

04/03/2024 - Lahaina Intermediate School Enews

IMUA Value of the Month for March: *Courage - Wiwo'ole (Tenacity & Conviction)*

Important dates:

APRIL


4/10	Keali'i Night 5-630p
4/12	Spring Dance 6-8p
4/18	Renaissance WetnWild Day
4/19	Teacher Waiver Day (No School)

For the most up to date LIS information, please visit our new website: WWW.LIS.K12.HI.US

Campus Friendly Reminders :


Parents and Guardians: We are trying to be proactive in supporting your child during our recent disaster. We will be administering a trauma screener as well as training students to help themselves and others for signs of suicide. If you wish to opt out of either or both the screener and training please contact the grade level counselor or call the school at 808-662-3965.

6th grade Todd Hayase at todd.hayase@k12.hi.us or call 808-727-6620
7th grade Cindy Koyama at cindy.koyama@k12.hi.us or call 808-727-6621
8th grade Ivery Navarro at ivery.navarro@k12.hi.us or call 808-727-6622


 **Bus Rider Parents:** Bus routes & times have been updated, so please be sure to specify which location you will be using on the top of the application. If you need to make changes to the pick up destination, please call the school office to update asap or your child will stay on the original chosen destination. 808-727-6600. Mahalo for your understanding!

Save the date! Please join us **Wednesday April 10, 2024 5-630pm** for our annual **Ke Ali'i night**. A night where we showcase all of the amazing things our haumana do at LIS!

Renaissance: The 3rd Quarter WetnWild reward day is scheduled for Thursday, April 18th at LIS campus. We are looking for parent chaperones to help assist with this fun event for card qualifiers. If you are interested, please contact Todd Hayase or Lori Koyama at 662-3965 or at (todd.hayase@k12.hi.us or lori.koyama@k12.hi.us) for more details.

 Please ensure your student brings a water bottle to school. It gets hot & staying hydrated is important! We have water bottle refill stations throughout campus that can be used to refill bottles.


 **Monitor the air quality at our Lahaina Schools at purpleair.com!** click the Map tab at the top and select Real-time Map. Here is a direct [link to our school](#).

 Have you activated your **Infinite Campus accounts** so you can monitor your child's attendance, assignments, and grades? If not, please contact your child's grade level counselor so we can send you your parent portal activation information. All of our students have access to IC, and so should you. Imua!



Our PTSA needs you! If you would like to be a part of LIS PTSA, please use our [PTSA Membership Form](#).

Mark your calendars! April 12th is the Spring Dance! Permission forms will be going home with your students soon.


 **Health Room:** If your child calls to say they are not feeling well, please ask them to go to the health room. **Students should not be arranging their own departure from school if they are not feeling well.**

The library will be closed from 4/5 - 4/12 in preparation for the book fair next week. I will have a cart of books available if a student needs to borrow one for AR quizzes and what not. Learning Lab will be held in P9 during that time as well. Sorry for any inconvenience.

The Learning Lab in the LIS Library is open Before *and* after school!

Before school: M - F: 7am - 7:45 am; *After School:* M, T, Th, Fri: 2:15 pm - 3:15 pm

The LIS Learning Lab is a Title I program providing a safe, quiet, study time for students to get academic help from LIS teachers, to study, read, write, and have access to technology such as printing and/ or help with LIS online programs. Students may sign up in advance or come in as needed during Lab hours.

 **Gay Straight Alliance Clubs** are student initiated clubs that provide support and interaction for all students regardless of their LGBTQi status. GSA meetings. If you have any questions please email Mrs. Kartchner: Kandice.Kartchner@k12.hi.us

In the Community:

FREE Boys & Girls Club now at LIS! Click [HERE](#) to register! Fill out an [MEO application](#) for **FREE END-OF-DAY TRANSPORTATION** available to ALL REGISTERED MEMBERS. Send completed MEO app to Lahaina Club Director, Aaron Naea: aaronn@bgcmaui.org

REFORESTATION PROJECT

We invite you to
Second Planting Event
 7th of April 2024 Start: 9 AM at
Lāhainā Intermediate School

INSPIRED BY GEORGE PURDY'S DRYLAND AGRICULTURE PROJECT





Mālama 'Āina
PROJECT
Lāhainā, Maui

Community event
at the Lahaina
Intermediate School
871 Lahainaluna Rd,
Lahaina, HI 96761

Please help us to plant
500 TREES

malamaainaproject.org

Mālama 'Āina Project second planting event to create fire-breaks and heal Lāhainā's community and ecology.

Sunday April 7th - Our Planting Event for the community - you are welcome to come as a family and plant a tree together (plan for 2-3 hours to be onsite)

Bring sturdy shoes, hats, sunglasses, water. Optional: shovels and/or pick axes

Site coordination by Brew Hut (Soil Regeneration Team)
 Volunteer and logistic management by Valley Global
 Snacks and Refreshments by Prasad Soul Food

9 AM Start with Hawaiian Blessing

9:30 AM to 12 PM PLANTING TIME

12:30 PM We will serve a light lunch by Prasad Soulfood



Hawaiian Blessing and Music by George Kahumoku Jr.

MĀLĀMA 'ĀINA TEAM
Together we care.





INSPIRING THE NEXT GENERATION OF CYBER STARS

Inviting Hawai'i middle and high school students!
This introductory week-long camp will teach students about basic cybersecurity, computer science, cryptography, and more!
No cybersecurity experience or knowledge required!

Island: Maui

Where: University of Hawaii Maui College

When: June 17 - 21, 2024 | 9:00am - 3:30pm

Who: Rising 6th - Rising 12th graders

Registration link: <https://go.hawaii.edu/ndf>

Learn more at <https://gencyber-hi.org>
Questions? Email gencyber@hawaii.edu



GenCyber Maui camp

Where: University of Hawaii - Maui College

When: June 17 - 21, 2024

Who: Rising 6th graders to Rising 12th graders

Registration link:

<https://go.hawaii.edu/ndf>

CREATING A VILLAGE

A FREE AFTER SCHOOL PROGRAM

COME AND JOIN US!
2 HOUR AFTER SCHOOL PROGRAM FOR MIDDLE SCHOOL YOUTH

TRAINING IN LIFE MANAGEMENT SKILLS SUPPORTED BY TEEN MENTORS, YOUTH-ADULT PARTNERS, AND CONTENT EXPERTS

CONTACT ASOMILLE@HAWAII.EDU

WHY LEARN WITH US?

- It's FREE and all supplies will be provided
- You will develop friendships with kids of different ages and grades (6-8)
- You will learn life development skills such as budgeting, nutrition, travel safety, finding a career, etc.
- Safe, judge free environment
- Opportunities to learn from a wide range of community experts
- Data backed success of the youth-teen mentorship

FOR MORE INFORMATION, SCAN THE QR CODE OR VISIT WWW.HAWAII.EDU/ASOMILLE

CREATING A VILLAGE IS SUPPORTED BY SEVERAL DONORS. THE UNIVERSITY OF HAWAII MAUI COLLEGE IS PROVIDING THE SPACE AND SUPPLIES FOR THE PROGRAM.

If interested, please contact your grade level counselor:

6th grade - Todd Hayase: todd.hayase@k12.hi.us

7th grade - Cindy Koyama: cindy.koyama@k12.hi.us

8th grade - Ivy Navarro: iverly.navarro@k12.hi.us

Project Venture is an evidence and strength-based outdoor experiential program available to middle-school-age youth that increases self-esteem and encourages positive youth development, healthy communication and quality relationships.



- Offered at all middle schools on Maui
- Once a week afterschool until 6pm
- We pick up from school & drop you off at home after program
- Camps offered during school breaks



Contact us:

Phone: 808-579-8414 ext.8203
Email: projectventure@myfs.org



PROJECT VENTURE: Amazing opportunity for your keiki! spots are limited daily so please be sure to sign up ASAP! Scan the QR code or pick up an application in the office, and return completed forms back to the office.

SCHOLASTIC
It's **BOOK FAIR** *time!*

Monday, April 8th - Friday, April 12th
Lahaina Intermediate School Library
Visit our Book Fair Homepage at
<https://bookfairs.scholastic.com/bf/lahainaintermidiate-school>

Questions:
marcina.nagasako@k12.hi.us

Scan to visit our Book Fair Homepage

Check out with eWallet—the convenient, cash-free digital payment system.
Every purchase at the Fair benefits our school! **Woo hoo!**

COME TO THE FAIR CHOOSE BOOKS YOU LOVE

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More information about the fair will be coming soon! Stay tuned!

Student & Staff Spotlight:

✨**Readers of the month for March**✨

The Reader of the Month award is given to a student in each grade level that has the most books borrowed from our school library and electronically within the Sora app!

Our awardees are:

- 6th grade: Tylor Meguro with 11 books borrowed.
- 7th grade: Emaly Pacil with 5 books borrowed.
- 8th grade: Mele Faleta with 7 books borrowed.

We also have our Sora Readers of the Month as well. This award is given to the top 3 students who read for the most amount of minutes in the application. Our awardees are:

- Shana Cao with 1561 minutes
 - Grayson Guzman with 546 minutes
 - Zamantha Nicole Corpuz with 332 minutes
-

🌟Up Yours Awards:🌟

Stay tuned for our students recognized for the "UP YOURS" award. I "Up'd" my grades and behavior, now "Up Yours!"

🌟Achieve 3,000 & iReady Math Activities:🌟

Congratulations to the following students who completed the most Achieve 3,000 & iReady Math activities!

Achieve 3000

- 6th grade, 10 activities - Isaiah Sa
- 7th grade, 7 activities - La'akea Bacalso & Raniel De Mateo
- 8th grade, 14 activities - Daniel Matias & John Paul Yabo

iReady Math:

- 6th grade, 19 activities - Zamantha Corpuz
 - 7th grade, 11 activities - John Peck
 - 8th grade, 28 activities - Audrey Rivera
-

🌟Golden Ticket Awards for March:🌟

Stay tuned for staff members & students for the month of March!

🌟Renaissance Student and Staff Awards for March🌟

Congratulations to the following staff members and students for being recognized for the January monthly awards!

Staff of the Month as nominated by the Staff:

- Katrina Thompson
- Krystle Dunn
- Kelly Gallego

6th grade Students of the Month:

- Richter Borrromeo
- Serina Chen

7th grade Students of the Month:

- Khrizlyn Ancheta
- Nainoa Poopaa-Kanohokula

8th grade Students of the Month:

- Izaiah Larrobis
- John Paul Yabo

 **CONGRATULATIONS EVERYONE!!** 

If your child would like to participate in the [Renaissance Program](#) or any of the above awards, check out our website and have your student visit their grade level counselor for more information.

LIS COUNSELORS:

6th grade - Todd Hayase - todd.hayase@k12.hi.us

7th grade - Cindy Koyama - cindy.koyama@k12.hi.us

8th grade - Ivy Navarro - iverly.navarro@k12.hi.us

Teen Health Matters!

Hawai'i schools are providing a new community mental health resource, as an addition to our school-based supports. Click [here](#) for more information.

ParentTeen Connect: is a free resource for parents that provides expert advice and practical tools for dealing with real parent-teen issues. ParentTeenConnect.org interviewed parents and teens from across the country about the issues that cause conflict in their lives, including screen time, independence, responsibility, and communication. Parenting expert Dr. Laura Kastner gives [advice on how to tackle these issues](#). Using these interviews and Dr. Kastner's expertise, we created a website especially for teens and their caregivers, where they can hear from real families, get expert advice, and learn about practical tools to help them connect and communicate with each other.

COUNSELING SERVICES

For Maui community members affected by the wildfires



Offered at zero-cost, covered by:
DOH SERG Grant-Papa Ola Lokahi

CHILDREN, ADOLESCENTS, ADULTS & FAMILIES
AVAILABLE IN-PERSON OR ONLINE
Provided by Trained Mental Health Professionals

- Wildfires Aftermath
- Crisis and Trauma
- Loss and Grief
- Mental Health Support



Call Hawaii Center for Children and Families @ (808) 674-6641
or
Text or Email Dr. Jana Ortiz @ (808) 354-4425 | DrJana@HawaiiCCF.com
(When calling, please specify that you are a Maui community member impacted by wildfires)

Hearing Loss and What Causes it

A number of conditions can lead to hearing loss. The most common condition causing hearing loss in adults is presbycusis, a gradual, age-related reduction in the ability to hear high-pitched sounds. The second most common condition, noise-induced hearing loss, is caused by one-time exposure to extremely loud sounds, or by exposure to sounds at high decibels over months or years.

Hearing loss caused by noise can occur in people of any age. It may develop suddenly or gradually, depending on the source and intensity of the noise. Noise can affect hearing in several ways.

Acoustic trauma occurs when a sudden, extremely loud sound, such as an explosion, a gunshot, or a fireworks occurs close to the ear. This type of injury produces severe, and sometimes permanent hearing loss.

Temporary threshold shift occurs when loud sounds (such as from a rock concert) causes a temporary ringing and/or muffled hearing. These effects usually don't last more than a few hours, although they may sometimes last several days or weeks. Repeated exposure to sounds that cause temporary threshold shifts can gradually lead to permanent noise-induced hearing loss.

Noise-induced hearing loss—is the result of repeated, frequent exposure to loud or moderately loud sounds over a long period of time. Example, blasting a mp3 player or iPod in your ears.

SAY WHAT? Hearing Loss Prevention

The safest way to protect hearing is to wear earplugs when around loud noises. Earplugs lower the noise level, but they won't eliminate the sound. There are protectors that lower the sound enough to be safe but allow speech to be heard at a comfortable level.

There are hundreds of special earplugs and earmuffs. Some earplugs are pre-molded and others can be molded to fit the ears. Earmuffs come with large and small ear cups, different kinds of headbands and different types of ear cushions. The time it takes to adjust to wearing hearing protectors is no different than the time it takes to get used to wearing other safety equipment.

Prevent noise-induced hearing loss by always wearing earplugs when around loud noises. The louder the noise level and the longer the exposure, the greater the risk of hearing loss.

Remember once hearing loss occurs it is permanent and irreversible.

BE AWARE! PROTECT YOUR HEARING!

Sponsored by The Hearing Loss Society, Ltd. <http://www.hearinglossociety.org/>

How loud is too loud?

Hearing loss is caused by both the level of the noise and the duration of the exposure. Sound is measured in decibels (dB). A normal conversation takes place at 60 dB. Prolonged or repeated exposure to noise above 85 dB can cause hearing loss. If the average level of noise in a workplace over an eight-hour period is 85 dB or higher, there is a risk of hearing loss. Chain saws, hammer drills and lawnmowers ring in at over 100 dB.

Noise-induced hearing loss is usually permanent and cannot be reversed. Both presbycusis and noise-induced hearing loss result in what is called sensorineural hearing loss, which occurs when the delicate hair cells in the inner ear that translate sound waves into nerve impulses are damaged either by aging or abuse. A small amount of damage may have no effect on hearing, but with repeated exposure to noise, more hair cells are damaged resulting in hearing loss. Hair cells do not grow back once they are damaged.

The loudness of a sound is measured in units called decibels (dB). Loud noises over 85 dB can damage the inner ear hair cells permanently.

40-50	50-60	60-70	70-80	80-90	90-100	100-110	110-120	120-130	130-140	140-150	150-160	160-170	170-180	180-190	190-200
REFLECTIONS BUBBLES	CONVERSATION AT 3 FEET	NORMAL CONVERSATION	ROCKETS, CLAWERS, GAS EXHAUST	CITY TRAFFIC, POWER LAWN MOWER, POWER TOOLS	ROCK CONCERT, POWER MOWER, CHAIN SAW	ROCK CONCERT, POWER MOWER, CHAIN SAW	ROCK CONCERT, POWER MOWER, CHAIN SAW	ROCK CONCERT, POWER MOWER, CHAIN SAW	ROCK CONCERT, POWER MOWER, CHAIN SAW	ROCK CONCERT, POWER MOWER, CHAIN SAW	ROCK CONCERT, POWER MOWER, CHAIN SAW	ROCK CONCERT, POWER MOWER, CHAIN SAW	ROCK CONCERT, POWER MOWER, CHAIN SAW	ROCK CONCERT, POWER MOWER, CHAIN SAW	ROCK CONCERT, POWER MOWER, CHAIN SAW

These support services will continue for you & our keiki, Please utilize as needed:



WEST MAUI HEALTH SERVICES Local Clinic Services

Lāhainā Comprehensive Health Center

Medical Services

Hours: Monday - Friday
9:00 AM - 4:00 PM
Contact: (808) 871-7772
Appointments Recommended

Insurance Accepted: Medicare, Medicaid & major insurance plans (except Kaiser, Humana & Tricare)

Services

- Adult Medicine: M-F 9:00 AM - 4:00 PM
- Pediatrics: Monday 9:00 AM - 4:00 PM
- Integrated Health: Tuesday 9:00 AM - 4:00 PM
- Dental Care: Wednesday 9:00 AM - 4:00 PM

Behavioral Health

Hours: Monday - Sunday
9:00 AM - 4:00 PM
Contact: (808) 495-5113
Walk-ins Welcome

Insurance Accepted But Not Required

Adult & Youth Services

- Resource Guidance
- Supportive Counseling: Individual, Group, and Family
- Medication Management
- Psychiatric Services
- Outpatient Substance Use Disorder Services
- Wellness Support Groups - Parenting, Stress Management & Mindfulness

Partners



Questions? Call (808) 495-5113

LCHC
Updated 10/16/23



*Hours and services subject to change

Mental Health Support Is Available



FOR MAUI RESIDENTS IMPACTED BY WILDFIRES

The Hawai'i Department of Health is offering crisis mental health services and expanded hours for those experiencing emotional or psychological distress as a result of the Maui wildfires.

Services include

- **Mental health counseling**
- **Trauma processing**
- **Psychiatric services**
- **Resource guidance**

We're Here to Help:

Lahaina
Ākoakoa Place
(Just below Lāhainā Civic Center)
Open 7 days a week
9:00 AM - 4:00 PM
808-495-5113

Wailuku
121 Mahalani Street
Open Monday-Friday
7:45 AM - 4:30 PM
808-984-2150

Email: mauiwellness@doh.hawaii.gov

After hours, contact Hawai'i CARES to speak to a local crisis counselor at **1-800-753-6879** or call/text/chat **988**.



PLEASE FOLLOW ALL INSTRUCTIONS FROM LOCAL AUTHORITIES.

Mental Health Support
Updated October 6, 2023
English



We have what you're looking for!

- 1 Work closer to home**
Public schools and offices are conveniently located within your community and throughout the state.
- 2 Stability and work-life balance**
Having a regular schedule can support a greater work-life balance for overall health and wellness.
- 3 Paid time off**
Gain the peace of mind that comes from having a steady income even when you're at home sick, taking a vacation, or enjoying a state holiday.
- 4 Support Hawai'i's keiki**
Student success requires a vibrant, dedicated team working together whether it's in a classroom, cafeteria, campus, office, or worksite. Everyone matters!
- 5 Health and retirement benefits**
Get the care you and your family needs for strong and sustainable wellness, and invest in your future in order to thrive during your golden years in retirement. Visit bit.ly/35d05W for more information.
- 6 Career opportunities**
Conveniently start and advance your career all within the same Department from entry level to managerial. We have jobs in accounting, education, engineering, food service, health, human resources, technology, psychology, security, speech language, physical, and occupational therapy, and more!

How do I get started?
Apply online at ehr.k12.hi.us/jobs

Need help? Tell us how by connecting with us via email at cssp.recruitment@k12.hi.us or calling our office at (808) 441-8411, Monday through Friday from 7:45 a.m. to 4:30 p.m. (except state holidays). We are evolving and improving our processes and response times to get you hired fast!



INTERESTED IN A FREE SUBSTITUTE TEACHER CERTIFICATION COURSE?



Apply here!



For questions about advising, email halipach@hawaii.edu

BECOME A HOST FAMILY



We are recruiting host families!

We are looking for welcoming and friendly homestay providers to host our international teachers that will be working at schools throughout Hawaii for the 2023-24 school year.

Do you have a spare room and are willing to provide a home away from home for our Filipino teachers as they get to know our country and culture?

Earn extra income while providing a cultural experience for your family and help teachers transition to their new job in the United States.

For more information, please reach out to us. We would love to hear from you, answer any of your questions and get you started on touching someone's life with a warm welcome to the United States.

Dawn - 925-997-2273

or email

dawn.fcec@gmail.com

Foreign Cultural Exchange Consultants Inc.

<http://www.fcec-inc.com/>