



COVID-19

Hawai`i State Department of Health

Isolation and Exposure Guidance for K-12 Schools

Summary of Guidance Changes for K-12 Schools updates as of August 15, 2022

- Removed recommendation to quarantine.

ISOLATION

Table 1. Isolation Protocol for K-12 School Settings

COVID-19 Positive Test <u>or</u> COVID-19 Symptoms	Actions
<p>Students and staff who test positive for COVID-19 or who have COVID-19 symptoms should isolate for 5 days, regardless of vaccination status.¹</p> <p>Day 1 is the first full day after your symptoms developed or your test specimen was collected.</p>	<p>Students and staff can return to school:</p> <p>On Day 6, if positive test and NO symptoms.</p> <ul style="list-style-type: none"> • Must wear a well-fitted mask around others indoors from day 6 to day 10 after completing home isolation. <p>On Day 6, if positive test and SYMPTOMS:</p> <ul style="list-style-type: none"> • 24 hours with no fever (and no fever-reducing medications) and • Symptoms are improving. • Must wear a well-fitted mask around others indoors from day 6 to day 10 of illness after completing home isolation. <p>If you have a fever or are not yet improving, remain in isolation until above are true.²</p>
<p>Students and staff who are sick with symptoms of COVID-19* but do not yet have test results, regardless of vaccination status.</p>	<p>Students and staff can return to school:</p> <p>After a negative test if</p> <ul style="list-style-type: none"> • 24 hours with no fever (and no fever-reducing medications) and • Symptoms are improving. <p>If you have a fever or are sick and your negative test was from a home test, continue to isolate and test again after 24 to 48 hours.</p>

¹ CDC's [Isolation and Precautions for People with COVID-19](#), updated August 11, 2022.

² If you have [moderate-to-severe COVID-19 illness or a weakened immune system](#), CDC recommends isolating through day 10 and consulting your healthcare provider.

Note: Schools should not require a healthcare provider's note or a negative COVID-19 test to return to school if the person has completed 5 days of isolation and meets the conditions listed.

<p><u>Additional Considerations for Participation in High-risk Extracurricular Activities:</u> Participation in extracurricular activities that are high risk for COVID-19 spread and do <u>not</u> allow for mask usage (e.g., close-contact sports, choir).</p>	<p>Participants can return to high-risk extracurricular activities on <u>Day 11</u>.</p>
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*Students and staff who have chronic symptoms due to a medical etiology (e.g., allergies, asthma) and no known exposure to COVID-19 do not need to isolate unless they develop new or worsening symptoms or test positive for COVID-19.

EXPOSURE TO A PERSON WITH COVID-19

Table 2. Exposure Protocol for K-12 School Settings	
COVID-19 Exposure	Actions
<p>Students and staff who have been exposed to a person with COVID-19, regardless of vaccination status.</p> <p>Day 1 is the first full day after your symptoms developed or your test specimen was collected.</p>	<p>Students and staff can return to school:</p> <p>Immediately if <u>NO</u> symptoms.</p> <ul style="list-style-type: none"> • Must wear a well-fitted mask indoors for 10 full days. <p>Watch for symptoms.</p> <ul style="list-style-type: none"> • If symptom start, isolate immediately. • Test and stay home until you know the result. • If positive, follow isolation protocol. <p>Test on <u>Day 6</u> even if no symptoms.</p> <ul style="list-style-type: none"> • If positive, follow isolation protocol. • If negative, continue to wear a mask indoors through day 10. • COVID-19 can develop up to 10 days after exposure.
<p>Students and staff who tested positive for COVID-19 within 30 days or less³</p>	<p>Students and staff can return to school:</p> <p>Immediately if <u>NO</u> symptoms.</p> <p>Testing is <u>not</u> recommended if you have <u>no</u> symptoms.</p>

³ [CDC's COVID-19 Testing: What You Need to Know](#), updated August 11, 2022