

WELCOME BACK TO PHYSICAL EDUCATION!

A wide and varied number of subjects in the school curriculum are necessary to meet the needs of students and to assist them in achieving an all-around, balanced education. Physical Education is one of the school's many subjects. It plays a very important part in contributing to the full development of the student physically, socially, and mentally.

What does my child need to be successful in Physical Education?

For your child to find success, he/she will need to be an active participant daily in class. He/she will also need the following items:

- **PE appropriate attire:** Your child should wear clothes that follow the school dress code and that he/she is comfortable wearing to participate in moderate physical activities daily.
- **Athletic sneakers:** ideally shoes with laces, no Sperry's or sandals please
- **Mask:** required when in gym for attendance and when social distance is not possible, can be removed when outdoors and doing moderate/strenuous activity
- **Water bottle:** refillable bottle since water fountains will be turned off

Grading:

- 70% Summative: Active Participation
- 30% Formative: online Schoology quizzes

Dressing Out:

Due to COVID-19, we will not be dressing out into separate PE clothes to start the school year. Students will be expected to wear appropriate footwear and clothes in order to participate in moderate physical activity on a daily basis.

What do I do if my child can't participate because he/she is injured or sick?

Medical Note: If a child is not going to be able to participate in PE due to a Medical Concern, your child must bring their teacher a note from a doctor. This note is valid for as long as the doctor requires. We will need a written note from the doctor or parent/guardian for the child to come back to PE.

Parent Note: A parent note is only valid for up to 3 days. Beyond the 3 days, a doctor's note is needed if the problem persists.

Our Physical Education Staff at Pacetti Bay Middle School is looking forward to working with you to help your child succeed. We greatly appreciate the cooperation and understanding of both parents and students as we strive to meet our educational goals.

Sincerely,

Brittney Burgess, Kim Martel, Bob O'Shell & Chris Taylor

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