

What can I do to help prepare my child for kindergarten?



Personal & Social Development:

- ☐ Relating to social groups: self, friends, family
- ☐ Practice self-advocating
- ☐ Understand limits: rules
- ☐ Developing values: responsibility
- ☐ Independent bathroom habits
 - Understand privacy by closing the door
 - Wiping and flushing
 - Hand washing
 - Bathroom Etiquette
- ☐ Buttoning and zipping clothes independently
- ☐ Pack and unpack belongings
- ☐ Practice eating “school lunch” within 25 minutes
 - Independently open and close lunch items
 - Pack-up and throw away trash
 - Practicing table manners
 - If purchasing school lunch, practice selecting and verbalizing choice



Reading Readiness:

- ☐ Writes first name (**make sure you child uses a capital at the beginning and lowercase for the remainder of the name**)
- ☐ Recognizes first name
- ☐ Able to spell first name
- ☐ Following directions: immediate directions and over a period of time (two and three step directions)
- ☐ Developing listening comprehension: understanding and remembering what is heard
- ☐ Developing oral language: being able to express ideas and increase vocabulary
- ☐ Distinguishing letter forms: recognize familiar letters (letters in his/her name) also recognize the difference between letters and numbers
- ☐ Letter sounds: exposure to letter sounds
- ☐ Memorization: reciting the alphabet in order from memory
- ☐ Fine motor coordination: practice printing, coloring, cutting, and drawing
 - Holds pencil and crayons correctly
 - Holds scissors correctly
- ☐ Writing skills: use a variety of writing tools (pencil, crayons, markers and chalk)
- ☐ Concepts of print: knows where to find the front of a book, can hold book correctly, where to start reading, etc.



Math Readiness:

- ☐ Number recognition: recognize numbers 0-10
- ☐ Counting: understand one to one correspondence (pointing to an object as you count)
- ☐ Shapes: recognize basic shapes
- ☐ Counting: can count to 10 or higher