-up Testing**
- **December 21 – January 3 – Schools/Offices Closed – Winter Vacation**
- **January 4 – Schools/Offices Re-open**
- **January 18 – Schools/Offices Closed – Martin Luther King Day**
- **January 27 – Distribute Second Quarter Report Cards**
- **February 3 – Parent Conference Night (5 p.m. – 7 p.m.)**
- **February 12 – MS Valentine's Dance (6 p.m. – 8 p.m.)**
- **February 15 – Schools/Offices Closed – President's Day**
- **February 24 – Distribute Third Quarter IPR's**



Over the remainder of this school year our middle school students will continue to be engaged in higher order thinking as we prepare our students for college and career readiness. Students will begin to utilize speaking & listening strategies daily that will prepare them for their future. It is important that we begin to prepare our middle school students now with these strategies as they navigate their way to high school, college, the military, or various work experiences. Developing strategies to be a good speaker and listener will only broaden the many opportunities that we want all of our students to have.

Be sure to follow me throughout the school year on Twitter at [@AndyO'Neal@PrincipalDMS](https://twitter.com/AndyO'Neal) or on our new district website located at [www.delmar.k12.de.us](http://www.delmar.k12.de.us) for all middle school updates, events, and photos of the many exciting things taking place at Delmar Middle School throughout the school year.



## Middle School Assistant Principal's Page

Hello to all our Delmar Middle School Wildcats!! It feels like only yesterday the first bells of the school year were ringing and now it's almost Thanksgiving! How time flies!

I want to take this opportunity to say THANK YOU to all of our students, faculty, staff, and substitutes for a great first marking period and beginning to the 2015-2016 school year; Mr. O'Neal and I couldn't do it without your help!

There are several events coming your way in the autumn and early winter months. I'd like to share a few of them with you:

- On Monday, November 23<sup>rd</sup> DMS will be holding make-up picture day in order to make sure that all students have their photos for the school yearbook. Also on this day, the middle school will host Camfel Production's "Quest for Respect" presentation in the main gym. This is a character building presentation that will address current issues such as student self-esteem and anti-bullying.
- Thanksgiving break begins on Wednesday, November 25<sup>th</sup> through November 27<sup>th</sup>. The district will be closed during this time. Enjoy what makes you the most thankful!
- On Tuesday, December 8<sup>th</sup> the middle school chorus concert will be held at 7pm.
- On Tuesday, December 15<sup>th</sup> the middle school band concert will be held at 7pm.

Please come out and show your support in any way you can for our younger Wildcats!

I would also like to share that DMS's discipline referral numbers are down by nearly half from last school year. Students have been made aware of the new policies in place. Our referrals numbers are low; however, the referrals I see regularly include the following:

- **S0105 – Inappropriate Behavior: Disrespect Towards Student:** Make sure that your students are respectful to other students' space and make sure that we are keeping hands to ourselves.
- **S0291 – Dress Code Violation:** Please ensure that shirts are tucked in, belts are worn, and the appropriate dress code conduct is being followed. This information is found in the student handbook.
- **S0031 – Tardiness: Lateness to School:** Please be reminded that students must be in school no later than 7:50am. If students arrive late to school they must sign in at the tardy booth prior to going to class.

It has been a great start to the 2015-2016 school year and I know that with 2016 right around the corner our middle schoolers will be doing great things! Please have a safe holiday season!

Mr. Hesens



## Middle School Music Specials News & Events

### **Jr. Band with Mr. Dave Smith**

8<sup>th</sup> grade- The 8<sup>th</sup> grade band is almost done with their Essential Elements Book #1. If we didn't have to prepare for the Homecoming & Christmas Parades and Winter/Christmas Concert, they would have finished already!! What this means is I buy them breakfast! On the designated day, I will have some donuts, water, and juice for them. We'll watch some interesting videos on making instruments and see strange, obscure horns. So that's the good news. The bad news is they will need to purchase Book #2! The 7<sup>th</sup> and 8<sup>th</sup> grade bands began working in early October to be able to perform in the Delmar Homecoming Parade on October 24<sup>th</sup>. It's always great to see them in their uniforms for the first time marching down the street!

Thirty four 5<sup>th</sup> graders started the school year in band class wondering what instrument they would end up playing. Those who wanted got to try the flute, clarinet, alto sax, trumpet, French horn, trombone, baritone, and percussion. Once everyone had secured their instrument and book, they started together on September 28<sup>th</sup>. What an interesting sound they made... But even experts start somewhere!

All 5-8 grade band students will be performing in the annual Winter/Christmas Concert, December 15<sup>th</sup> at 7:00 PM. The concert will start with the 5<sup>th</sup> graders who have only been playing for about 2 months. Next will be the 6<sup>th</sup> grade band and the 7<sup>th</sup> and 8<sup>th</sup> graders will end the concert together. It should last less than an hour. I hope you will consider coming out to watch them.

In today's busy life, I would still encourage the students to try and practice their instruments on average, 10 minutes each day. If they miss a day, then they should try to double up the next day. If they never practice at home, their chance for real success in band is very slim. Some students still don't have their own books or are using school instruments and haven't paid the rental fee yet. Please invest in their band success. Make sure they have taken care of what is needed.



### **Jr. Chorus with Mr. Dave Smith**

Starting on the second day of class, Jr Chorus students begin with stretching and vocal warm-ups. The remainder of class is spent learning new or reviewing music, as well as what all of the written stuff means. It's not just about the pitches. What follows is a lists of some of the things that's been talked about in chorus: rhythm, measures, bar lines, repeat signs, D.S. al Coda, accents, mezzo forte, mezzo piano, piano, forte, crescendo, decrescendo, soprano, alto, rounds, staccato, whole-half-quarter-eighth notes and rests. Most recently, the students have been working on music for the upcoming Winter/Christmas Concert to be held December 8<sup>th</sup> at 7:00 PM in the school auditorium. Students should plan to dress in nice clothes. If possible, they shouldn't wear jeans, flip-flops, tennis shoes, or shirts with writing on them. School uniforms are also acceptable. The concert will be less than an hour long. I hope you will consider coming out to watch them.

## Middle School Specials News & Events

### **Exploring Business 7 & 8 with Mr. Layton, Mrs. Bailey, & Mrs. Jones**

8<sup>th</sup> grade students have now cruised through the first few lessons dealing with Excel. They have learned the basics of how to use the program, as well as some beginning information on how to use formulas. Along with Excel your student will also begin working with their Student Success Plan through Career Cruising! Be sure to talk to your student about this website ([www.careercruising.com/ssp](http://www.careercruising.com/ssp)), as it provides lots of great information about your student's future, including detailed information on colleges, careers, and a resume builder! We also encourage you to check Home Access Center often and please contact us with any questions or concerns!

7<sup>th</sup> grade students are quickly becoming Microsoft Word experts and learning the ins-and-outs of the program! It is exciting to see them take the foundation of keyboarding from grades 5 & 6 and apply it to the professional documents they are creating through Word. By this time your students have learned how to properly create and format a few professional business documents, such as a memo, press release, a business letter and even an envelope! Be sure to ask your student for help if you are using Word and run into a problem- they probably know how to help you! Please check Home Access often and contact us with any questions of concerns.



### **Keyboarding 5 & 6 with Mr. Layton, Mrs. Bailey, & Mrs. Jones**

By now your students have really gotten into their MicroType lessons and work hard each class to type using the correct reaches, as well as proper technique. We encourage your students to try their best to practice these skills at home as they type or spend time on the computer! Please contact your student's teacher if extra time is needed after school for open lab!



### **Middle School Art with Ms. Maloney**

After studying the Mexican art form of Nearikas (yarn paintings), the 7th grade students are applying the traditional techniques using glue, yarn and a stiff board to create their own Nearikas. (See attached pictures)



### **Middle School Physical Education with Miss Keenan, Miss Rush, & Coach Jones**

All middle school grades are currently finishing up their fall Physical Education units which included kickball, soccer, and flag football. Some classes will now be switching over to Health for the 2<sup>nd</sup> Quarter.

# 8<sup>th</sup> Grade News and Events

We are very proud of our September and October students of the month: Zachary Covington & Taryn Houlihan; we will continue to look for these shining stars each month displaying positive behaviors, good character, excellence in academics, etc.

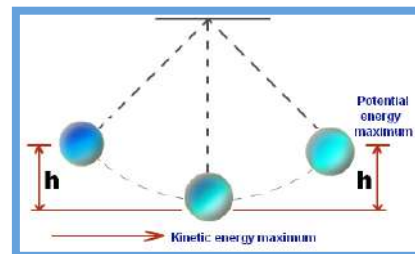
Each content area is studying the following units:

**ELA** is working through a novel "The Boy in the Striped Pajamas".

**Math** is focusing on solving equations and in Algebra students are working on Linear Functions.

**Social Studies** is working on colonization and settlement of North America.

**Science** is focusing on the energy of pendulums and the particle model of how particles are affected by energy levels.



## Middle School Math League

On November 3rd, Delmar Middle School hosted our regional Middle School Math League Meet for grades 7 and 8. We welcomed Georgetown Middle School, Millsboro Middle School, and Georgetown Middle School. Special congratulations to Ethan Scott who was the top scoring 8th grader at this meet! Math League students will travel to Millsboro on December 1, to Georgetown on January 5th, and to Selbyville on February 1 to round out our competitions for the school year. To help fund our competition and travels, Delmar Math League is selling tickets for a youth Paint Night scheduled for December 3rd in the school cafeteria. Please contact Lori Smith or Judy Mills for details.



## National Junior Honor Society

On November 2nd, the NJHS Induction Ceremony was held to welcome new 7th, 8th, and 9th grade members. Our student officers for the year are: President Kaleigh Layton, Vice-President Kyrsten Lambrose, Secretary Lara Wood, Treasurer Hailey Bitters, and Historian Morgan Fletcher. In addition to its academic requirements, NJHS is a very active community service organization. Our December projects include collection drives for Toys for Tots and the Delmar Senior Santa program. Members are reminded to document 5 hours of individual, outside community service in addition to participating in 5 hours of NJHS sponsored outreaches. On December 7th, NJHS members are looking forward to our annual field trip to New York City.



# 7<sup>th</sup> Grade News and Events

- **Science-** Ask your student about his/her carrot mummy! We will begin our unit on unicellular organisms. Please remind your child that lab reports count as a large portion of their grade and it is important to always complete them and turn them in on time.
- **Math-** We will be finishing our unit on expressions, equations, and inequalities and begin our unit on ratios, rates, and proportions. Please continue to review integer facts with your student at home (adding, subtracting, multiplying, and dividing) as well as operations with fractions!



- **Social Studies-** We will be working on Project Citizen!
- **ELA-** Read with your child daily...they are not too old!! Please continue to review stems each night with your child.



## 7<sup>th</sup> Grade reminders

- Kleenex, hand sanitizer, and disinfecting wipe donations would be greatly appreciated!
- Check for assignments that should be in notebooks but have been shoved in the bottoms of backpacks - HELP YOUR CHILD ORGANIZE!!!!
- Replenish kids' supplies - pencil, red pens, colored pencils, black / blue pens, loose leaf paper, cap erasers.



# 6<sup>th</sup> Grade News and Events

If you have concerns and would like to schedule a parent conference with the 6<sup>th</sup> grade teachers, please contact Mrs. Martie Hudson at [martie.hudson@delmar.k12.de.us](mailto:martie.hudson@delmar.k12.de.us)

Or call the school at 302-846-9544 and ask for Mrs. Hudson



Thank you  
for joining us  
during  
American Education Week:  
November 16 - 20.

## \*\*\*WINTER IS APPROACHING\*\*\*

- Please make sure your child has a uniform approved sweater or fleece if they get chilly in class
- Donations of tissues for classrooms are always appreciated
- Remind your child to “cover their cough”

### Reminders:

- **Every day, please check your child’s AGENDA for homework and teachers’ notes.**
- **Please make sure that your child has: Paper, Pencils, and Binders. Supplies run out quickly and need to be restocked.**

# 6<sup>th</sup> Grade FIELD TRIP!

6<sup>th</sup> Grade had a GREAT time in St. Michael's Maryland on October 9<sup>th</sup>! We explored local history at the Chesapeake Bay Maritime Museum and enjoyed a very informative cruise aboard the Patriot!

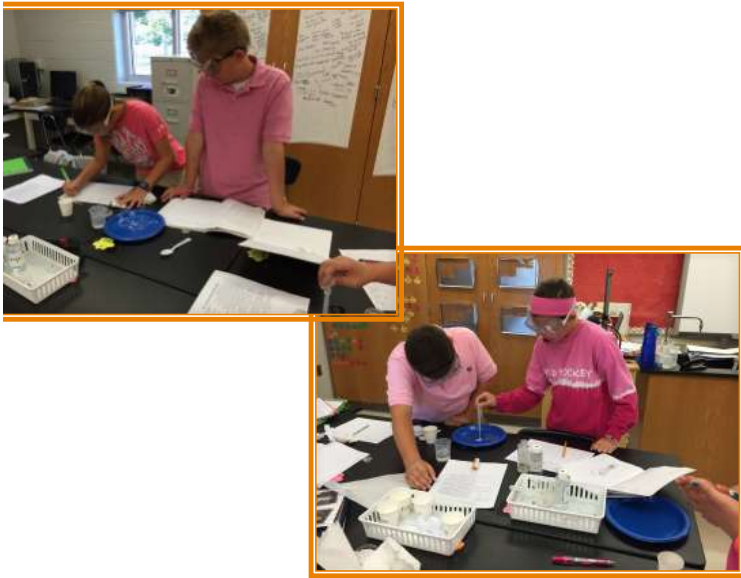




## Grade 5 News & Events

### Science

Fifth grade students are continuing to learn about properties of matter. The pictures below show students working to identify unknown powders by collecting data on the properties of the powders. This is one of many hands on learning activities used to engage students in thinking and learning.



### English Language Arts

Students have learned 50 stems so far this school year. This will allow students to apply stem knowledge to academic vocabulary in all subject areas. Our fifth grade reading detectives are also doing a great job applying literary terms to the stories they are reading in their reading logs.

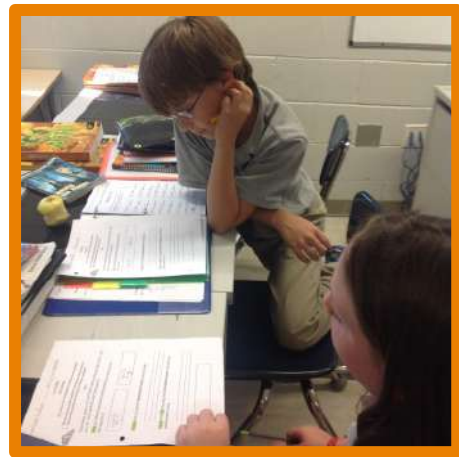


### Social Studies

Students have been investigating revolutionary war battles. Students created posters to dramatize the battles they investigated.

### Math

Students have been persevering with whole number operations during the first quarter. We will be continuing to review skills taught earlier in the year using our weekly math reviews which require a parent signature. Please engage in conversation with them about what they are learning. We collaborate and investigate as we encounter new learning opportunities often to help them verbalize and write about math processes to gain a deeper understanding.



In the photograph above students contemplate how to use the distributive property to solve a real life problem.

### Field Trip

On November 19, 2015, our fifth grade students traveled to Philadelphia to visit the Franklin Institute. We enjoyed the hands on learning and experiences that the field trip provided for our fifth grade students.

## PRIDE HIGHLIGHTS & EVENTS

The Middle School PRIDE is Delmar's PBS (Positive Behavior Support) program in which students are encouraged to show Preparedness, Respect, Integrity, Determination & Excellence. Students displaying each of these qualities by not receiving any detentions or referrals; passing all classes, having good attendance and showing appropriate cafeteria behavior will attend the quarterly PRIDE parties as an award. The most recent was a game show in which students participated in various games or received door prizes as a reward. They had a blast!



### P.R.I.D.E. Events 2015-2016

#### January:

15<sup>th</sup> : \$1 Paid Full Casual Day Term 2

22<sup>nd</sup> : PRIDE Event #2: Dance Party

#### February:

12<sup>th</sup> : Valentine's Dance 6pm-8pm  
sponsored by PRIDE & Student Mentoring

#### March:

24<sup>th</sup> : \$1 Paid Full Casual Day Term 3

#### April:

8<sup>th</sup> : PRIDE Event #3: Movie in the Classrooms

#### June:

6<sup>th</sup> : End of the Year PRIDE Event #4

Thank you to everyone who has been collecting Box Tops & Campbell's labels. In October, we requested a check from Box Tops for \$385.90 and in November we will be depositing over 500 Campbell's labels. All proceeds go to supporting the Delmar Middle School PRIDE program. Please keep collecting and turning in your Box Tops & Campbell's labels.





## High School Principal's Page

The 2015-2016 school year is well on its way. During the first quarter, many school activities, functions and athletic competitions took place. We enjoyed the spirited Pep Rally to get us fired up to play Laurel. The week of homecoming culminated in the parade and football game, which included the crowning of the 2015 Queen at half time, Miss Sadie Addlesberger. That night, we all enjoyed ourselves at the dance. We inducted the latest DCA and NHS candidates. We have also hosted many college, university and employment representatives to promote our students and create opportunities for their futures.

Next, I would like to take time to recognize our September and October teachers and staff of the month representatives. This is always a difficult decision, as ALL of our teachers and staff give their best each day for our students. In September, Ms. Fernsler was selected as teacher of the month for the countless hours she put in as the substitute band director. This was in addition to her responsibilities as the Choral teacher/director. Our staff representative was Mrs. Preston in the guidance office. The DHS staff appreciates her endless hours of preparation and planning to make sure the school year opens each fall with a smooth start. In October, Mrs. Selby and Mrs. Hollamon were selected as the teacher of the month. Mrs. Niblett was selected as staff of the month. Mrs. Selby put countless hours into making sure the JDG induction ceremony was a memorable experience for her students. Mrs. Hollamon and Mrs. Niblett were selected for showing compassion for a student in need.

Congratulations to our girls' field hockey and girls' volleyball teams on winning the southern division title. The field hockey team finished the season with a record of 12-1-1. The volleyball team compiled a record of 10-5 during the regular season. We wish the girls all the best as they head into post-season play! Although not all our fall teams won division titles, we are proud of their accomplishments. Often we would hear how our student athletes were both competitive and showed true sportsmanship on the field of battle.

As we look to the new quarter, below you will find some of the many important dates to remember. Please be sure to attend these events and support the many informational sessions and outstanding accomplishments of our students. Please be sure to check the district website for more events and information.

December 4 – Boys Basketball Home Opener vs. Lake Forest	January 12 through 15 – Mid-Term Exams
December 8 – Girls Basketball Home Opener vs. Milford	January 27 – Report Cards Distributed
December 10 - High School Chorus Concert - 7PM – Auditorium	February 3 – MS/HS Parent Conference Night – 5PM
December 16 – Wrestling First Home Match vs. Indian River	February 18 – PRIDE Night – FAFSA
December 17 – High School Band Concert – 7PM – Auditorium	March 2 – 11th Grade SAT Day – Grades 9, 10 & 12 Admin Excused
December 21 through January 1 – Winter Break	March 3 – PRIDE Night – Smarter Balance
January 4 – School Back in Session	March 10 through 12 – HS Musical – Shrek – 7PM – Auditorium

Finally, I want to thank everyone for being so warm, welcoming and helpful during my first month as the new high school principal. DHS is living up to its reputation as an outstanding academic institute. Thank you for letting me become a member of the Wildcat Family.

Mr. Rickard



## High School Assistant Principal's Page

Delmar is off to a tremendous start this school year. I am extremely impressed with Delmar School District and the Delmar community in my first year as assistant principal. I just want to thank all the students, staff, faculty, parents, and community members for making Delmar such a great place to work. I am getting to know most of our students through my daily routines, classroom walkthroughs, sporting events, club sponsored activities, and exciting events like quarter auctions. I am seeing active teaching and engaged learning in every class that I enter. Keep up the good work as the school year continues!

### **Discipline updates and reminders:**

Tardies: Please try to get to school on time. We have a new tardy policy this year that has more strict consequences than in the past (refer to the student handbook). We want every student in class for the entire period so they can learn as much as possible and not disrupt learning for others once class has started.

Cell phones and other electronic devices: Unless a teacher has approved of using cell phones in a classroom for instructional purposes then they should not be in use. Please keep headphones away during the school day as well.

Dress code: The majority of students have done a great job so far following the dress code at Delmar School District. Please remember to keep the shirts tucked in and to wear a belt. As it is getting colder, many students are wearing jackets that are not dress code approved. Students may not wear any jacket or outerwear that has a hood. The only approved colors for outerwear are: white, gray, orange and blue.

### **Clubs and Activities:**

#### Class of 2019 SGA

*President:* Kaleigh Layton      *Vice President:* Angelina Arter      *Treasurer:* Hailey Bitters

*Historian:* Devin Bunting      *Secretary:* Jordan Moore

*Parliamentarian:* Rebecca Wyatt

Members At Large: Hannah Davis, Anna Webster, Noah Hale, Morgan Wright, Emma Harris, Kaylee Smith, Kyrsten Lambrose, Felicity Justice, Gabriella Morelli, Payge Hudson, Natalie Smith, Haley Rieben, Hannah Townsend, Morgan Paradis, Logan Bowers, Parth Patel, Allie Ward

The SGA put on a great fall carnival that is going to hopefully become an annual event. It was great fun for little kids, including my three year old!



### Math League

Math League had its first competition this school year on November 3. Students competed against surrounding schools and took 3<sup>rd</sup> place being only 1 point away from 2<sup>nd</sup> place. Mrs. Marshall and Ms. Barrow couldn't be prouder of the students for giving it their all and showing surrounding districts Delmar Pride.



### Key Club

Key Club did an excellent job organizing and running an entertaining and fun Homecoming dance for Delmar High School. They also sponsored and help set up the very popular Trick-or-Treat night that occurred on Halloween. The Key Club will be involved in these holiday activities coming up in the next two months: collecting holiday show boxes, which will be wrapped and shipped overseas to children in third world countries, caroling at local nursing homes, volunteering at Route 13 Dragway & Speedway for Holiday Lights, and Key Club 'adopts' a needy family from Delmar and buys gifts.

### Young Writer's Program

Amber Tamosaitis is running the National Novel Writing Month Young Writer's Program. It is both in the middle and high school. National Novel Writing Month is an event held every November where authors try to write a novel of at least 50,000 words in 30 days. They are meeting every Monday and Wednesday afterschool this month in Ms. Rodenbaugh's room (7th grade). There have been about 20 students participating. The group meetings are really great. Kids do free writes and word wars and they practice giving each other feedback, both encouraging and constructive. This is the first school I have worked at that participated and it's been very inspiring to see all these student writers at work!

### Book Club

Book club read *Edgewater* by Courtney Sheinmel last month and will be reading *Beastly Bones* by William Ritter for our December 3 meeting. This is the sequel to *Jackaby* which we read last year.

### National Honor Society

NHS helped with Trick-or-Treat night on October 31st, followed by a wonderful honors night where 25 students in grades tenth through twelfth were inducted as new members. Students have also helped babysit during Perkins night and Title I Nights. These students are involved in serving their community on a regular basis.



# High School Department Academic Highlights & Activities



## English Language Arts

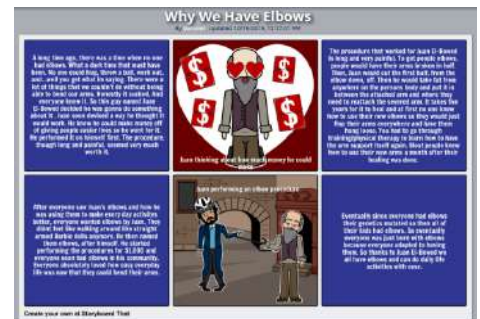
**9th grade** English language arts classes are exploring narrative structure through a study of short stories. We are focusing on how authors use literary devices to make their writing more effective. Each short story will be paired with another type of text (non-fiction, poem, visual aid) that is similar to the story in some way. This pairing of texts helps students to meet Common Core State standards and prepares them for the performance task portion of Smarter Balanced which they will take again in eleventh grade. Ninth grade honors classes are working on an independent reading project both inside and outside of class. Students

chose a contemporary mystery novel to read outside of class. Once a week, students meet with group members who are also reading the same novel. Each student plays a different role in the Literature Circle meeting. This allows them to explore the mystery genre and exercise speaking and listening skills within their groups.

**10th grade** English II is spending the first part of the year in Ancient Greece with a unit on Greek Mythology. The unit allows students to analyze specific viewpoints of a different culture and time period through reading various Greek myths and drawing connections to our modern society. We compared creation myths from several different cultures before focusing on how ancient Greeks believed the universe, earth and mortal man were created. We reviewed narrative plot

structure as students wrote their own creation myths which could

explain a mythical way any modern item or technology. Using a free educational website called StoryBoard, they were able to share their ideas through visual story-telling. Through their stories, we “discovered” how eyelids, Google, Starbucks, elbows, baseball, guitars, music, food, eyebrows (and SO much more!) were created. We’ve also spent time reviewing and developing the Point-Evidence-Analysis writing process as students have completed brief writing assignments to discuss how the themes in Greek myths still resonate today. 10th grade Honors classes will begin outside reading at the start of Quarter 2 with *The Odyssey* to extend our study and use what they’ve learned in class about Greek mythology.



**11<sup>th</sup> grade** English III begins the year examining early American writing. Students read about the Native American Experience, Exploration and the Early Settlers, and the Puritan Tradition through an in depth study of historical narratives, poetry, and persuasive writing. This unit allows students to analyze the historical context and cultural characteristics of the earliest inhabitants of America, while making connections to modern society. Students spend a considerable amount of time studying grammar and writing throughout this unit and write an informative essay that compares historical narratives. The unit wraps up with a study of the American Drama. Students read, act out, and analyze Arthur Miller’s *The Crucible*, while concentrating on the author’s use of characterization. This unit lays the foundation for the study of America’s founding documents and persuasive writing.

## Senior English—Mrs. Kline & Dr. West

Most of the seniors have been busy working on our non-fiction narrative/college application essay unit of study. They have been mastering writing techniques and strategies and working on perfecting grammar and usage skills. Pictured below are student groups working as “college admissions boards” to evaluate sample college application essays. Up next will be some résumé writing, and after that, we will begin studying the origins of British Literature.



### News from the High School Math Department:

Our math students are hard at work achieving and growing. The high school mathematics competition team competed in their first meet on November 3<sup>rd</sup> at Sussex Central High School. During this meet, our tenth through twelfth grade team placed third. Three of our high school students, John Bell, Brady Knight, and Rebekah Noonan, participated in the 32<sup>nd</sup> Annual Eastern Shore High School Mathematics Competition held at Salisbury University on November 5<sup>th</sup>. We are proud of all our students and congratulate those who participate in each of these teams.

### News from the High School Science Department:

With Delaware’s adoption of the Next Generation Science Standards, Delmar science teachers are continually evaluating current lessons and working towards integration of NGSS practices, cross-cutting concepts and core ideas. Classroom focus is on gathering, reasoning and communicating information. Teachers are attending training in a variety of areas including NGSS Curriculum Development, Biology (Science & Global Issues), AP Insight and Common Core Common Ground. The Science Olympiad team, which is open to any 9-12<sup>th</sup> grader interested, should start meeting either before or soon after the holiday break. The Science Olympiad competition is set for Saturday March 5<sup>th</sup> at Delaware State University. On a different note, the Science department is also class advisors for the sophomores. In order to raise funds for prom and graduation they are currently selling delicious Fisher’s Popcorn. Please support the Class of 2018!

**News from the High School Social Studies Department:**

The Department would like to thank the local Veterans who came out to the Veterans' Day Ceremony. We had over 25 veterans participate in the ceremony. In our classrooms, we continue to challenge students with higher level thinking activities. Our AP U.S. History class is preparing for the AP exam and learning about the foundations of our country. The juniors are investigating the effects of industrialization. In economics we are preparing to learn about the supply and demand curves and the determinate that affect them. Our freshman are studying the founding documents of our country and analyzing their meaning. The Honors World

History and the Honor Civics class had the opportunity to discuss current events with Governor Jack Markell. The Department would like to thank him for taking his time to visit with the students. We have the ASVAB scheduled for 16 DEC 15 to assist students with career planning. Parents: please ask your student what they are learning about in Social Studies and grab a book to read with them.







## World Language Education



### ¡Bienvenidos!

The World Language Department has gotten off to a great start this year!  
We are excited to offer Spanish levels 1, 2, 3 and 4 at Delmar High School!

#### WHY LEARN SPANISH?

As language teachers, we are often confronted with the age-old question, "Why do I need to study a foreign language?" Below are the top five reasons for studying a foreign language, according to the National Education Association:

**1. Studying a foreign language improves your English skills.**

It's true! When you learn a new language, you reinforce the basics-grammar, sentence structure, and punctuation. Even though they might not be exactly the same in both languages, foreign language students become more aware of their English writing skills.

**2. Bilingual students are better multitaskers!**

Switching back and forth between languages strengthens your ability to perform simultaneous tasks: A highly sought after skill in many careers.

**3. Speaking of careers...knowing a second (or third) language increases your chances of getting a job.**

In today's economy, employers are looking for candidates who stand apart from the crowd. That includes people with unique skills, such as speaking a foreign language.

**4. Studying a foreign language in high school may help you get into college.**

College admissions criteria have become more competitive over the past ten years. Did you know that the average state college student studied three years of foreign language in high school? Studying a third or fourth year of Spanish, French, or Mandarin may have a direct impact on the number of college acceptances you receive.

**5. Studying a foreign language has positive health benefits.**

Research has linked the study of foreign languages to decreases in Alzheimer's, dementia, and other forms of age-related mental decline, as well as improved mental acuity and overall cognitive function.

(Data courtesy of the National Education Association 2007 study: Regarding World Language Education)



Please know that we are fully committed to ensuring that your student will be successful in our classes. Please monitor Home Access in order to view your student's progress. We offer tutoring after school every Thursday and additional days if prior arrangements are made. Feel free to contact us with any questions or concerns.



[emily.ritchey@delmar.k12.de.us](mailto:emily.ritchey@delmar.k12.de.us)



[belgica.nina-matos@delmar.k12.de.us](mailto:belgica.nina-matos@delmar.k12.de.us)



[caitlyn.ritfenburg@delmar.k12.de.us](mailto:caitlyn.ritfenburg@delmar.k12.de.us)



The Spanish Honor Society will be collecting pajamas during the months of November and December for homeless children in Wicomico County. We enjoyed this project greatly last year and are also looking forward to its success this year! Please join us in this effort!



## High School Fine Arts Updates



The Delmar High School Fine Arts Department has certainly had a busy start to the school year! First, a HUGE congratulations goes to the high school band director, Mrs. Kayla Riepen, and her husband on the birth of their daughter, Emily Catherine, on 9/19/15. Both mother and baby are doing well.

The Delmar High School marching band has had an incredible season this year. All of the students have worked extremely hard during Mrs. Riepen's absence. Their 2015 show is called "Spanish Adventure" and features three movements. The first movement is titled "El Tiburon" (known as "The Shark"). The students have affectionately named this movement "Bruce" after the shark from "Finding Nemo". The second movement, titled Espana, is a little bit slower to give us the feeling of a Spanish dance titled Paso Doble. The third and final movement is titled "Malaguena", which is another type of Spanish dance. The band concluded their 2015 football season on FRIDAY, NOVEMBER 13, 2015. During Mrs. Riepen's absence, the band has been under the direction of

choral director Ms. Stephanie Fernsler. The band performed in the 2015 homecoming parade as well as the 2015 Veteran's Day assembly on November 10, 2015. They were also featured on WBOC recently. The band will be performing in several parades this season. You will DEFINITELY be able to see them at the Delmar Parade on December 5, 2015. The band's holiday concert will be on THURSDAY, DECEMBER 17, 2015 at 7:00 pm. Please come out to support the band!



The Delmar High School choral program has had a busy start to their season! For the past few months students have been vigorously working on selections for their winter concert on THURSDAY DECEMBER 10, 2015 at 7pm. In addition to preparing for the winter concert, several students have begun rehearsals for this year's musical "Shrek: The Musical". The show will premiere March 10-12 and all shows will be at 7:00 pm.



A HUGE THANK YOU goes out to everyone who came to support the chorus at their quarter auction in early November!!!!







# High School Physical Education

## Fitness Gram

The fitness gram test is given as a pre and posttest in your child's 9<sup>th</sup> or 10<sup>th</sup> grade physical education class. The test includes the following components:

1. **PACER Test** – a running test to determine cardiovascular endurance
2. **Curl-up Test** – similar to sit ups used to test muscular endurance
3. **Push-up Test** – test muscular strength
4. **Trunk Lift** – test used to determine flexibility
5. **Sit & Reach** – a test used to determine flexibility

Your child's height and weight is also taken. This is to help determine a student's BMI (Body Mass Index). This test is given as a pretest at the beginning of the course and then again at the end of the course. Our hope is that each student improves from the pre to post test. Throughout the semester of physical education our department will complete a variety of activities that will help your child improve their components of fitness.

## Weight Room Rules

- NO horseplay
- Rack weights after every use
- Always use a spotter
- No food or drink in the weight room
- Clean all equipment with disinfectant after each use

During with winter months the weight room becomes a great place to exercise. Usually 2 times per week your child will get to work out in our weight room. A portion of their daily participation grade will be given for their effort during their workouts.



### Physical Education Teachers

**Michael Bleile**

[Michael.bleile@delmar.k12.de.us](mailto:Michael.bleile@delmar.k12.de.us)

**Jodi Hollamon**

[Jodi.hollamon@delmar.k12.de.us](mailto:Jodi.hollamon@delmar.k12.de.us)

## DAILY PARTICIPATION GRADE

Each day students are assessed a participation grade based on a 5 point scale on Straight 8 days and a 10 point scale on block days, for a total of 25 points for a full week of physical education. Some of the things we look for when assessing are: on time, fully dressed in a change of clothes, tennis shoes, fully cooperative, positive sportsmanship and actively engaged. Grades are updated in home access center bi-weekly.

# Career & Technical Education

## Middle School & High School Business Professionals of America

Both Middle School and High school Clubs have had meetings to discuss event selection for the 2016 State Leadership Conference that will be held in Dover, Delaware. If your student is still interested in joining please contact one of the High School or Middle School Business Teachers for more information!



Some important dates to keep in mind as we move closer to leadership conference time:

- State Test Day: February 5, 2016
- Middle School State Leadership Conference: February 24, 2016
- High School State Leadership Conference: February 25, 2016

Many events have a deadline to submit work by early February so please begin working on your event now!

## Delmar FFA Chapter

September 22-23 the FFA Officer team (Amy Wilber, Makayla Musgrove, Kara Davis, Adam Hastings, Caitlin Schnepel, and Bryanna Blake) attended Chapter Officer Leadership Training (COLT), where they participated in leadership activities, a hunger awareness program, and competed in the Opening and Closing Ceremonies contest, placing 3<sup>rd</sup> in the state.



October 27-30 five members attended the National FFA Convention in Louisville, Kentucky. The Food Science and Technology team (Destinee Addlesberger, Bryanna Blake, Hannah Craven, and Kara Davis) competed in the national contest earning Bronze awards as a team and individuals. Amy Wilber attended as a state Agriscience Fair finalist, while in Kentucky; Amy attended a workshop about the National FFA Scholarship Program.

Some upcoming dates to remember”

- FFA Scholarship Night December 2, 2015 3:00 – 5:00 pm
- Salvation Army Red Kettle Campaign December 12, 2015 9:00 – 3:00 pm
- Fruit and Nut Fundraiser Arrives the week of December 14<sup>th</sup>

It's not too late to become a VIP FFA member; students should see Mrs. Legg or Mrs. Nesbitt for an application.

## Yearbooks



Yearbooks can still be ordered. They are \$75 through January 29th and go up to \$80 after that. Students can get an order form at school or they can be ordered online at [www.jostensyearbooks.com](http://www.jostensyearbooks.com). If anyone has candid photographs from field trips or other school activities, please email them to [Samuel.ellis@delmar.k12.de.us](mailto:Samuel.ellis@delmar.k12.de.us) along with the names of anyone in the photo and a brief description of what was taking place.

# DMSHS Student Mentoring Program



[Kelly.Tingle@delmar.k12.de.us](mailto:Kelly.Tingle@delmar.k12.de.us)  
302-846-9544 Ext. 102

Questions regarding student mentoring...	...and answers
What is the purpose of this program?	The purpose of this program is to provide guidance and support to young people in need.
Who are the mentors?	DMSHS teachers and staff members
Which students are directly involved?	Any student referred to the program in grades 5-12 2014-2015 enrollment: 17 middle-school students 2015-2016 enrollment: 35 (and increasing) middle and high-school students
How can your child join the program?	~Teacher referral to mentoring coordinator ~Contact problem coordinator with the following information: child's name; grade level; parent contact info; areas of concern/focus
What is the relationship between mentor and mentee?	Mentors often focus (but are not limited to) on the following areas: ~Academic support (i.e. H.W. help; grade monitoring) ~Behavioral support (i.e. incentive plans) ~Decision making ~Self-esteem and confidence ~Positive attention ~Emotional support (i.e. coping with family dynamics) ~Making friends
How often do mentors meet with their mentees?	~Weekly/bi-weekly check-ins during the school day (at mentor's discretion) ~Once a month after-school mentoring event (i.e. pumpkin painting; Thanksgiving dinner)
Who can I contact if I have questions about this program?	Kelly Tingle Student Mentoring Coordinator <a href="mailto:Kelly.Tingle@delmar.k12.de.us">Kelly.Tingle@delmar.k12.de.us</a> 302-846-9544 Ext. 102



# Nursing Department Updates

It's that time of the year again. Here is some information regarding preparing for the cold and flu season.



## **How to Decrease Cold and Flu Symptoms**

- Wash hands well. Antibacterial soap is not necessary, liquid or bar soap with moisturizer gets rid of viruses just as well. It is the action of running water over hands while rubbing them together that is most effective. Instant hand sanitizer is very useful to prevent the spreads of germs, especially when you are preparing to eat and no water is available to wash hands.
- Orange juice/Vitamin C daily to ward off the cold virus; both are excellent anti-inflammatory agents.

## **IS IT COLD OR FLU?**

### **COLD**

- Stuffy nose
- Sneezing
- Low grade fever, infrequently
- Sore throat
- Mild cough
- Can lead to sinus congestion and/or earache

### **FLU**

- Fever (over 102 for 3-4 days)
- Fatigue (lasting up to 2-3 weeks headache is frequently present)
- General body aches and pains
- Extreme exhaustion
- Cough is common and can become severe
- Can lead to bronchitis and pneumonia

## **TREATMENT**

One trusted treatment for cold is to take decongestants like Sudafed, Mucinex to decrease symptoms of mucus and congestion, or an antihistamine, Benadryl. Check with your health care provider before taking any medications. Advil or Tylenol type medications will help to stop the cold symptoms, ease body aches, and reduce fever.

Another simple remedy is frozen Popsicles as a means to increase fluids plus a way to decrease symptoms of mucus and fever while helping to relieve the cold symptoms and ease body aches. Drink a lot of fluids, water, fruit juice, and don't forget the chicken soup!

For cough and sore throat, try sucking on a lozenge, or peppermint. This decreases the dryness and irritation of the throat. Occasionally, the post-nasal drip will cause a stomach ache and the hard candy will work to decrease stomach upset.

To decrease the cough at night, raise the head of the bed or use several pillows to decrease this post nasal drip.

Cold or flu usually lasts one week. IF symptoms still persist after one week, follow-up with your health care provider, to rule out complications such as strep throat, ear infections, sinusitis, bronchitis, or pneumonia.

Remember that the body needs plenty of rest while trying to fight off an infection.

IF your child has a fever and/or is vomiting, PLEASE don't send them to school.

If in doubt, call your school nurse for advice. School nurses can provide useful information regarding your child's health. *Information provided by Delaware School Nurses Association [www.dsna.org](http://www.dsna.org)*





## Wellness Center Updates

*“Be Prepared for Cold and Flu Season”*

Cold and flu season is fast approaching. Both colds and flu are caused by respiratory viruses and share some common symptoms but there are also several differences that will help you tell them apart. According to the CDC flu symptoms are usually more severe. Flu symptoms typically include a fever, generalized body aches, chills, weakness fatigue and headache. Both colds and flu may include symptoms of coughing though coughing tends to be more severe with flu. Colds usually have a slower onset and include sneezing and nasal congestion as well as sore throat, though sore throat and nasal symptoms are sometimes seen with the flu as well. Vomiting and diarrhea may accompany the flu though this is more common in children than adults.

The CDC states “the single best way to protect against the flu is to get vaccinated each year.” Each year, the viruses that cause the flu change which is why the vaccine needs to be done annually. The vaccine is a research based “best guess” of what viruses will cause the flu that year. Occasionally the “best guess” is wrong, like last year, and the vaccine is less effective than hoped but it remains the best way to protect against the flu. Talk with your health care provider about getting you and your family vaccinated. Both colds and flu are contagious often one day before symptoms are apparent to a week after becoming sick. Avoiding sick people when possible and good hand washing with soap and water or alcohol-based hand rubs will also help decrease the incidence of cold and flu. If your child is sick, the Wellness Center is available to help. Feel free to give us a call at 302-846-0303.

## Guidance Department Highlights



The Counseling office has been busy with the jump start of the school year. Students now have schedules completed and the first report cards have been issued. In October, we completed the PSAT testing for students in grades 10 and 11. We will be offering the SATs on December 5. We wish everyone a Happy Thanksgiving and hope that everyone has a relaxing time with family and friends.



### **Director of Guidance Services**

Ilah Preston [ilah.preston@delmar.k12.de.us](mailto:ilah.preston@delmar.k12.de.us)

### **Senior Guidance Counselor:**

Marc Dickerson [marc.dickerson@delmar.k12.de.us](mailto:marc.dickerson@delmar.k12.de.us)



### **Middle School Guidance Counselor**

Martie Hudson [martie.hudson@delmar.k12.de.us](mailto:martie.hudson@delmar.k12.de.us)



Check the Delmar Website College Central link for the latest college Scholarships: [www.delmar.k12.de.us](http://www.delmar.k12.de.us)



## Winter Sports Update

Winter Sports tryouts and practices began on Friday, November 13<sup>th</sup>. Varsity, JV and Middle School teams in Boys & Girls Basketball, Wrestling, and Cheerleading will be participating in events which begin in early December.

A DIAA Sports Physical must be on file at school in order to tryout. Any questions regarding teams or practices should be directed to David Hearn, Athletic Director, either by email or phone.

### Delmar HS/MS - Winter 2015/2016 - Sports Schedules

Printed: 11/17/2015

#### Basketball - Boys V

11/21 Sat	9:00 A	*Play Day @ Sussex Tech
11/24 Tue	4:00 H	*Bennett
12/4 Fri	7:15 H	Lake Forest
12/5 Sat	A	Upstate/Downstate Hoops Challenge
12/8 Tue	6:15 A	Milford
12/11 Fri	5:30 A	Indian River
12/17 Thu	7:15 A	Seaford
12/22 Tue	5:30 A	Wicomico
12/26 Sat	H	Governor's Challenge
12/28 Mon	H	Governor's Challenge
1/5 Tue	6:15 A	Laurel
1/8 Fri	7:15 H	Sussex Aca
1/14 Thu	5:45 H	Woodbridge
1/19 Tue	6:15 A	Lake Forest
1/22 Fri	5:30 A	Parkside
1/26 Tue	5:45 H	Milford
1/28 Thu	5:30 A	Pocomoke
1/29 Fri	7:15 H	Indian River
2/5 Fri	7:15 H	Seaford
2/9 Tue	5:45 H	Laurel
2/16 Tue	6:15 A	Sussex Aca
2/19 Fri	7:15 A	Woodbridge

#### Basketball - Boys MA

12/7 Mon	4:00 H	Chipman MS
12/9 Wed	5:15 A	Fifer MS
12/14 Mon	4:00 H	Sussex Aca
12/16 Wed	5:15 A	Grgetwn MS
1/6 Wed	5:15 H	Seaford MS
1/11 Mon	4:00 H	Selbyville
1/13 Wed	5:15 A	Millsboro
1/20 Wed	5:15 H	Providence
1/25 Mon	4:00 H	Dover AFB
1/27 Wed	5:15 A	Woodbridge
2/1 Mon	4:00 H	Laurel MS

#### Basketball - Girls JV

11/24 Tue	4:00 A	*Bennett
12/8 Tue	4:30 H	Milford
12/11 Fri	4:30 H	Indian River
12/15 Tue	5:00 A	Lake Forest
12/17 Thu	4:30 H	Seaford
1/5 Tue	6:00 H	Laurel
1/8 Fri	5:00 A	Sussex Aca
1/14 Thu	5:00 A	Woodbridge
1/19 Tue	4:30 H	Lake Forest
1/22 Fri	4:00 H	Parkside
1/26 Tue	5:00 A	Milford
1/29 Fri	4:00 A	Indian River
2/4 Thu	6:00 A	Seaford
2/9 Tue	5:00 A	Laurel
2/16 Tue	4:30 H	Sussex Aca
2/19 Fri	4:30 H	Woodbridge

#### Wrestling V

11/25 Wed	9:00 A	*Parkside
11/28 Sat	10:00 H	*Bennett
12/5 Sat	10:00 A	Polytech Invitational
12/11 Fri	A	Milford Invitational
12/12 Sat	A	Milford Invitational
12/16 Wed	5:00 H	Indian River
12/18 Fri	5:00 A	Howdy Duncan Invitational
12/19 Sat	11:00 A	Howdy Duncan Invitational
1/6 Wed	5:00 H	Woodbridge
1/11 Mon	5:30 H	Hodgson
1/13 Wed	6:30 A	Milford
1/15 Fri	H	Franklin Inv. Tournament
1/16 Sat	H	Franklin Inv. Tournament
1/20 Wed	5:00 H	Laurel
1/22 Fri	3:00 A	Canal Classic
1/23 Sat	8:00 A	Canal Classic
1/27 Wed	7:00 A	Seaford
2/2 Tue	5:30 H	Arcadia, Nwrk Chrtr @ Delmar HS/MS
2/3 Wed	6:00 A	Polytech
2/5 Fri	7:00 A	Lake Forest
2/13 Sat	10:00 A	Caravel, Conrad, Wilm Christian @ Caravel Academy

#### Basketball - Boys JV

11/24 Tue	4:00 H	*Bennett
12/4 Fri	6:00 H	Lake Forest
12/8 Tue	5:00 A	Milford
12/11 Fri	4:00 A	Indian River
12/17 Thu	6:00 A	Seaford
1/5 Tue	5:00 A	Laurel
1/8 Fri	6:00 H	Sussex Aca
1/14 Thu	4:30 H	Woodbridge
1/19 Tue	5:00 A	Lake Forest
1/22 Fri	4:00 A	Parkdale
1/26 Tue	4:30 H	Milford
1/29 Fri	6:00 H	Indian River
2/5 Fri	6:00 H	Seaford
2/9 Tue	4:30 H	Laurel
2/16 Tue	5:00 A	Sussex Aca
2/19 Fri	6:00 A	Woodbridge

#### Basketball - Girls V

11/24 Tue	4:00 A	*Bennett
12/4 Fri	7:30 A	Worcester
12/5 Sat	3:00 H	DCHS
12/8 Tue	5:45 H	Milford
12/11 Fri	5:45 H	Indian River
12/15 Tue	6:15 A	Lake Forest
12/17 Thu	5:45 H	Seaford
12/22 Tue	4:00 A	Wicomico
1/5 Tue	5:45 H	Laurel
1/6 Wed	5:00 A	Salisbury
1/14 Thu	6:15 A	Woodbridge
1/19 Tue	5:45 H	Lake Forest
1/22 Fri	5:15 H	Parkside
1/26 Tue	6:15 A	Milford
1/28 Thu	4:00 A	Pocomoke
1/29 Fri	5:30 A	Indian River
2/3 Wed	6:15 A	DAPSS
2/4 Thu	7:15 A	Seaford
2/9 Tue	6:15 A	Laurel
2/19 Fri	5:45 H	Woodbridge

#### Basketball - Girls MA

12/7 Mon	5:15 H	Chipman MS
12/9 Wed	4:00 A	Fifer MS
12/14 Mon	5:30 H	Sussex Aca
12/16 Wed	4:00 A	Grgetwn MS
1/6 Wed	4:00 H	Seaford MS
1/11 Mon	5:15 H	Selbyville
1/13 Wed	4:00 A	Millsboro
1/20 Wed	4:00 H	Providence
1/25 Mon	5:15 H	Dover AFB
1/27 Wed	4:00 A	Woodbridge
2/1 Mon	5:15 H	Laurel MS

#### Wrestling JV

12/16 Wed	5:00 H	Indian River
1/6 Wed	5:00 H	Woodbridge
1/11 Mon	5:30 H	Hodgson
1/13 Wed	5:30 A	Milford
1/20 Wed	5:00 H	Laurel
1/27 Wed	6:30 A	Seaford
2/3 Wed	5:00 A	Polytech
2/5 Fri	6:30 A	Lake Forest

#### Wrestling MA

12/7 Mon	4:00 A	Chipman MS
12/9 Wed	4:00 H	Fifer MS
12/16 Wed	4:00 H	Grgetwn MS
1/6 Wed	4:00 A	Seaford MS
1/11 Mon	4:00 A	Selbyville
1/13 Wed	4:00 H	Millsboro
1/20 Wed	4:00 A	Postlethwa
1/27 Wed	4:00 H	Woodbridge
2/1 Mon	4:00 A	Laurel MS



## Athletic Training News

### **Delmar High School recognized with NATA Safe School 1<sup>st</sup> Team Award**

This past spring the National Athletic Trainers Association recognized Delmar High School with their Safe School Award. Delmar received a 1<sup>st</sup> team designation which means the high school meets all of the criteria as well as taking, extraordinary measures for keeping athletes safe during practices and competition. These items include having an Athletic Trainer present, having an Emergency Action Plan in place, having our coaches trained in CPR, and having good communication within all the various parts of our Emergency Team to include doctors, athletic trainers, coaches, administrators, parents and Emergency Services. Delmar High School is now one of 6 schools in the State of Delaware to receive this recognition and one of 5 to be considered 1<sup>st</sup> team. This is a three year recognition and you will see banners hanging declaring our recognition in the football stadium and in the gymnasium.



### **Athletic Boosters purchase Electronic Medical Recordkeeping Program for Athletic Training**

This fall, our Athletic Booster Club purchased a program from Athletic Trainer Systems that will allow our Athletic Training Department to go completely to Electronic Medical Records (EMR). Each athlete and parent will have access to the Athlete Portal where they can put in their own demographic information such as address, phone number, date of birth, emergency contact information and insurance. This information can be updated throughout the year as information changes. The Athletic Trainer will utilize this program as a means for recording daily treatments, injury reports, daily limitations, and equipment check out. The program will allow electronic communication with parents, so they can access injury information and see more of what is being done for the injured athlete. The Athletic Trainer can also grant access to a coach to their specific roster so they will have up to date information regarding limitations of players on their roster, emergency contact information, medical alerts, and allergies. New DIAA sports physicals can now be found within this program under eDocs/files and can be filled out and signed online, as well as submitted through the program resulting in less of a paper trail and chances of forms being misplaced. All paper physicals and doctor notes turned in will be scanned into the system and filed electronically.

To complete the Athlete Portal:

Enter [delmar2.atsusers.com](http://delmar2.atsusers.com) into your Internet address (Do Not Enter www)

Initial Log in: new

Initial Password: new (These will be changed once you are in the system)

Fill out the highlighted information. It will ask for Athlete ID. You can use your school ID # or first letter of your first name and complete last name. It will ask for phone and email. Please use the parents' phone and email so the Athletic Trainer is contacting parent and not student. Once all information is entered, hit SAVE and more tabs will open. Now you can enter Emergency contact information and Insurance. Hit save again and you are done. We are looking for all athletes to be entered and have a completed DIAA physical turned in prior to the first day of tryouts each season.

Thank you for helping us become 100% compliant. Any questions or problems, please contact Craig Yingling, Athletic Trainer at 302-846-9544 x173.



## **Foodservice News You Can Use**

### **\*New Program Alert\***

High School students do not eat lunch until either 12:15 p.m. or 12:50 p.m. which means often times they go hungry in the late morning. Working with teachers, staff, and administration we created the “Breakfast After the Bell” program. Every day around 9:15 am, we have breakfast carts set up in two high school hallways allowing students to purchase a breakfast that can be then consumed in the classroom. The foods offered make a complete breakfast of grains, fruit, and milk. We have had great participation and positive feedback from students and staff members about the program. Having access to nutrition this time of day has reduced the number of visitors to the nurses’ office and we are hopeful that it has improved concentration during instruction time because, as we all know, you just can’t think when you are hungry.

### **Account Balances**

Many households that applied for Free/Reduced meals after October 1<sup>st</sup> incurred charges to their accounts in the gap between turning in, and processing the application. Please talk to your students about their accounts or log in to [www.myschoolbucks.com](http://www.myschoolbucks.com) to access your account. All unpaid balances will result in your student being placed on our unmet obligation list. Feel free to call our office (302) 846-9544 x 148 if you have any questions.

### **Allergies and Chronic Illnesses**

If your student suffers from a chronic illness or food allergy please provide our Nurses with a Dr.’s note detailing the condition. The Nurses do a great job of communicating with our department to put protocols in place that safeguard your student. We are happy to make time to discuss any concerns you may have. Our office hours are 7:30 a.m. to 2:00 p.m. Monday thru Friday.

### **Community Support**

Along with our annual canned food drive we have partnered with the Harry K. Foundation to maintain the food pantry located in the American Legion building on 2<sup>nd</sup> street in Delmar, Delaware. The pantry will be opened to families from Maryland and Delaware once per month. Saturday, December 12, 2015 we will open from 8:30 to 12:30. Please share this information with any family you know who may have a need.

### **Wildcat Culinary Club**

On Saturday, December 5<sup>th</sup> from 11 a.m. to 3 p.m. at the Delmar Fire Department the Wildcat Culinary Club will have their annual Cookie Walk. The students will be working hard several days before to prepare all kinds of yummy delights. Stop by before or after Delmar’s Christmas parade to fill your box!



Have a great winter!