



MENTAL DISORDERS

TRUE OF FALSE

WHICH OF THE FOLLOWING STATEMENTS ARE ALWAYS TRUE?
WHICH ARE SOMETIME TRUE? WHICH ARE ALWAYS FALSE?

1. IT IS EASY TO IDENTIFY A PERSON WITH A MENTAL DISORDER
2. MENTAL DISORDERS ARE CAUSED BY EMOTIONAL PROBLEMS
3. MENTAL DISORDERS AFFECT A PERSON'S ABILITY TO FUNCTION
4. PEOPLE WHO HAVE A MENTAL DISORDER ARE DANGEROUS

WHAT ARE MENTAL DISORDERS

- AN ILLNESS THAT AFFECTS THE MIND AND REDUCES A PERSON'S ABILITY TO FUNCTION, TO ADJUST TO CHANGE, OR TO GET ALONG WITH OTHERS
- MAY AFFECTS A PERSONS ABILITY TO STUDY, KEEP A JOB, OR MAKE FRIENDS
- ABNORMAL BEHAVIORS, THOUGHTS, FEELINGS
- SEE MENTAL HEALTH EXPERT FOR DIAGNOSIS

CAUSES OF MENTAL HEALTH DISORDERS

- PHYSICAL FACTORS

- DAMAGE TO BRAIN

- INJURY, TUMOR, INFECTION, DRUG USE, POISONS

- HEREDITY

- INHERIT A TENDENCY

- EARLY EXPERIENCES

- ABUSE, NEGLECTED, DRUG USE, TRAUMA

- RECENT EXPERIENCES

- TRAUMA, DEATH OF SOMEONE

ANXIETY DISORDERS

- A FEAR CAUSED BY A SOURCE YOU CANNOT IDENTIFY OR SOURCE THAT DOESN'T POSE AS MUCH THREAT AS YOU THINK
 - GENERALIZED ANXIETY DISORDER
 - PHOBIAS
 - PANIC ATTACKS
 - OBSESSIVE-COMPULSIVE DISORDER
 - POST TRAUMATIC STRESS DISORDER

OTHER MENTAL DISORDERS

- ATTENTION DEFICIT DISORDER
 - ADHD
- MOOD DISORDERS
 - EXTREME EMOTIONS
- DEPRESSION
 - EXTREMELY SAD AND HOPELESS
- SCHIZOPHRENIA
 - SPLIT MIND
- IMPULSE CONTROL DISORDER
- PERSONALITY DISORDER

ACTIVITY

- WWW.MAYOCLINIC.ORG
- DISEASES AND CONDITIONS A-Z
 - CHOOSE ONE CONDITION FROM PREVIOUS SLIDE/S
 - RESEARCH
 - CAUSES
 - SYMPTOMS
 - TREATMENT
 - PREVENTION
 - OTHER INTERESTING FACTS