

LEILEHUA HIGH SCHOOL

1515 California Avenue

Wahiawa, HI 96786

(808) 305 - 3000

# MULE TRACKS

December 2022 / Vol 4

## Vision

Students will lead fulfilling lives and contribute positively to society.

## Mission

Students and staff promise to exemplify the Leilehua Way of Leadership, Humility and Service.

We promise to provide rigorous curriculum and life experiences to develop the whole child.

We promise to go above and beyond daily routines to nurture student success.



## Administration Team

Principal: Jason Nakamoto  
C/O 2023 VP: Shane Nakamura  
C/O 2024 VP: Shawn Nakata  
C/O 2025 VP: Akenese Atonio-Figueroa  
C/O 2026 VP: Shelley Ferrara  
Athletic Director: Nolan Tokuda  
Student Services Assistant: Tani Ader

From all of us here at Leilehua High School,

*Happy Holidays!*

## Principal's Message



Dear Leilehua Families,

Happy Holidays! We hope everyone will have some time to spend with family and friends during this holiday season. Please take care and be safe during the Winter Break. School will resume on Thursday, January 5, 2023.

As the first semester comes to a close, please remind your child(ren) to monitor their academic progress so they can put themselves in a good position to be promoted to the next grade level or graduate on time. To assist with student academic success, we have after-school and evening tutoring. We also have grade-level counselors and vice-principals to support students. Please reach out to them if your child needs support.

Lastly, don't forget to download our school's app to stay current with updates and information. You can also receive information from the school's website and social media platforms. Again, Happy Holidays and Happy New Year.

Sincerely,  
*Jason Nakamoto*

**"The Leilehua Way"**  
*Leadership  
Humility  
Service*

### **Class of 2023 (Grade 12)**

Vice Principal - Shane Nakamura

Counselor (A-K) - Lynn York

Counselor (L-Z) - Erin Chow

### **Class of 2024 (Grade 11)**

Vice Principal - Shawn Nakata

Counselor (A) - Lois Lozano

Counselor (B) - Carrine Higa

Counselor (C) - Erin Chow

Counselor (D-E) - Lynn York

Counselor (F-H) - Chad Jicha

Counselor (I-K) - Kimberly Townsend

Counselor (L-Z) - Michele Sales

### **Class of 2025 (Grade 10)**

Vice Principal - Akenese Atonio-Figueroa

Counselor (A-K) - Chad Jicha

Counselor (L-Z) - Kimberly Townsend

### **Class of 2026 (Grade 9)**

Vice Principal - Shelley Ferrara

Counselor (A-K) - Lois Lozano

Counselor (L-Z) - Carrine Higa

### **College & Career Facilitator**

Rocio Alano

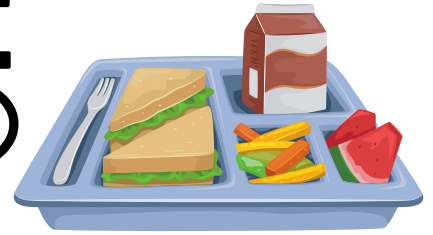
### **Behavioral Health**

Gabriel Maunapau

Rebecca Miyahira

*HAPPY  
Holidays*

# WHAT'S ON THE MENU?



## LEILEHUA HIGH SCHOOL | HOME OF THE MIGHTY MULES DECEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b>BREAKFAST</b> CINNAMON ROLL  <b>LUNCH</b> HOT DOG IN A BUN	2 <b>BREAKFAST</b> PORTUGUESE SAUSAGE W/RICE  <b>LUNCH</b> ROAST PORK W/GRAVY
5 <b>BREAKFAST</b> PIZZA BAGEL  <b>LUNCH</b> TASTY TENDERS W/RICE	6 <b>BREAKFAST</b> CHICKEN PATTY W/RICE  <b>LUNCH</b> CHICKEN SANDWICH	7 <b>BREAKFAST</b> FRENCH TOAST STICKS  <b>LUNCH</b> NACHOS	8 <b>BREAKFAST</b> COFFEE CAKE W/PORK SAUSAGE  <b>LUNCH</b> BEEF PATTY W/GRAVY	9 <b>BREAKFAST</b> CEREAL W/TOAST  <b>LUNCH</b> KALUA PORK W/CABBAGE
12 <b>BREAKFAST</b> MINI HOTCAKES  <b>LUNCH</b> PEPPERONI PIZZA	13 <b>BREAKFAST</b> BREAKFAST PIZZA  <b>LUNCH</b> HAMBURGER CURRY	14 <b>BREAKFAST</b> PORTUGUESE SAUSAGE W/RICE  <b>LUNCH</b> MAC & CHEESE	15 <b>BREAKFAST</b> COUNTRY BREAKFAST  <b>LUNCH</b> NO LUNCH SERVICE	16 <b>NO MEAL SERVICE</b>



**WINTER BREAK**  
DECEMBER 19 - 30  
School Resumes on Thursday, January 5, 2023

All meals include a choice of 1% White or Chocolate Milk. MENU SUBJECT TO CHANGE WITHOUT NOTICE

### HOURS OF SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b> 7:40am - 8:10am	<b>Breakfast</b> 7:40am - 8:10am	<b>Breakfast</b> 7:40am - 8:10am	<b>Breakfast</b> 7:40am - 8:10am	<b>Breakfast</b> 7:40am - 8:10am
<b>Lunch</b> 12:40pm - 1:10pm	<b>Lunch</b> 12:40pm - 1:10pm	<b>Lunch</b> 12:40pm - 1:10pm	<b>Lunch</b> 12:40pm - 1:10pm	<b>Lunch</b> 12:40pm - 1:10pm

Students must present their school ID to purchase meals.  
Regular meal rates apply.

**\*\*THIS INSTITUTE IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER\*\***



# QUARTER 2 ASSESSMENT WEEK

<i>Monday</i> DEC 12	<i>Tuesday</i> DEC 13	<i>Wednesday</i> DEC 14	<i>Thursday</i> DEC 15	<i>Friday</i> DEC 16
<b>Period 3</b> 8:30 - 10:00	<b>Period 5</b> 8:30 - 10:00	<b>Period 7</b> 8:30 - 10:00	<b>Period 2</b> 8:30 - 10:00	<b>Make-up</b> 8:30 - 10:00
<b>BREAK</b> 10:00 - 10:15	<b>BREAK</b> 10:00 - 10:15	<b>BREAK</b> 10:00 - 10:15	<b>BREAK</b> 10:00 - 10:15	<b>BREAK</b> 10:00 - 10:15
<b>Period 4</b> 10:15 - 11:45	<b>Period 6</b> 10:15 - 11:45	<b>Period 1</b> 10:15 - 11:45	<b>Make-up</b> 10:15 - 11:45	<b>Make-up</b> 10:15 - 11:45
<b>Lunch</b> 11:45 - 12:15				
<b>Buses depart at 12:25 pm</b>			<b>Buses depart at 10:15 am</b>	<b>NO BUS SERVICES</b>

## MODIFIED BELL SCHEDULE JANUARY 2 - 6, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>JANUARY 2</b> New Year's Day (Observed)	<b>JANUARY 3</b> Teacher Work Day	<b>JANUARY 4</b> Teacher PD Day	<i>Passing</i> 8:15 - 8:20	<i>Passing</i> 8:15 - 8:20
			<i>Opening</i> 8:20 - 8:30	<i>Opening</i> 8:20 - 8:30
			<b>Period 1</b> 8:30 - 9:45	<b>Period 5</b> 8:30 - 9:45
			<i>Passing</i> 9:45 - 9:55	<i>Passing</i> 9:45 - 9:55
			<b>Period 2</b> 9:55 - 11:10	<b>Period 6</b> 9:55 - 11:10
			<i>Recess / Passing</i> 11:10 - 11:25	<i>Recess / Passing</i> 11:10 - 11:25
			<b>Period 3</b> 11:25 - 12:40	<b>Period 7</b> 11:25 - 12:40
			<i>Lunch / Passing</i> 12:40 - 1:15	<i>Lunch / Passing</i> 12:40 - 1:15
			<b>Period 4</b> 1:15 - 2:30	<b>Period A</b> 1:15 - 2:30

Quarter 2  
Assessment Week  
Bell Schedule  
December 12 - 16

Beginning of  
3rd Quarter  
Bell Schedule  
January 2 - 6



TRANSITION CENTER

## RECENT VISITS TO LHS!

THANK YOU for visiting the LHS Aloha Transition Center. We hope you had a great experience with the Transition Center sharing, Tour of our campus, ESports sharing, and lunch in the library from our very own cafeteria! Mahalo to all who helped make this visit a success. Special thanks to Principal Nakamoto, our senior Aloha Ambassadors--BLAZE-ALLEN FARIA, SIERRA BARIT, and KYRA YAMADA, our Vice Principal's, Security, Cafeteria, Front Office, Library and Student Activities staff members for all your help and contribution to our gift bags!

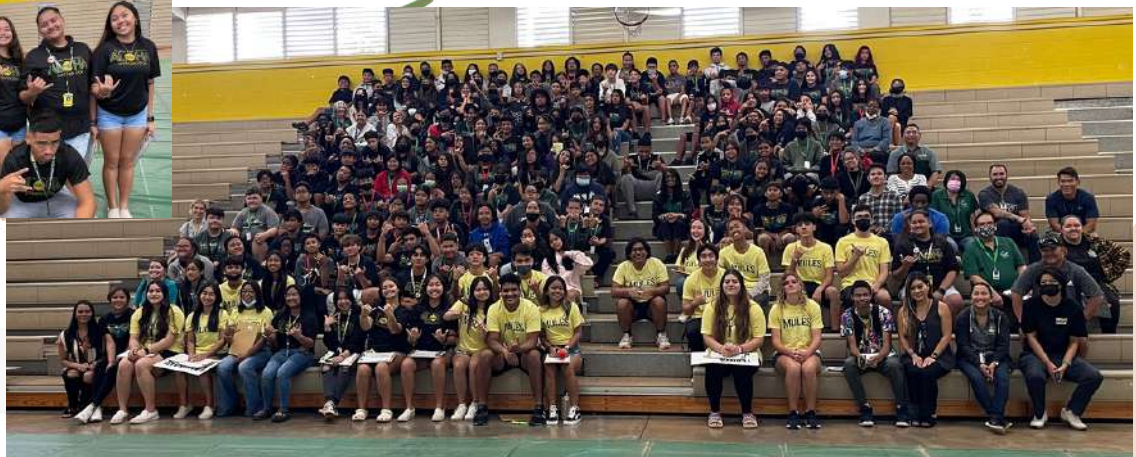


DoDEA Pacific Director of Student Excellence- Lois Rapp  
 DoDEA Education Liaison to INDOPACOM - Jean Grice  
 HIDEO Military Liaison - Cherry Okahara  
 School Liaison Office - Sheena Cooper



### Wahiawa Middle School Visitation

November 14, 2022



# Hawai'i Pacific Health Medical Assistant Program

**HAWAII PACIFIC HEALTH**  
KAPĪŌLEI PALI MO'ŪI STRAUB WILCOX  
CREATING A HEALTHIER HAWAII



**Leeward Information Session:**  
Monday, December 5 at 6:00 p.m. – 7:00 p.m.  
Waipahu High School Library  
94-1211 Farrington Highway  
Waipahu, HI 96797

**Honolulu Information Session:**  
Friday, December 9 at 6:00 p.m. – 7:00 p.m.  
W.R. Farrington High School Library  
1564 North King Street  
Honolulu, HI 96817

## PROGRAM OVERVIEW

As part of an ongoing commitment to education and community involvement, Hawai'i Pacific Health in partnership with local high schools offers a ground-breaking Medical Assistant certificate program to train high school students for careers in the health care field. This sponsored program will enable students to learn the skills necessary to enter the health care field upon graduating from high school and excel in a career as a Medical Assistant.

- Classes and labs held on week days and Saturdays to accommodate student's schedule
- Classes taught by experienced health care professionals
- Successful completion of this program prepares students to sit for a nationally recognized Medical Assistant certification exam
- Program combines classroom training and clinical experience for immediate application of new skills
- Priority consideration for employment with HPH and/or other community partners for each student who successfully completes the program and passes the certification exam

## WHAT IS THE ROLE OF A MEDICAL ASSISTANT?

Medical Assistants play a key role in delivering the highest quality care to patients and their families. This includes assisting with patient care and procedures, administering medications, documenting routine office laboratory and diagnostic tests, as well as performing administrative medical office and business practices such as coding and billing.

## TOPICS COVERED AT INFORMATION SESSION

- Application requirements
- Application and interview process
- Program curriculum
- Program demands and expectations

For more information, contact Mae Dorado at [Mae.Dorado@hawaiipacifichealth.org](mailto:Mae.Dorado@hawaiipacifichealth.org).

# AFTER SCHOOL WRITING CENTER

The LHS after-school writing center has been established to provide all students with writing support from various English Teachers. All LH students can drop in for targeted support, a quiet place to work on writing assignments, and/or writing feedback if needed. Writing for any course is welcome.

@ the Library Learning commons

Days and Time:  
Monday, Tuesday, Thursday, and  
Friday from 2:45 pm to 4:00 PM



SHOW YOUR SCHOOL SPIRIT!

# T-SHIRT EXCLUSIVE COLLECTION



**\$15**

PURCHASE IN ROOM 28  
CASH OR CHECK ONLY  
PAYABLE TO: LEILEHUA HIGH SCHOOL



LEILEHUA HIGH SCHOOL

# 2ND'S FOOD TRUCK EVENT IS BACK!

Organized by the  
Leilehua C/O 2024



## FOOD

Enjoy food truck vendors from around the island!

## ENTERTAINMENT

Students from the Leilehua complex will be performing throughout the event!

## CRAFTS

Start your holiday shopping at our amazing craft fair!

**DECEMBER 9TH**  
4PM - 8PM  
**LEILEHUA FRONT PARKING LOT**



## Mules Track and Field

Any Student Athlete that is interested in joining Leilehua JV/ V Track & Field team, please contact Coach James for additional information:

(808) 341-8626/ email [JTL96786@gmail.com](mailto:JTL96786@gmail.com).

Documents required under the Athletics Tab (Found on school website)

- Physical
- Emergency Contact Card



## FUNDRAISER

Support Leilehua High School

C/O 2025

WEDNESDAY, DECEMBER 14TH, 2022  
MILILANI & SCHOFIELD LOCATIONS!

MENTION LEILEHUA OR SHOW THEM THIS FLYER WHEN PURCHASING FROM RAISING CANE'S

*Thank You*

FOR YOUR SUPPORT!

For more information regarding Leilehua Athletics, please visit the Athletics tab on the Leilehua website.

## HOLIDAY CARDS

DESIGNED BY STUDENTS IN DRAWING AND PAINTING AT LEILEHUA HIGH SCHOOL



Individual Cards for \$5.00  
or  
8 Cards for \$20.00

Please see Mrs. Fogarty in room 37 or email [Brandy.fogarty@k12.hi.us](mailto:Brandy.fogarty@k12.hi.us)

\*ALL PROCEEDS HELP THE DRAWING AND PAINTING PROGRAM OF LHS\*

## OHI'A LEAVES POLO PRINT

\$45

SIZES: S - XL

PREORDER FORMS:  
AVAILABLE NOW THROUGH  
DECEMBER 9, 2022  
AT ROOM 52 & ROOM 107



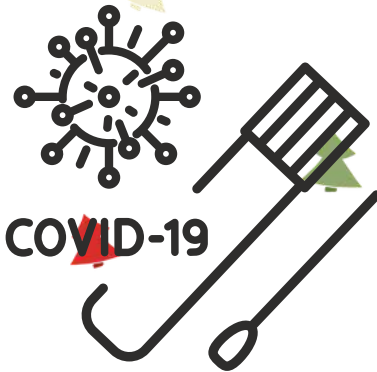
Fundings go towards our CTE students SkillsUSA CTSO Competitions.

FOR MORE INFORMATION:  
CONTACT MR. NISHIHARA ([ANDREW.NISHIHARA@K12.HI.US](mailto:ANDREW.NISHIHARA@K12.HI.US)) OR AT ROOM 107

**HAWAI'I KEIKI**  
Healthy and Ready to Learn  
UH Mānoa Nursing with Hawai'i Department of Education



# ALLERGIES ACTING UP? HAVE A HEADACHE? NEED A COVID TEST?



**YOUR HAWAI'I KEIKI NURSE IS HERE  
TO HELP KEEP YOU IN SCHOOL**

Scan the QR code  
and get your consent  
form signed today!

*Hawai'i Keiki Nurse office is  
located right next to the  
Health Room.*

SCAN ME





# STAY CONNECTED!



[www.leilehua.k12.hi.us](http://www.leilehua.k12.hi.us)

**KEEP UP-TO-DATE ON NEWS & ANNOUNCEMENTS**



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