



Evanston Township High School

Student Services



Information for Staff

for Students in Crisis

Revised 2016

SECTION 1

Listing of Mental Health Professionals at ETHS

Social Workers/Psychologists

Counselors

SECTION 2

Procedures for Suspected Substance Use

SECTION 3

DCFS Mandated Reporting

SECTION 4

Suicide Risk Protocol DURING School Hours

Suicide Risk Protocol AFTER School Hours

SECTION 1

ETHS Social Workers/Psychologists—Help Beyond Academics

If a student is in need of support beyond academics due to social-emotional concerns or difficulties that are interfering with the student's success at school, please complete a social work referral form. If immediate assistance or consultation is needed, please call the appropriate social worker or psychologist.

Freshmen Class of 2020	Sophomores Class of 2019	Juniors Class of 2018	Seniors Class of 2017
Christy Lambropoulos S121 Ext: 7563	Petya Todorovska S125 Ext: 7055	Jim Wilczynski S121 Ext: 7035	Katherine DeWeese S125 Ext: 7153
Joshua Zepeda E123 Ext: 7928	Peter Butler E100 Ext: 7584	Ferzana Chavda E123 Ext: 7185	Lisa Roncone E123 Ext: 7594
Michael Edwards W121 Ext: 7072	Taryn Wanninger W121 Ext: 7060	Michael Edwards W121 Ext: 7072	Taryn Wanninger W121 Ext: 7060

ALL GRADE LEVELS:

Anna Landmeier, SAP Social Worker E125— Ext: 7709

Melissa Pollack-Valentin, SPED Social Worker W121— Ext. 7650

Martha Zarate-Ortega, PHP Clinician A139— Ext. 7835

SECTION 1

ETHS Counselors —Help Beyond Academics

Freshmen & Juniors Class of 2020/Class of 2018	Sophomores & Seniors Class of 2019/Class of 2017
Alana Amaker Denise Chaitkin Tony Johnson Traece Graham Anitra Holloway-Nelson Karen Morris Julie Morrow-Soto Leah Piekarz (2018 only)	Marti Cuevas Eliza Freedman Cynthia Fuerte Traece Graham Stephen Lucas Leah Piekarz (2019 only) Susan Spillane Tina Tiziano-Dreher

Counselors are located in E125 and can be reached by calling Ext. 7580

SECTION 2

Procedures for Suspected Substance Use

Signs of substance use include:

- Unusual behavior
- Slurred speech
- Smell of marijuana or alcohol
- Excessive sweating or shivering
- Red eyes
- Lethargic appearance or increased energy
- Constricted, dilated, or fixed pupils
- Clothing, accessories, or drawings that support use

SECTION 2

Procedures for Suspected Substance Use at ETHS

If you suspect a student is under the influence IN CLASS/SCHOOL:

1. Discretely contact a member of the Safety staff.
2. When Safety arrives, calmly ask the student to come with you into the hall.
3. Explain to the student that you are concerned about him/her because of the signs/symptoms he/she exhibited and that you want him/her to go to the nurse for safety reasons.
4. Explain to Safety the signs/symptoms that the student exhibited.
5. Follow up with the Nurse (x7260) as soon as you are able to have a private conversation.
6. Do not discuss the situation with other students in your class and redirect unnecessary attention.

If you suspect a student is using substances OUTSIDE OF SCHOOL:

1. If you are comfortable, share your concerns with the student and/or parent.
2. Complete a Social Work Referral form (Form can be found on TAC or Staff HUB webpage under online forms.).
3. The Social Work Referral Form will be sent to the **SAP Social Worker (x7709)**.
4. You will receive confirmation of receipt of the referral by email.

SECTION 3

DCFS — MANDATED REPORTING

A mandated reporter must make a report to DCFS when he/she has reasonable cause to suspect that a student known to him/her in a professional or official capacity is being abused or neglected.
(325 ILCS 5/4)

Step 1: Information Necessary to Call

- Name, approximate age, address and relationship of victim and alleged perpetrator.
- Harm to victim (physical and/or sexual abuse, risk, neglect etc.)
- Brief description of incident(s) of abuse.

Step 2: Call the Illinois Child Abuse Hotline

1-800-252-2873 (1-800-25-ABUSE) 24 hrs.

Step 3: Communicate

- Complete the DCFS Cants 5 form within 48 hrs. and fax or mail to DCFS. Form is on the Staff HUB webpage under online forms. or at <https://www.illinois.gov/dcf/aboutus/notices/Documents/cants5.pdf>
- Contact your supervisor and student's assigned social worker.

It's not your responsibility to investigate or verify the claim; suspicion is all that is needed to make a report. Reports made in good faith are protected from legal liability.

SECTION 3

Child abuse and neglect are:

Child abuse is the mistreatment of a child under the age of 18 by:

- A parent or their romantic partner;
- An immediate relative or someone living in their home;
- A caretaker such as a babysitter or daycare worker
- Any person responsible for the child’s welfare, such as a health care provider, educator, coach or youth program volunteer.

Neglect occurs when a person responsible for the child deprives or fails to provide the child with adequate food, clothing, shelter, or needed medical treatment. Neglect is also alleged when an adult provides inadequate supervision of a child.

If you are unsure of the situation or would like to consult with someone, please contact your department chair and/or the student’s assigned social worker/psychologist/ or counselor.

If you notice a bruise or visible mark on the student, please discretely inquire and send student to the nurse.

SECTION 4

ETHS Suicide Risk Protocol DURING School Hours

For use when a student discloses thoughts of suicide or when someone identifies them as potentially suicidal because of directly or indirectly expressed suicidal thoughts (ideation) or demonstrated warning signs.

Step 1

Don’t leave student alone. Use calm and reassuring words.
Move to a discreet, non-threatening, quiet place.

Step 2

If you can, please walk student to a social work office in E123 or W121.

If you cannot walk student to a social work office, please call the social work office at Ext.7230 or Ext.7536. Communicate that the student needs to be seen immediately. The social worker will go to the classroom or area to meet student.

In cases where a social worker cannot be reached, please contact the grade level psychologist or assigned counselor. If there is no answer by the social worker, psychologist, or counselor, please call safety Ext.7500 to escort the student to the social work office.

*Take every warning sign or threat of self-harm seriously.
Do not allow student to leave your presence until a social worker/ psychologist/counselor has been notified and is able to meet with student.*



SECTION 4

ETHS Suicide Risk Protocol AFTER School Hours

Step 1: Keep Calm and Reassure

Don't leave student alone. Use calm and reassuring words.
Move to a discreet, non-threatening, quiet place.

Step 2: Determine Risk

Engage student in a conversation about their thoughts and determine:

Low/Moderate Risk: talks about hurting self, but has no concrete plan or methods, has no past attempts, has strong support system with friends and family

High Risk: thoughts consist of, "I am going to end my life." has a method and concrete plan, expresses hopelessness, intense feelings of depression, has little to no support systems.

Step 3: Communicate

Low/Moderate Risk: Directly inform parent/guardian and ask them to pick up student. If unable to reach, call emergency contact. Inform your direct supervisor and contact appropriate social worker the following school day.

High Risk: Directly inform parent/guardian and ask them to pick up student. If unable to reach, call 911. Immediately inform your supervisor, and contact appropriate social worker the following school day.