



JANUARY JEFFERSON COUNTY SCHOOL SCHOOLS BREAKFAST/LUNCH MENU 2023



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Happy New Year</p> <p>CEP All students eat breakfast and lunch free.</p>	<p>School Closed</p> <p>Salads are available daily if not a different entrée' should be available.</p> <p>National Soup Month</p>	<p>Faculty Workday... Students Home</p> <p>Welcome Back</p>	<p>French Toast Sticks/Eggs 5 Assorted Cereal 100% Juice-Peaches</p> <p>Chicken Strips Green Beans or Broccoli Mash Potatoes Garlic Roll Seasonal Fresh Fruits</p>	<p>Sausage Biscuit 6 Assorted Cereal 100% Fruit Juice-Pears</p> <p>Pizza Toss Salad Carrots Black Bean & Corn Salsa Seasonal Fresh Fruits</p>
<p>Chicken Biscuit 9</p>	<p>Steak Biscuit 10</p>	<p>Pancakes 11</p>	<p>Waffle/Chicken Nuggets 12</p>	<p>Grits – Sausage - Toast 13</p>
<p>Assorted Cereal Applesauce – Mixed Fruit</p> <p>Chicken Wings/Roll Celery/Carrots French Fries Seasonal Fresh Fruits</p>	<p>Assorted Cereal 100% Juice – Peaches</p> <p>Tacos/w Tortilla Chips Lettuce/Tomato/Cheese/Salsa Corn /Black Beans Seasonal Fresh Fruits Cookie</p>	<p>Sausage Assorted Cereal 100% Juice Seasonal FF</p> <p>BBQ Breaded Okra Carrots/Coleslaw Orange Wedges Applesauce Cups</p>	<p>Assorted Cereal 100% Juice – Peaches</p> <p>Baked Pork chop/Roll Macaroni & Cheese Cabbage/Sweet Potato Seasonal Fresh Fruits</p>	<p>Assorted Cereal 100% Juice – Seasonal FF</p> <p>Cheeseburger Lettuce/Tomato/Pickles Baked Wedges Vegetable Juice Slice Peaches Fruit Cup</p>
<p>HOLIDAY 16</p>	<p>Biscuit/Sausage 17</p>	<p>Waffles/Sausage 18</p>	<p>Chicken Biscuit 19</p>	<p>French Toast Sticks 20</p>
	<p>Assorted Cereal 100% Juice – Strawberry Cup</p> <p>Chili w/cheese/Saltines Baked Potato/Broccoli 100% Juice Seasonal Fresh Fruit</p>	<p>Assorted Cereal 100% Juice – Peaches</p> <p>Pizza Romaine Toss Salad Corn Peaches/Fruit Cup</p>	<p>Assorted Cereal 100% Juice – Kiwi</p> <p>Salisbury Steak Seasoned Rice/Cornbread Turnips/ Lima Beans Fruit Cup /Mixed Fruit</p> <p>National Popcorn Day</p>	<p>Eggs Assorted Cereal 100% Juice – Fresh Fruit</p> <p>Fish Sandwich or PB&J Baked Fries/Carrots Seasonal Fresh Fruit Fruit Cup</p>

Peach Biscuit 23	Pillsbury Pancake Mini's 24	Breakfast Pocket 25	French Toast Sticks 26	Chicken Nuggets/Biscuit 27
Steak Nuggets Assorted Cereal 100% Fruit Juice-Peaches Chicken Strips/Roll Green Beans Mash Potatoes 100% Fruit Juice Mandarin Oranges	Sausage Assorted Cereal 100% Juice – Fresh Fruit Beeforoni Texas Toast Garden Peas Glazed Carrots Orange Wedges/Slice Pears	Assorted Cereal 100% Juice –Pears Corndog or Sausage Dog Baked Beans Sweet Potato Fries Seasonal Fresh Fruit Fruit Cup Winter Treat	Sausage Assorted Cereal 100% Juice – Seasonal FF Cheeseburger Lettuce/Tomato/Pickles Baked Fries Mixed Fruit Seasonal Fresh Fruit	Assorted Cereal 100% Juice - Peaches Baked Pork Chop Cabbage/Black Eye Peas Cornbread Fruit Cups Baked Apples
Sausage Biscuit 30	Chicken Biscuit 31			
Assorted Cereal 100% Fruit Juice-Peaches Steak Sandwich Lettuce/Tomato Broccoli Potato Wedges Mandarin Oranges Sidekicks	Assorted Cereal 100% Fruit Juice – Pears Pizza Toss Salad Carrots Black Bean & Corn Salsa Seasonal Fresh Fruits			

An assortment of low fat and fat free milk is offered daily with all meals. Lactose free milk is available if needed upon request.

Disclaimer: Menus are subject to change without notice due to future nutrient analyses; the availability of USDA commodities and/or unavailability of certain purchased food products.

This institution is an equal opportunity provider.