



Locust Grove Youth Wrestling

Making Tomorrow's Champions Today

Grades 3rd-6th

Instructors: Locust Grove High School coaching staff and wrestlers.

First Practice: Tuesday November 6, 2018 (6:00 – 7:30pm LGHS Wrestling Room)

Practices: Tuesday / Thursday 6:00-7:30pm

Beginners are from 6:00-7:00pm and Advanced are from 6:00-7:30pm

***There will be no practices on days when school is not in session.**

Limited to the first 50 participants:

Early Registration Fees: \$100 (includes singlet). **Due by October 31st**

Late Registration Fee: \$125 (includes singlet) **Due by November 6th**

Please make checks payable to: Locust Grove Wrestling

You can mail registration to: Locust Grove Middle School c/o Nick Fordham, 3315 S. Ola,
Locust Grove, Ga. 30248 or drop it off in the main office of Locust Grove Middle School.

Questions / Information: **Rob Carlyle** – robert.carlyle@henry.k12.ga.us or
Nick Fordham – nfordham@henry.k12.ga.us

Please fill out registration sheet below.

Name: _____ Phone: _____

Address: _____ City: _____ Zip: _____

Parent Name: _____ Email Address: _____

Students DOB: _____ Age: _____ Weight: _____

Singlet Size: _____ School: _____

Method of Payment: Cash / Check: Check # _____

Wrestling Singlet Sizes and Weight:

Size	YXS	YS	YM	AXS	S	M	L	XL	2X	3X
Weight	35-55	55-70	70-85	100-120	120-140	140-165	165-185	185-210	210-250	250-285