

04/24/2024 - Lahaina Intermediate School Enews

IMUA Value of the Month for April: *Creativity - Makakū (Wonder & Resourcefulness)*

Important dates:

APRIL

Wed 4/24

PTSA Mtg 3pm LIS Library

Tue 4/30

SBA/Ka'eo ELA CAT Test

MAY

Thu 5/02

SBA/Ka'eo ELA PT Test

Tue 5/07

SBA/Ka'eo ELA CAT Test

Thu 5/09

Science/Ka'eo Test - 8th grade only

Mon 5/27

Memorial Day Holiday - No School

Thu 5/30

Last day for Students!

Fri 5/31

End of 4th Qtr & Last Day for Teachers!


For the most up to date LIS information, please visit our new website: WWW.LIS.K12.HI.US

Aloha Parents, Our sons and daughters have health and wellness support both on and off campus. Please utilize these free services as needed to support our every growing and changing keiki. We have included several fliers below for various programs. Mahalo!

Campus Friendly Reminders:

Renaissance News: We would like to thank all of the parents and chaperones that volunteered for the WetnWild reward day on April 18th. Everyone had a blast and the students enjoyed the food, music, and water events. Special shout out to DJ Ron Tolbert and the Boys & Girls Club staff who helped make this event a success. Imua!

Students should continue to strive to earn their 4th quarter Renaissance cards by maintaining and improving their grades, practicing strong citizenship and behavior, and by giving back to our special community by providing four hours of community service. We are working on more businesses to join the business rewards program for the 4th quarter and the 2024-2025 school year. Imua!

 **Parents, our school-wide Smarter Balanced Assessment Testing is just around the corner in the first week of May!** Getting a great test score isn't just about how much they've studied or understand the material. Their success will be influenced by how well they've fueled their bodies with nutrition, rest, and their overall mood, so **please be sure your student is practicing now by getting a good night's rest, eating a balanced breakfast in the mornings, staying hydrated throughout the day, and thinking happy thoughts!**

Aloha Parents,

We are applying for free meals for Lahaina school for 4 years. To qualify, all students who were displaced from their homes on August 8th, 2023 by the fires for any length of time such as short term displacement due to water or air quality or blocked roads, please fill out and return to the office. Info will be kept confidential in the HIDOE database, only the number of students will be shared with the federal agency reviewing the application. Your completion to the McKinney Vento form will not impact any other sources of support or aid you are receiving or potentially eligible to receive. **This will benefit our keiki for free meals for the next 4 years!** If you have already filled out a form, you do not have to do anything else. Some students will be bringing home the form with a pink half sheet please complete and return ASAP. Please follow up to ensure your child turns in the form. If you want to complete a new form please contact the office or stop by. Mahalo.


The Learning Lab in the LIS Library is open Before and after school!


Before school: M- F: 7am- 7:45 am; After School: M, T, Th, Fri: 2:15 pm- 3:15 pm

The LIS Learning Lab is a Title I program providing a safe, quiet, study time for students to get academic help from LIS teachers, to study, read, write, and have access to technology such as printing and/ or help with LIS online programs. Students may sign up in advance or come in as needed during Lab hours.

Our PTSA needs you! If you would like to be a part of LIS PTSA, please use our [PTSA Membership Form](#). ***Save the date! The next PTSA meeting will be held on Wednesday April 24, 2024 at 3pm in the LIS Library.***

 **Monitor the air quality at our Lahaina Schools at purpleair.com!** click the Map tab at the top and select Real-time Map. Here is a direct [link to our school](#).

 **Health Room:** If your child calls to say they are not feeling well, please ask them to go to the health room. **Students should not be arranging their own departure from school if they are not feeling well.**

 **Gay Straight Alliance Clubs** are student initiated clubs that provide support and interaction for all students regardless of their LGBTQi status. If you have any questions please email Mrs. Kartchner: Kandice.Kartchner@k12.hi.us

In the Community:



INSPIRING THE NEXT GENERATION OF CYBER STARS

Inviting Hawai'i middle and high school students!
This introductory week-long camp will teach students about basic cybersecurity, computer science, cryptography, and more!

No cybersecurity experience or knowledge required!

GenCyber Maui camp

Where: University of Hawaii - Maui College

When: June 17 - 21, 2024

Who: Rising 6th graders to Rising 12th graders

Registration link: <https://go.hawaii.edu/ndf>



'OHANA FUN DAY

**SUNDAY
APRIL 28
10AM TO 2PM
ROYAL LAHAINA**

Join us for a day of keiki & family fun including outdoor games, kickboxing, yoga, cultural activities, art & prizes!

Brought to you by the Resilient Communities, Schools and Families partnership and the Hā Ola Program.

Logos: RCSF, HUI NO KE OLA PONO, Maui Arts & Cultural Center, Mauiola Pharmacy, CEEDS PEACE, WAIANAE COAST COMPREHENSIVE, Hawai'i Island Community Health Center.

A Celebration of K-12 Student Art
Pupus and Prizes

The Lahaina Student ART SHOW

Join us at Lahaina Cannery for our show opening on Friday, April 26, 2024 from 3-5pm

The art show will be open to the public from April 26 - May 9, 2024 from 10am-6pm at the Lahaina Cannery

Hawai'i Technology Academy (Lahaina) - King Kamehameha III Elementary School - Lahainaluna High School - Lahaina Intermediate School - Maui Preparatory Academy - Princess Nāhi'ena'ena Elementary School - Sacred Hearts School

Logos: National Endowment for the Arts, LAHAINA CANNERY, United Way, MAUI UNITED WAY, LAHAINA ARTS GUILD, HAWAII STATE UNIVERSITY.

CREATING A VILLAGE

A FREE AFTER SCHOOL PROGRAM

COME AND JOIN US!
2 HOUR AFTER SCHOOL PROGRAM FOR MIDDLE SCHOOL YOUTH

TRAINING IN LIFE MANAGEMENT SKILLS SUPPORTED BY TEEN MENTORS, YOUTH-ADULT PARTNERS, AND CONTENT EXPERTS

CONTACT ASOMILLE@HAWAII.EDU

WHY LEARN WITH US?

- It's FREE and all supplies will be provided.
- You will develop friendships with kids of different ages and grades (6-8)
- You will learn life development skills such as budgeting, nutrition, travel safety, finding a career, etc.
- Safe, judge free environment
- Opportunities to learn from a wide range of community experts
- Direct feedback success of the youth-teen mentorship

Logos: Maui Arts & Cultural Center, Mauiola Pharmacy, CEEDS PEACE, WAIANAE COAST COMPREHENSIVE, Hawai'i Island Community Health Center.

If interested, please contact your grade level counselor:

6th grade - Todd Hayase: todd.hayase@k12.hi.us
7th grade - Cindy Koyama: cindy.koyama@k12.hi.us
8th grade - Ivy Navarro: iverly.navarro@k12.hi.us

Project Venture is an evidence and strength-based outdoor experiential program available to middle-school-age youth that increases self-esteem and encourages positive youth development, healthy communication and quality relationships.

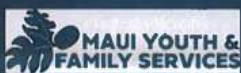


- Offered at all middle schools on Maui
- Once a week afterschool until 6pm
- We pick up from school & drop you off at home after program
- Camps offered during school breaks



Contact us:

Phone: 808-579-8414 ext.8203
Email: projectventure@myfs.org



PROJECT VENTURE:

Amazing opportunity for your keiki! spots are limited daily so please be sure to sign up ASAP! Scan the QR code or pick up an application in the office, and return completed forms back to the office.

Student & Staff Spotlight:

✨ **Readers of the month for March** ✨

The Reader of the Month award is given to a student in each grade level that has the most books borrowed from our school library and electronically within the Sora app!

Our awardees are:

- 6th grade: Tylor Meguro with 11 books borrowed.
- 7th grade: Emaly Pacil with 5 books borrowed.
- 8th grade: Mele Faleta with 7 books borrowed.

We also have our Sora Readers for the top 3 students who read for the most amount of minutes in the application. Our awardees for the month of March are:

- Shana Cao with 1561 minutes
- Grayson Guzman with 546 minutes
- Zamantha Nicole Corpuz with 332 minutes

✨ **Up Yours Awards:** ✨

Stay tuned for our students recognized for the "UP YOURS" award. I "Up'd" my grades and behavior, now "Up Yours!"

✨ **Golden Ticket Awards for March:** ✨

Stay tuned for staff members & students for the month of March!!

✨ **Renaissance Student and Staff Awards for March** ✨

Congratulations to the following staff members and students for being recognized for the March

monthly awards!

Staff of the Month as nominated by the Staff:

- Katrina Thompson
- Krystle Dunn
- Kelly Gallego

6th grade Students of the Month:

- Richter Borromeo
- Serina Chen

7th grade Students of the Month:

- Khrizlyn Ancheta
- Nainoa Poopaa-Kanohokula

8th grade Students of the Month:

- Izaiah Larrobis
- John Paul Yabo



If your child would like to participate in the [Renaissance Program](#) or any of the above awards, check out our website and have your student visit their grade level counselor for more information.

LIS COUNSELORS:

6th grade - Todd Hayase - todd.hayase@k12.hi.us

7th grade - Cindy Koyama - cindy.koyama@k12.hi.us

8th grade - Ivy Navarro - iverly.navarro@k12.hi.us

Teen Health Matters!

Hawai'i schools are providing a new community mental health resource, as an addition to our school-based supports. Click [here](#) for more information.

ParenTeen Connect: is a free resource for parents that provides expert advice and practical tools for dealing with real parent-teen issues. [ParenTeenConnect.org](https://www.ParenTeenConnect.org) interviewed parents and teens from across the country about the issues that cause conflict in their lives, including screen time, independence, responsibility, and communication. Parenting expert Dr. Laura Kastner gives [advice on how to tackle these issues](#). Using these interviews and Dr. Kastner's expertise, we created a website especially for teens and their caregivers, where they can hear from real families, get expert advice, and learn about practical tools to help them connect and communicate with each other.

Hearing Loss and What Causes It

A number of conditions can result in hearing loss. The most common condition causing hearing loss in adults is presbycusis, a gradually age-related reduction in the ability to hear high-pitched sounds. The second most common condition, noise-induced hearing loss, is caused by one-time exposure to extremely loud sounds, or by exposure to sounds at high decibels over months or years.

Hearing loss caused by noise can occur to people of any age. It may develop suddenly or gradually, depending on the source and intensity of the noise. Noise can affect hearing in several ways.

Acoustic trauma occurs when a sudden, extremely loud sound, such as an explosion, a gunshot, or a fireworks occurs close to the ear. This type of injury produces severe, and sometimes permanent, hearing loss.

Temporary threshold shift occurs when loud sounds (such as from a rock concert) causes a temporary ringing and/or muffled hearing. These effects usually don't last more than a few hours, although they may sometimes last several days or weeks. Repeated exposure to sounds that cause temporary threshold shifts can gradually lead to permanent noise-induced hearing loss.

Noise-induced hearing loss—is the result of repeated, frequent exposure to loud or moderately loud sounds over a long period of time. Example, blasting a mp3 player or iPod in your ears.

SAY WHAT? Hearing Loss Prevention

The safest way to protect hearing is to wear earplugs when around loud noises. Earplugs lower the noise level, but they won't eliminate the sound. There are products that lower the sound enough to be safe but allow speech to be heard at a comfortable level.

There are hundreds of special earplugs and earmuffs. Some earplugs are personalized and others can be molded to fit the ears. Earmuffs come with large and small ear cups. Different kinds of earmuffs and different types of ear cushions. The time it takes to adjust to wearing hearing protection is no different than the time it takes to get used to wearing other safety equipment.

Prevent noise-induced hearing loss by always wearing earplugs when around loud noises. The louder the noise level and the longer the exposure, the greater the risk of hearing loss.

Remember once hearing loss occurs it is permanent and irreversible.

BE AWARE! PROTECT YOUR HEARING!

Sponsored by The Honolulu Sertoma Club
http://www.honolulusertoma.org/

How loud is too loud?

The loudness of a sound is measured in units called decibels (dB). Loud noises over 85 dB can damage the inner ear hair cells permanently.

Hearing loss is caused by both the level of the noise and the duration of the exposure. Sound is measured in decibels (dB). A normal conversation takes place at 40 dB. Prolonged or repeated exposure to noise above 85 dB can cause hearing loss. If the average level of noise in a workplace over an eight-hour period is 85 dB or higher, there is a risk of hearing loss. Chain saws, hammer drills and bulldozers ring in at over 100 dB.

Noise-induced hearing loss is usually permanent and cannot be reversed. Both presbycusis and noise-induced hearing loss result in what is called sensorineural hearing loss, which occurs when the delicate hair cells in the inner ear that translate sound waves into nerve impulses are damaged either by aging or noise. A small amount of damage may have no effect on hearing, but with repeated exposure to noise, more hair cells are damaged resulting in hearing loss. Hair cells do not grow back once they are damaged.

Remember once hearing loss occurs it is permanent and irreversible.

BE AWARE! PROTECT YOUR HEARING!

Sponsored by The Honolulu Sertoma Club
http://www.honolulusertoma.org/

COUNSELING SERVICES

For Maui community members affected by the wildfires



Offered at zero-cost, covered by:
DOH SERG Grant-Papa Ola Lokahi

CHILDREN, ADOLESCENTS, ADULTS & FAMILIES
AVAILABLE IN-PERSON OR ONLINE
Provided by Trained Mental Health Professionals

- Wildfires Aftermath
- Crisis and Trauma
- Loss and Grief
- Mental Health Support

Maui HCCF

Call Hawaii Center for Children and Families @ (808) 674-6641
OR
Text or Email Dr. Jana Ortiz @ (808) 354-4425 | DrJana@HawaiiCCF.com
(When calling, please specify that you are a Maui community member impacted by wildfires)

HERE TO HELP TELEHEALTH

POWERED BY hazel

DEPARTMENT OF EDUCATION
STATE OF HAWAII

Connect your child or teen to virtual mental health support

With Hazel Health, your child can get the mental health support they need, at school or at home, **at no cost to you.**

Virtual sessions with licensed therapists

- 1 Consent to services**
Give permission for your child to see a Hazel therapist by signing up at my.hazel.co/hawaii/publicschools
- 2 Create an account**
After you complete the consent form, create an account
- 3 Refer your child to therapy by calling Hazel Health**
Call Hazel at 808-784-7363 to refer your child to therapy
- 4 Intake session**
Hazel matches your child with a therapist and schedules an appointment
- 5 Weekly therapy sessions**
Over video, the therapist helps your child cope with what they're feeling
- 6 Therapy completion**
Your child has achieved their therapy goals and is discharged from the therapy program
- 7 Care coordination**
If needed, Hazel helps connect your family with long-term mental health services in your community

During weekly therapy sessions, Hazel Health therapists help students understand and cope with what they're feeling

Anxiety Depression
Grief/loss Self-esteem
Change Academic stress
Bullying and more

Services are available at school during school hours, and at home Monday to Friday between 7am-7pm local time

Scan to learn more

Call 808-784-7363 to learn more and sign up

In order to better help you, please consent for services before you call at my.hazel.co/hawaii/publicschools

Wellness With Aloha

An interactive workshop offered free to provide wellness and recovery for survivors and those who support them.

Supporting you, supporting others.

Monday, May 13, 2024 - 5:30 - 7:00 PM

Thursday, May 30, 2024 - 5:30 - 7:00 PM

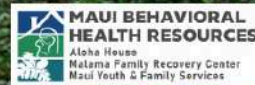
Royal Lahaina - Villa Lanai Meeting Room



Scan the QR code with your phone camera to sign-up for the workshop.



HUI NO KE OLA PONO



WEST MAUI HEALTH SERVICES Local Clinic Services

Lāhainā Comprehensive Health Center

Medical Services

Hours: Monday - Friday
9:00 AM - 4:00 PM
Contact: (808) 871-7772
Appointments Recommended
Insurance Accepted: Medicare, Medicaid & major insurance plans (except Kaiser, Humana & Tricare)

Services

- Adult Medicine: M-F 9:00 AM - 4:00 PM
- Pediatrics: Monday 9:00 AM - 4:00 PM
- Integrated Health: Tuesday 9:00 AM - 4:00 PM
- Dental Care: Wednesday 9:00 AM - 4:00 PM

Behavioral Health

Hours: Monday - Sunday
9:00 AM - 4:00 PM
Contact: (808) 495-5113
Walk-Ins Welcome
Insurance Accepted But Not Required

Adult & Youth Services

- Resource Guidance
- Supportive Counseling: Individual, Group, and Family
- Medication Management
- Psychiatric Services
- Outpatient Substance Use Disorder Services
- Wellness Support Groups - Parenting, Stress Management & Mindfulness

Partners



Questions? Call (808) 495-5113

LCHC
Updated 10/16/23

Mental Health Support Is Available

FOR MAUI RESIDENTS IMPACTED BY WILDFIRES

The Hawai'i Department of Health is offering crisis mental health services and expanded hours for those experiencing emotional or psychological distress as a result of the Maui wildfires.

Services include

- Mental health counseling
- Trauma processing
- Psychiatric services
- Resource guidance

We're Here to Help:

Lahaina
Ākoakoa Place
(just below Lahaina Civic Center)
Open 7 days a week
9:00 AM - 4:00 PM
808-495-5113

Wailuku
121 Mahalani Street
Open Monday-Friday
7:45 AM - 4:30 PM
808-984-2150

Email: mauiwellness@doh.hawaii.gov

After hours, contact Hawai'i CARES to speak to a local crisis counselor at
1-800-753-6879 or call/text/chat 988.



PLEASE FOLLOW ALL INSTRUCTIONS FROM LOCAL AUTHORITIES.



Mental Health Support
Updated October 6, 2023
English



*Hours and services subject to change

We have what you're looking for!

1

Work closer to home

Public schools and offices are conveniently located within your community and throughout the state.

2

Stability and work-life balance

Having a regular schedule can support a greater work-life balance for overall health and wellness.

3

Paid time off

Gain the peace of mind that comes from having a steady income even when you're at home sick, taking a vacation, or enjoying a state holiday.

4

Support Hawai'i's keiki

Student success requires a vibrant, dedicated team working together whether it's in a classroom, cafeteria, campus, office, or worksite. Everyone matters!

5

Health and retirement benefits

Get the care you and your family needs for strong and sustainable wellness, and invest in your future in order to thrive during your golden years in retirement. Visit bit.ly/35d05iW for more information.

6

Career opportunities

Conveniently start and advance your career all within the same Department from entry level to managerial. We have jobs in accounting, education, engineering, food service, health, human resources, technology, psychology, security, speech language, physical, and occupational therapy, and more!

How do I get started?
Apply online at ehr.k12.hi.us/jobs

Need help? Tell us how by connecting with us via email at cssp.recruitment@k12.hi.us or calling our office at (808) 441-8411, Monday through Friday from 7:45 a.m. to 4:30 p.m. (except state holidays). We are evolving and improving our processes and response times to get you hired fast!



INTERESTED IN A FREE SUBSTITUTE TEACHER CERTIFICATION COURSE?



Apply here!



For questions about advising, email halipach@hawaii.edu